



EUROPEAN NUTRITION FOR HEALTH ALLIANCE
(A company limited by guarantee and not having a share capital)

Annual report and accounts

for the year ended 31st December 2015

Charity N°:- 1123711

Registered N°:- 6440892

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EUROPEAN NUTRITION FOR HEALTH ALLIANCE

**Annual report and accounts
for the year ended 31st December 2015**

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Company information

Trustees	J-P Baeyens P Garel C J Green O H Ljungqvist A de Looy I Meyenburg-Altwarg C Pichard C Sieber M Smeets
Secretary	International Longevity Centre - UK
Principal and registered office	11 Tufton Street London SW1P 3QB
Reporting accountants	Siba and Company Chartered Accountants 308 High Street Croydon Surrey CR0 1NG
Bankers	HSBC Bank PLC 61 High Street Staines Middlesex TW18 4QW
Solicitors	Bates, Wells & Braithwaite 2-6 Cannon Street London EC4M 6YH

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2015

The trustees present their report together with the accounts of the charity for the year ended 31st December 2015.

Principal activity

The principal activity of the charity during the year under review was the promotion of nutrition for good health.

Objectives

The European Nutrition for Health Alliance was established in 2005 to raise awareness of the importance and urgency of malnutrition and appropriate nutritional care as well as to build an agenda for action in Europe. The Alliance is formed from a group of European organisations committed to tackling malnutrition.

Public benefit

The charity's objectives for the public benefit are to promote, preserve and protect good health, nutrition and metabolism and to prevent, treat and relieve poor health and malnutrition, and to advance education for the benefit of the public in all areas relating to nutrition and metabolism throughout Europe and the rest of the world.

Performance and achievements

In 2015 we continued the Optimal Nutritional Care for All (ONCA) campaign. ONCA is multi-stakeholder initiative to facilitate greater screening for risk of disease-related malnutrition/undernutrition and nutritional care implementation across Europe.

Up to 2010, ENHA worked extensively with members of the European Parliament and other stakeholders to organise political support to get disease-related malnutrition/undernutrition on the European health agenda. At a conference organised in November 2010, together with European Parliament members and the Belgian EU Presidency, one of the conclusions was to translate political support into action in the form of implementation at national level. Since 2011, ENHA developed collaborations with selected countries including Belgium and Ireland to engage in this implementation process. Several countries in Europe are now making progress in various ways towards improving nutritional care. ENHA felt that the time was right to speed up the process to make sure that all patients in Europe receive optimal nutritional care.

The ONCA campaign aims to engage with diverse stakeholders in selected focus countries to encourage them to form/strengthen a national alliance of stakeholders and develop national nutritional care plans; and facilitate these stakeholders to benchmark current status in order to develop an aligned view on the current state of play with respect to nutritional care in a given country.

There are fourteen countries currently involved in the ONCA campaign: Belgium, Czech Republic, Croatia, Denmark, France, Germany, Ireland, Israel, the Netherlands, Poland, Slovenia, Spain, Turkey and the UK. Representatives from these countries and expert stakeholders all met to discuss the initiative at the second **Nutritional Screening Implementation Conference "Optimal Nutritional Care for All" in Berlin in November 2015**. The conference was a working conference that brought together multiple stakeholders to look at existing status and challenges, explore opportunities and agree on future priorities in order to drive improvement in delivery of optimal nutritional care for all. The outcomes of the conference strengthened national alliances in focus countries; benchmarking of current state of play in focus countries and adoption by national policymakers, supported by their European counterparts leading to improved nutritional care for all.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2015

Performance and achievements (continued)

In addition to this initiative, the Alliance continued to nurture our networks with EU patient groups, the European Patients' Forum (EPF) and the European Genetic Alliances' Network (EGAN). We also continued to develop our relationships with the European Commission and WHO Euro, raising both our profile and that of malnutrition in Europe.

Trustees

The trustees who served during the year 2015 were as follows:-

J-P Baeyens	A de Looy
P Garel	I Meyenburg-Altwarg
C J Green	C Pichard
O H Ljungqvist	M Smeets

Recruitment and appointment of new trustees

Nominations for new trustees are discussed at the European Nutrition for Health Alliance meetings which occur at least twice a year. New trustees are approached with the agreement of the chair and the board of existing trustees. Trustees are clear about who cannot, in law, be appointed as a trustee before new trustees are approached and appointed. Mr C Sieber was appointed as trustee on 16th June 2016.

Audit

The charity is exempt from having its accounts audited under Companies Act 2006.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Trustees' report for the year ended 31st December 2015

Statement of trustees' responsibilities

The Trustees (who are also the directors of the charity for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

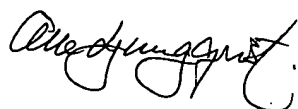
Company law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Approved by the Trustees on September 2016
and signed on their behalf by



O H Ljungqvist
Trustee

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Independent Examiner's Report to the Trustees of European Nutrition for Health Alliance Trust

I report on the accounts of the Trust for the year ended 31st December 2015 which are set out on pages 5 to 8.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under s. 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income was less £250,000 and I am qualified to undertake the examination by being a qualified member of ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under s. 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under s. 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

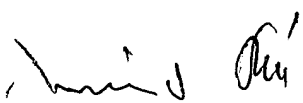
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and explanations sought from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with the Companies Act 2006, s. 386; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of s. 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charitieshave not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Miroslav Siba FCA
308 High Street, Surrey CR0 1NG
September 2016

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Balance sheet as at 31st December 2015

	Note	2015 £	2014 £
CURRENT ASSETS			
Debtors	2	48,233	1,559
Cash at bank		<u>39,364</u>	<u>54,568</u>
		87,597	56,127
CREDITORS			
Amounts falling due within one year	3	(69,866)	(46,552)
NET ASSETS		<u>£17,731</u>	<u>£ 9,575</u>
UNRESTRICTED FUNDS			
Accumulated fund		<u>£17,731</u>	<u>£ 9,575</u>

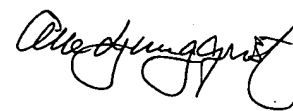
These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2015).

For the financial year ended 31st December 2014 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charity.

Approved by the Trustees on
and signed on their behalf by

September 2016


O H Ljungqvist
Trustee

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Statement of financial activities
for the year ended 31st December 2015

	2015		2014	
	£	£	£	£
INCOMING RESOURCES				
Unrestricted funds				
Nutritional Implementation Conference		67,365		48,561
Support for EGAN		7,365		7,770
Membership fees		5,523		5,827
Fixed and activity funding		<u>110,473</u>		<u>116,546</u>
		190,726		178,704
RESOURCES EXPENDED				
Director General	77,950		75,382	
Travelling	5,503		10,319	
Conference Logistics	16,571		17,482	
Venue costs including accommodation	33,285		24,038	
Other conference costs	11,810		3,611	
Alliance Trustees and Members Expenses	5,316		10,354	
Patient Association Support	7,365		7,770	
Secretariat	22,536		23,775	
Bank charges	-		408	
Currency changes	<u>2,234</u>		<u>837</u>	
		(182,570)		(173,976)
Net incoming resources		8,156		4,728
Accumulated fund brought forward		<u>9,575</u>		<u>4,847</u>
Accumulated fund carried forward		<u>£ 17,731</u>		<u>£ 9,575</u>

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Notes to the accounts for the year ended 31st December 2015

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared in accordance with the Companies Act 2006, the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP) 2005, the Charities Act 2011 and also the Financial Reporting Standard for Smaller Entities (effective April 2015).

Incoming resources

Income is generated from secretariat fees and activity funding.

Resources expended

- Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

Unrestricted funds

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Company status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

Foreign currencies

Monetary assets and liabilities in Euros are translated into sterling at the rate of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating result.

EUROPEAN NUTRITION FOR HEALTH ALLIANCE

Notes to the accounts
for the year ended 31st December 2015

2.	DEBTORS	2015 £	2014 £
	Fees receivable	<u>£48,233</u>	<u>£1,559</u>
3.	CREDITORS:- amounts falling due within one year		
	Trade creditors	43,664	18,847
	Working capital deposit	22,095	23,309
	Sundry creditors and prepayments	<u>4,107</u>	<u>4,396</u>
		<u>£69,866</u>	<u>£46,552</u>