In accordance with Section 167 of the Companies Act 2006

AP01

Appointment of director



You can use the WebFiling service to file this form online. Please go to www.companieshouse gov uk

What this form is for
You may use this form to appoint
an individual as a director

What this form is NO'
You cannot use the for
a corporate director To
please use form AP02'
of corporate director'



A37

20/06/2012

#279

		COMPANIES HOUSE	
1	Company details		
Company number	0 6 1 7 3 3 7	Filling in this form Please complete in typescript or in bold black capitals	
Company name in full	REGARD HOLDINGS LIMITED		
		All fields are mandatory unless specified or indicated by *	
2	Date of director's appointment		
Date of appointment	91 93 0 6 72 70 71 72		
3	New director's details	Former name(s)	
Title *	MR	Please provide any previous names which have been used for business purposes in the past 20 years. Mamed woman do not need to give	
Full forename(s)	CHRISTOPHER JOHN		
Sumame	SPANOUDAKIS	former names unless previously used for business purposes.	
Former name(s)		Continue in section 6 if required	
Country/State of residence O	UNITED KINGDOM	Country/State of residence This is in respect of your usual residential address as stated in Section 4a.	
Nationality	BRITISH		
Date of birth	d 0 d 3 m 0 m 1 y 1 y 9 y 6 y 5	Business occupation If you have a business occupation, please enter here. If you do not, please leave blank.	
Business occupation (if any)	ACCOUNTANT		
4	New director's service address ●		
	Please complete your service address below You must also complete your usual residential address in Section 4a.	Service address This is the address that will appear on the public record. This does not.	
Building name/number	THE COMPANY'S REGISTERED OFFICE	have to be your usual residential address.	
Street		Please state 'The Company's	
		Registered Office' if your service address is recorded in the company's	
Post town		register of directors as the company's registered office.	
County/Region	If you provide your resider		
Postcode		address here it will appear on the public record	
Country			

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5	Signatures		
	I consent to act as director of the above named company	Societas Europaea If the form is being filed on behalf	
New director's signature	Signature X	of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the persor signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2008	
Authonsing signature	X M M		
	This form may be signed and authorised by Director ①, Secretary, Person authorised ②, Administrator, Administrative Receiver, Receiver manager, Chanty commission receiver and manager, CIC manager, Judicial factor		
6	Additional former names (continued from Section 3)		
Former names		Additional former names Use this space to enter any additional names.	

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Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses.	
Contact name FAYAZ PATEL	™ Where to send	
Company name Wragge & Co LLP	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:	
Address 3 Waterhouse Square	For companies registered in England and Wales:	
142 Holborn	The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff	
Post town London	For companies registered in Scotland:	
County/Region	The Registrar of Companies, Companies House,	
Postcode E C 1 N 2 S W	Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1	
Country United Kingdom	or LP - 4 Edinburgh 2 (Legal Post)	
DX DX 155790 BLOOMSBURY 8 Telephone 08709031000	For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,	
✓ Checklist	Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1	
We may return forms completed incorrectly or with information missing.	Section 243 exemption If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE	
Please make sure you have remembered the following:		
The company name and number match the information held on the public Register.		
You have provided a business occupation if you have one	Further information	
You have provided a correct date of birth You have completed the date of appointment. You have completed the nationality box in	For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquines@companieshouse.gov.uk	
Section 3. You have provided both the service address and the	This form is available in an	
usual residential address Addresses must be a physical location. They cannot	alternative format. Please visit the	
be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number	forms page on the website at	
You have included all former names used for business purposes over the last 20 years	www.companieshouse.gov.uk	
You have enclosed a relevant section 243 application if applying for this at the same time as		
completing this form. The new director has signed the form		
You have provided an authorising signature		