

000010/30

363a

Please complete in typescript, or in bold black capitals.

Annual Return

CHFP000

Company number

06157824

Company name in full

BIND DINING LIMITED

Date of this return

The information in this return is made up to

Day Month Year
1 3 03 12 00 09

Date of next return

If you wish to make your next return to a date earlier than the anniversary of this return please show that date here. Companies House will then send a form at the appropriate time.

Day Month Year
/ / /

Registered Office

Show here the address at the date of this return

Any change of registered office must be notified on form 287

Post town

County/Region

UK Postcode

ROUTHORNE + CO
10 PINCHBECK ROAD
SPALDING
LINCOLNSHIRE
PE 11 1P 2L

Principal business activities

Show trade classification code number(s) for the principal activity or activities

If the code number cannot be determined, give a brief description of principal activity

6 5530 5540



A26

ABCA9ETN

09/11/2009

141

COMPANIES HOUSE

When you have completed and signed the form please send it to the Registrar of Companies at
Companies House, Crown Way, Cardiff, CF14 3UZ
for companies registered in England or Wales or
Companies House, 139 Fountainbridge, Edinburgh, EH3 9FF
For companies registered in Scotland

DX 33050 Cardiff

DX ED235 Edinburgh 1
or LP-4 Edinburgh 2

Register of members

If the register of members is not kept at the registered office, state here where it is kept

Post town

County/Region

UK Postcode

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept

Post town

County/Region

UK Postcode

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please tick the appropriate box

Company Secretary

Details of a new company secretary must be notified on form 288a

* Voluntary details
(Please photocopy this area to provide details of joint secretaries).

Name *Style/Title

Forename(s)

Surname

Address ††

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

Post town

County/Region

UK Postcode

Country

If a partnership, give the names and addresses of the partners or the name of the partnership and office address

Directors

Please list the directors in alphabetical order

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title

ME

Date of birth

Day Month Year

1 3 10 8 11 9 17 16

Forename(s)

BEN

Surname

SMITH

Address ††

FLAT 7, 169 KINGS ROAD

Post town

READING

County/Region

BERKSHIRE

UK Postcode

RG1 1 4 6 XL

Country

ENGLAND

Nationality

BRITISH

Business occupation

RESTAURANT MANAGER

Directors

Please list the directors in alphabetical order

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title

MR

Date of birth

Day Month Year

1 4 10 2 11 9 15 1

Forename(s)

IAN

Surname

GLYN

Address ††

THE INNOCENTS, BERRICK
SALOME

Post town

REXSON

County/Region

OXFORDSHIRE

UK Postcode

OX1 1 10 16 5 RL

Country

ENGLAND

Nationality

BRITISH

Business occupation

COMPANY DIRECTOR

[illegible]

1990 1991 1992 1993 1994

DATE _____

BY _____

1. *Journal of the American Medical Association*, 1997; 277: 1033-1037.

1990

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1. The first group of respondents (n = 10) was composed of students who had completed the course and were currently employed in a related field. The second group (n = 10) was composed of students who had completed the course and were currently employed in a non-related field. The third group (n = 10) was composed of students who had completed the course and were currently unemployed. The fourth group (n = 10) was composed of students who had completed the course and were currently employed in a related field. The fifth group (n = 10) was composed of students who had completed the course and were currently employed in a non-related field. The sixth group (n = 10) was composed of students who had completed the course and were currently unemployed. The seventh group (n = 10) was composed of students who had completed the course and were currently employed in a related field. The eighth group (n = 10) was composed of students who had completed the course and were currently employed in a non-related field. The ninth group (n = 10) was composed of students who had completed the course and were currently unemployed. The tenth group (n = 10) was composed of students who had completed the course and were currently employed in a related field.

1. The first step is to identify the problem or question that needs to be answered. This involves understanding the context and the specific requirements of the task.

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1. *Chlorophyll a* and *Chlorophyll b* were determined by the method of Arar and Collins (1971).

Journal of Interpersonal Violence

[illegible]

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Issue share capital
Enter details of all the shares in issue at the date of this return

Class (e.g. Ordinary/Preference)

Number of shares issued

Aggregate Nominal Value

(i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)

| | | |
|----------|--------|--------|
| ORDINARY | 10,000 | 10,000 |
| | | |
| | | |
| | | |
| Totals | 10,000 | 10,000 |

Traded public companies

A traded public company means a company any of whose shares are shares admitted to trading on a regulated market

Please tick this box if your company was a traded public company at any time during the period of this return

☐

List of past and present shareholders

(use attached schedule where appropriate)

Please tick the appropriate box below:

On paper In another format

Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns.

A full list of shareholders for a private or non-traded public company is enclosed. **Please complete Schedule A.**

☒ ☐

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.

A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. **Please complete Schedule B.**

☐ ☐

A list containing shareholder changes is enclosed

☐ ☐

→ For private or non-traded public companies, please complete **Schedule A**

→ For traded public companies, please complete **Schedule B**

There were no shareholder changes in this period

☒

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief

Signed

Daniel Edward MacDonald

Date

6/11/09

* Please delete as appropriate

*(director / secretary)

When you have signed the return, send it with the fee to the Registrar of Companies. Make cheques payable to Companies House.

This return includes

☐

continuation sheets

(enter number)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

DANIEL EDWARD MACDONALD

DX number

0003

DX exchange

8561112

Directors

Please list the directors in alphabetical order

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name

*Style/Title

MR

Day Month Year

Date of birth

2 7 10 11 19 50

Forename(s)

DANIEL EDWARD

Surname

MACDONALD

Address ††

~~111-1111111111111111~~

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

17 CRAWFORD CLOSE, LONGBLE

Post town

READING

County/Region

BERKSHIRE

UK Postcode

RG6 6 1 7 P E L

Country

ENGLAND

Nationality

BRITISH

Business occupation

RESTAURANT MANAGER

Details of new directors must be notified on form 288a

Directors

Please list the directors in alphabetical order

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name

*Style/Title

Day Month Year

Date of birth

/ / / / / /

Forename(s)

Surname

Address ††

☐

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Post town

County/Region

UK Postcode

/ / / / / / / /

Country

Nationality

Business occupation

Directors

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name *Style/Title

Day

Month

Year

Date of birth

Forename(s)

Surname

Address ††

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Post town

County/Region

UK Postcode

Country

Nationality

Business occupation

Directors

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

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Name *Style/Title

Day

Month

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Date of birth

Forename(s)

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Address ††

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Post town

County/Region

UK Postcode

Country

Nationality

Business occupation

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List of past and present shareholders

(Please use a continuation sheet if required)

Company number 016157824

Company name in full B'N D DINING

- Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all company shareholders on:
 - The company's first annual return following incorporation
 - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Do not give shareholder address information

[illegible]

List of past and present shareholders

[illegible]

This must only be completed by companies that have traded on a regulated market and must show the details of shareholders who held at least 5% of the issued shares of any class of the company at any time during the period

Schedule B
for traded public companies
List of past and present shareholders

Company number

Company name in full

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a list of all company shareholders who held at least 5% of the issued shares of any class of the company on:
 - The company's first annual return following incorporation
 - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

| Shareholder's name and address | Class and number of shares or amount of stock held | Shares or amount of stock transferred
(if appropriate) | |
|--|--|---|----------------------------------|
| | | Class and number of shares or amount of stock transferred | Date of registration of transfer |
| Name

Address

UK Postcode L L L L L L L L | | | |
| Name

Address

UK Postcode L L L L L L L L | | | |
| Name

Address

UK Postcode L L L L L L L L | | | |
| Name

Address

UK Postcode L L L L L L L L | | | |

Schedule B
for traded public companies
(continuation sheet)
List of past and present shareholders

Company number _____

| Shareholder's name and address | Class and number of shares or amount of stock held | Shares or amount of stock transferred
<i>(if appropriate)</i> | Date of registration of transfer |
|--|--|--|----------------------------------|
| | | Class and number of shares or amount of stock transferred | |
| Name

Address

UK Postcode L L L L L L L L | | | |
| Name

Address

UK Postcode L L L L L L L L | | | |
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