

BLUEPRINT

2000

AMENDED

363a

Please complete in typescript,  
or in bold black capitals.

**Annual Return**

CHFP010

**Company Number**

06172268

**Company Name in full**

ADD Wellness Holdings Limited

**Date of this return**

The information in this return is made up  
to

Day		Month		Year			
1	3	0	3	2	0	0	9

**Date of next return**

If you wish to make your next return to a  
date earlier than the anniversary of this  
return please show the date here.

Companies House will then send a form at  
the appropriate time.

Day		Month		Year			

**Registered Office**

Show here the address at the date of  
this return.

Unit 10, Utopia Village, 7 Chalcot Road

Any change of  
registered office **must**  
be notified on form  
287.

Post town

Primrose Hill

County / Region

London

UK Postcode

NW1 8HL

**Principal business activities**

Show trade classification code number(s)  
for the principal activity or activities.

7487

If the code number cannot be determined,  
give a brief description of principal activity.

WEDNESDAY



A19 \*AEEN78GK\* 275  
25/03/2009  
COMPANIES HOUSE

When you have completed and signed the form please send it to the  
Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ** DX 33050 Cardiff  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland

DX ED235 Edinburgh 1  
or LP-4 Edinburgh 2

**Register of members**

If the register of members is not kept at the registered office, state here where it is kept.

Post town

County / Region

UK Postcode

**Register of Debenture holders**

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept.

Post town

County / Region

UK Postcode

**Company type**

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

<input type="checkbox"/>
<input checked="" type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Please tick the appropriate box

**Company Secretary**

\* Voluntary details.  
(Please photocopy this area to provide details of joint secretaries).

Name

\* Style / Title

Forename(s)

Surname

☐

Address ††

Post town

County / Region

Country

Details of a new company secretary must be notified on form 288a.

Filex Services Limited

179 Great Portland Street

London

UK Postcode W1W 5LS

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

**Directors**

Details of new directors must be notified on form 288a

Please list directors in alphabetical order.

\* Voluntary details.

**Name**

\* Style / Title

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Day Month Year  
Date of birth 0 3 1 0 1 9 4 2

Forename(s) Allan Brian Henry

Surname Fisher

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

Address †† 52 Northgate, Prince Albert Road

Post town

County / Region London

UK Postcode NW8 7EH

Country

Nationality British

Business occupation Company Director

**Directors**

Details of new directors must be notified on form 288a

Please list directors in alphabetical order.

\* Voluntary details.

**Name**

\* Style / Title

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Day Month Year  
Date of birth 1 6 0 9 1 9 6 0

Forename(s) Stephen David

Surname Flanagan

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

Address †† Niblicks Pond Road, Hook Heath

Post town Woking

County / Region Surrey

UK Postcode GU22 0JZ

Country

Nationality British

Business occupation Sales Director

**Directors**

Please list directors in alphabetical order.

\* Voluntary details.

**Name**

\* Style / Title

**Details of new directors must be notified on form 288a**

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Day Month Year

Date of birth

1 0 0 1 1 9 7 0

Forename(s) Benjamin

Surname Margolis

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

Address ††

7a Bolton Road

Post town

County / Region London

UK Postcode NW8 0RJ

Country

Nationality British

**Business occupation** Chartered Accountant**Directors**

Please list directors in alphabetical order.

\* Voluntary details.

**Name**

\* Style / Title

**Details of new directors must be notified on form 288a**

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Day Month Year

Date of birth

2 5 0 2 1 9 4 8

Forename(s) Michael Peter

Surname Mills

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

Address ††

Basement Flat, 20 Palmeira Square

Post town Hove

County / Region

UK Postcode BN3 2JN

Country

Nationality British

**Business occupation** Finance Director

BLUEPRINT

2000

**Directors**

Details of new directors must be notified on form 288a

Please list directors in alphabetical order.

\* Voluntary details.

**Name**

\* Style / Title

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Day Month Year

Date of birth

0 3 1 1 1 9 4 5

Forename(s) David

Surname Turner

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐
**Address ††**

1 Village Close, Belsize Lane

Post town Hampstead

County / Region London

UK Postcode NW3 5AH

Country

Nationality British

**Business occupation** Company Director**Directors**

Details of new directors must be notified on form 288a

Please list directors in alphabetical order.

\* Voluntary details.

**Name**

\* Style / Title

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Day Month Year

Date of birth

Forename(s)

Surname

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐
**Address ††**

Post town

County / Region

UK Postcode

Country

Nationality

**Business occupation**

**Issue share capital**

Enter details of all the shares in issue at the date of this return.

Class (e.g. Ordinary/Preference)	Number of shares issued	Aggregate Nominal Value (i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)
Ordinary 10p	73,400,000	£7,340,000.00
<b>Totals</b>	73,400,000	7,340,000.00

**Traded public companies**

A traded public company means a company any of whose shares are shares admitted to trading on a regulated market

Please tick this box if your company was a traded public company at any time during the period of this return

☐**List of past and present shareholders**

(use attached schedule where appropriate)

Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns.

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.

Please tick the appropriate box below:

A full list of shareholders for a private or non-traded public company is enclosed. **Please complete Schedule A.**on paper ☒ in another format ☐A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. **Please complete Schedule B.**☐☐

A list containing shareholder changes is enclosed

☐☐→ For private or non-traded public companies, please complete **Schedule A**→ For traded public companies, please complete **Schedule B**

There were no shareholder changes in this period

☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

For and on behalf of

FILLIX SERVICES LTD.

Signed by Director/Secretary

Date

24/3/2009

† Please delete as appropriate.

† (delete as appropriate)

When you have signed the return send it with the fee to the Registrar of Companies. Make cheques payable to Companies House.

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

This return includes

1

continuation sheets.

(enter number)

179 Great Portland Street, London, W1W 5LS

Tel

BLUEPRINT

2000

DX number

DX exchange

**Schedule A**  
**for private or non-traded public companies**  
**List of past and present shareholders**

(Please use a continuation sheet if required)

CHFP010

**Company Number**

06172268

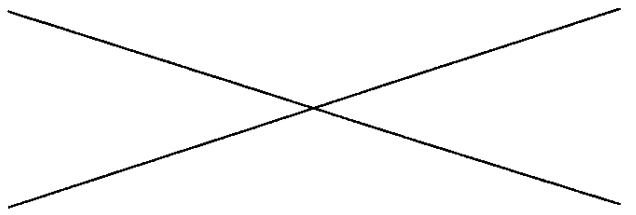
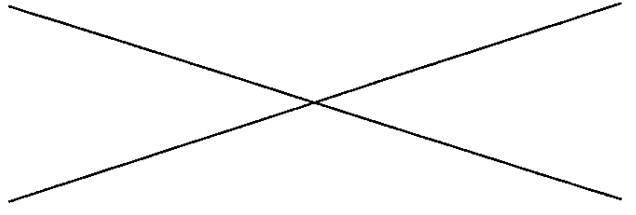
**Company Name in full**

ADD Wellness Holdings Limited

This must only be completed by private and public limited companies that have not traded on a regulated market

- Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all the company shareholders on:
  - The company's first annual return following incorporation
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order to provide an index
- List joint shareholders consecutively

**Do not give shareholder address information**

Shareholder's name only	Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate)	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name ADDleisure Plc	£0.10 Ordinary 10p			
	Shares Held 36,700,000			
Name BUPA Finance Plc	£0.10 Ordinary 10p			
	Shares Held 36,700,000			
Name				
