n accordance with Section 167 of the Companies Act 2006

AP01

Appointment of director

You can use the WebFiling service to file this form online.



Please go to www companieshouse.gov uk What this form is for What this form is NOT fo You may use this form to appoint You cannot use the form to an individual as a director a corporate director To do i please use form AP02 'Appi 01/04/2011 of corporate director'. **COMPANIES HOUSE** 134 22/03/2011 A16 **COMPANIES HOUSE** Company details Company number 3 , 1 → Filling in this form 6 6 0 Please complete in typescript or in bold plack capitals Company name in full Refresh Recovery Ltd All fields are mandatory un ess specified or indicated by * Date of director's appointment Date of appointment New director's details @Former name(s) Please provide any previous names Title¹ which have been used for business. purposes in the past 20 years Ful. forename(s) Glyn Mairied women do not need to give Surname Torr former names unless previously used for business purposes Former name(s) @ Continue in section 6 if required Country/State of O Country/State of residence England residence 🛭 This is in respect of your usual residential address as stated in Nationality British Section 4a Date of birth 0 OBusiness occupation If you have a business occupation, **Business occupation** please enter here If you do not, Director (if any) • please leave blank New director's service address O P ease complete your service address below You must also complete your usual O Service address This is the address that will appear residential address in Section 4a on the public record. This does not Building name/number **Maple View** have to be your usual residential address Street White Moss Business Park Please state 'The Company's Reg stered Office' if your service address is recorded in the company's Post town Skelmersdale register of directors as the company's registered office County/Region, Lancashire If you provide your residential address here it will appear on the Postcode W N 8 pub creco d Country **England**

AP01 Appointment of director

5	Signatures	
	I consent to act as director of the above named company	O Societas Europaea If the form is peing filed on behalf
New director's signature	X Gly Don	of a Soc etas Europaea (SE) please delete 'director' and insert details of which organ of the SE the perso- sign ng has membership.
Authorising signature	This form may be signed and authorised by Director ©, Secretary, Person authorised Q, Administrator, Administrative	© Person authorised Under either section 270 or 274 of the Companies Act 2006
6	Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor Additional former names (continued from Section 3)	
Former names •		Additional former names Use this space to enter any additional names

Pre

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record

Company Pan e McDade Roberts Accountants

Limited

Audress 316 Blackpool Road

Fulwood

Post town Preston

County/Reg nr Lancashire

Postcode P R 2 3 A E

County United Kingdom

DX

Te ephone 01772 717110

Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- (1) The company name and number match the information held on the public Register.
- You have provided a business occupation if you have one
- You have provided a correct date of birth
- ☐ You have completed the date of appointment
- E1 You have completed the nationality box in Section 3
- You have provided both the service address and the usual residential address.
- CT Addresses must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number.
- You have included all former names used for business purposes over the last 20 years
- ☐ You have enclosed a re evant section 243
 application if applying for this at the same time as completing this form
- The new director has signed the form
- You have provided an authorising signature

Important information

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales. The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland:
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland¹ The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Lieland, BTZ 8BG DX 481 N R Belfast 1

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE.

Further information

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk