# AR01

## **Annual Return**



A fee is payable with this form Please see 'How to pay' on the last page You can use the WebFiling service to file this form online

Please go to www.companieshouse.gov iik

✓ What this form is for

You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year What this form is NOT for

You cannot use this form to give notice of changes to the compan officers, registered office address company type or information relating to the company records



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Part 1	Company details							
	ine	e sec	tion i	must	→ Filling in this form Please complete in typescript or in bold black capitals			
						All fields are mandatory unless specified or indicated by *		
A1	Cor	npa	ny d	etai	S			
Company number	0	6	3	4	0 1 6 1	Company name change If your company has recently		
Company name in full	KN	IGH	T LIF	ES	DLUTIONS LIMITED	changed its name, please provide the company name as at the date of this return		
A2	Ret	turn	date	е		,		
		te The		ual re	urn must be delivered within 28 days of the date given below	Date of this return Your company's return date is usually the anniversary of incorporation or the anniversary		
Date of this return ②	<del> </del>	δ		ő	B  ž  ŏ  i  b	of the last annual return filed at Companies House You may choose an earl er return date but it must not be a later date		
А3	Pri	ncip	al b	usin	ess activity			
				the tra	S Principal business activity You must provide a trade classification code (SIC code) or a			
Classification code 1	7	4	8	7		description of your company's main business in this section		
Classification code 2	7	5	2	4		A full list of the trade classification		
Classification code 3	7	5	2	5		codes are available on our website www.companieshouse.gov.uk		
Classification code 4						,		
				deter	mine a code, please give a brief description of your low			
Principal activity description								
				-				
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A4	Compai	ny typ	oe 🕶	_						_				
	one box Pt Pr Pr Pr	must build in a subject of the control of the contr	e tick mited ompa ompa ompa ompa inlimi	company lin any lin any lin any lin any lin ted co	cany mited mited mited mited compa	by s by s by s iny v	shares guarante shares ex guarante vith shar	e cempt und	er section under sect		only	● Company type  If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk		
A5	Registe	Registered office address ®												
Building name/number	1								Change of registered office This must agree with the address					
Street	OLD FARM CRESCENT							that is held on the Companies House						
	TILEHU	RST								<u> </u>		record at the date of this return  If the registered office address has		
Post town	READING							changed, you should complete form  AD01 and submit it together with						
County/Region	BERKSHIRE							this arnual return						
Postcode	R G	3	1	[{	6	s	s							
	Single a							tion (SA	(IL) of t	he				
Building name/number										·		SAIL address		
Street												This must agree with the address that is held on the Companies House record at the date of this return		
Post town							-					If the address has changed, you should complete form ADO2 and submit it together with this annual		
County/Region	<u> </u>						_					return		
Postcode														
A7	Locatio	n of	com	pany	y red	cor	ds 👁							
	address R		of m	<b>46</b> embe	rs	( to i	indicate	which reco	ords are ke	pt at the S	AIL	lf the company records If the company records are held at the registered office address, do not tick any of the boxes in this section		
	☐ D ☐ R	rectors rectors egister	s' sen s' ind of se	vice ci emnit cretai	ontra ties ries							Certain records must be kept by every company while other records are only kept by certain company types where appropriate		
	ر ا ا	ocume	ts rela	ating t elating	to pui	rcha eder		n shares r purchase	of own sh	nare out of		If the records are not kept at the SAIL address, they must be available at the registered office		
	R	apital b egister eport t iterests	of de o mei	ebenti mbers	ure ho	olde		vestigatio	n by public	company	ınto	If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it		
	R	egister	of in	terest reatir	ts in s ng cha				lic compar harges Eng	ny gland and t	Wales	together with this annual return		
		strume	ents c	reatır	ng cha	arge	s and re	gister of cl	narges Sco	otland				

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Part 2	Officers of the company							
	This section should include details of the company at the date to which this annual return is made up  → For a secretary who is an individual, go to Section B1  → For a corporate secretary, go to Section C1	Continuation pages Please use a continuation page if you need to enter more officer details						
	<ul> <li>→ For a director who is an individual, go to Section D1</li> <li>→ For a corporate director, go to Section E1</li> </ul>							
Secretary	7 To a corporate affector, go to section 2.							
B1	Secretary's details •	1						
_	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	Secretary appointments     You may not use this form to appoint a secretary To do this,						
Title*		please complete form AP03 and submit it together with this annual						
Full forename(c)	SUSAN MARY	return						
Surname	CRIPPS	Corporate details Please use Section C1-C4 to enter						
Former name(s) 2		corporate secretary details						
		Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03						
		Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.						
B2	Secretary's service address €							
Building name/number	1	Service address  If you have previously notified						
Street	OLD FARM CRESCENT	Companies House that the service address is at 'The Company's						
	TILEHURST	Registered Office', please state 'The Company's Registered Office' in the						
Post town	READING	address						
County/Region	BERKSHIRE	This information will appear on the public record						
Postcode	R G 3 1 6 S S							
Country	UNITED KINGDOM							

## **Corporate secretary**

C1	Corporate secretary's details •	
Caragesta hadullura	Please use this section to list all the corporate secretaries of the company	● Corporate secretary appointments You cannot use this form to appoint a corporate secretary To do this,
Corporate body/firm name		please complete form AP04 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only	
ß	EEA companies ®	-
- Indiana di Antonio	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
C4	Non-EEA companies	<u> </u>
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA  Where you have provided details of the re-lister (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable where the company/firm is registered •		
If applicable, the registration number		

#### Director

D1	Director's details •	· · · · · · · · · · · · · · · · · · ·		
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments     You cannot use this form to     appoint a director To do this, please		
Title*		complete form AP01 and submit it together with this annual return		
Full forename(s)	ANDREW AUBREY	Corporate details		
Surname	CRIPPS	Please use Section E1-E4 to enter corporate director details		
Former name(s) 2		Director details  All details must agree with those		
		previously notified to Companies House If you have made changes		
Country/State of residence	UNITED KINGDOM	since the last annual return and have not notified us, please		
Nationality	BRITISH	complete form CH01		
Date of birth		◆ Former name(s)  Please provide any previous names		
Business occupation (if any)	DIRECTOR / CLERK OF WORKS	which have been used for busing purposes during the period of this return. Married women do not need to give former names unless previously used for busing purposes.		
D2	Director's service address®			
Building name/numbe	er 1	Service address  If you have previously notified		
Street	OLD FARM CRESCENT	Companies House that the service address is at 'The Company's		
	TILEHURST	Registared Office', please state 'The Compuny's Registered Office' in the		
Post town	READING	address		
County/Region	BERKSHIRE	This information will appear on the public record		
Postcode	R G 3 1 6 S S	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Country	UNITED KINGDOM			

#### Director

Full forename(s)  Surname  Former name(s)  Corporate details  Please use Section E1-E4 to enter corporate director details  Director details  All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please  Nationality  Nationality  Nationality	D1	Director's details <sup>©</sup>	
Trull forename(s)  Surname  Former name(s)  Former name(s)  Country/State of residence Nationality  Date of birth  Date of birth  Differ or which is annual return and have not notified us, please complete form CHO1  Former name(s)  Director's service address  Director's service add			You cannot use this form to appoint a director To do this, please
Surname    Please use Section E1-E4 to enter corporate director details	Title*		
Surname  Former name(s)    Director details  All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH01  Date of birth	Full forename(s)		
All details must agree with those previously notified to Companies House if you have previously notified us, please complete form CH01  Date of birth  Date	Surname		
Country/State of residence Nationality  Date of birth  Date of bir	Former name(s)		All details must agree with those previously notified to Companies
Date of birth    Date of birth	Country/State of residence		since the last annual return and have not notified us, please
Date of birth  Business occupation (if any)  Director's service address  Building name/number  Street  Please provide any previous names which have been used for business purpo es during the period of this recurn Married women do not need to give former names unless previously used for business purposes  Building name/number  Street  O Service address If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office in the address  County/Region  Postcode  This information will appear on the public record	Nationality		,
D2 Director's service address  Building name/number  Street  Post town  County/Region  Postcode  Director's service address  purpo es during the period of this return Married women do not need to give former names unless previously used for business purposes  Service address If you have previously notified Companies House that the service address is at "The Company's Registered Office", please state 'The Company's Registered Office in the address  This information will appear on the public record	Date of birth	d d m m y y y y	Please provide any previous names
Building name/number  Street  Street  Post town  County/Region  Postcode  Service address If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office in the address  This information will appear on the public record	•		purpo es during the period of this return. Married women do not need to give former names unless previously used for business
Post town  County/Region  Postcode  If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office in the address  This information will appear on the public record	D2	Director's service address •	
Street  Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office in the address  County/Region  Postcode  Company's Registered Office in the address  This information will appear on the public record	Building name/number	er	
Post town address  County/Region Postcode This information will appear on the public record	Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The
Postcode public record	Post town		
Postcode	County/Region		
Country	Postcode		
	Country		

#### **Corporate director**

E1	Corporate director's details •	
Corporate had the	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this, please complete form APO2 and
Corporate body/firm name		submit it together with this annual return
Building name/number		Corporate director details  All details must agree with those
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete
Post town		form CH02
County/Region		This information will appear on the public record
D <sub>US</sub> TCOGe		
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only  → No Complete Section E4 only	
E3	EEA companies ❷	_
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA  A full st of countries of the EEA car be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered ●		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
E4	Non-EEA companies	
_	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered ©		
If applicable, the registration number		

Part 3	Statement of capital o								
	Does your compar → Yes Com → No Gom	capital s	<ul> <li>This should reflect the company's capital status at the made up date of this annual return</li> </ul>						
F1	Share capital i	n pound sterling	(£)						
Please complete the ta If all your issued capita			eld in pound sterling and then go to Section F4						
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share ②	Number of shar	es 🛭	Aggregate nominal value •			
ORDINARY	-	£1		100		£ 100			
						£			
						£			
				 		£			
			Totals	100		£ 100			
F2	Share capital i	n other currencie	S	<u> </u>					
Please complete the ta Please complete a sep			d in other currencies						
Currency	l !			<del></del>		-			
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share 🔮	Amount (if any) unpaid on each share	Number of share	es 😉	Aggregate nominal value 4			
					-				
		· · · · · · · · · · · · · · · · · · ·	Totals						
Currency									
Class of shares (E g Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	·lumber of shares <b>9</b>		Aggregate nominal value 4			
			Totals						
	Totals								
	Please give the to issued share capit		nd total aggregate nominal	value of	Please I	ggregate nominal value ist total aggregate values in			
Total number of shares	100					t currencies separately For £100 + €100 + \$10 etc			
Total aggregate nominal value 6	£100								
<ul> <li>Including both the nominal share premium</li> <li>Total number of issued states</li> </ul>		Number of shares issue nominal value of each	n share Plea	itinuation Pagi ise use a Staten e if necessary		tal continuation			

F4	Statement of capital (Voting rights)							
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Sections F1</b> and <b>F2</b>							
Class of share	ORDINARY							
Voting rights	ONE VOTE PER SHARE							
Class of share								
Voting rights								
Class of share								
Voting rights								
Class of share								
Voting rights								

G1 Trad	s your company have share capital?  → Yes Complete the sections below → No Go to Part 5 (Signature)  led public companies ②  Please tick the box if your company was a traded public company at any time during the period of this return  of past and present shareholders  ate and non-traded public companies are required to provide a 'full list' if	This should reflect the shareholder details at the made up date of this annual return  Traded company definition A traded company means a compan any of whose shares are admitted to trading on a regulated market
G2 List	Please tick the box if your company was a traded public company at any time during the period of this return  of past and present shareholders	A traded company means a compar any of whose shares are admitted to
Priv.	of past and present shareholders	A traded company means a compar any of whose shares are admitted to
Priv.		
one	ate and non-traded public companies are required to provide a 'full list' if	
	was not included with either of the last two returns	
at le	led public companies are required to provide a list of shareholders who held east 5% of the issued shares of any share class if a list was not provided with er of the last two returns	
Plea	se tick the appropriate box below	
	A full list of shareholders for a private or non-traded public company is enclosed. Please complete <b>Section G3</b> , or	
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4	
	A list of shareholder changes is enclosed  → For private or non-traded public companies, please complete Section G3  → For traded public companies, please complete Section G4	
	There were no shareholder changes in this period  → Go to Part 5 (Signature)	:
	ise tick the appropriate box below to indicate the format of your reholder details	
	The list of shareholders is enclosed on paper The list of shareholders is enclosed in another format	

#### G3

# Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

#### **Further shareholders**

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary

'		Shares or stock currently held	Shares or stock transferred (if appropriate)			
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
				1 1		
1. Mile Wheeler a married to the deleter to the control of the con				1 1		
1			·	, ,		
				1 1		
				1 1		
1-40			<u> </u>	1 1		
	1			1 1		
		, , ,		1 1		
				1 1		
				1 1		
		-		1 1		
				1 1		
			-	1 1		

#### G4

#### Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary

'		Shares or stock currently held	Shares or stock transferred (If appropriate)			
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
Name				1 1		
Address				1 1		
				1 1		
Name				/ /		
Address				1 1		
				1 1		
Name				1 1		
r u 55				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		

Part 5	Signature		
	This must be completed by all companies		• Societas Europaea If the form is being filed on behalf
	I am signing this form on behalf of the company	of a Societas Europaea (SE) please delete 'director' and insert details	
Signature	Signature	X	of which organ of the SE the person
	This form may be signed by Director • Secretary, Person authorised • Charity commission receiver and manager, CIC manager, Judicial factor		

#### **Presenter information** important information You do not have to give any contact information, but if Please note that all information on this form will you do it will help Companies House if there is a query appear on the public record on the form. The contact information you give will be visible to searchers of the public record How to pay **DAVID WEBB** A fee of £30 is payable to Companies House in Company name PKB UK LLP respect of an Annual Return Make cheques or postal orders payable to 'Companies House ' **54 NORCOT ROAD** Where to send **TILEHURST** You may return this form to any Companies House address, nowever for expediency we advise you to Post town READING return it to the appropriate address below County/Region BERKSHIRE For companies registered in England and Wales The Registrar of Companies, Companies House, R |G |3 Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff UNITED KINGDOM For companies registered in Scotland The Registrar of Companies, Companies House, 0118 941 0501 Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF Checklist DX ED235 Edinburgh 1 or LP - 4 Ed nburgh 2 (Legal Post) We may return forms completed incorrectly or with information missing For companies registered in Northern Ireland The Registrar of Companies, Companies House, Please make sure you have remembered the Second Floor, The Linenhall, 32-38 Linenhall Street,, following Belfast, Northern Ireland, BT2 8BG ☐ The company name and number match the DX 481 is R Belfast 1 information held on the public Register You have completed your principal business activity Further information You have not used this form to make changes to the registered office address For further information, please see the guidance notes You have not used this form to make changes to on the website at www.companieshouse.gov.uk secretary and director details or email enquiries@companieshouse gov uk ☐ You have fully completed the Statement of capital (if applicable) This form is available in an You have signed the form You have enclosed the correct fee alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk