

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE**  
(A company limited by guarantee and not having a share capital)

Annual report and accounts

for the year ended 31<sup>st</sup> December 2020

Charity N°:- 1123711  
Registered N°:- 6440892



**EUROPEAN NUTRITION FOR HEALTH ALLIANCE**

**Annual report and accounts  
for the year ended 31<sup>st</sup> December 2020**

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**Company information**

Trustees	A M A van Ginkel-Res C J Green T Koltai O H Ljungqvist C Pichard R Roller-Wirnsberger M Smeets
Secretary	M Siba
Registered office	308 High Street Croydon Surrey CR0 1NG
Independent examiner	Michael Tuckey FCA FCMA Chartered Accountant The Dutch House 24 The Downsway Sutton Surrey SM2 5RN

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

### Trustees' report for the year ended 31<sup>st</sup> December 2020

The trustees present their report together with the accounts of the charity for the year ended 31<sup>st</sup> December 2020.

#### Principal activity

The principal activity of the charity during the year under review was the promotion of nutrition for good health.

#### Objectives

The European Nutrition for Health Alliance was established in 2005 to raise awareness of the importance and urgency of malnutrition and appropriate nutritional care as well as to build an agenda for action in Europe. The Alliance is formed from a group of European organisations committed to tackling malnutrition.

#### Public benefit

The charity's objectives for the public benefit are to promote, preserve and protect good health, nutrition and metabolism and to prevent, treat and relieve poor health and malnutrition, and to advance education for the benefit of the public in all areas relating to nutrition and metabolism throughout Europe and the rest of the world.

#### Performance and achievements

In the 2020 calendar year, the Optimal Nutritional Care for All (ONCA) campaign enjoyed the support of 12 European professional societies, patient organisations and health care associations, with Greece becoming the 19<sup>th</sup> country member, joining in December 2020.

Founded in 2014, the ONCA campaign aims to engage with diverse stakeholders in selected countries to encourage them to form/strengthen a national alliance of stakeholders, develop national nutritional care plans and facilitate these stakeholders to benchmark current status in order to develop an aligned view on the current state of play with respect to nutritional care in a given country.

In 2020, ENHA's plans to host its yearly ONCA conference in Denmark were put on hold by the COVID-19 pandemic.

The planned EU-policy dialogue for May was postponed to October 1<sup>st</sup> and evolved into a larger scale digital event *EU4Nutrition LIVE*, launching ENHA's new EU4Nutrition brand. With EU4Nutrition, ENHA developed a strong platform for advocacy, working with a wide range of EU-level partners and ONCA delegates and engaging with key political stakeholders including the Commission's DG Santé, Members of the European Parliament and national Ministries of Health, to ensure nutritional care was recognised as an essential component of high-quality care within European health policies and programmes. ENHA and its members actively engaged in the consultations and development of Europe's Beating Cancer Plan.

Starting with a kick-off meeting in May, ENHA engaged with six ONCA countries to actively support their Malnutrition Awareness Weeks and exchange good practice between the countries.

ENHA significantly boosted its digital community and online impact by generating online content, technically enhancing its digital platform and actively promoting it through its social, email and partner channels. In the early days of the pandemic, ENHA launched an online COVID & Nutrition forum to allow rapid sharing of experiences between professionals, generating an additional 2,000 users and 10,000 views.

ENHA and its members engaged in several events and collaborations such as ECPC's Cancer Comorbidities initiative. It started working with the European Medical Student's Association (EMSA), planning for a Memorandum of Understanding. In the first half of 2020, ENHA initiated a strategic review, consulting members and ONCA countries, resulting in a Strategic Plan 2020-2022 which was presented during the ENHA Trustees & Members' meeting on June 4<sup>th</sup>.

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

### Trustees' report for the year ended 31<sup>st</sup> December 2020

#### Trustees

The trustees who served during the year 2020 and changes since 31<sup>st</sup> December 2020 were as follows:-

P Garel	(resigned on 18.2.2021)	O H Ljungqvist
A M A van Ginkel-Res		C Pichard
C J Green		R Roller-Wirnsberger
T Koltai	(appointed on 3.2.2020)	M Smeets

#### Recruitment and appointment of new trustees

Nominations for new trustees are discussed at the European Nutrition for Health Alliance meetings which occur at least twice a year. New trustees are approached with the agreement of the chair and the board of existing trustees. Trustees are clear about who cannot, in law, be appointed as a trustee before new trustees are approached and appointed.

#### Audit

The charity is exempt from having its accounts audited under the Companies Act 2006.

#### Statement of trustees' responsibilities

The trustees (who are also the directors of the charity for the purpose of company law) are responsible for preparing the trustees' annual report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts, and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

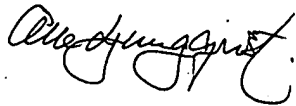
The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE**

**Trustees' report  
for the year ended 31<sup>st</sup> December 2020**

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Approved by the Trustees on 18<sup>th</sup> May 2021  
and signed on their behalf by

A handwritten signature in black ink, appearing to read 'O H Ljungqvist', written over a horizontal line.

O H Ljungqvist  
Trustee

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

### Independent Examiner's Report to the Trustees of the European Nutrition for Health Alliance

I report to the charity trustees on my examination of the accounts of the European Nutrition for Health Alliance for the year ended 31<sup>st</sup> December 2020.

#### Responsibilities and basis of report

As the charity's trustees (and also directors of the Company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


#### Independent examiner's statement

Since the Company's gross income exceeded £250,000 in the previous year, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael Tuckey FCA FCMA  
Chartered Accountant  
The Dutch House  
24 The Downsway  
Sutton  
Surrey SM2 5RN

18<sup>th</sup> May 2021

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Balance sheet as at 31<sup>st</sup> December 2020

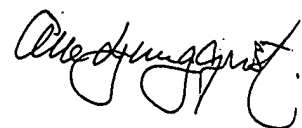
	Note	2020 €	2019 €
CURRENT ASSETS			
Debtors	3	16,014	3,000
Cash at bank		<u>5,953</u>	<u>43,744</u>
		21,967	46,744
CREDITORS			
Amounts falling due within one year	4	( 7,696)	( 39,600)
NET ASSETS		<u>€14,271</u>	<u>€ 7,144</u>
UNRESTRICTED FUNDS			
Accumulated fund		<u>€14,271</u>	<u>€ 7,144</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

For the financial year ended 31<sup>st</sup> December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charity.

Approved by the Trustees on 18<sup>th</sup> May 2021  
and signed on their behalf by



O H Ljungqvist  
Trustee

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE****Statement of financial activities (including income and expenditure account)  
for the year ended 31<sup>st</sup> December 2020**

	2020		2019	
	€	€	€	€
<b>Income</b>				
Optimal Nutritional Care for All support		99,000		99,000
Membership fees		7,500		9,000
Secretariat support		160,618		159,100
Conference support and other income		<u>2,200</u>		<u>25,459</u>
<b>Total income</b>		<b>269,318</b>		<b>292,559</b>
 <b>Expenditure on charitable activities</b>				
Executive Director	68,220		98,496	
Recruitment costs	3,542		-	
Travelling	4,784		28,810	
Marketing	19,975		1,341	
Public affairs	6,700		-	
Advertising	-		364	
Printing	953		2,842	
Venue costs including accommodation	750		57,217	
Trustees expenses	730		1,425	
Independent examination	678		678	
Patient Association Support	22,500		21,461	
Legal costs	97		1,868	
Accountancy	19,200		19,200	
Consultancy	102,450		61,158	
IT costs	6,321		6,255	
Bad debts – membership fees	4,000		1,000	
Sundries	561		1,003	
Bank and currency charges	<u>730</u>		<u>2,619</u>	
		( 262,191)		( 305,737)
<b>Net income/(expenditure) and movement in funds for the year</b>		<b>7,127</b>		<b>( 13,178)</b>
 <b>Reconciliation of funds</b>				
Accumulated fund brought forward		<u>7,144</u>		<u>20,322</u>
Accumulated fund carried forward		<u>€ 14,271</u>		<u>€ 7,144</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

All funds are unrestricted.



## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

### Notes to the accounts for the year ended 31<sup>st</sup> December 2020

#### 1. ACCOUNTING POLICIES

##### **Basis of accounting**

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1<sup>st</sup> January 2015), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011 and the Companies Act 2006.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income**

Income is generated from secretariat and activity funding.

##### **Resources expended**

- Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

##### **Unrestricted funds**

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

##### **Company status**

The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

##### **Foreign currencies**

Monetary assets, liabilities and income and expenditure are all shown in Euros.

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

## Notes to the accounts

for the year ended 31<sup>st</sup> December 2020

2.	NET MOVEMENT IN FUNDS IN THE YEAR	2020	2019
		€	€
	This is stated after charging		
	Independent examiner's remuneration	<u>€678</u>	<u>€678</u>
3.	DEBTORS		
	Membership fees receivable	-	3,000
	Payments in advance	<u>16,014</u>	<u>-</u>
		<u>€16,014</u>	<u>€3,000</u>
4.	CREDITORS:- amounts falling due within one year		
	Trade creditors	1,441	24,653
	Sundry creditors and accruals	<u>6,255</u>	<u>14,947</u>
		<u>€7,696</u>	<u>€39,600</u>
5.	STAFF COSTS AND TRUSTEE REMUNERATION		

The charity trustees were not paid and did not receive any other benefits from employment with the charity in the year (2019 – €nil). Expenses totalling €1,320 were paid to 2 trustees to reimburse travel and other costs incurred during the year when engaged on charity activities (2019 - €8,201 paid to 6 trustees). No charity trustee received payment for professional or other services supplied to the charity (2019 - €nil).

The charity has no employees, but the Executive Director received payment of €68,220 for services supplied to the charity (2019 - €98,496).