

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2019
for
Community Cougars Foundation



Walkers Accountants Limited
Aireside House
Aireside Business Centre
Royd Ings Avenue
Keighley
West Yorkshire
BD21 4BZ

Community Cougars Foundation

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for the year ended 30 June 2019

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Community Cougars Foundation

Reference and Administrative Details
for the year ended 30 June 2019

TRUSTEES	M D Hurley A T Parry (resigned 8.8.18) A N Spencer (resigned 18.10.18) M Spencer (resigned 18.10.18) A M Fish (resigned 29.1.20) P E Shaw (appointed 3.8.18) M J Dawson (appointed 19.8.18) B Morris (appointed 10.03.20)
COMPANY SECRETARY	M D Hurley
REGISTERED OFFICE	Keighley Town Council Keighley Civic Centre North Street Keighley West Yorkshire BD21 3RZ
REGISTERED COMPANY NUMBER	06218426 (England and Wales)
REGISTERED CHARITY NUMBER	1121701
INDEPENDENT EXAMINER	Walkers Accountants Limited Aireside House Aireside Business Centre Royd Ings Avenue Keighley West Yorkshire BD21 4BZ

Report of the Trustees
for the year ended 30 June 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and activities

The aim of the Community Cougars Foundation is to improve opportunities for young people from a variety of different backgrounds. Where they will be supported and encouraged to take part in both physical activities using sport and health and wellbeing programmes.

We will achieve this under the remit of the following objectives by providing programmes that will: -

- Make a significant contribution to improve health, mental wellbeing and promote positive behaviours
- Help young people to forge positive relationships through educational activities which will endorse a better quality of life
- Offer young people the opportunity to understand achievable career employment pathways whilst gaining accredited qualifications (e.g. Rugby Skills Award)
- To develop new skills by building self-confidence/ esteem, understanding social leadership qualities and through increased assertiveness leading to improved employability aspirations
- Increase their fitness levels by developing better life chances

We will also increase our profile through effective partnership work by: -

- Continuing to work with our existing key partnership organisations, which consist of the following; Funders, community groups, sponsors, schools, colleges and local clubs etc.
- To identify new partners where our work will continue compliment and help sustain our long-term strategic goals partners
- Using joint collaborative and innovative approaches to drive progressive programmes that make a difference to the wider community
- To work collectively where finances are utilised in a cost-effective manner to their optimum threshold

We have identified that many young people that we worked with over the last year are either extremely unfit or lack an understanding of a healthy lifestyle. Our work with them to date has helped us as an organisation to consider and understand the cultural, socio-economical, emotional wellbeing and monetary reasons behind their poor lifestyle choices and why we need continuity to directly tackle these issues through using some of the following methods;

Educating young people on the benefits of a healthy lifestyle and positive decision making through physical activity and sessions-based issue work

Empowering young people to understand the importance of living a healthy lifestyle/ making positive choices by teaching them to create realistic personal fitness/ dietary plans and embracing opportunities as and when they become available

Teaching young people to creatively think of solutions when addressing money issues by learning that there are inexpensive or free activities available and to deter from gravitating towards financial incentives which may lead them towards unhealthy avenues

Therefore, it is important that we the Community Cougars Foundation highlight our milestones by acknowledging our achievements. These have been achieved not only by us meeting our performance targets but by exceeding them.

Report of the Trustees
for the year ended 30 June 2019

OBJECTIVES AND ACTIVITIES

Achievements and performance

Secondary schools eight weeks taster session

Through developing an excellent partnership with Bradford Bulls, we have commissioned four of their staff members to deliver rugby based coaching sport sessions in our secondary schools. On our behalf they have been delivering eight weeks taster session through the schools PE lessons.

The aim of the taster sessions is to introduce rugby league to secondary school students and to tackle or improve health and wellbeing, mental health, confidence, self-esteem, communication, trust, mutual encouragement and to recognise individual/team strengths and challenges. Therefore, our students can apply these skills and reference the values of these in sport at all the levels.

We then offer advance training session, and lead to pathway to local junior clubs to allow young people to enjoy the positive benefits of participation in team sport activities.

As a result of this successful partnership working, **850 young people** benefited from this project.

Elite Development Squad

After the identification of potential elite performers, the Foundation provides high quality coaching sessions. These are based around core elements of the game, mental preparation, fitness and healthy lifestyles. As a result, **two girls and two boy teams** successfully reached the Bradford District Schools finals.

Inspiring Others Programme

We are successfully running a Sport & Health and Wellbeing project which runs from Monday to Friday and is being delivered in a number of different schools. The name of this project is Inspiring Others and the focus of this programme is to work with young people whom we have identified as having come from a background which is socially deprived, where anti-social behaviour and drug crime is a common problem within in Bradford & Keighley district.

We also know how impressionable young people can be and therefore it is important that the young people we are currently engaging with understand that they have an individual part to play in their own life's successes. Therefore, we are currently helping the young people to build emotional resilience, not be tempted down unsavoury pathways when striving to achieve their own personal goals and for them to know that their own successes in the long run will be all the more rewarding.

We are currently just over the half way mark and under the Inspiring Others programme to date we have worked with **125 young people**.

Laisterdyke Leadership Academy School - boy's rugby trials

We hosted the first ever boys rugby trials which were held at Laisterdyke Leadership Academy School. The majority of the students who attended were from are the Black and Minority Ethnic (BAME) Community.

60 students attended the rugby trials after school but we could only accept 20 students. Therefore we recognised that although this is a great achievement we also recognise that this is area of work where we need to grow our capacity to ensure that we can accept more students in the future.

Therefore our goal is that the sustainability of the programmes in schools will no longer solely focus on the pathways for those young people who excel in sport but allows for all young people regardless of sporting ability to continue participating. Therefore our intention is that this will ultimately lead to increased fitness level, team solidarity, positive friendships and the long term ideal is that young people will continue to participate in sport once they leave school.

Holy Family , Carlton Bolling , Laisterdyke Leadership Academy & UAK - girls rugby teams

We have developed the first ever girls rugby teams for Year 7 and Year 8 and although we are only in our first year we are proud to announce that the Year 7 Holy Family and Year 8 Laisterdyke Leadership Academy girls rugby teams are the **best teams** in Bradford district schools.

Report of the Trustees
for the year ended 30 June 2019

OBJECTIVES AND ACTIVITIES

Bradford District School Tournament

- Holy Family School year 7 girls came 1st in the Bradford District School Tournament and were also the 6th best team in Yorkshire Champion Schools in their age group

- Laisterdyke Leadership Academy - we are proud to report that the Year 8 girls rugby team came 1st in the Bradford district school tournament and they were the 4th best team in Yorkshire Champion Schools in their age group

Hence where feasible it is always important to give young people the opportunity to participate in tournaments which will give them a flavour where sport can take them if a career in sport is what they truly desire.

Accreditations

- 50 young people were awarded the Rugby Skill Award

Accreditation using sports and outdoor experience has been shown to increase creativity and enterprise among young people.

Outcomes

The Benefit of Afterschool Provision

The benefit of an After-School programme works well with local young people from the community in order to support "doorstep" sports - which is less formal, encourages more participation, creates more engaging physical activity and removes financial burdens (travel, equipment etc.).

This kind of involvement helps young people to become more motivated, develop team, social and communication skills. As mentioned earlier this endorses developing new ways of working with others in a team setting so that they can progress more easily in education, work and in the wider community. Therefore, the aim of After School Programme is to combat poverty by removing unintentional exclusions towards those who experience financial hardship and can thus feel at a disadvantage.

The reasons which support the After-School programme approach are that we have identified that the majority of young people who want to attend our programmes often come from a (BAME) background. One example of this as part of their Islamic faith Muslim young people attend Mosques from Monday to Friday - 6:00pm to 7:00pm. Therefore, an after-school project would allow them to do both and we know that Muslim parents class the school venue as a safe environment for their children to participate in and prefer local schools to work in partnership with sport providers.

Another example is that because other cultural groups are participating in our afterschool programmes means we work hard to promote cultural and community cohesion by addressing and challenging any negative view points that may arise. We are fortunate that due to our afterschool locations these views are challenged in a safe environment in a constructive manner.

Consultation with Young People

Through collating feedback and analysing the responses received from young people we have established that young people want to participate in sport and enjoy it. It also became apparent that there was a need for a stronger exit pathway as there was an expressed desire to continue playing rugby league but there are currently no boys' and girls' junior teams in the area (which has now been addressed). Therefore, we understand the importance of consultation and we ensure our processes and programmes reflect the voices of the young people who we work with.

The Overall Project Outcomes

We use five strategic outcomes to measure our overall success of the programmes that we deliver. Therefore, are we;

1. Building stronger communities

Report of the Trustees
for the year ended 30 June 2019

OBJECTIVES AND ACTIVITIES

2. Reducing crime and anti-social behaviour
3. Removing barriers to participation for marginalised groups,
4. Developing young people by providing them with skills for the workplace and life
5. Improving education in health and well-being

Social investments

- Empowerment of young people especially those disadvantaged in some way, enabling them to play a more active role and access opportunities open to them (sporting or otherwise). This would support them in making informed positive choices in their everyday lives and routines to overcome the challenges they face.

- Have ensure that 'sport' is used as effective tool in community regeneration, social exclusion, health inequalities, community safety, education and lifelong learning and bringing communities together.

- Raised aspirations and motivation leading to greater community involvement and seeking out social, educational and employment opportunities.

- Improved physical, mental and emotional health and well-being including physiological changes, raised levels of self-esteem and self-confidence, and a sense of trust in themselves and others. Also improvements in more specific ways relating to physical health and healthier lifestyles.

- More informed and better life choices in relation to health, well-being and participating in sports and physical activity.

- Increased opportunities, encouragement & support for young people who may not normally participate in sporting/outdoor education/physical activities particularly those who may experience barriers to involvement.

- Increased skills levels in specific sports

- Outdoor activities which they can use in the future to promote their health & well-being through recreation or in a professional sense by accessing employment in these fields.

- Young people seeking positive alternatives to drug, alcohol misuse and criminal activity.

- Young people achieving formal qualifications which for many of the young women we work with will be the first time they have done so especially if they have missed out in more traditional educational settings.

FINANCIAL REVIEW

Financial review

During the year the charity made a deficit of £4,010 (2018; £13,886). Reserves at the end of the year were £38,053 (2018; £42,063) of which £37,769 (2018; £1,868) are freely available. The trustees are keen to see the reserves increase to provide a fall back should the funding relied upon for the continuation of it's activities be withdrawn.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

FUTURE PLANS

The charity plans to continue to provide the facilities stated in it's aims and objectives and also hopes to expand operations to benefit more people in the local areas. It will be actively seeking further funding in order to facilitate this which will give our children the best opportunity to reaching high standards in the game.

Report of the Trustees
for the year ended 30 June 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, memorandum and articles of association dated 18 April 2007 as amended by special resolution dated 9 July 2007.

Recruitment and appointment of new trustees

New trustees are selected and appointed from the local and regional area, they are selected from areas of business, public service or third sector organisation into roles that fit the pillars of the trust and therefore play a part in the driving forward of activities.

Approved by order of the board of trustees on 19/3/2020 and signed on its behalf by:



P E Shaw - Trustee

**Independent Examiner's Report to the Trustees of
Community Cougars Foundation**

Independent examiner's report to the trustees of Community Cougars Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Walkers Accounts Ltd

Andrew Day
ACA
Walkers Accountants Limited
Aireside House
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Royd Ings Avenue
Keighley
West Yorkshire
BD21 4BZ

Date: *20 March 2020*

Community Cougars Foundation

Statement of Financial Activities
for the year ended 30 June 2019

	Notes	Unrestricted funds £	Restricted fund £	30.6.19 Total funds £	30.6.18 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		731	-	731	1,500
Charitable activities					
Charitable activities		26,750	25,543	52,293	30,012
		<hr/>	<hr/>	<hr/>	<hr/>
Total		27,481	25,543	53,024	31,512
EXPENDITURE ON					
Charitable activities					
Support		1,171	-	1,171	754
Charitable activities		28,907	26,956	55,863	44,644
		<hr/>	<hr/>	<hr/>	<hr/>
Total		30,078	26,956	57,034	45,398
		<hr/>	<hr/>	<hr/>	<hr/>
NET INCOME/(EXPENDITURE)		(2,597)	(1,413)	(4,010)	(13,886)
Transfers between funds	7	<u>(1,413)</u>	<u>1,413</u>	<u>-</u>	<u>-</u>
Net movement in funds		(4,010)	-	(4,010)	(13,886)
RECONCILIATION OF FUNDS					
Total funds brought forward		41,779	284	42,063	55,949
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		<u>37,769</u>	<u>284</u>	<u>38,053</u>	<u>42,063</u>

The notes form part of these financial statements

Community Cougars Foundation (Registered number: 06218426)

Balance Sheet
30 June 2019

	Notes	Unrestricted funds £	Restricted fund £	30.6.19 Total funds £	30.6.18 Total funds £
FIXED ASSETS					
Tangible assets	4	-	-	-	39,911
CURRENT ASSETS					
Debtors	5	9,000	-	9,000	316
Cash at bank		<u>29,534</u>	<u>284</u>	<u>29,818</u>	<u>12,873</u>
		38,534	284	38,818	13,189
CREDITORS					
Amounts falling due within one year	6	(765)	-	(765)	(11,037)
NET CURRENT ASSETS		<u>37,769</u>	<u>284</u>	<u>38,053</u>	<u>2,152</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>37,769</u>	<u>284</u>	<u>38,053</u>	<u>42,063</u>
NET ASSETS		<u>37,769</u>	<u>284</u>	<u>38,053</u>	<u>42,063</u>
FUNDS	7				
Unrestricted funds				37,769	41,779
Restricted funds				<u>284</u>	<u>284</u>
TOTAL FUNDS				<u>38,053</u>	<u>42,063</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2019.


The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 19/3/2020 and were signed on its behalf by:



P E Shaw - Trustee

The notes form part of these financial statements

Community Cougars Foundation

Notes to the Financial Statements
for the year ended 30 June 2019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Includes expenditure associated with the costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Include those activities incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance

All tangible fixed assets are at cost less accumulated depreciation. Cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Assets held under finance lease are depreciated in the same manner as owned assets.

Renewals, repairs and maintenance are charged to profit and loss during the period in which they are incurred.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using a mixture of methods. The depreciation bases are as detailed above.

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposal are determined by comparing the proceeds with the carrying amount and are credited or charged to the income statement.

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2019

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Impairment of fixed assets

At each balance sheet date, the Company reviews the carrying amounts of its property, plant and equipment to determine whether there is any indication that any items of property, plant and equipment have suffered an impairment loss. If any such indications exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss, if any. Where it is not possible to estimate the recoverable amount of the asset, the Company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. Impairment loss is recognised as an expense immediately.

Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount that would have been determined (net of depreciation) had no impairment loss been recognised for the asset in the prior years. A reversal of an impairment loss is recognised as income immediately.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Donated assets

Donated assets are included in incoming resources when the benefit is reasonably quantifiable and measurable. These assets are valued by the trustees at their current value.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.6.19	30.6.18
	£	£
Depreciation - owned assets	-	13,304
Deficit on disposal of fixed assets	<u>7,404</u>	<u>-</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2019 nor for the year ended 30 June 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2019 nor for the year ended 30 June 2018.

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2019

4. TANGIBLE FIXED ASSETS

	Motor vehicles £
COST	
At 1 July 2018	76,000
Disposals	<u>(76,000)</u>
At 30 June 2019	-
DEPRECIATION	
At 1 July 2018	36,089
Eliminated on disposal	<u>(36,089)</u>
At 30 June 2019	-
NET BOOK VALUE	
At 30 June 2019	<u>-</u>
At 30 June 2018	<u>39,911</u>

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.19	30.6.18
	£	£
Other debtors	-	316
Prepayments and accrued income	<u>9,000</u>	<u>-</u>
	<u>9,000</u>	<u>316</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.19	30.6.18
	£	£
Accruals and deferred income	<u>765</u>	<u>11,037</u>

7. MOVEMENT IN FUNDS

	At 1.7.18	Net movement in funds	Transfers between funds	At 30.6.19
	£	£	£	£
Unrestricted funds				
Charitable fund	41,779	(2,597)	(1,413)	37,769
Restricted funds				
Restricted fund	284	(1,413)	1,413	284
	<u>42,063</u>	<u>(4,010)</u>	<u>-</u>	<u>38,053</u>
TOTAL FUNDS				

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2019

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable fund	27,481	(30,078)	(2,597)
Restricted funds			
Restricted fund	25,543	(26,956)	(1,413)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>53,024</u>	<u>(57,034)</u>	<u>(4,010)</u>

Comparatives for movement in funds

	At 1.7.17 £	Net movement in funds £	Transfers between funds £	At 30.6.18 £
Unrestricted funds				
Charitable fund	55,665	(14,210)	324	41,779
Restricted funds				
Restricted fund	284	324	(324)	284
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>55,949</u>	<u>(13,886)</u>	<u>-</u>	<u>42,063</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable fund	4,115	(18,325)	(14,210)
Restricted funds			
Restricted fund	27,397	(27,073)	324
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>31,512</u>	<u>(45,398)</u>	<u>(13,886)</u>

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2019

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.17 £	Net movement in funds £	Transfers between funds £	At 30.6.19 £
Unrestricted funds				
Charitable fund	55,665	(16,807)	(1,089)	37,769
Restricted funds				
Restricted fund	284	(1,089)	1,089	284
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>55,949</u>	<u>(17,896)</u>	<u>-</u>	<u>38,053</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable fund	31,596	(48,403)	(16,807)
Restricted funds			
Restricted fund	52,940	(54,029)	(1,089)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>84,536</u>	<u>(102,432)</u>	<u>(17,896)</u>

Name of Fund

Description, nature and purpose of the fund

General

The 'free reserves' available to undertake the charitable objectives of the charity.

Restricted

Restricted funds can only be used for specific purposes within the objective of the charity. Restrictions arise when specified by the donor. Restricted funds during the year were:

Grants from Vanquis, West Yorkshire Sports, Awards For All, Sport England, Sports and Culture, Oak Funding and ABCD Small Grants which were used to deliver programmes to provide positive activities to young people, improving their confidence and lifestyles through sport.

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2019

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2019.