



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **HELPMEHEALME LIMITED**

*Company Number:* **06386670**

*Date of this return:* **01/10/2010**

*SIC codes:* **7487**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **FLINT MEADOW HOCKLEY LANE  
STOKE POGES  
SLOUGH  
BUCKINGHAMSHIRE  
SL2 4QE**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **SIMON CHARLES**

*Surname:* **KINGDON**

*Former names:*

*Service Address:* **FLINT MEADOW HOCKLEY LANE  
STOKE POGES  
SLOUGH  
BUCKINGHAMSHIRE  
SL2 4QE**

*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **NATASHA CHRISTINA**

*Surname:*                            **FLORES**

*Former names:*

*Service Address:*                **6 CHARLES GRAVEN COURT  
ELY  
CAMBRIDGESHIRE  
UNITED KINGDOM  
CB7 4FN**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **01/11/1972**                                *Nationality:*    **BRITISH**  
*Occupation:*    **COMPANY DIRECTOR**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE SHARES ARE ORDINARY SHARES ONLY. THERE ARE NO SPECIAL RIGHTS ATTACHING TO ANY SHARES. EACH SHARE PROVIDES AN EQUAL RIGHT TO VOTE AND AN EQUAL RIGHT TO PARTICIPATE IN ANY DIVIDENDS AND ANY OTHER DISTRIBUTIONS OF INCOME OR CAPITAL. THE ORDINARY SHARES ARE NOT REDEEMABLE.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>2</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 01/10/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : **2 ORDINARY shares held as at 2010-10-01**  
*Name:* **NATASHA FLORES**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.