



Please complete in typescript,  
or in bold black capitals.

CHFP025

# 88(2)

## Return of Allotment of Shares

Company Number

6294408

Company name in full

Assura Health and Wellness Centres Limited

### Shares allotted (including bonus shares):

Date or period during which  
shares were allotted

(If shares were allotted on one date  
enter that date in the "from" box)

From

To

Day Month Year

Day Month Year

3 1 0 3 2 0 0 9

Class of shares

(ordinary or preference etc)

Ordinary

Number allotted

2,500,000

Nominal value of each share

£1.00

Amount (if any) paid or due on each  
share (including any share premium)

£1.00

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be  
treated as paid up

Consideration for which  
the shares were allotted

(This information must be supported by  
the duly stamped contract or by the duly  
stamped particulars on Form 88(3) if the  
contract is not in writing)

When you have completed and signed the form please send  
it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ  
For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
For companies registered in Scotland

DX 235 Edinburgh

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17/04/2009

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**Names and addresses of the allottees** (List joint share allotments consecutively)

Shareholder details	Shares and share class allotted	
<b>Name</b> Assura Management Services Limited <b>Address</b> 3300 Daresbury Business Park, Warrington, Cheshire  UK Postcode W A 4 4 H S	<b>Class of shares allotted</b> Ordinary	<b>Number allotted</b> 2,500,000
<b>Name</b>  <b>Address</b>   UK Postcode	<b>Class of shares allotted</b> 	<b>Number allotted</b> 
<b>Name</b>  <b>Address</b>   UK Postcode	<b>Class of shares allotted</b> 	<b>Number allotted</b> 
<b>Name</b>  <b>Address</b>   UK Postcode	<b>Class of shares allotted</b> 	<b>Number allotted</b> 
<b>Name</b>  <b>Address</b>   UK Postcode	<b>Class of shares allotted</b> 	<b>Number allotted</b> 

Please enter the number of continuation sheets (if any) attached to this form

0

Signed



Date

31/3/09

A director / secretary / ~~XXXXXX~~ / ~~XXXXXXXXXXXXXX~~ / ~~XXXXXXXXXX~~ / ~~XXXXXX~~

Please delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

Addleshaw Goddard LLP

100 Barbirolli Square, Manchester, M2 3AB

THWAS [LIVE-419649-1]

Tel 0161 934 6000

DX number 14301

DX exchange Manchester