

BLUEPRINT

2000

288a

APPOINTMENT of director or secretary

Please complete in typescript,
or in bold black capitals

CHFP010

(NOT for resignation (use Form 288b) or
change of particulars (use Form 288c))

Company Number

06172268

Company Name in full

ADD Wellness Holdings Limited

Appointment
form

Notes on completion
appear on next page

Appointment as director

NAME * Style / Title

Forename(s)

Surname

Previous
forename(s)Usual residential
address

Post town

County / Region

† Nationality

† Other directorships
(additional space next page)

Day Month Year

21 06 2007

Day Month Year

† Date of Birth 03 10 1943

☒

as secretary

☐

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes

* Honours etc

Allan Brian Henry

Fisher

Previous
surname(s)

52 Northgate, Prince Albert Road

Postcode NW8 7EH

London

Country

British

† Business
occupation

Company Director

See attached schedule

I consent to act as ** director / secretary of the above named company

Consent signature

Date 9/1/2008

* Voluntary details

† Directors only

** Please delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date 9/1/2008

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

179 Great Portland Street, London, W1W 5LS

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

or for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

THURSDAY



AT3VEWFQ

A32

17/01/2008

276

COMPANIES HOUSE

Company Number

06172268

† Directors only

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company

BLUEPRINT

2006

**List of other directorships
Schedule to form 288a**

*Please complete in typescript,
or in bold black capitals.*

CHFP010

Company Number

06172268

Company Name in full

ADD Wellness Holdings Limited

Name

Allan Brian Henry Fisher

Company Name	Resignation
ADDleisure 2004 Limited	
ADDleisure Consulting Limited	
ADDleisure Plc	
Chanticleer Properties Developments Limited	
Chanticleer Properties Limited	
Fitbug Limited	
Garodge Limited	
Health Club Holdings Limited	
Inclarity Plc	
Movers and Shapers Limited	