REGISTERED COMPANY NUMBER: 06218426 (England and Wales) REGISTERED CHARITY NUMBER: 1121701

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 30 June 2020

<u>for</u>

Community Cougars Foundation

Walkers Accountants Limited
Aireside House
Aireside Business Centre
Royd Ings Avenue
Keighley
West Yorkshire
BD21 4BZ





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Reference and Administrative Details for the year ended 30 June 2020

TRUSTEES

M D Hurley

P Rodgers

A M Fish (resigned 29.1.20)

P E Shaw M J Dawson

B Morris (appointed 10.3.20)

COMPANY SECRETARY

M D Hurley

REGISTERED OFFICE

Keighley Town Council

Keighley Civic Centre North Street

Keighley West Yorkshire BD21 3RZ

REGISTERED COMPANY

NUMBER

06218426 (England and Wales)

REGISTERED CHARITY

NUMBER

1121701

INDEPENDENT EXAMINER

Walkers Accountants Limited

Aireside House

Aireside Business Centre

Royd Ings Avenue

Keighley West Yorkshire BD21 4BZ

Report of the Trustees for the year ended 30 June 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

The aim of the Community Cougars Foundation (CCF) is to improve opportunities for young people from a variety of different backgrounds, using physical activities and education workshops to address various health, wellbeing and social inclusion imperatives.

Our key objectives for the work we have done in this financial year, has included:

- 1. Building stronger communities
- 2. Reducing crime and anti-social behaviour
- 3. Removing barriers to participation for marginalised groups
- 4. Developing young people by providing them with skills for the workplace and life
- 5. Improving health and well-being

How do we do meet our objectives?

We know that the many young people we work with, are in-need of additional support to address their different social, physical, and mental health needs, to develop their future life choices. We do this by:-

Educating young people through workshops about the pros and cons of their lifestyle choices, and the benefits of making positive decisions. Through physical activity sessions, the young people also develop their social, physical and mental capacities.

For example, communicating and working as a team; becoming more physically active and making healthier lifestyle choices, and becoming resilient and understanding the benefits of hard work.

Empowering young people to become future role models for others in their communities, making better choices to meet educational and career aspirations, and to make better lifestyle choices to improve their health and well-being.

Connecting young people too positive care networks to offset feelings of loneliness, to access support systems as relevant to their needs. They also expand their connections so they can continue to develop their social, physical and mental skills. Equally they expand capacities by accessing other local community provision (e.g., CCF partnerships links).

Therefore it is important that we the CCF, highlight our milestones by acknowledging our achievements. These have been achieved not only by us meeting our performance targets but by exceeding them.

Report of the Trustees for the year ended 30 June 2020

OBJECTIVES AND ACTIVITIES Achievements and key-performance indicators 6 Secondary Schools eight weeks taster session

Through developing an excellent partnership with Bradford Bulls Foundation we have commissioned five of their staff members to deliver rugby based coaching sport sessions in our Six secondary schools. On our behalf they have been delivering eight weeks taster sessions through the schools PE lessons.

The aim of the taster sessions is to introduce rugby league to 6 secondary school students and to tackle or improve health and wellbeing, mental health, confidence, self-esteem, communication, trust, mutual encouragement and to recognise individual/team strengths and challenges. Therefore our students can apply these skills and reference the values of these in sport at all the levels.

We then offer advance training session, and lead to a pathway to local junior clubs to allow young people to enjoy the positive benefits of participation in team sport activities.

As a result of this successful partnership working, 865 young people benefited from this project.

It is important to understand Rugby Union and Rugby League has strong roots in the north of England and our priority has been traditionally focussed on rugby. However, the trust has developed other sporting skills and is flexible in meeting the sporting requirements of schools who want other sports.

Inspiring Others Programme

Inspiring Others is a project funded by the UK Home Office and West Yorkshire Police, as part of their campaign (2018-2020) to tackle serious and organised crime in keys areas across the UK including Bradford and Keighley. We have worked with 6 secondary school partners to deliver the project to approximately 300 Year 7 - 9 pupils.

This work is based on using early-intervention strategies with young people (11-14 years olds) who come from socially deprived backgrounds in the Bradford and Keighley District, where anti-social behaviour and drug crime is a common problem. We use a combination of classroom activities, and rugby league training sessions, to help young people develop a better understanding of serious organised crime, and how to keep themselves safe from crime and violence. By setting-up a range of exit pathways, we provide sustainable and community-based links to ensure each child can transition from this programme to other local (amateur and professional) sport settings, where they can continue to build their educational and employment capacities, accessing on-going mental and physical health support systems.

Through the programme, we have successfully progressed all of the participants to CCF's after school provision, and participating in the Bradford Bulls Schools Monthly tournament and, also the English Rugby League Footballs schools competition.

Play Fair In Sport (BAME Communities):

This work engages disadvantaged BAME groups (11-18 years old) from the Bradford and Keighley District who are at-risk of developing genetically based health conditions due to their South Asian heritage, and also, their sedentary lifestyles. We use new, fun and adapted sports, games and physical activities, to get them moving whilst also working on the development of employability skills such as leadership, communication, co-operation and being resilient. Thus, we encourage students to work through problems to become successful in reaching their different sporting and educational goals. To maintain physical activity levels, we link the young people to a range of (relatively inexpensive) community-based clubs, provision and accredited-learning opportunities.

Report of the Trustees for the year ended 30 June 2020

OBJECTIVES AND ACTIVITIES

"Doorstep" Sports Project :

This is based on the philosophy of using after-school provision to engage young people who may not be able to afford to play sport in the local community. Significantly, we base our provision at local schools, encouraging young people to join us in a space that is familiar and feels safe to them. The timings also suit most of our young people (of BAME heritage) who are often required to be home in time to attend the Mosque (Monday-Friday) between 6-7pm. Thus, we have come to develop strong relationships of trust with many local parents, who also prefer the school-setting as a safe space, resulting in our ability to recruit and retain large numbers of participants through our provision. The activities we provide are free in-cost, mixing different exercises and training drills, using new and different equipment. Significantly, we focus on learning to get along through various teamwork games and tasks, which at the same time promotes cohesion amongst the different racial and ethnic young people who participate in the project (i.e. tackling race-based gang cultures and violent rivalries).

Elite Development Squad

After the identification of potential elite performers, the CCF provides high quality coaching sessions. These are based around core elements of the game, mental preparation, fitness and healthy lifestyles. As a result we have successfully culminated two boys and two girls teams who reached the Bradford District Schools finals.

Recreational clubs

30% have been successfully transferred from CCF provision to local amateur rugby football league clubs. Thus, extending the networks of these vulnerable young people to ensure their on-going social, physical, and mental health needs are supported and developed through positive social relationships.

New School Eden Boys Leadership Academy School - boy's rugby trials

We hosted the first ever boys rugby trials which were held at Eden Boys Leadership Academy School. The majority of the students who attended were from the Black and Minority Ethnic (BAME) Community.

40 students attended the rugby trials after school but we could only accept 20 students to participate in our gifted and talented CCF training offer. Therefore we recognised that although this is a great achievement we also recognise that this is an area of work where we need to grow our capacity to ensure that we can accept more students in the future.

UAK, Hanson, Holy Family, Carlton, Laisterdyke & - girls rugby teams

We have developed the first ever girls rugby teams for Year 7 and Year 8 and although we are only in our first year we are proud to announce that the Year 7 Holy Family and Year 8 Laisterdyke Leadership Academy girls rugby teams are the best teams in Bradford district schools.

Bradford District School Tournament & Champions school

- Holy Family School year 7 girls came 1st in the Bradford District School Tournament and were also the 8th best team in Yorkshire Champion Schools in their age group.
- Laisterdyke Leadership Academy we are proud to report that the Year 8 girls rugby team came 1st in the-Bradford district school tournament and they were the 4th best team in Yorkshire Champion Schools in their age group Hence where feasible it is always important to give young people the opportunity to participate in tournaments which will give them a flavour where sport can take them if a career in sport is what they truly desire.

Accreditations

100 young people were awarded the Rugby Skill Award. Accreditation using sports and outdoor experience has been shown to increase creativity and enterprise among young people.

Report of the Trustees for the year ended 30 June 2020

OBJECTIVES AND ACTIVITIES

CCF Leadership and Mentor Scheme

50% of pupils who attend our CCF after-school provision, took up the opportunity to access our CCF leadership programme by undertaking an annual learning programme (aiming to meet the criteria for the Duke of Edinburgh Leadership Award).

Social investments

- Empowerment of young people especially those disadvantaged in some way, enabling them to play a more active role and access opportunities open to them (sporting or otherwise). This would support them in making informed positive choices in their everyday lives and routines to overcome the challenges they face.
- Have ensure that 'sport' is used as effective tool in community regeneration, social exclusion, health inequalities, community safety, education and lifelong learning and bringing communities together.
- Raised aspirations and motivation leading to greater community involvement and seeking out social, educational and employment opportunities.
- Improved physical, mental and emotional health and well-being including physiological changes, raised levels of self-esteem and self-confidence, and a sense of trust in themselves and others. Also improvements in more specific ways relating to physical health and healthier lifestyles.
- More informed and better life choices in relation to health, well-being and participating in sports and physical activity.
- Increased opportunities, encouragement & support for young people who may not normally participate in sporting/outdoor education/physical activities particularly those who may experience barriers to involvement.
- Increased skills levels in specific sports.
- Outdoor activities which they can use in the future to promote their health & well-being through recreation or in a professional sense by accessing employment in these fields.
- Young people seeking positive alternatives to drug, alcohol misuse and criminal activity.
- Young people achieving formal qualifications which for many of the young women we work with will be the first time they have done so especially if they have missed out in more traditional educational settings.

FINANCIAL REVIEW

Financial review

During the year the charity made a surplus of £11,568 (2019; deficit of £4,010). Reserves at the end of the year were £49,621 (2019; £38,053) of which £49,621 (2019; £37,769) are freely available. The trustees are keen to see the reserves increase to provide a fall back should the funding relied upon for the continuation of it's activities be withdrawn.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

FUTURE PLANS

The charity plans to continue to provide the facilities stated in it's aims and objectives and also hopes to expand operations to benefit more people in the local areas. It will be actively seeking further funding in order to facilitate this which will give our children the best opportunity to reaching high standards in the game.

Report of the Trustees for the year ended 30 June 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, memorandum and articles of association dated 18 April 2007 as amended by special resolution dated 9 July 2007.

Recruitment and appointment of new trustees

New trustees are selected and appointed from the local and regional area, they are selected from areas of business, public service or third sector organisation into roles that fit the pillars of the trust and therefore play a part in the driving forward of activities.

forward of activities.

Approved by order of the board of trustees on 2/3/2/ and signed on its behalf by:

P E Shaw - Trustee

Independent Examiner's Report to the Trustees of Community Cougars Foundation

Independent examiner's report to the trustees of Community Cougars Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or

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- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Day

ACA

Walkers Accountants Limited

Aireside House

Aireside Business Centre

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Keighley

West Yorkshire

BD21 4BZ

Date: 15 03 2021

Statement of Financial Activities for the year ended 30 June 2020

	Notes	Unrestricted funds	Restricted fund £	30.6.20 Total funds £	30.6.19 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies		289	-	289	731
Charitable activities Charitable activities		53,000	10,000	63,000	52,293
Total		53,289	10,000	63,289	53,024
EXPENDITURE ON Charitable activities Support Charitable activities		766 40,955	10,000	766 50,955	1,171 55,863
Total		41,721	10,000	51,721	57,034
NET INCOME/(EXPENDITURE)		11,568	 -	11,568	(4,010)
Transfers between funds	6	284	(284)	_	
Net movement in funds		11,852	(284)	11,568	(4,010)
RECONCILIATION OF FUNDS					
Total funds brought forward		37,769	284	38,053	42,063
TOTAL FUNDS CARRIED FORWARD		49,621	<u> </u>	49,621	38,053

Balance Sheet 30 June 2020

	Notes	Unrestricted funds	Restricted fund	30.6.20 Total funds £	30.6.19 Total funds £
CURRENT ASSETS					
Debtors	4	10,000	0.050	10,000	9,000
Cash at bank		40,387	9,950	50,337	29,818
		50,387	9,950	60,337	38,818
CREDITORS					
Amounts falling due within one year	5	(766)	(9,950)	(10,716)	(765)
					
NET CURRENT ASSETS		49,621	-	49,621	38,053
TOTAL ASSETS LESS CURRENT					
LIABILITIES		49,621	-	49,621	38,053
					
NET ASSETS		49,621	<u>-</u>	49,621	38,053
FUNDS	6				
Unrestricted funds				49,621	37,769
Restricted funds				:	284
TOTAL FUNDS				49,621	38,053

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

P E Shaw - Trustee

Notes to the Financial Statements for the year ended 30 June 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Includes expenditure associated with the costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Include those activities incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

All tangible fixed assets are at cost less accumulated depreciation. Cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Assets held under finance lease are depreciated in the same manner as owned assets.

Renewals, repairs and maintenance are charged to profit and loss during the period in which they are incurred.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using a mixture of methods. The depreciation bases are as detailed above.

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposal are determined by comparing the proceeds with the carrying amount and are credited or charged to the income statement.

Impairment of fixed assets

Notes to the Financial Statements - continued for the year ended 30 June 2020

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

At each balance sheet date, the Company reviews the carrying amounts of its property, plant and equipment to determine whether there is any indication that any items of property, plant and equipment have suffered an impairment loss. If any such indications exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss, if any. Where it is not possible to estimate the recoverable amount of the asset, the Company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

If the recoverable amount of an asset is estimated to be less that its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. Impairment loss is recognised as an expense immediately.

Where an impairment loss subsequently reserves, the carrying amount of the asset is increased to the revised estimate of its recoverable amount that would have been determined (net of depreciation) had no impairment loss been recognised for the asset in the prior years. A reversal of an impairment loss is recognised as income immediately.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Donated assets

Donated assets are included in incoming recourses when the benefit is reasonably quantifiable and measurable. These assets are valued by the trustees at their current value.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.6.20	30.6.19
	£	£
Deficit on disposal of fixed assets	_	7,404

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2020 nor for the year ended 30 June 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2020 nor for the year ended 30 June 2019.

Notes to the Financial Statements - continued for the year ended 30 June 2020

	DEPTORS AMOUNTS PALLING D				
4.	DEBTORS: AMOUNTS FALLING DI	UE WITHIN ONE YE	SAK	30.6.20	30.6.19
	Prepayments and accrued income			£ 10,000	£ 9,000
5.	CREDITORS: AMOUNTS FALLING	DUE WITHIN ONE	YEAR	30.6.20	30.6.19
	Accruals and deferred income			£ 10,716	£ 765
6.	MOVEMENT IN FUNDS				
		At 1.7.19 £	Net movement in funds £	Transfers between funds £	At 30.6.20 £
	Unrestricted funds Charitable fund	37,769	11,568	284	49,621
	Restricted funds Restricted fund	284	_	(284)	
	TOTAL FUNDS	38,053	11,568	<u> </u>	49,621
	Net movement in funds, included in the a	bove are as follows:			
			Incoming resources	Resources expended £	Movement in funds
	Unrestricted funds Charitable fund		53,289	(41,721)	11,568
	Restricted funds Restricted fund		10,000	(10,000)	-
	TOTAL FUNDS		63,289	<u>(51,721</u>)	11,568
	Comparatives for movement in funds				
		At 1.7.18 £	Net movement in funds £	Transfers between funds £	At 30.6.19 £
	Unrestricted funds Charitable fund	41,779	(2,597)	(1,413)	37,769
	Restricted funds Restricted fund	284	(1,413)	1,413	284
	TOTAL FUNDS	42,063	<u>(4,010)</u>		38,053

Notes to the Financial Statements - continued for the year ended 30 June 2020

6. **MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incom resour £	_	Resources expended £	Movement in funds £	
Unrestricted funds Charitable fund	27,4	81	(30,078)	(2,597)	
Restricted funds Restricted fund	25,5	43	(26,956)	(1,413)	
TOTAL FUNDS	53,0	<u>24</u>	(57,034)	(4,010)	
Name of Fund	Description, nature and purpose of the fund				
General	The 'free reserves' available to undertake the charitable objectives of the charity.				
Restricted	Restricted funds can only used for specific purposes within the objective of the charity. Restrictions arise when specified by the donor restricted funds during the year were				
·	Grants from Keighley Town Council and Awards For All, Sport which were used to deliver programmes to provide positive activities to young people, improving their confidence and lifestyles through				

sport.

RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2020.