Registered Number 06340456

SOUP "A" SHAKE LIMITED

Abbreviated Accounts

31 August 2010

Balance Sheet as at 31 August 2010

	Notes	2010		2009	
		£	£	£	£
Fixed assets					
Intangible	2		1,200		1,800
Tangible	3		3,694		4,953
Total fixed assets			4,894		6,753
Current assets					
Stocks		9,750		9,500	
Debtors		3,719		1,762	
Cash at bank and in hand		1,098		8,653	
Total current assets		14,567		19,915	
Creditors: amounts falling due within one year		(19,399)		(26,595)	
Net current assets			(4,832)		(6,680)
Total assets less current liabilities			62		73
Total net Assets (liabilities)			62		73
Capital and reserves					
Called up share capital			1		1
Profit and loss account			<u>61</u>		72
Shareholders funds			62		73

- a. For the year ending 31 August 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 20 May 2011

And signed on their behalf by:

Mr. N. Hakim, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 August 2010

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.In respect of long-term contracts and contracts for on-going services, turnover represents the value of work done in the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Goodwill	20.00% Straight Line		
Fixtures and Fittings	25.00% Reducing Balance		
Motor Vehicles	25.00% Reducing Balance		

2 Intangible fixed assets

3

Cost Or Valuation	£
At 31 August 2009	3,000
At 31 August 2010	3,000
Depreciation	
At 31 August 2009	1,200
Charge for year	600
At 31 August 2010	1,800
Net Book Value	
At 31 August 2009	1,800
At 31 August 2010	1,200
Tangible fixed assets	
Cost	£
At 31 August 2009	8,659
additions	740
disposals	(1,365)
revaluations	
transfers	
At 31 August 2010	8,034

Depreciation

At 31 August 2009	3,706
Charge for year	1,423
on disposals	(789)
At 31 August 2010	4,340

Net Book Value

At 31 August 2009 4,953 At 31 August 2010 3,694

4 Transactions with directors

None

5 Related party disclosures

None