

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE**  
(A company limited by guarantee and not having a share capital)

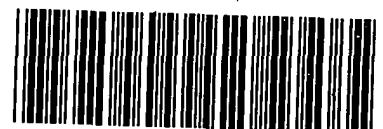
Annual report and accounts

for the year ended 31<sup>st</sup> December 2013

Charity N°:- 1123711

Registered N°:- 6440892

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**EUROPEAN NUTRITION FOR HEALTH ALLIANCE**

**Annual report and accounts  
for the year ended 31<sup>st</sup> December 2013**

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**Company information**

Trustees	J-P Baeyens P Garel C J Green O H Ljungqvist A de Looy I Meyenburg-Altwarg C Pichard M Smeets
Secretary	International Longevity Centre - UK
Principal and registered office	11 Tufton Street London SW1P 3QB
Reporting accountants	Siba and Company Chartered Accountants 308 High Street Croydon Surrey CR0 1NG
Bankers	HSBC Bank PLC 61 High Street Staines Middlesex TW18 4QW
Solicitors	Bates, Wells & Braithwaite 2-6 Cannon Street London EC4M 6YH

## **EUROPEAN NUTRITION FOR HEALTH ALLIANCE**

### **Trustees' report for the year ended 31<sup>st</sup> December 2013**

The trustees present their report together with the accounts of the charity for the year ended 31<sup>st</sup> December 2013.

#### **Principal activity**

The principal activity of the charity during the year under review was the promotion of nutrition for good health.

#### **Objectives**

The European Nutrition for Health Alliance was established in 2005 to raise awareness of the importance and urgency of malnutrition and appropriate nutritional care as well as to build an agenda for action in Europe. The Alliance is formed from a group of European organisations committed to tackling malnutrition.

#### **Public benefit**

The charity's objectives for the public benefit are to promote, preserve and protect good health, nutrition and metabolism and to prevent, treat and relieve poor health and malnutrition, and to advance education for the benefit of the public in all areas relating to nutrition and metabolism throughout Europe and the rest of the world.

#### **Performance and achievements**

The Alliance continued its work on malnutrition in Europe, successfully presenting our aims work and vision at several key conferences and EU events. We continue to nurture our alliance with EU patient groups, the European Patients' Forum (EPF) and the European Genetic Alliances' Network (EGAN). We also continue to develop our relationships with the European Commission and WHO Euro, raising both our profile and that of malnutrition in Europe.

In May 2013, in collaboration with the patient groups and international nutrition experts, we produced a booklet "Patient Perspectives on Nutrition" which explored nutrition from a relatively new angle: it demonstrated that nutrition has a key role to play in the management of diseases, to improve health outcomes and quality of life of patients. It also provided an overview of medical nutrition options for when normal food intake is impaired or impossible, and raised the potential impact that nutrition can have on patient outcomes. The booklet sent a powerful message that patients are part of the solution. Joining forces with other stakeholders (i.e. governments, policy makers, healthcare professionals, patients and carers), we continue to raise awareness of the importance of nutrition and bring forward a more holistic approach to care. This will, in turn, contribute towards better healthcare and quality of life for Europe's patients.

Also in May 2013, we were involved in a conference organised by the European Patients' Forum (EPF), the Patient Network for Medical Research and Health (EGAN) and Irish patient organisations in cooperation with the Irish EU Presidency. The conference called on Irish and other European Governments to take action to prevent older people and patients with chronic diseases become malnourished.

In July 2013 ENHA attended, in an observer capacity, the WHO EURO Ministerial Conference on Nutrition and Non Communicable Diseases in the Context of Health 2020. The objective of the meeting was to define and agree a Declaration that will be delivered to all 53 WHO EURO Member States, to be adopted at the WHO EURO Executive Committee in September, as well as providing WHO EURO the political mandate to define and later implement the future Food and Nutrition Plan 2014-2020. ENHA delivered extensive input into the plan, promoting the need for inclusion of under nutrition as a priority, and an agenda of nutritional assessment, interventions, counselling and care.

## **EUROPEAN NUTRITION FOR HEALTH ALLIANCE**

### **Trustees' report for the year ended 31<sup>st</sup> December 2013**

#### **Performance and achievements (continued)**

In addition to these various activities, we worked with key stakeholders to improve nutritional care across Europe as part of the European Innovation Programme (EIP) on Active & Healthy Ageing (AHA).

We coordinated the Group on Undernutrition for the A3 Action Group of the EIP AHA supporting all organisations working on projects involving nutrition, hydration and associated activities including IT, supplementation and research. We were also involved as overall coordinator of the screening group, working across the A3 group and linking nutrition and frailty projects through their combined efforts to ensure adequate screening.

In 2014, in partnership with its member organisations, we will launch a programme of work on Implementation of Nutritional Screening and Care across Europe. This work will build on the excellent campaigns already underway in many countries and will aim to share best practice with 4 countries on achieving "Optimal Nutritional Care for All", the theme of an Autumn conference where national representatives from participating countries can plan to drive forward implementation of nutritional screening and care.

#### **Trustees**

The trustees who served during the year 2013 were as follows:-

J-P Baeyens	I Meyenburg-Altwarg
P Garel	C Pichard
C J Green (appointed on 20.11.2013)	M Smeets
O H Ljungqvist	R Smeets (resigned on 20.11.2013)
A de Looy	S Wait (resigned on 20.10.2013)

#### **Recruitment and appointment of new trustees**

Nominations for new trustees are discussed at the European Nutrition for Health Alliance meetings which occur at least twice a year. New trustees are approached with the agreement of the chair and the board of existing trustees. Trustees are clear about who cannot, in law, be appointed as a trustee before new trustees are approached and appointed.

#### **Governance of the Alliance**

The Alliance undertook a review of governance arrangements in order to make some minor practical changes to adapt to a growing membership. It was agreed that henceforth a distinction would be made between members who are trustees (members) and members who are not trustees (partners) and Alliance meetings would henceforth be split into two parts, the first for trustees only and the second for trustees and partners. In the interests of transparency, an additional section entitled "governance" explaining the functioning of the association including decision making processes was added to the Alliance website.

#### **Audit**

The charity is exempt from having its accounts audited under Companies Act 2006.

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

### Trustees' report for the year ended 31<sup>st</sup> December 2013

#### Statement of trustees' responsibilities

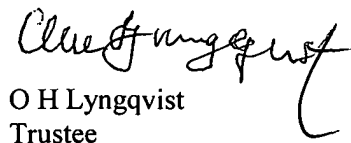
Charity law requires trustees to prepare accounts that give a true and fair view of the state of affairs of the charity and of its income and expenditure for the financial year. In doing so, trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011 (Companies Act 2006 for charitable companies). They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Approved by the Trustees on 22<sup>nd</sup> September 2014  
and signed on their behalf by



O H Lyngqvist  
Trustee

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE**

**Independent Examiner's Report to the Trustees of European Nutrition for Health Alliance Trust**

I report on the accounts of the Trust for the year ended 31<sup>st</sup> December 2013 which are set out on pages 5 to 8.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under s. 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under s. 144 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under s. 152(5) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the Charity Commission's Directions. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with s. 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act,have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Miroslav Siba FCA  
308 High Street , Surrey CR0 1NG  
22<sup>nd</sup> September 2014

## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Balance sheet as at 31<sup>st</sup> December 2013

	Note	2013 £	2012 £
CURRENT ASSETS			
Debtors	2	11,637	2,433
Cash at bank		<u>30,015</u>	<u>64,845</u>
		41,652	67,278
CREDITORS			
Amounts falling due within one year	3	( <u>36,805</u> )	( <u>60,565</u> )
NET ASSETS		<u>£ 4,847</u>	<u>£ 6,713</u>
UNRESTRICTED FUNDS			
Accumulated fund		<u>£ 4,847</u>	<u>£ 6,713</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

For the financial year ended 31<sup>st</sup> December 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charity.

Approved by the Trustees on 22<sup>nd</sup> September 2014  
and signed on their behalf by



O H Lyngqvist  
Trustee

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE****Statement of financial activities  
for the year ended 31<sup>st</sup> December 2013**

	2013		2012	
	£	£	£	£
<b>INCOMING RESOURCES</b>				
<b>Unrestricted funds</b>				
Support for EIP initiative		19,098		-
Support for EGAN		19,896		-
Burden of illness		-		82,810
Membership fees		4,559		6,893
Fixed and activity funding		<u>78,104</u>		<u>8,109</u>
		121,657		97,812
<b>RESOURCES EXPENDED</b>				
Director General	43,870		-	
Travelling	2,282		2,322	
Burden of illness	-		29,615	
Printing	286		-	
Alliance meetings	3,397		5,213	
EU Patients Group Conference	20,020		10,770	
Legal costs	1,687		-	
Accountancy	-		2,000	
Patient Association Support	8,290		12,164	
Secretariat	25,367		29,679	
EIP initiative	17,440		-	
Bank charges	393		534	
Currency changes	<u>491</u>		<u>( 632)</u>	
		( 123,523)		( 91,665)
Net (outgoing)/incoming resources		( 1,866)		6,147
Accumulated fund brought forward		<u>6,713</u>		<u>566</u>
Accumulated fund carried forward		<u>£ 4,847</u>		<u>£ 6,713</u>



## EUROPEAN NUTRITION FOR HEALTH ALLIANCE

### Notes to the accounts for the year ended 31<sup>st</sup> December 2013

#### 1. ACCOUNTING POLICIES

##### **Basis of accounting**

These accounts have been prepared in accordance with the provisions of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP) issued by the Charity Commissioner in 2005 and in accordance with the Charities Act 2011 and applicable accounting standards.

##### **Incoming resources**

Income is generated from secretariat fees, activity funding and a release of an unspent prepayment relating to the burden of illness project in 2010. The prepayment was used in the 2012 implementation plan of the project.

##### **Resources expended**

- Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

##### **Unrestricted funds**

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

##### **Company status**

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

##### **Foreign currencies**

Monetary assets and liabilities in Euros are translated into sterling at the rate of exchange ruling at the balance sheet date of £0.810901 to £1. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating result.

**EUROPEAN NUTRITION FOR HEALTH ALLIANCE****Notes to the accounts  
for the year ended 31<sup>st</sup> December 2013**

2.	DEBTORS	2013 £	2012 £
	Fees receivable	<u>£11,637</u>	<u>£2,433</u>
3.	CREDITORS:- amounts falling due within one year		
	Trade creditors	7,312	-
	Working capital deposit	24,870	24,327
	Sundry creditors and prepayments	<u>4,623</u>	<u>36,238</u>
		<u>£36,805</u>	<u>£60,565</u>