(A company limited by guarantee and not having a share capital)

Annual report and accounts

for the year ended 31st December 2017

Charity Nº .:-

1123711

Registered No.:- 6440892

A7CØGPBL
A16 10/08/2018 #55

Sterling version

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Annual report and accounts for the year ended 31st December 2017

Contents	Page
Trustees' report	1/3
Independent examiner's report	4
Balance sheet	5
Statement of financial activities	6
Notes to the accounts	7/8

Company information

Company information	
Trustees	P Garel C J Green O H Ljungqvist A de Looy I Meyenburg-Altwarg C Pichard C Sieber M Smeets
Secretary	International Longevity Centre - UK
Principal and registered office	11 Tufton Street London SW1P 3QB
Reporting accountants	Siba and Company Chartered Accountants 308 High Street Croydon Surrey CR0 1NG
Bankers	HSBC Bank PLC 61 High Street Staines Middlesex TW18 4QW
Solicitors	Bates, Wells & Braithwaite 2-6 Cannon Street London EC4M 6YH

Trustees' report for the year ended 31st December 2017

The trustees present their report together with the accounts of the charity for the year ended 31st December 2017.

Principal activity

The principal activity of the charity during the year under review was the promotion of nutrition for good health.

Objectives

The European Nutrition for Health Alliance was established in 2005 to raise awareness of the importance and urgency of malnutrition and appropriate nutritional care as well as to build an agenda for action in Europe. The Alliance is formed from a group of European organisations committed to tackling malnutrition.

Public benefit

The charity's objectives for the public benefit are to promote, preserve and protect good health, nutrition and metabolism and to prevent, treat and relieve poor health and malnutrition, and to advance education for the benefit of the public in all areas relating to nutrition and metabolism throughout Europe and the rest of the world.

Performance and achievements

In the 2017 calendar year, the ONCA campaign enjoyed the support of 16-member states: Belgium, Croatia, Czech Republic, Denmark, France, Germany, Israel, Italy, Netherlands, Portugal, Republic of Ireland, Slovenia, Spain, Sweden Turkey and the UK. At time of writing, a further two countries are consulting their own stakeholders on whether to formally seek ONCA membership.

Founded in 2014, the ONCA campaign aims to engage with diverse stakeholders in selected focus countries to encourage them to form/strengthen a national alliance of stakeholders and develop national nutritional care plans; and facilitate these stakeholders to benchmark current status in order to develop an aligned view on the current state of play with respect to nutritional care in a given country.

To this end, ENHA organised two membership events in the 2017 calendar year. The ONCA Implementation Workshop, which gathered 1-2 representatives from each member state to the Senate of the Czech Republic in May saw members setting the agenda for the coming year, and discussing arrangements for the 2017 ONCA Conference.

The Conference, held in Slovenia in November, assembled a larger delegation from member states, composed of 5-8 individuals representing medical profession membership groups, National Industry Groups and patient advocacy group representatives.

Trustees' report for the year ended 31st December 2017

Performance and achievements (continued)

The Conference was hosted by the Slovenian delegation and chaired by Professor Olle H Ljungqvist (ENHA Co-Chair, ESPEN representative) and Professor Anne de Looy (President of the European Federation of the Associations of Dietitians, ENHA Trustee). Over 120 delegates representing 18 countries attended the conference including speakers representing the Slovenian Ministry of Health, the Pharmaceutical Group of the European Union, and Igor Soltes, Slovenian Member of the European Parliament.

An additional pre-meeting led by Cees Smit (EGAN) was held for the patient group representatives attending the ONCA Conference; patient groups also addressed delegates during a dedicated patient advocacy session on the first day of the Conference, entitled 'The European Patient Agenda on Food and Nutrition: Best Practices and Proposals for the Future'.

ENHA staff also participated in communications planning meetings that led to the launch of a new collaborative content website www.european-nutrition.org.

Trustees

The trustees who served during the year 2017 were as follows:-

J-P Baeyens (resigned on 15 December 2017)

I Meyenburg-Altwarg

P Garel

C Pichard

C J Green

C Sieber

O H Ljungqvist

M Smeets

A de Looy

Recruitment and appointment of new trustees

Nominations for new trustees are discussed at the European Nutrition for Health Alliance meetings which occur at least twice a year. New trustees are approached with the agreement of the chair and the board of existing trustees. Trustees are clear about who cannot, in law, be appointed as a trustee before new trustees are approached and appointed.

Audit

The charity is exempt from having its accounts audited under the Companies Act 2006.

Trustees' report for the year ended 31st December 2017

Statement of trustees' responsibilities

The trustees (who are also the directors of the charity for the purpose of company law) are responsible for preparing the trustees' annual report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Approved by the Trustees on 7th June 2018 and signed on their behalf by

O H Ljungqvist

Trustee

Independent Examiner's Report to the Trustees of the European Nutrition for Health Alliance

I report to the charity trustees on my examination of the accounts of the European Nutrition for Health Alliance for the year ended December 2017.

Responsibilities and basis of report

As the charity's trustees (and also directors of the Company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Miroslav Siba FCA

308 High Street, Surrey CR0 1NG

7th June 2018

Balance sheet as at 31st December 2017

	Note	2017 £	2016 £
CURRENT ASSETS			
Debtors Cash at bank	2	2,614 <u>62,532</u> 65,146	47,480 <u>30,494</u> 77,974
CREDITORS			
Amounts falling due within one year NET ASSETS/LIABILITIES	3	(<u>55,742)</u> £ 9,404	(<u>80,674</u>) (£ 2,700)
UNRESTRICTED FUNDS			
Accumulated fund		£ 9,404	(<u>£ 2,700</u>)

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

For the financial year ended 31st December 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charity.

Approved by the Trustees on 7th June 2018 and signed on their behalf by

O H Ljungqvist Trustee

Statement of financial activities (including income and expenditure account) for the year ended 31st December 2017

	2017		2016	
	£	£	£	£
INCOMING RESOURCES				
Unrestricted funds				
Optimal Nutritional Care for All Support for patient groups Membership fees Fixed and activity funding		79,387 13,320 11,246 46,520 250,473		66,368 7,677 6,824 115,155 196,024
RESOURCES EXPENDED				
Director General Travelling Conference Logistics Venue costs including accommodation Other conference costs Alliance Trustees and Members expenses Patient Association Support Secretariat Communications Website Bank charges Exchange differences	110,164 5,204 19,980 20,505 13,379 2,895 13,320 27,173 14,626 9,528 1,197 398		95,861 11,169 19,192 47,403 8,132 2,918 7,677 26,102	
Net incoming/(outgoing) resources Accumulated fund brought forward Accumulated fund carried forward	(_ <u></u>	238,369) 12,104 2,700) 9,404		$\begin{array}{c} (\underline{216,455}) \\ (\underline{20,431}) \\ \underline{17,731} \\ (\underline{£}\underline{2,700}) \end{array}$

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Notes to the accounts for the year ended 31st December 2017

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2015), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011 and the Companies Act 2006.

Income

Income is generated from secretariat fees and activity funding.

Resources expended

- Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Unrestricted funds

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Company status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Foreign currencies

Monetary assets and liabilities in Euros are translated into Sterling at the rate of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into Sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating result.

Independent examination

No separate fee has been charged for the Independent Examination in 2017 or 2016 as the cost is included in the Secretariat charges.

Notes to the accounts for the year ended 31st December 2017

2.	DEBTORS	2017 £	2016 £
	Fees receivable	£2,614	£47,480
3.	CREDITORS:- amounts falling due within one year		
	Trade creditors Working capital deposit Sundry creditors	51,495 - <u>4,247</u> £55,742	50,327 25,590 4,757 £80,674

4. STAFF COSTS AND TRUSTEE REMUNERATION

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2016 – £nil). Expenses totalling £2,864 were paid to 4 trustees to reimburse travel and other costs incurred during the year when engaged on charity activities (2016 - £4,863 paid to 4 trustees). No charity trustee received payment for professional or other services supplied to the charity (2016 - £nil).

The charity has no employees but the Director General received payment of £110,164 for services supplied to the charity (2016 - £95,861).