



# 288a

Please complete in typescript,  
or in bold black capitals

CHFP025

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

06172268

Company Name in full

Add Wellness Holdings Limited

Date of  
appointment

Day Month Year  
2 0 0 7 2 0 0 7

† Date of  
Birth

Day Month Year  
1 6 0 9 1 9 6 0

Appointment form  
Appointment as director

☒ as secretary ☐

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes

NAME

\*Style / Title

Mr

\*Honours etc

Notes on completion  
appear on reverse

Forename(s)

Stephen David

Surname

Flanagan

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address ††

Niblicks, Pond Road, Hook Heath

☐

Post town

Woking

Postcode

GU22 0JZ

County / Region

Surrey

Country

England

† Nationality

British

† Business occupation

Sales Director

† Other directorships  
(additional space overleaf)

See attached sheet

Consent signature

I consent to act as \*\* director / ~~secretary~~ of the above named company

Date

31/08/07

\* Voluntary details  
† Directors only  
\*\* Delete as appropriate

Signed

Date

1/8/07

(\*\* a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be visible to searchers of the  
public record

Tel  
DX number DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

SATURDAY



A47

\*A1241RT0\*  
04/08/2007  
COMPANIES HOUSE

242

**Company Number** 06172268

† Directors only

† Other directorships


#### NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

#### Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company

**STEPHEN DAVID FLANAGAN – DIRECTORSHIPS**

Mercia Investment Advisers Limited

The Coventry & Warwickshire Hospital Saturday Fund

Independent Healthcare Limited

CHP Limited

Community Hospital Partners Limited

Bupa Insurance Services Limited

St Georges Hill Golf Club (Holdings) Limited

St Georges Hill Golf Club Limited

Bupa Insurance Limited

Core Exercise Clinic Limited

Bupa Health Assurance Limited

Bupa Health at Work Limited

Outcome Technologies Limited

Occupational Health Care Limited

Personal Effectiveness Centre Limited

Bupa Occupational Health Limited

Bupa Wellness Group Limited

Addleisure PLC