



Please complete in typescript,  
or in bold black capitals

CHFP025

# 288a

## APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change  
of particulars (use Form 288c))

Company Number

06172268

Company Name in full

ADD WELLNESS HOLDINGS LIMITED

Date of  
appointment

Day Month Year  
2 9 1 0 2 0 0 7

† Date of  
Birth

Day Month Year  
1 2 0 1 1 9 4 3

Appointment form  
Appointment as director

☒

as secretary

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes.

NAME

\*Style / Title

MR

\*Honours etc

Notes on completion  
appear on reverse

Forename(s)

MICHAEL

Surname

WARSHAW

Previous  
Forename(s)

Previous

Surname(s)

Usual residential  
address ††

804 THE PAVILIONS, ST JOHNS WOOD ROAD

†† Tick this box if the  
address shown is a  
service address for  
the beneficiary of a  
Confidentiality Order  
granted under the  
provisions of section  
723B of the  
Companies Act 1985



Post town

LONDON

Postcode

NW8 7HF

County / Region

LONDON

Country

UK

† Nationality

BRITISH

† Business occupation

COMPANY DIRECTOR

† Other directorships  
(additional space overleaf)

SEE OVERLEAF

I consent to act as \* director / ~~secretary~~ of the above named company

\* Voluntary details  
† Directors only

\*\*Delete as appropriate

Consent signature

Date

30/10/2007

A director, secretary etc must sign the form below.

Signed

Date

30/10/2007

(\*\* a director / ~~secretary~~ / ~~company director~~ / ~~company secretary~~ / ~~company director and secretary~~)

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be visible to searchers of the  
public record.

Finers Stephens Innocent LLP  
179 Great Portland Street, London,  
W1W 5LS

Tel 020 7323 4000

DX number DX 42739 DX exchange Oxford Circus North

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland

DX 235 Edinburgh  
or LP - 4 Edinburgh 2



code

\*A2HI3UJR\*

A02

10/11/2007

539

COMPANIES HOUSE

SATURDAY

**Company Number**

06172268

† Directors only

† Other directorships

BRIDGE APPROACH LIMITED

SUMMERCROFT LIMITED

THE PAVILIONS LIMITED

AVIAWISE LIMITED

**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company