

BLUEPRINT

OneWorld

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or
change of particulars (use Form 288c))Please complete in typescript,
or in bold black capitals.

CHFP010

Company Number

6294408

Company Name in full

Assura Health and Wellness Centres Limited

Appointment
formNotes on completion
appear on next page.

Appointment as director

Date of
appointment

Day	Month	Year
07	11	2008

† Date of
Birth

Day	Month	Year
11	05	1962

☒

as secretary

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME * Style / Title

* Honours etc

Forename(s)

Andrew Simon

Surname

Darke

Previous
forename(s)Previous
surname(s)Usual residential
address

The Coach House, Beat Lane, Rushton Spencer

Post town

Macclesfield

Postcode

SK11 0RU

County / Region

Cheshire

Country

† Nationality

British

† Business
occupation

Chartered Surveyor

† Other directorships
(additional space next page)

See attached schedule

I consent to act as ** director / secretary of the above named company

Consent signature

Date

21/11/08

* Voluntary details.

† Directors only.

** Please delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

28/4/08

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone
number and, if available, a DX number and
Exchange of the person Companies House
should contact if there is any query.

Gregory McMahon, Assura Group Limited, 3300

Daresbury Business Park, Warrington, Cheshire,

WA4 4HS,

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

THURSDAY



A33

 A28QP5KO
 11/12/2008
 COMPANIES HOUSE

125

Company Number

6294408

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

BLUEPRINT**OneWorld****List of other directorships
Schedule to form 288a**

*Please complete in typescript,
or in bold black capitals.*

CHFP010

Company Number

6294408

Company Name in full

Assura Health and Wellness Centres Limited

Name

Andrew Simon Darke

Company Name	Resignation
Aquilus Ltd	18/01/2005
Assura Property Management Limited	
Barlows Asset Management Limited	30/09/2004
Barlows General Partner (No.1) Limited	30/09/2004
Barlows L.P. (No.1) Limited	30/09/2004
Chester and Suburban Properties Limited	
Crosby Property Investments Limited	
Deva Property Investments Limited	
Manchester and Suburban Properties Limited	