# Registered Number 06144314

## THE OXFORD MINDFULNESS FOUNDATION

## **Abbreviated Accounts**

31 March 2014

#### Abbreviated Balance Sheet as at 31 March 2014

	Notes	2014	2013
		£	£
Current assets			
Debtors		46,762	15,004
Cash at bank and in hand		473,215	303,368
		519,977	318,372
Creditors: amounts falling due within one year		(199,903)	(81,670)
Net current assets (liabilities)		320,074	236,702
Total assets less current liabilities		320,074	236,702
Total net assets (liabilities)		320,074	236,702
Reserves			
Income and expenditure account		320,074	236,702
Members' funds		320,074	236,702

- For the year ending 31 March 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 27 June 2014

And signed on their behalf by:

Dr John Peacock, Director

#### Notes to the Abbreviated Accounts for the period ended 31 March 2014

### 1 Accounting Policies

## Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008, the Statement of Recommended Practice "Accounting and Reporting by Charitiew" issued in March 2005 (SORP2005) and the Companies Act 2006.

## **Turnover policy**

Income comprises investment income, fees from teaching, and donations. Investment income and fees from teaching and training are accounted for when receivable. Donations and grants are only included in the accounts when the charity has unconditional entitlement to them.

### Tangible assets depreciation policy

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, as follows:

Computers and Office Equipment 25% Straight Line

#### Other accounting policies

Resources Expended - All expenditure is accounted for on an accruals basis. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. Costs of generating funds comprises the costs associated with attracting voluntary income. Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity.

Taxation - The charity is a charitable institution with exemption from UK taxation under Chapter 3 of Part 11 of the Corporation Taxes Act 2010.

Fund Accounting - Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subject to restrictions on their expenditure imposed by the donor or grantor.

#### 2 Company limited by guarantee

Company is limited by guarantee and consequently does not have share capital.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.