Registered Number 06447912

INTERNATIONAL HEALTH TECHNOLOGY LTD

Abbreviated Accounts

31 December 2011

INTERNATIONAL HEALTH TECHNOLOGY LTD Registered Number 06447912

Balance Sheet as at 31 December 2011

	Notes	2011		2010	
		£	£	£	£
Fixed assets					
Tangible	2		106,669		50,073
Total fixed assets			106,669		50,073
Current assets					
Stocks				42,118	
Debtors		580,754		158,647	
Cash at bank and in hand		548,705		932	
Total current assets		1,129,459		201,697	
Creditors: amounts falling due within one year		(1,105,315)		(99,800)	
Net current assets			24,144		101,897
Total assets less current liabilities			130,813		151,970
Total net Assets (liabilities)			130,813		151,970
Capital and reserves					
Called up share capital			197		187
Share premium account			765,925		665,934
Profit and loss account			(635,309)		(514,151)
Shareholders funds			130,813		151,970

a. For the year ending 31 December 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 28 September 2012

And signed on their behalf by:
Mr Troels Jordansen, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 December 2011

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Office Equipment %Straight Line

2 **Tangible fixed assets**

Cost	**£**
At 31 December 2010	57,987
additions	64,432
disposals	
revaluations	
transfers	
At 31 December 2011	122,419
Depreciation	
At 31 December 2010	7,914
Charge for year	7,836
on disposals	
At 31 December 2011	15,750
Net Book Value	
At 31 December 2010	50,073
At 31 December 2011	106,669