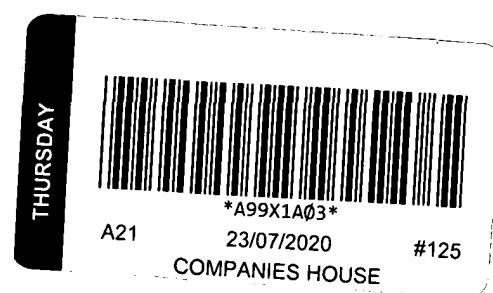


EUROPEAN NUTRITION FOR HEALTH ALLIANCE
(A company limited by guarantee and not having a share capital)

Annual report and accounts

for the year ended 31st December 2019

Charity N°:- 1123711
Registered N°:- 6440892



EUROPEAN NUTRITION FOR HEALTH ALLIANCE

**Annual report and accounts
for the year ended 31st December 2019**

Contents	Page
Trustees' report	1/3
Independent examiner's report	4
Balance sheet	5
Statement of financial activities	6
Notes to the accounts	7/8

Company information

Trustees	P Garel A M A van Ginkel-Res C J Green T Koltai O H Ljungqvist C Pichard R Roller-Wirnsberger M Smeets
Secretary	M Siba
Principal and registered office	308 High Street Croydon Surrey CR0 1NG
Independent examiner	Michael Tuckey FCA FCMA Chartered Accountant The Dutch House 24 The Downsway Sutton Surrey SM2 5RN
Bankers	HSBC Bank PLC 61 High Street Staines Middlesex TW18 4QW
Solicitors	Bates, Wells & Braithwaite 2-6 Cannon Street London EC4M 6YH

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2019

The trustees present their report together with the accounts of the charity for the year ended 31st December 2019.

Principal activity

The principal activity of the charity during the year under review was the promotion of nutrition for good health.

Objectives

The European Nutrition for Health Alliance was established in 2005 to raise awareness of the importance and urgency of malnutrition and appropriate nutritional care as well as to build an agenda for action in Europe. The Alliance is formed from a group of European organisations committed to tackling malnutrition.

Public benefit

The charity's objectives for the public benefit are to promote, preserve and protect good health, nutrition and metabolism and to prevent, treat and relieve poor health and malnutrition, and to advance education for the benefit of the public in all areas relating to nutrition and metabolism throughout Europe and the rest of the world.

Performance and achievements

In the 2019 calendar year, the Optimal Nutritional Care for All (ONCA) campaign enjoyed the support of 12 European professional societies, patient organisations and health care associations as well as 18 countries across Europe.

Founded in 2014, the ONCA campaign aims to engage with diverse stakeholders in selected countries to encourage them to form/strengthen a national alliance of stakeholders and develop national nutritional care plans, and facilitate these stakeholders to benchmark current status in order to develop an aligned view on the current state of play with respect to nutritional care in a given country.

In 2019, ENHA organised the ONCA Spring meeting in Paris, France, and its yearly ONCA conference in Cambridge, United Kingdom. Most member countries were represented at both events. Both the Spring meeting and the conference were successful, with a broad representation of stakeholders participating in both meetings. In Paris, the French Ministry of Health presented its National Nutrition Plan in which screening for nutritional risk and appropriate nutritional follow up care became one of the four priority tracks. In November 2020, the French Ministry of Health will organise a week to make the population aware of the risk of malnutrition/undernutrition.

At the Cambridge conference, representatives of the House of Lords and the National Health Service expressed their commitment to the British campaign and their support for BAPEN and other British stakeholders to improve nutritional care for British citizens.

ENHA staff participated in key conferences of ENHA members as well as events and meetings at country level, to support local ONCA campaigns. The online and offline modules of the ONCA campaign were integrated and the subscription for the good practices accelerated.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2019

Trustees

The trustees who served during the year 2019 and changes since 31st December 2019 were as follows:-

P Garel		I Meyenburg-Altwarg	(resigned on 15.7.2019)
A M A van Ginkel-Res	(appointed on 27.5.2019)	C Pichard	
C J Green		R Roller-Wirnsberger	(appointed on 26.11.2019)
T Koltai	(appointed on 3.2.2020)	C Sieber	(resigned on 26.11.2019)
O H Ljungqvist		M Smeets	
A de Looy	(resigned on 27.5.2019)		

Recruitment and appointment of new trustees

Nominations for new trustees are discussed at the European Nutrition for Health Alliance meetings which occur at least twice a year. New trustees are approached with the agreement of the chair and the board of existing trustees. Trustees are clear about who cannot, in law, be appointed as a trustee before new trustees are approached and appointed.

Audit

The charity is exempt from having its accounts audited under the Companies Act 2006.

Statement of trustees' responsibilities

The trustees (who are also the directors of the charity for the purpose of company law) are responsible for preparing the trustees' annual report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

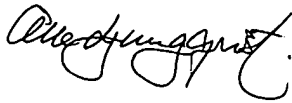
The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

**Trustees' report
for the year ended 31st December 2019**

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Approved by the Trustees on 4th June 2020
and signed on their behalf by

A handwritten signature in black ink, appearing to read 'O H Ljungqvist', written in a cursive style.

O H Ljungqvist
Trustee

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Independent Examiner's Report to the Trustees of the European Nutrition for Health Alliance

I report to the charity trustees on my examination of the accounts of the European Nutrition for Health Alliance for the year ended 31st December 2019.

Responsibilities and basis of report

As the charity's trustees (and also directors of the Company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael Tuckey FCA FCMA
Chartered Accountant
The Dutch House
24 The Downsway
Sutton
Surrey SM2 5RN

4th June 2020

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Balance sheet as at 31st December 2019

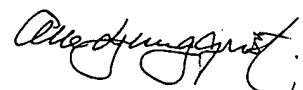
	Note	2019 £	2018 £
CURRENT ASSETS			
Debtors	3	2,693	2,766
Cash at bank		<u>39,267</u>	<u>71,108</u>
		41,960	73,874
CREDITORS			
Amounts falling due within one year	4	(35,547)	(55,632)
NET ASSETS		<u>£ 6,413</u>	<u>£18,242</u>
UNRESTRICTED FUNDS			
Accumulated fund		<u>£ 6,413</u>	<u>£18,242</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

For the financial year ended 31st December 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charity.

Approved by the Trustees on 4th June 2020
and signed on their behalf by



O H Ljungqvist
Trustee

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Statement of financial activities
(including income and expenditure account)
for the year ended 31st December 2019

	2019		2018	
	£	£	£	£
Income				
Optimal Nutritional Care for All		88,869		79,954
Membership fees		8,079		8,528
Secretariat support		142,819		148,115
Conference support and other income		<u>22,854</u>		<u>-</u>
Total income		262,621		236,597
Expenditure on charitable activities				
Executive Director	88,417		95,009	
Travelling	25,862		5,320	
Marketing	1,204		-	
Advertising	327		18	
Printing	2,551		-	
Conference Logistics	-		20,197	
Venue costs including accommodation	51,362		20,518	
Other conference costs	-		13,538	
Alliance Trustees and Members expenses	1,279		6,057	
Independent examination	600		507	
Patient Association Support	19,265		17,953	
Legal costs	1,677		3,206	
Secretariat	-		20,736	
Accountancy	17,235		6,732	
Consultancy	54,899		13,767	
IT costs	5,615		3,783	
Bad debts	898		-	
Sundries	900		-	
Bank and currency charges	<u>2,359</u>		<u>418</u>	
		(274,450)		(227,759)
Net (expenditure)/income and movement in funds for the year		(11,829)		8,838
Reconciliation of funds				
Accumulated fund brought forward		<u>18,242</u>		<u>9,404</u>
Accumulated fund carried forward		<u>£ 6,413</u>		<u>£ 18,242</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

All funds are unrestricted.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Notes to the accounts for the year ended 31st December 2019

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2015), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011 and the Companies Act 2006.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Income is generated from secretariat fees and activity funding.

Resources expended

- Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Unrestricted funds

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Company status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Foreign currencies

Monetary assets and liabilities in Euros are translated into Sterling at the rate of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into Sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating result.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Notes to the accounts
for the year ended 31st December 2019

2.	NET MOVEMENT IN FUNDS FOR THE YEAR	2019	2018
		£	£
	This is stated after charging		
	Independent examiner's remuneration	<u>£600</u>	<u>£507</u>
3.	DEBTORS		
	Fees receivable	2,693	1,795
	Other debtors	-	971
		<u>£2,693</u>	<u>£2,766</u>
4.	CREDITORS:- amounts falling due within one year		
	Trade creditors	22,130	10,453
	Sundry creditors	<u>13,417</u>	<u>45,179</u>
		<u>£35,547</u>	<u>£55,632</u>
5.	STAFF COSTS AND TRUSTEE REMUNERATION		

The charity trustees were not paid and did not receive any other benefits from employment with the charity in the year (2018 – £nil). Expenses totalling £7,362 were paid to 6 trustees to reimburse travel and other costs incurred during the year when engaged on charity activities (2018 - £3,318 paid to 5 trustees). No charity trustee received payment for professional or other services supplied to the charity (2018 - £nil).

The charity has no employees but the Executive Director received payment of £88,417 for services supplied to the charity (2018 - £95,009).