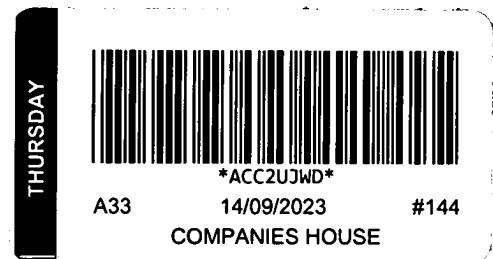


COMPANY REGISTRATION NUMBER: 06396310
CHARITY REGISTRATION NUMBER: 1122693

AFC Bournemouth Community Sports Trust
Company Limited by Guarantee
Financial Statements
30 November 2022



ELLIOTT BUNKER LTD
Chartered accountants & statutory auditor
61 Macrae Road
Ham Green
Bristol
BS20 0DD

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 30 November 2022

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 30 November 2022.

Reference and administrative details

Registered charity name AFC Bournemouth Community Sports Trust

Charity registration number 1122693

Company registration number 06396310

Principal office and registered office 61 Macrae Road
Pill
Bristol
BS20 0DD

The trustees

Louise Clarke
Andrew Charles Dayus
Glenn Gosden
Jeffery Anthony Mostyn

Auditor

Elliott Bunker Ltd
Chartered accountants & statutory auditor
61 Macrae Road
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Bristol
BS20 0DD

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 30 November 2022

Structure, governance and management

Governing document

AFC Bournemouth Community Sports Trust is a charitable company limited by guarantee, incorporated on October 11, 2007 and registered as a charity on February 8, 2008. The company was established under a Memorandum of Association and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Appointment of trustees

The trustees who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report, are set out on page 2. New trustees are appointed upon the recommendation of existing trustees. One third of the trustees must retire at each annual general meeting and offer themselves for re-election.

Risk management

The trustees have identified and considered the main risks to which the Trust is exposed and have taken the necessary steps to mitigate and manage these risks on a regular basis.

Organisational structure

Day to day responsibility for the provision of services rests with the head of the Community Sports Trust, Steve Cuss, a qualified FA and UEFA coach. He is supported by Senior Managers Andrew Battison and Luke Simpson. All administration is undertaken by Anne Cuss.

AFC Bournemouth Community Sports Trust

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 30 November 2022

Objectives and activities for the public benefit

The Trust's objective is the promotion of community participation in healthy recreation, in particular by the provision of facilities for the playing of football. The aim is to help young people, especially but not exclusively through leisure time activities, so as to develop their capabilities that they may grow to full maturity as individuals and members of society. Also, to provide or assist in the provision of sporting and recreational facilities for the public of Bournemouth and surrounding areas without reference to race, religion and belief, sex, disability, nationality, ethnic or national origin or social background, with the object of improving their conditions of life. The trustees confirm that they have had regard to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

The Community Sports Trust is the charitable arm of AFC Bournemouth, actively working in the local community across Bournemouth, Poole and surrounding areas within four main strands of work:
Education – Health – Participation – Inclusion

The team of 44 full time staff deliver over 150 coaching and teaching sessions and engage with 4,000 people, from ages 1 to 101, a week, working in partnership with schools, organisations and businesses.

The Trust's vision is to provide opportunities for all, through project delivery, meeting the needs of the local community and delivering a mixture of active sessions along with education and support groups. A key aim is to help individuals reach their potential with pathways in place from recreational activities through to teams and there are currently 28 registered teams across the community from the Girls & Women's programme, Disability, College and Walking football.

The AFC Bournemouth Community Sports Trust was formed in 2001 from the Football in the Community programme and has continued its charitable working partnership with AFC Bournemouth. In 2008 it gained charitable status and continues to be a self-funding, non-profit organisation which has a huge impact upon the local community through increasing involvement in sport.

The Trust is supported and many of its projects are funded by the Premier League Charitable Fund.

Strategic report

The following sections covering the achievements, performance and financial review form the strategic report of the charity.

Community

During April, the EFL launched its first ever Week of Action and the Trust played its part along with the other 71 clubs by showcasing plenty of activity throughout the week, highlighting girls and women's football at the club especially.

The EFL Week of Action was an opportunity to highlight the work done by the Trust and demonstrate the difference it makes to its community.

Hope for Food charity

The Trust continued to show its support for the Hope for Food charity, based in West Howe. The organisation was set up in 2012 and is run entirely by volunteers, with the aim of providing life's basic essentials on a daily basis to people in need of help due to the current economic climate.

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Hope for Food's mission is to assist men, women and children in Bournemouth and the surrounding areas, who are either homeless or living in poverty, by providing fresh food at the soup kitchens and hampers of food, as well as good quality clothing, bedding and household goods where needed. The charity helps anyone who reaches out to them and serves those who do without judgement. During April, a donation point was set up at the Slades Park Soccer Camp for the second year in a row.

Ringwood development

During August, the Trust, Ringwood Town Council and Ringwood Town Football Club announced the start of construction on the new multi-million-pound re-development at Long Lane, Ringwood.

The first phase of the development, involved a full-size floodlight 3G artificial turf pitch (ATP).

Further developments, including new clubhouse and infrastructure will follow in early 2023.

The £3.2 million project has been boosted by funding from the Football Foundation, New Forest District Council and Ringwood & District Round Table.

The significant investment into the Long Lane development represents an opportunity to develop an excellent sporting and social facility for the town of Ringwood and the surrounding area, where the site will continue to be the home of all teams associated to Ringwood Town and enable AFC Bournemouth's Community Sports Trust to run a number of community programmes during the next decade to transform the grassroots game.

Sports Participation

The Trust offers weekly coaching sessions and activities to a variety of different age groups and abilities across the local community.

Mini Cherries

Mini Cherries is a twice weekly toddler football session, which aims to help children learn the basic principles of play such as sharing and communication, along with improving their basic motor skills, balance and coordination.

The most important parts of a Mini Cherries session are the introduction to football and the enjoyment of learning the game.

Minikickers

Minikickers is one of the more popular weekly sessions, reaching over 200 children a week at the Vitality Stadium alone. The sessions which last an hour invite children to join in and learn new skills through dribbling games, shooting drills and small-sided matches.

Women and Girls Football

The Trust continues to run the AFC Bournemouth Girls and Womens teams, and following the successes of previous seasons, is pleased to be offering competitive opportunities to both girls and women in six squads. The successful girls-only football coaching programme has been running for over three seasons at the Vitality Stadium, Slades Park and Brockenhurst College.

Over 350 women and girls participated in the programme during the year, with the entire programme supported by Bournemouth University which included:

Wildcats for girls aged 5-11

Premier League Kicks for girls aged 12-16

Emerging Talent Centre for U9s, U11s and U13s

AFC Bournemouth Girls' Team for U10s, U12s, U14s and U16s

Female Football Education Programme for girls aged 16-19 and based at Brockenhurst College

Women's Senior Teams (first team and development squad) for women over the age of 16

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Year ended 30 November 2022

During the year the Trust was awarded a License from the FA/Premier League to run an Emerging Talent Centre (ETC) for the next three years.

The awarding of this license will allow the Trust to further their existing work within the girls' and women's game, offering specific focus on the younger age groups.

The ETC will focus on the under-9s, under-11s and under-13s age groups, with players receiving weekly coaching sessions to complement their existing club commitments. This then links to the club's existing girls' academy sides for the under-10s, under-12s, under-14s and under-16s age groups.

In July, the two youngest girls' teams visited Bournemouth University's Talbot Campus for a student-led workshop.

Throughout the season, the age groups take part in various workshops exploring topics including healthy lifestyles, internet safety and football-specific position-based workshops.

The first session of the year saw two of the teams partake in a nutrition workshop. The opening part was a classroom-based activity where the girls learnt about the importance of a balanced diet and how they can fuel up for football.

The second part to their session was a practical activity, which saw the girls in the kitchen making pizzas using tortilla wraps. Each of the players made their own pizzas, complete with lots of vegetables and a protein source.

During October, Lewis Manning one of the Trust's partners hosted their second annual Candles on the Lake event, in Poole Park.

The event saw the local community come together to reflect, celebrate and remember people they love and care about to raise vital funds for the charity.

The Lewis Manning team were joined by several players from the under-18s, alongside Head of Education and Player Care Dawn Roach. Women's team players were also present and joined by their manager Steve Cuss.

Premier League Kicks

The Premier League Kicks programmes continue to expand and now offer free football sessions in Bournemouth, Poole and Verwood. This popular project offers free football and additional opportunities to over 1000 local young people a year. The project encourages young people to get involved in playing sports in the evenings and at weekends, which sees them benefit from a healthier lifestyle, improved well-being and most importantly offers them a safe environment to enjoy themselves and have fun with friends.

The project offers sessions to mixed groups, as well as a girls only evening session. Sessions for children aged 8-13 years old are coached sessions, whereas sessions for those aged 14+ are tournament style sessions.

During October the Trust joined forces with the BOLD group from J.P. Morgan to talk about Black History Month, with young people at a Premier League Kicks session.

The BOLD group joined the Community Coaches at the Monday evening PL Kicks session based at Vitality Stadium, and alongside their usual football activities the group took part in a session with the BOLD group and activities from the Community Outreach Van.

The young people learnt more about the significance of Black History Month, awareness of discrimination and discussed what they can do to make a change within their local communities.

During November, the Trust delivered Anti-Bullying Week projects in support of the national campaign.

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To kick off the week, young people and adults who participate in the Monday evening Ability Counts and Premier League Kicks sessions supported the Anti-Bullying Alliance Campaign by wearing odd socks to their sessions, and made a monetary donation to further show their support. In schools, the Trust's coaches delivered workshops to pupils in both Primary and Secondary. Over 20 workshops were delivered over the five-days to three local Primary Schools and over 40 young people from the Premier League Inspires programme. To finish the week, young people from the Friday evening Premier League Kicks sessions took part in an active workshop alongside their usual weekly football session. The workshops activities looked specifically at how to respect one-another, and what actions the young people can take to target bullying and help prevent such behaviour at their sessions.

Soccer Camps

The Trust hosts Soccer Camps every school holiday across Bournemouth, Purbeck and Blandford. The sessions are for boys and girls aged 7-14 years old, not including Minikickers Soccer Camps which are for boys and girls aged 4-6 years old and are available for children of any ability. They include a fun warm up, skill games, penalty competitions and small-sided matches. All Soccer Camps are run and delivered by qualified and experienced football coaches who have all completed up to date safeguarding and emergency aid qualifications. All staff are also DBS checked.

Extra-Curricular Coaching and School Clubs

The Trust has a successful long-standing partnership with many schools in the local area delivering extra-curricular sessions for both boys and girls, and hosts three main clubs: Breakfast Club, which runs an hour before school, Lunchtime Club that runs during school lunchtimes, and the very popular After School Club. Typically, the clubs run once a week for the entire term, and include coaching sessions on passing, control, dribbling and shooting, combined with fun games, small competitions and small sided matches.

Bournemouth University

Bournemouth University continues to support the Trust, maintaining long established links which began while the football club competed in League 1. In particular it supports the development of girls' football in Dorset as the main partner of the under-10, under-12, under-14 and under-16 AFC Bournemouth girls' teams. It also remains a Junior Cherries partner and members of this popular club for younger fans are invited to attend special events at the university with an educational aspect. The University's men's and women's teams continue to benefit from professional coaching from the Trust.

Birthday Parties

The Trust offers birthday parties at the Vitality Stadium on non-matchdays.

Education

Premier League Primary Stars

Premier League Primary Stars uses the power of professional football, and sport to inspire children to learn, be active and develop important life skills.

The programme provides all primary schools with the opportunity to be involved in a variety of sessions and events, with the aim of creating a positive and long-lasting sporting, education and health impact, for the local community.

It also includes PE delivery and CPD events for teachers and school staff. These sessions see coaches visiting local schools delivering sporting activities, which provides teachers and HLTA's with additional provision to enhance their own learning, as well as aiming to improve in skills, confidence and knowledge for delivering PE and school sport.

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The Community Sports Trust's Primary Stars programme not only provides schools with football themed PE delivery, but the offer is extended to include:

- PSHE workshops (Individual lessons).
- PSHE Targeted Interventions (working with specific groups, for six consecutive lessons).
- Targeted Active Numeracy Programme (working with under achieving students, for six consecutive sessions).
- Targeted Reading Programme (working with under achieving students, for six consecutive sessions).
- Social Action projects- focusing on making an impact in the specific school or in the local community.
- Teacher Continued Professional Development Opportunities
- Inter school festivals (KS2 age groups)
- U11 Primary Schools Tournament

In March, the Trust donated 300 books to seven local primary schools in and around the Bournemouth area as part of World Book Day.

In addition, £250 worth of World Book Day vouchers were donated for teachers to share with students at their school.

Schools Projects

The Trust offers a range of different school project lessons, delivered to local schools across the Dorset and Hampshire regions.

The workshops look at important themes throughout every-day life, Healthy Lifestyles, Respect and Citizenship, Safer Kids Online, Equality, Diversity and Inclusion and Road Soccer Safety.

Each lesson is free of charge and can be tailored for different age ranges in Primary and Secondary Schools. In each lesson, there are PowerPoint presentations, group discussions and/ or individual/ small group tasks, as well as activity sheets and tasks to complete at various points during the lessons.

Healthy Lifestyles

The Healthy Lifestyle workshop focuses on educating young people on the importance of maintaining a healthy lifestyle, through diet and exercise, as well as looking at hydration levels and the importance of sleep.

The lesson starts by looking at the Eatwell plate and then moves on to the breakdown of the main food groups including nutrients, minerals and vitamins and their importance.

The importance of taking part in regular exercise to keep healthy, and why it is important to keep hydrated whilst exercising is then covered.

Throughout the lesson, the participants complete different tasks and activities, such as creating healthy meals for AFC Bournemouth players, specifically linking to the different times of a match day.

Respect and citizenship

The Respect and Citizenship workshop looks at how children's love for sport and football and AFC Bournemouth can be linked to help encourage positive behaviour.

The lesson touches on both respectful and disrespectful behaviours in everyday life, before taking a more in-depth look at respect within football, illustrated through presentations and videos.

Project sponsor, Goadsby, has also created workshop booklets which are given to Primary School pupils to aid their learning. These include fun activities and games, whilst also showing examples of how we can show respect in Football.

The lesson encourages the pupils to share ideas in small group discussions, whilst inspiring them to demonstrate positive and respectful behaviours in the classroom.

The final task for the children is to create a poster, demonstrating why respectful behaviour is important in everyday life, with key messages and examples included on their poster.

Safer Kids Online - Internet safety

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Year ended 30 November 2022

The Safer Kids Online programme is a popular workshop delivered to local schools. The lesson, supported by ESET UK, educates young people on how to remain safe whilst using the internet. The classroom-based lesson addresses the children's most common uses of the internet and develops on the safety features and age ranges for each of these different applications and websites. This lesson touches on keeping profiles secure, as well as what content should be kept private and not shared with others online.

Towards the end of the lesson, the children look at different scenarios which they may face online and how they would deal with each individual situation.

Finally, the children complete worksheets with some top tips on privacy settings and a Helping Hand task, which focuses on who they can speak to when they are worried online.

Money Management

Money Management is a programme that is designed to support pupils in secondary schools across Dorset. The workshops, supported by Strategic Solutions, highlight the importance of promoting sensible finance and enhancing the knowledge and financial well-being of students and their futures. The programme will bring the schools maths curriculum to life by giving an introduction to financial literacy, educating pupils on tax, bank accounts, budgeting and understanding credit.

The workshops also provide students with information on how to access additional support on financial areas and products outside the sessions.

Show Racism the Red Card

During April the Trust visited local schools promoting the Show Racism the Red Card campaign.

Year 5 and 6 pupils from two local schools were involved and listened to a guest speaker, who spoke about all kinds of discrimination, specifically racism and stereotypes.

The children learned about what they can do to stop racism and how to make a difference in their local community through the interactive workshop. Partners, J.P. Morgan, supported the event with volunteers from their BOLD group.

Mental health and well-being

The Trust provides support to both primary and secondary schools across Dorset to help educational leaders raise awareness of a subject that has never been so high on the public agenda.

The programme is designed to encourage the younger generation to talk openly about mental health and to be able to understand the struggles that are associated with mental health.

It helps pupils explore emotions, how to recognise change in behaviour and how to keep a positive mindset whilst setting goals for the future. The programme combines theory, participation and physical activity.

Premier League Inspires

Premier League Inspires is a Secondary School education programme that uses the reach and appeal of the Premier League and AFC Bournemouth to support those aged between 11-25 in educational settings who are at risk of not reaching their potential.

The Premier League Inspires programme is available to any secondary establishment, alternative provision or SEND specific school in the Bournemouth, Christchurch, and Poole region as well as further afield upon request.

Through Premier League Inspires, the Premier League and the Trust will:

- **Support young people to improve their well-being**
- **Develop character and life skills**
- **Help schools/academies keep students present and committed**
- **Provide access to more opportunities**
- **Enable young people to plan for the future and to be work ready**

The Trust began its Premier League Inspires delivery in 2019 and since then has supported 502 young people through over 700 sessions in 19 local schools.

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In March, local children from the Blandford School and the Grange School in Christchurch worked with the Trust on a sustainability project as part of the Premier League Inspires challenge project. The kids, aged between 13 and 14, took part in a bottle swap initiative in the Fan Zone before the match and, alongside the Community Sports Trust and Coca Cola, cleaned up the stadium after the game with the club's Green Team.

In June, unused bikes that previously belonged to the first team were donated back into the local community as part of the Premier League Inspires project, helping out local schools and their pupils. with different schools using them in different ways, either as rewards towards the end of the academic year, or handing them out to pupils to help them get to school.

Football Education Programme - College Offer

The Trust, in partnership with SCL, is proud to be offering an alternative education pathway for 16 - 19-year-olds. The Football Education Programme is tailored for those looking to enhance their footballing skills whilst developing an outstanding knowledge of sport. The daily course takes place at Oak Academy, where we utilise excellent ICT facilities, a Gym, Sports Hall and grass pitches. Regardless of the previous academic achievements of the student, we provide an outstanding learning environment for all to strive and fulfil their potential. Aims:

" Enter employment into the sport and active leisure sector or to progress to higher or further education" Gain and develop essential skills that are valued by employers and higher and further education institutions " Develop knowledge and understanding of the vocational sector

Football provision

Our players train or play every day during the week by using the following structure:

Monday: Strength and conditioning

Tuesday: Shape and Pattern/ position specific work

Wednesday: Gameday

Thursday: Technical practice/recovery

Friday: Futsal

On Wednesdays players are involved in matches against teams from the National Football Youth League (NFYL), representing AFC Bournemouth and playing against other Premier League and Football league clubs throughout the country.

Brokenhurst College.

The Trust also offers exciting opportunities for young, talented, female football enthusiasts to combine academic studies with a comprehensive Football Development Programme based at Brokenhurst College. The academic curriculum can be tailored to match educational potential with a range of A Levels and a BTEC National Diploma in Sport on offer. If required students can also complete their Maths and English GCSEs.

Our Female Elite Player Programme provides access to high quality coaching and football education with a range of sessions available each day including team sessions, 1 to 1's and recovery/gym-based sessions. Extra support is provided through massage and strength and conditioning support. Students on the programme will compete in a fixtures schedule on Wednesdays as part of the National College League against other professional clubs and friendly matches throughout the season.

Apprenticeships

The Trust offers a unique opportunity for 16-18-year-olds to gain coaching experience and participate in an 'Activity Leadership Apprenticeship'. During the year- long apprenticeship, as well as working in the local community alongside the Trust's coaches, apprentices are required to complete assignments, working towards a City & Guilds/NVQ in Active Leadership. A successful first year on the scheme provides the opportunity to progress onto a second year, then future jobs with the Community Sports Trust.

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Year ended 30 November 2022

Health and Well-being

The Trust supports many individuals with Autism in both their mainstream and disability specific football sessions and through the Premier League Inspires project, it has forged a new partnership with Autism Unlimited offering work experience placements to four students from Portfield School for ten weeks, enabling them to complete an AQA educational qualification. The students volunteer at weekly community sessions such as Walking Football, Mini Cherries and assist coaching sessions with a local SEND school.

In April, the Trust showed its support for World Autism Awareness Day with a host of activities taking place and special guests invited to watch and to mark the day, the club invited those students from Portfield School, working with the Trust.

Ahead of the weekend, the club was proud to relaunch two initiatives to help autistic supporters who visit Vitality Stadium.

AFC Bournemouth Superstore Sensory Hour: recognises that accessing shops can be incredibly stressful for people with autism and their families. Music and television screens are be turned off and background noise reduced for a dedicated hour.

In addition, retail and ticketing staff have received additional training so they are able to provide the best service and support possible to every visitor.

AFC Bournemouth Sensory Packs: these provide sensory packs that have been designed for supporters, particularly those with Autism, who attend matches by helping to make the matchday experience more accessible, comfortable and enjoyable.

The items come complete with an AFC Bournemouth drawstring bag and include the following:

- Club branded mini soft footballs.
- Autism awareness card which can be shown to matchday staff and stewards to ask for assistance when in the ground.
- Club-branded noise cancelling headphones.

Care South

The partnership between Care South and the Trust is now in its eighth year. The partnership encompasses two main activities: The Extra Time project and Chair Football. The Extra Time project involves Trust coaches visiting the various Care South care homes across Bournemouth, Poole, Christchurch and other Dorset locations. As part of the interaction with the residents the coaches take part in various activities; including sharing AFC Bournemouth memories through photos and various other items of memorabilia. A crucial part of the Trust's visit to the homes is the Chair Football activity. The coaches also lead the sessions through encouraging the participants to pass the ball around the room, whilst remaining seated. To build on the session, obstacles and goals are added, which also replicates more common football practises.

During April, 35 members of staff from Care South were welcomed to Vitality Stadium for an exclusive tour of the ground as a reward for their loyalty and hard work over the last two years.

Walking Football

The Trust runs weekly Walking Football coaching sessions in partnership with Care South.

Walking Football is a version of the popular sport, with a few small rule changes. One of the most important changes being that it must be played at a walking pace.

These sessions are offered to both men and women aged 50+ and encourage them to keep fit and healthy without playing an especially competitive or demanding sport.

During the year, three players from the Walking Football programme were selected to play for England in the IWFF World Championships in the over 50s and over 70s teams, in Italy.

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Year ended 30 November 2022

As well as the hosts, the England teams faced opposition from France, Sweden, India, Algeria, Indonesia and Australia in a four-day tournament.

In September, a walking football tournament was held which saw the under-18s and women's team take part and with the mix of generations getting stuck in, plenty of fun was had by all.

The Trust's walking football partner, Care South, was also in attendance to show their support at the event, which showcased the superb community feel amongst the club.

During October, the Trust joined forces with McCarthy Stone to deliver competitive Walking Football opportunities.

There are now teams in three age groups taking part in fixtures, both locally and across the country. In addition to the recreational options, the teams train weekly, which provide further opportunity to improve people's physical and mental wellbeing.

Goals

This is a weight management session targeting those who want to get in shape. It's a mixed circuits class at Vitality Stadium on Thursdays between 7pm and 8pm.

There is also a men's five-a-side for those who want to get fit through football. These take place on the 3G pitches at Vitality Stadium on Thursdays between 8pm and 9pm.

In addition, during November the Trust together with Healthy Us at Wiltshire Council started a free 12-week weight loss and fitness programme open for anyone living in the Salisbury area, aged 35 or over, with a body mass index (BMI) of 30 or above.

The sessions involved exercises that are suitable for all and a half hour interactive session with a health improvement coach, covering topics on nutrition, portion sizes, eating out, behaviour change and how to maintain healthy habits for life.

Participants were supported to improve their diets, to exercise safely and improve their overall health and wellbeing.

Mental health

In May, Dorset Mind and the Trust hosted a one-off event at Vitality Stadium for 18-24 years olds as part of Mental Health Awareness Week.

An important date in the mental health diary, the theme this year was loneliness. Loneliness is an issue that most people associate with older people. However, recent stats from the Office of National Statistics about children and young people, report that 9.8% of young people aged 16-25 feel lonely 'often.'

To help tackle loneliness, Dorset Mind and the Trust invited young people to take part in a 30-45-minute fun physical activity session at the stadium with the aim of encouraging them to step out of their comfort zones, socialise and learn something new. This session was delivered by the Trust coaches.

After the activity, a short wellbeing workshop was hosted by Dorset Mind's expert training team. The objective was to get young people to better know their minds as well as their bodies. Covering topics such as the 'Five Ways to Wellbeing' and the link between physical and mental health, the workshop was supported by members of the AFC Bournemouth Women's team, who spoke about their experiences of how football and physical activity has improved their mental wellbeing.

Dorset Mind delivers mental health education, training, and one-to-one and group support for adults and young people across Dorset.

During October, the Trust once again supported World Mental Health Day by staging a special event for 60 young people from across six local secondary schools at Vitality Stadium in partnership with J.P. Morgan and Tru Talent.

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The event consisted of a workshop, to educate the students on the subject, looking for signs and symptoms in themselves, family and friends, and also looking at what they can do to keep a positive state of mind.

In addition to the school event at the stadium, there were also 30 mental health workshops delivered to pupils in local schools across the week and the next.

Supporting positive mental health and wellbeing is delivered throughout the year by the Trust with projects supporting both children and adults.

In November, Head of Community Steve Cuss attended the Dorset Mind conference, Courageous Conversations.

The event, which supported International Men's Day and Men's Mental Health Month, looked to promote the importance and power of talking, specifically about our mental health.

Steve was amongst a variety of speakers. Some shared their own experiences whilst others highlighted the resources and training available to all.

Illustrating projects and programmes available at AFC Bournemouth and the Trust, Steve shared the initiatives and partnerships in place, which can support individuals who are having a difficult time or looking to reintegrate into everyday activities, along with his career pathway and 20 years in his role as Head of Community at AFC Bournemouth.

Talking Cherries

Talking Cherries is a fan-led initiative who give their time to support other Cherries supporters. The group host fortnightly online drop-in sessions, for anyone to join, to talk about any subject from football to mental health and anything in between.

In addition to the sessions and activities listed above, the Trust has several staff who are trained mental health first-aiders. These staff cover delivery across all areas of work within the Trust and are on hand to offer support to those in need.

Sport and Social

Sport and Social sessions are delivered in partnership with Dorset Mental Health Forum, on the 3G pitches at Vitality Stadium. The sessions are designed for those aged 16 and over who have experienced any form of mental health difficulty and offer an hour-long football event, to help those taking part to socialise and reintegrate back into organised activities.

Mentalk

MENTalk is a cancer support group held in partnership with Wessex Cancer Trust.

The Trust offers online support sessions three times a week for men who have been affected by cancer to come together and talk and share their experiences.

MYTIME

MYTIME is the only charity in Dorset working specifically to support young carers, and the organisation makes an enormous difference to this incredibly deserving community by bringing young carers together to enjoy fun activities and much-needed breaks from their caring responsibilities, MYTIME helps to reduce feelings of loneliness and stress among young carers.

By working with schools to improve the quality of provision made for young carers in education, and by offering an Employability Programme designed to support young adult carers into further study and employment, MYTIME supports young carers to thrive and achieve their full potential. Ultimately, MYTIME exists to level the playing field for young carers by providing them with the support, opportunities and friendship that every child needs and deserves.

The partnership between the Trust and MYTIME provides monthly sessions with 15-20 young people regularly attending Vitality Stadium. The sessions invite young people to celebrate something that they have achieved followed by multi sports and activities which take place on the stadium's football pitches

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Year ended 30 November 2022

A group of young carers visited Vitality Stadium for a special matchday experience on Tuesday 15th March when AFC Bournemouth hosted Reading. They were taken pitch side as the players warmed up and watched the match from their seats in the Vitality Main Stand.

The visit took place ahead of Young Carers Action Day on Wednesday 16th March 2022.

During August, a selection of young carers donned their chef hats in a bid to create a cook book. Prior to visiting Vitality Stadium, the young people had spent time with MYTIME staff planning their favourite meals ready to make.

Over two days, the youngsters worked with catering operations supervisor Vernon Howard, who showed them around the kitchen and helped to bring their creations to life.

They were joined by AFC Bournemouth academy scholars, who worked in groups to assist with the preparation, cooking and presentation of recipes.

The cook book was on sale in the build up to Christmas and will help to raise vital funds for MYTIME.

Bounce Back

In February, the Trust, JPMorgan Chase and Bournemouth Churches Housing Association (BCHA) joined forces to deliver an initiative called 'Bounce Back'.

The scheme supports local disadvantaged and vulnerable adults in achieving independent sustained living via a combination of classroom and practical learning activities.

The first part of the sessions is spent on education - helping to deliver personal development, physical and mental well-being, money management, healthy eating and lifestyles and considering what the next steps in life might look like and this is followed by a football session with kit provided by the Trust.

Twinning Project

During September, the Trust announced the launch of the first Twinning Project delivery at Guys Marsh Prison.

The Trust will visit the prison weekly to work with 16 participants, with the aim of gaining two FA qualifications. The first is the Developing Leadership through Football award, followed by the Developing Leadership through Futsal Award.

Launched in October 2018 and supported by the UK's leading clubs and footballing bodies, the Twinning Project aims to support prisoners whilst in custody and on release to help prepare them to find work outside of prison and reduce the likelihood of reoffending.

Social Inclusion

Disability Football

The Trust is committed to ensuring that everybody has the opportunity to play football and attend a session designed to meet their needs. Thanks to the Premier league, a disability programme has been developed which offers a range of competitive and recreational sport opportunities as well as ensuring that all programmes run by the Trust are accessible and inclusive for all.

At the beginning of December 2021, the Trust was involved with the International Day of Persons with Disabilities.

It was the opportunity to highlight the sessions that take place in the Bournemouth and Poole area which enable disabled individuals to play and enjoy the game in a safe environment.

Every week, the Trust coaches over 100 individuals who have a disability, not only giving them an opportunity to train and play as part of the club, but also to watch the first team at Vitality Stadium at various points throughout the season.

Impairment specific sessions

These are weekly advanced training sessions for players with the same impairment. They are suitable for any player over the age of 16 with Cerebral Palsy, Down's Syndrome or a hearing impairment.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 30 November 2022

The sessions are split up into the three disabilities, so that individuals can play with those who have the same condition.

In May, the Trust welcomed the captain of England and Great Britain Deaf teams, Jamie Clarke, to Vitality Stadium ahead of Deaf Awareness Week (DAW).

Speaking to the club's disability team and a young Cherries side, Clarke shed some light on his experiences as a deaf footballer on the international stage.

His discussions included the trials and tribulations of his own career, whilst reinforcing the need for self-belief amongst people with disabilities.

He explained: "I'm here to try and inspire the next generation of people who have disabilities and to help them believe in themselves more, also to show they can go on to represent their countries and achieve their dreams."

With 11 million people that are deaf or hard of hearing in the UK and just over 150,000 British Sign Language (BSL) users, the England captain felt that the awareness raised over DAW is vital.

Ability Counts

These are weekly football sessions for any player over the age of five with any form of physical, learning or behaviour difficulty.

The sessions provide an opportunity for players to train and play competitive football or follow a recreational pathway.

There are under-12 and under-16 teams that compete locally, sometimes even travelling further afield for tournaments.

There are also two senior teams representing AFC Bournemouth who play fixtures in the official club kit.

Work in schools

The community coaches are often present in schools, both mainstream and those that specialise in educational needs and disabilities.

They help run PE lessons and ensure education is always fun, teaching the children to enjoy exercise in a safe environment.

Next Gen.

The Next Gen project works with local grassroots coaches and volunteers on community programmes. The project helps to up-skill these coaches and volunteers, whilst also offering opportunities to local grassroots teams.

Some of the young individuals with learning difficulties start to volunteer with the Trust as they get older.

Powerchair

The club launched its first Powerchair football team ahead of the 2018/19 season and during this year AFC Bournemouth Warriors' powerchair players achieved promotion to the Premiership for the 2022/23 campaign.

During the final week of fixtures, the Warriors faced a five-match day with the ability to jump up a division on the line.

An emphatic display saw the Cherries win all five matches, scoring 11 goals without a reply from the opposition sides in the process.

Success continued when two players from the Powerchair squad were recognised with awards.

Attending the WFA End of Season awards evening, Regan Kemp was named the 2021/22 Championship Young Player of the Season.

South Africa

In June, the Trust coaches travelled to South Africa to work on a football project in both Johannesburg and Durban.

AFC Bournemouth Community Sports Trust

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 30 November 2022

The trip was in partnership with Switched On Christian School, with coaches also given the opportunity to visit local community projects in the areas they visited.

Having landed in Johannesburg first, staff worked with teachers at Destiny Christian School and looked at what makes an effective coach.

They then put on sessions with students at Rabboni Christian School and Saints Christian School, involving player development classes on and off the training ground.

Away from the schools, they then visited a local project, with one man following in the footsteps of his mother by baking fresh bread and preparing food parcels for young children attending school. It resembled a foodbank and coaches were keen to get stuck in and help, making bread on the day they visited.

Following the community visit, the coaches visited Zenzele Community School and The Kings School, playing games and football with the younger children, before handing out football kit to the older pupils.

After some fantastic work in Johannesburg, the staff went onto Durban, visiting the local high school for coaching and then taking sessions with the players at Stella FC.

CPD sessions were carried out for the coaches at Richard Bay Christian School, while Howick High School and Ashton College saw their students benefit from more Bournemouth expertise.

Local club, Young Chiefs, were also paid a visit, with match kits handed out for them to wear in upcoming games.

Plans for future periods

Ringwood Community Hub

The Trust confirmed the completion of the Ringwood Community Hub 3G pitch in March 2023.

The new facility was opened with a soft launch event in February with AFC Bournemouth under-16 girls, Ringwood Town under-8s and the over-60 walking footballers among the first to train on the new surface.

Speaking at the launch event, Head of Community Steve Cuss said

"As a Community Sports Trust we look to work with as many individuals and community groups as we can, and for a period of time we have always had to go and hire different facilities, but having our own facility here will really expand those opportunities and provide greater engagement across the community."

"I would like to say thank you to all the partners that have been involved in this development, particularly the Football Foundation who have been very supportive from day one of the proposal all the way through to the final build."

The build of this 3G pitch is the first phase of a wider project at Ringwood Community Hub.

Throughout the rest of the year, further developments will include a new club house pavilion and improved parking facilities.

Bring Your Boots Campaign

The boot recycling scheme, supported by club partners Vitality and MSP Capital, provides a vital service within the local community during such difficult financial times and allows for individuals to clear out their old footwear in order to help others.

The shoes have been collected from a number of first team players, supporter donations on matchdays, community participants and from staff at the Vitality offices in the middle of town and the Trust has been helping distribute the boots and trainers across the Bournemouth, Poole and Christchurch area.

From the footwear collected, we have been able to support many individuals and families through the following community projects:

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 30 November 2022

- The Holiday Activity Fund (HAF)
 - A school holiday programme for children on free school meals.
- The Twinning Project
 - A coaching programme delivered at Guys Marsh Prison.
- Bounce Back
 - A six-week programme for the Housing Association/Homeless across Bournemouth.
- The South Africa Community Project
 - Boots sent to our international project in order to help schoolchildren in South Africa. We're looking forward to welcoming two touring groups from South Africa in March and April, where more boots and trainers will be donated.
- Ukraine Relief
 - Footwear donated and transported to children in Ukraine.

Financial review

The net income for the year amounted to £122,569 which together with the accumulated funds brought forward leave funds of £1,477,560 to be carried forward.

Reserves

It is the policy of the charity to maintain unrestricted funds to the level required to provide sufficient funds to cover administration costs.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

AFC Bournemouth Community Sports Trust

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 30 November 2022

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The trustees' annual report and the strategic report were approved on 24 August 2023 and signed on behalf of the board of trustees by:



Glenn Gosden
Trustee

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Independent Auditor's Report to the Members of AFC Bournemouth Community Sports Trust

Year ended 30 November 2022

Opinion

We have audited the financial statements of AFC Bournemouth Community Sports Trust (the 'charity') for the year ended 30 November 2022 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 November 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Independent Auditor's Report to the Members of AFC Bournemouth Community Sports Trust *(continued)*

Year ended 30 November 2022

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Independent Auditor's Report to the Members of AFC Bournemouth Community Sports Trust *(continued)*

Year ended 30 November 2022

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Limitations to the ability of the audit to detect fraud or breaches of laws and regulation

Owing to the inherent limitation of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as this may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement, and therefore we are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations. A further description of our responsibilities for the audit of the financial statements is located on the FRC's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Independent Auditor's Report to the Members of AFC Bournemouth Community Sports Trust *(continued)*

Year ended 30 November 2022

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Independent Auditor's Report to the Members of AFC Bournemouth Community Sports Trust *(continued)*

Year ended 30 November 2022

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicolas Michael FCA (Senior Statutory Auditor)

For and on behalf of
Elliott Bunker Ltd
Chartered accountants & statutory auditor
61 Macrae Road
Ham Green
Bristol
BS20 0DD

24 August 2023

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 30 November 2022

		Unrestricted funds £	2022 Restricted funds £	Total funds £	2021 Total funds £
	Note				
Income and endowments					
Grants, awards and donations	5	358,130	680,690	1,038,820	973,265
Charitable activities	6	365,771	—	365,771	306,268
Other charitable activities	7	15,683	—	15,683	11,798
Investment income	8	6,961	—	6,961	86
Other income	9	—	—	—	197,833
Total income		<u>746,545</u>	<u>680,690</u>	<u>1,427,235</u>	<u>1,489,250</u>
Expenditure					
Expenditure on charitable activities	10,11	673,741	630,925	1,304,666	1,112,597
Total expenditure		<u>673,741</u>	<u>630,925</u>	<u>1,304,666</u>	<u>1,112,597</u>
Net income and net movement in funds		<u>72,804</u>	<u>49,765</u>	<u>122,569</u>	<u>376,653</u>
Reconciliation of funds					
Total funds brought forward		1,156,763	198,228	1,354,991	978,338
Total funds carried forward		<u>1,229,567</u>	<u>247,993</u>	<u>1,477,560</u>	<u>1,354,991</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 26 to 39 form part of these financial statements.

AFC Bournemouth Community Sports Trust


Company Limited by Guarantee

Statement of Financial Position

30 November 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	17	98,393	51,496
Current assets			
Debtors	18	152,125	161,235
Cash at bank and in hand		1,264,954	1,198,598
		1,417,079	1,359,833
Creditors: amounts falling due within one year	19	37,912	56,338
Net current assets		1,379,167	1,303,495
Total assets less current liabilities		1,477,560	1,354,991
Net assets		1,477,560	1,354,991
Funds of the charity			
Restricted funds		247,993	198,228
Unrestricted funds		1,229,567	1,156,763
Total charity funds	22	1,477,560	1,354,991

These financial statements were approved by the board of trustees and authorised for issue on 24 August 2023, and are signed on behalf of the board by:



Glenn Gosden
Trustee

The notes on pages 26 to 39 form part of these financial statements.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Statement of Cash Flows

Year ended 30 November 2022

	2022 £	2021 £
Cash flows from operating activities		
Net income	122,569	376,653
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	7,898	3,415
Dividends, interest and rents from investments	(6,655)	–
Other interest receivable and similar income	(306)	(86)
Interest payable and similar charges	2,937	2,291
Accrued expenses/(income)	4,287	(5,360)
Other operating cash flow adjustment	–	349
<i>Changes in:</i>		
Trade and other debtors	9,110	(50,159)
Trade and other creditors	(22,713)	13,339
Cash generated from operations	117,127	340,442
Interest paid	(2,937)	(2,291)
Interest received	306	86
Net cash from operating activities	<u>114,496</u>	<u>338,237</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	6,655	–
Purchase of tangible assets	(54,795)	(41,599)
Net cash used in investing activities	<u>(48,140)</u>	<u>(41,599)</u>
Net increase in cash and cash equivalents	66,356	296,638
Cash and cash equivalents at beginning of year	<u>1,198,598</u>	<u>901,960</u>
Cash and cash equivalents at end of year	<u>1,264,954</u>	<u>1,198,598</u>

The notes on pages 26 to 39 form part of these financial statements.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 30 November 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 61 Macrae Road, Pill, Bristol, BS20 0DD.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. We can confirm that there are no such critical estimates and judgements.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

3. Accounting policies *(continued)*

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	- 25% reducing balance
Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

3. Accounting policies *(continued)*

Defined contribution plans *(continued)*

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

The Trust is a Company Limited by Guarantee and has no share capital. In the event of the charity being wound up the limit in respect of the guarantee is limited to £10.

5. Grants, awards and donations

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Other donations	2,875	—	2,875
AFCB - Local Projects	—	127,000	127,000
UK Youth	3,275	—	3,275
FA	14,892	—	14,892
Football Foundation	—	—	—
JP Morgan	22,000	—	22,000
J & G Environmental	1,000	—	1,000
Goadsby	2,400	—	2,400
Network Rail	—	—	—
Dorset Police and Crime Commissioner	15,000	—	15,000
Bournemouth, Christchurch and Poole Council	25,396	—	25,396
Peter Harrison	—	—	—
Dorset Council	5,368	—	5,368
Strategic Solutions	8,500	—	8,500
Groundwork	8,000	—	8,000
BBC Children In Need	—	32,487	32,487

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

5. Grants, awards and donations *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants			
PL Inspires	–	37,500	37,500
PL Kicks and Kicks Discretionary	–	220,647	220,647
PL Primary Stars	–	112,000	112,000
PL Girls & Women	–	–	–
PL Changemakers	–	1,500	1,500
PL Core Funding	122,500	–	122,500
PL/Disability Team Development	–	21,500	21,500
PL - Business Development	7,972	–	7,972
PL - Smart Energy	875	–	875
PL - Wildcats	3,800	–	3,800
PL Health	–	78,000	78,000
PL Next Generation Coaches	–	50,056	50,056
FL Core Funding	20,724	–	20,724
PL Secondary Schools	–	–	–
NCS Football League funding	92,038	–	92,038
Sponsorship			
Powerchair	165	–	165
Mitre Apprenticeship Funding	1,350	–	1,350
	<u>358,130</u>	<u>680,690</u>	<u>1,038,820</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Other donations	6,258	–	6,258
AFCB - Local Projects	–	87,900	87,900
UK Youth	–	–	–
FA	9,800	–	9,800
Football Foundation	4,700	–	4,700
JP Morgan	–	–	–
J & G Environmental	–	–	–
Goadsby	6,000	–	6,000
Network Rail	2,500	–	2,500
Dorset Police and Crime Commissioner	10,000	–	10,000
Bournemouth, Christchurch and Poole Council	24,708	–	24,708
Peter Harrison	4,000	–	4,000
Dorset Council	13,450	–	13,450
Strategic Solutions	–	–	–
Groundwork	–	–	–
BBC Children In Need	–	–	–

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

5. Grants, awards and donations *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Grants			
PL Inspires	-	-	-
PL Kicks and Kicks Discretionary	-	291,666	291,666
PI Primary Stars	-	116,667	116,667
PL Girls & Women	-	13,555	13,555
PL Changemakers	-	1,500	1,500
PL Core Funding	90,000	-	90,000
PL/Disability Team Development	-	-	-
PL - Business Development	-	-	-
PL - Smart Energy	-	-	-
PL - Wildcats	-	-	-
PL Health	-	91,000	91,000
PL Next Generation Coaches	-	58,396	58,396
FL Core Funding	24,164	-	24,164
PL Secondary Schools	-	50,167	50,167
NCS Football League funding	66,659	-	66,659
Sponsorship			
Powerchair	175	-	175
Mitre Apprenticeship Funding	-	-	-
	<u>262,414</u>	<u>710,851</u>	<u>973,265</u>

6. Charitable activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
SCL Education Football - Education program	80,941	80,941	109,685	109,685
Bournemouth University - coaching	5,985	5,985	1,448	1,448
School coaching - including lunch, after school clubs and PPA	154,485	154,485	99,217	99,217
Soccer schools - including summer schools	51,797	51,797	65,194	65,194
Course and workshops	13,350	13,350	-	-
Kicks projects	4,125	4,125	-	-
Other Coaching	55,088	55,088	30,724	30,724
	<u>365,771</u>	<u>365,771</u>	<u>306,268</u>	<u>306,268</u>

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

10. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Salaries and wages	324,110	539,625	863,735
Staff training	24,357	4,640	28,997
Coaching fees	6,480	11,781	18,261
DBS checks	969	96	1,065
Motor and travel	29,778	9,401	39,179
Coach and minibus hire	13,527	14,690	28,217
Prizes and trophies	–	539	539
Catering	7,680	627	8,307
Venue hire	66,477	36,212	102,689
Kit and equipment	827	2,181	3,008
Affiliation and licenses	3,848	2,488	6,336
Bar purchases	3,943	–	3,943
Support costs	191,745	8,645	200,390
	<u>673,741</u>	<u>630,925</u>	<u>1,304,666</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Salaries and wages	234,831	549,323	784,154
Staff training	20,279	855	21,134
Coaching fees	2,842	11,365	14,207
DBS checks	715	–	715
Motor and travel	19,156	4,907	24,064
Coach and minibus hire	(5,656)	8,875	3,220
Prizes and trophies	–	235	235
Catering	7,179	1,027	8,207
Venue hire	41,756	43,698	85,454
Kit and equipment	2,918	1,928	4,846
Affiliation and licenses	1,366	2,449	3,815
Bar purchases	–	–	–
Support costs	159,505	3,044	162,546
	<u>484,891</u>	<u>627,706</u>	<u>1,112,597</u>

11. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Salaries and wages	863,735	–	863,735	784,154
Staff training	28,997	–	28,997	21,134
Coaching fees	18,261	–	18,261	14,207
DBS checks	1,065	–	1,065	715
Motor and travel	39,179	–	39,179	24,064

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

Coach and minibus hire	28,217	–	28,217	3,220
Prizes and trophies	539	–	539	235
Catering	8,307	–	8,307	8,207
Venue hire	102,689	–	102,689	85,454
Kit and equipment	3,008	–	3,008	4,846
Affiliation and licenses	6,336	–	6,336	3,815
Bar purchases	3,943	–	3,943	–
Support costs	–	178,171	178,171	145,088
Governance costs	–	22,219	22,219	17,458
	<u>1,104,276</u>	<u>200,390</u>	<u>1,304,666</u>	<u>1,112,597</u>

12. Analysis of support costs

Analysis of support costs

	Unrestricted funds £	Restricted funds £	2022 £	2021 £
Administration salaries	54,492	–	54,492	51,417
Staff pensions	15,320	–	15,320	13,252
Telephone & internet	8,332	–	8,332	8,049
Bank charges	2,937	–	2,937	2,291
Sundries	6,106	2,221	8,327	7,814
Advertising, printing and stationery	2,841	676	3,517	2,576
Vehicle leasing	6,877	–	6,877	7,742
Depreciation and loss on disposals	7,356	542	7,898	3,416
Insurance	7,346	–	7,346	6,951
Computer and software	4,737	–	4,737	3,947
Consultancy fees	2,700	–	2,700	–
Bad debts	6,038	–	6,038	–
Classroom and office rent	32,947	–	32,947	29,350
Rates	1,683	–	1,683	1,919
Electricity	5,298	–	5,298	2,638
Cleaning & premises expenses	6,072	–	6,072	3,724
	<u>171,082</u>	<u>3,439</u>	<u>174,521</u>	<u>145,086</u>
Governance costs				
Audit and accountancy	11,190	–	11,190	13,033
Legal and consultancy fees	11,029	–	11,029	4,427
	<u>193,301</u>	<u>3,439</u>	<u>196,740</u>	<u>162,546</u>

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

13. Net income

Net income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	<u>7,898</u>	<u>3,415</u>

14. Auditors remuneration

	2022	2021
	£	£
Fees payable for the audit of the financial statements	<u>5,040</u>	<u>4,560</u>

15. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	856,686	778,277
Social security costs	61,541	56,262
Employer contributions to pension plans	<u>15,320</u>	<u>14,285</u>
	<u>933,547</u>	<u>848,824</u>

The average head count of employees during the year was 42 (2021: 48). The average number of full-time equivalent employees during the year is analysed as follows:

	2022	2021
	No.	No.
Full time staff	35	35
Part-time coaches and apprentices	<u>7</u>	<u>13</u>
	<u>42</u>	<u>48</u>

The number of employees whose remuneration for the year fell within the following bands, were:

	2022	2021
	No.	No.
£70,000 to £79,999	<u>1</u>	<u>1</u>

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £172,476 (2021:£185,428).

16. Trustee remuneration and expenses

The trustees received no remuneration during the year and no expenses were reimbursed.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

17. Tangible fixed assets

	Short leasehold property £	Fixtures and fittings £	Motor vehicles £	Equipment £	Total £
Cost					
At 1 Dec 2021	41,599	1,442	11,144	51,069	105,254
Additions	15,931	–	32,664	6,200	54,795
At 30 Nov 2022	<u>57,530</u>	<u>1,442</u>	<u>43,808</u>	<u>57,269</u>	<u>160,049</u>
Depreciation					
At 1 Dec 2021	–	1,442	8,560	43,756	53,758
Charge for the year	–	–	5,940	1,958	7,898
At 30 Nov 2022	<u>–</u>	<u>1,442</u>	<u>14,500</u>	<u>45,714</u>	<u>61,656</u>
Carrying amount					
At 30 Nov 2022	<u>57,530</u>	<u>–</u>	<u>29,308</u>	<u>11,555</u>	<u>98,393</u>
At 30 Nov 2021	<u>41,599</u>	<u>–</u>	<u>2,584</u>	<u>7,313</u>	<u>51,496</u>

18. Debtors

	2022 £	2021 £
Trade debtors	148,446	154,858
Prepayments and accrued income	–	700
Other debtors	3,679	5,677
	<u>152,125</u>	<u>161,235</u>

19. Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	6,153	20,189
Accruals and deferred income	7,234	15,057
Social security and other taxes	17,736	18,298
Other creditors	6,789	2,794
	<u>37,912</u>	<u>56,338</u>

20. Deferred income

	2022 £	2021 £
At 1 December 2021	12,110	–
Amount released to income	(12,110)	–
Amount deferred in year	–	12,110
At 30 November 2022	<u>–</u>	<u>12,110</u>

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

21. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £15,320 (2021: £14,285).

22. Analysis of charitable funds

Unrestricted funds

	At 1 Dec 2021	Income £	Expenditure £	At 30 Nov 2022 £
General funds	<u>1,156,763</u>	<u>746,545</u>	<u>(673,741)</u>	<u>1,229,567</u>

	At 1 Dec 2020 £	Income £	Expenditure £	At 30 Nov 2021 £
General funds	<u>863,255</u>	<u>778,399</u>	<u>(484,891)</u>	<u>1,156,763</u>

Restricted funds

	At 1 Dec 2021 £	Income £	Expenditure £	At 30 Nov 2022 £
PL Continuous Improvement	1,998	–	(1,998)	–
PL Kicks and Kicks Discretionary	61,250	220,647	(232,824)	49,073
PL Primary Stars	25,000	112,000	(105,750)	31,250
PL/BT Disability project	10,750	21,500	(32,250)	–
Floodlights	542	–	(542)	–
AFC Bournemouth local projects	65,925	127,000	(103,300)	89,625
PL Female College Development	–	–	–	–
PL Health	19,500	78,000	(78,000)	19,500
PI Secondary Schools	–	–	–	–
PI Next Generation Coaches	12,513	50,056	(50,055)	12,514
PL Changemakers	750	1,500	(2,250)	–
PL Inspire	–	37,500	(18,750)	18,750
BBC Children in Need	–	32,487	(5,206)	27,281
	<u>198,228</u>	<u>680,690</u>	<u>(630,925)</u>	<u>247,993</u>

	At 1 Dec 2020 £	Income £	Expenditure £	At 30 Nov 2021 £
PL Continuous Improvement	1,997	–	1	1,998
PL Kicks and Kicks Discretionary	18,333	291,666	(248,749)	61,250
PL Primary Stars	8,333	116,667	(100,000)	25,000
PL/BT Disability project	–	50,167	(39,417)	10,750
Floodlights	722	–	(180)	542
AFC Bournemouth local projects	69,750	87,900	(91,725)	65,925

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

22. Analysis of charitable funds *(continued)*

PL Female College Development	1,694	13,555	(15,249)	–
PL Health	6,500	91,000	(78,000)	19,500
PI Secondary Schools	3,583	–	(3,583)	–
PI Next Generation Coaches	4,171	58,396	(50,054)	12,513
PL Changemakers	–	1,500	(750)	750
PL Inspire	–	–	–	–
BBC Children in Need	–	–	–	–
	<u>115,083</u>	<u>710,851</u>	<u>(627,706)</u>	<u>198,228</u>

PL Continuous Improvement Fund

Premier League Charitable funding for the improvement of the governance and administration of the trust.

PL Kicks

PL Kicks Core and Discretionary are projects funded by the PL Charitable Fund which use the power of football and value of sports participation to help hard to reach youngsters and reduce anti social behaviour.

PL Primary Stars

A new programme to replace School Sports which delivers English and Maths sessions in schools with the aim of inspiring children in teamwork and sports.

PL Girls

A programme to provide girls over 11 years old to take part in football in the local community.

PL Enterprise

This project is run in partnership with Secondary Schools where it delivers Enterprise workshops mapped to Key stage 3 & 4 curriculum. The programme aims to demonstrate to pupils the relevance of Maths and English to the real world of work. Pupils on the project carry out Maths and English tasks in an interactive, practical way that is based on learning about how a football club operates as a business.

PL/BT Disability

A programme to create possibilities for disabled people through sport.

Floodlights

Funding was received from Sport England to acquire mobile floodlights used during evening sessions of social inclusion projects.

AFC Bournemouth local projects

Funding received from the football club to provide a range of community benefit projects.

BBC Children in Need

Funding was received to purchase a van used as a safe mobile activity space for children and young people who live in Left Behind Areas where there are a lack of local youth facilities.

AFC Bournemouth Community Sports Trust

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 30 November 2022

23. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	98,393	–	98,393
Current assets	1,172,688	247,993	1,420,681
Creditors less than 1 year	(41,514)	–	(41,514)
Net assets	1,229,567	247,993	1,477,560

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	51,496	–	51,496
Current assets	1,161,605	198,228	1,359,833
Creditors less than 1 year	(56,338)	–	(56,338)
Net assets	1,156,763	198,228	1,354,991

24. Analysis of changes in net debt

	At 1 Dec 2021 £	Cash flows £	At 30 Nov 2022 £
Cash at bank and in hand	1,198,598	66,356	1,264,954

25. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2022 £	2021 £
Not later than 1 year	23,419	–
Later than 1 year and not later than 5 years	81,967	–
	105,386	–

26. Related parties

There were the following transactions during the year with AFC Bournemouth Limited, a company of which Mr JA Mostyn was a director throughout the year.

Sponsored local projects and miscellaneous receipts	£132,140
Miscellaneous purchases and recharges	£5,001

At the year-end date balances of £134,095 (2021: £102,375) were due from, and amounts of £nil (2021: £nil) were due to the football club in respect of trading ledger balances.