

Registered Number 06252033

RELAX AND GLOW LIMITED

Abbreviated Accounts

30 June 2010

Balance Sheet as at 30 June 2010

	Notes	2010 £	2009 £
Fixed assets			
Intangible	2	58,009	61,308
Tangible	3	<u>17,120</u>	<u>23,673</u>
Total fixed assets		75,129	84,981
Current assets			
Stocks	4	9,700	10,120
Debtors		0	
Cash at bank and in hand		12,490	14,480
Total current assets		<u>22,190</u>	<u>24,600</u>
Prepayments and accrued income (not expressed within current asset sub-total)		1,749	411
Creditors: amounts falling due within one year		(26,804)	(25,530)
Net current assets		(2,865)	(519)
Total assets less current liabilities		<u>72,264</u>	<u>84,462</u>
Creditors: amounts falling due after one year		(77,294)	(76,000)
Total net Assets (liabilities)		(5,030)	8,462
Capital and reserves			
Called up share capital	5	2	2
Profit and loss account		<u>(5,032)</u>	<u>8,460</u>
Shareholders funds		<u>(5,030)</u>	<u>8,462</u>

- a. For the year ending 30 June 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 10 January 2011

And signed on their behalf by:

Mrs F K Lamb, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30 June 2010

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover

Turnover represents the total invoice value, excluding value added tax of sales made during the period and derives from the provision of goods falling within the company's ordinary activities.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings	%	Straight line over the life of the lease
Plant and Machinery	33.33%	Straight Line
Fixtures and Fittings	25.00%	Reducing Balance

2 Intangible fixed assets

Cost Or Valuation	£
At 30 June 2009	65,982
At 30 June 2010	<u>65,982</u>
Depreciation	
At 30 June 2009	4,674
Charge for year	3,299
At 30 June 2010	<u>7,973</u>
Net Book Value	
At 30 June 2009	61,308
At 30 June 2010	<u>58,009</u>

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 20 years.

3 Tangible fixed assets

Cost	£
At 30 June 2009	33,619
additions	
disposals	
revaluations	
transfers	
At 30 June 2010	<u>33,619</u>

Depreciation	
At 30 June 2009	9,946
Charge for year on disposals	6,553
At 30 June 2010	<u>16,499</u>
Net Book Value	
At 30 June 2009	23,673
At 30 June 2010	<u>17,120</u>

4 **Stocks**

Stock is valued at the lower of cost and net realisable value.

5 **Share capital**

	2010 £	2009 £
Authorised share capital:		
1000 Ordinary of £1.00 each	1,000	1,000
Allotted, called up and fully paid:		
2 Ordinary of £1.00 each	2	2

Creditors: amounts falling due

5 **within one year**

Creditors include £4,687 (2009 - £6,000) which is secured by a legal charge over a private residential property owned by the directors.

Creditors: amounts falling due

6 **after more than one year**

Creditors include £77,304 (2009 - £76,000) which is secured by a legal charge over a private residential property owned by the directors. Creditors also include instalments repayable after more than five years of £56,093 (2009 - £61,790).