

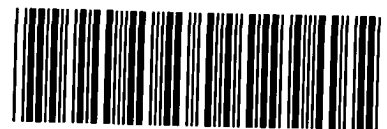
EUROPEAN NUTRITION FOR HEALTH ALLIANCE
(A company limited by guarantee and not having a share capital)

Annual report and accounts

for the year ended 31st December 2016

Charity N°:- 1123711
Registered N°:- 6440892

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EUROPEAN NUTRITION FOR HEALTH ALLIANCE

**Annual report and accounts
for the year ended 31st December 2016**

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Company information

Trustees	J-P Baeyens P Garel C J Green O H Ljungqvist A de Looy I Meyenburg-Altwarg C Pichard C Sieber M Smeets
Secretary	International Longevity Centre - UK
Principal and registered office	11 Tufton Street London SW1P 3QB
Reporting accountants	Siba and Company Chartered Accountants 308 High Street Croydon Surrey CR0 1NG
Bankers	HSBC Bank PLC 61 High Street Staines Middlesex TW18 4QW
Solicitors	Bates, Wells & Braithwaite 2-6 Cannon Street London EC4M 6YH

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2016

The trustees present their report together with the accounts of the charity for the year ended 31st December 2016.

Principal activity

The principal activity of the charity during the year under review was the promotion of nutrition for good health.

Objectives

The European Nutrition for Health Alliance was established in 2005 to raise awareness of the importance and urgency of malnutrition and appropriate nutritional care as well as to build an agenda for action in Europe. The Alliance is formed from a group of European organisations committed to tackling malnutrition.

Public benefit

The charity's objectives for the public benefit are to promote, preserve and protect good health, nutrition and metabolism and to prevent, treat and relieve poor health and malnutrition, and to advance education for the benefit of the public in all areas relating to nutrition and metabolism throughout Europe and the rest of the world.

Performance and achievements

In the 2016 calendar year, the ONCA campaign expanded its national membership base to 15 member states: Belgium, Croatia, Czech Republic, Denmark, France, Germany, Israel, Italy, Netherlands, Portugal, Republic of Ireland, Slovenia, Spain, Turkey and the UK. At time of writing, a further two countries are consulting their own stakeholders on whether to formally seek ONCA membership.

Founded in 2014, the ONCA campaign aims to engage with diverse stakeholders in selected focus countries to encourage them to form/strengthen a national alliance of stakeholders and develop national nutritional care plans; and facilitate these stakeholders to benchmark current status in order to develop an aligned view on the current state of play with respect to nutritional care in a given country.

To this end, ENHA organised two membership events in the 2016 calendar year. The ONCA Implementation Workshop, which gathered 1-2 representatives from each member state in Warsaw in May 2016, saw members setting the agenda for the coming year, and discussing arrangements for the 2016 ONCA Conference.

The Conference held in Madrid in November 2016 assembled a larger delegation from member states, composed of 5-8 individuals representing medical profession membership groups, National Industry Groups and patient advocacy group representatives.

The Conference was hosted by the Spanish delegation and chaired by Professor Olle H Ljungqvist (ENHA Co-Chair, ESPEN representative) and Professor Anne de Looy (President of the European Federation of the Associations of Dietitians, ENHA Trustee). Over 130 delegates representing 15 countries attended the conference including speakers representing the Spanish Ministry of Health, the European Association for Homes and Services for the Ageing, and the European patient groups EPF and EGAN.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2016

Performance and achievements (continued)

An additional pre-meeting led by Cees Smit (EGAN) was held for the patient group representatives attending the ONCA Conference; patient groups also addressed delegates during a dedicated patient advocacy session on the first day of the Conference, entitled '*How patients drive public health and better care: best practices and proposals for the future*'.

In addition to a dedicated meeting for patient advocacy groups (PAGs) at the Conference, and a dedicated session on patient experience at the Conference, ENHA also facilitated a PAGs strategy meeting in Brussels in June 2017. ENHA also hosted a strategic planning meeting concerning marketing and communications, in consultation with ONCA members in March, 2017.

Finally, in the 2016 calendar year, ENHA's capital reserves were invested to redress economies deemed necessary in the 2015/2016 financial year. A sum of £5,118 was allocated to ENHA's Secretary General, to recuperate income foregone in 2015 to ensure capital reserves could be developed.

Following temporary reductions in ENHA's Secretariat fees, these were returned to their usual rates; as the reinstatement of the full amount was not accounted for in the initial forecast in the previous financial year, this accounts for £12,795 of the £25,590 invested in the 2015/2016 financial year.

Trustees

The trustees who served during the year 2016 were as follows:-

J-P Baeyens	I Meyenburg-Altwarg
P Garel	C Pichard
C J Green	C Sieber
O H Ljungqvist	M Smeets
A de Looy	

Recruitment and appointment of new trustees

Nominations for new trustees are discussed at the European Nutrition for Health Alliance meetings which occur at least twice a year. New trustees are approached with the agreement of the chair and the board of existing trustees. Trustees are clear about who cannot, in law, be appointed as a trustee before new trustees are approached and appointed. Mr C Sieber was appointed as trustee on 16th June 2016.

Audit

The charity is exempt from having its accounts audited under Companies Act 2006.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2016

Statement of trustees' responsibilities

The trustees (who are also the directors of the charity for the purpose of company law) are responsible for preparing the trustees' annual report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

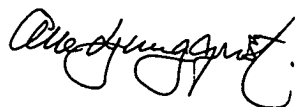
Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Approved by the Trustees 10th July 2017
and signed on their behalf by



O H Ljungqvist
Trustee

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Independent Examiner's Report to the Trustees of European Nutrition for Health Alliance

I report on the accounts of European Nutrition for Health Alliance for the year ended 31st December 2016, which are set out on pages 5 – 8.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under s. 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:-

- examine the accounts under s. 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under s. 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

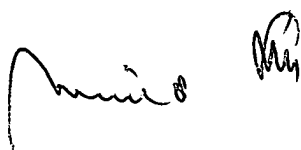
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:-

- (1) which gives me reasonable cause to believe that in any material respect the requirements:-
 - to keep accounting records in accordance with the Companies Act 2006, s. 386; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Companies Act 2006; s. 386 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Miroslav Siba FCA
308 High Street, Surrey CR0 1NG

10th July 2017

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Balance sheet as at 31st December 2016

	Note	2016 £	2015 £
CURRENT ASSETS			
Debtors	2	47,480	48,233
Cash at bank		<u>30,494</u>	<u>39,364</u>
		77,974	87,597
CREDITORS			
Amounts falling due within one year	3	(80,674)	(69,866)
NET (LIABILITIES)/ASSETS		<u>(£ 2,700)</u>	<u>£17,731</u>
UNRESTRICTED FUNDS			
Accumulated fund		<u>(£ 2,700)</u>	<u>£17,731</u>

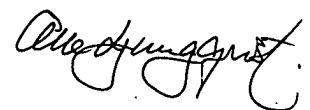
The company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Approved by the Trustees on 10th July 2017
and signed on their behalf by



O H Ljungqvist
Trustee

EUROPEAN NUTRITION FOR HEALTH ALLIANCE**Statement of financial activities
for the year ended 31st December 2016**

	2016		2015	
	£	£	£	£
INCOME				
Nutritional Implementation Conference		66,368		67,365
Support for EGAN		7,677		7,365
Membership fees		6,824		5,523
Fixed and activity funding		<u>115,155</u>		<u>110,473</u>
		196,024		190,726
EXPENDITURE				
Director General	95,861		77,950	
Travelling	11,169		5,503	
Conference Logistics	19,192		16,571	
Venue costs including accommodation	47,403		33,285	
Other conference costs	8,132		11,810	
Alliance Trustees and Members expenses	2,918		5,316	
Patient Association Support	7,677		7,365	
Secretariat	26,102		22,536	
Bank charges	10		-	
Currency changes	(2,009)		<u>2,234</u>	
		(216,455)		(182,570)
Net (outgoing)/incoming resources		(20,431)		8,156
Accumulated fund brought forward		<u>17,731</u>		<u>9,575</u>
Accumulated fund carried forward		(£ 2,700)		<u>£ 17,731</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

All funds are unrestricted.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Notes to the accounts for the year ended 31st December 2016

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16th July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011 and the Companies Act 2006.

Income

Income is generated from secretariat fees and activity funding.

Expenditure

- Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.

Unrestricted funds

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Company status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Foreign currencies

Monetary assets and liabilities in Euros are translated into Sterling at the rate of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into Sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating result.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE**Notes to the accounts
for the year ended 31st December 2016****Reconciliation with previous Generally Accepted Accounting Practice**

In preparing these accounts, the Trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

No restatements were required.

No separate fee has been charged for the Independent Examination in 2016 or 2015 as the cost is included in the Secretariat charges.

2. DEBTORS

Fees receivable	<u>£47,480</u>	<u>£48,233</u>
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3. CREDITORS:- amounts falling due within one year

Trade creditors	50,327	43,664
Working capital deposit	25,590	22,095
Sundry creditors	<u>4,757</u>	<u>4,107</u>
	<u>£80,674</u>	<u>£69,866</u>

4. STAFF COSTS AND TRUSTEE REMUNERATION

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2015 – £nil). Expenses totalling £4,863 were paid to 4 trustees to reimburse travel and other costs incurred during the year when engaged on charity activities (2015 - £4,296 paid to 3 trustees). No charity trustee received payment for professional or other services supplied to the charity (2015 - £nil).

The charity has no employees but the Director General received payment of £95,861 for services supplied to the charity (2015 - £77,950).