

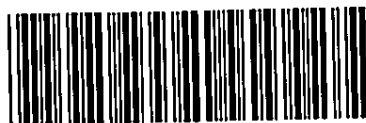
REGISTERED NUMBER: 6127530 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2009

FOR

A & R HEALTHCARE LIMITED

THURSDAY



A05 *AFP1WH1T* 298
28/01/2010
COMPANIES HOUSE

A & R HEALTHCARE LIMITED

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FOR THE YEAR ENDED 31ST MARCH 2009

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A & R HEALTHCARE LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31ST MARCH 2009

DIRECTOR:	A Yaqub
SECRETARY:	Mrs R Yaqub
REGISTERED OFFICE:	5 Snowdrop Close Helmshore Lancashire BB4 6NH
REGISTERED NUMBER:	6127530 (England and Wales)
ACCOUNTANTS:	A.U. Chauhan & Co Chartered Accountants 108A High Street Edgware, Middlesex, HA8 7HF
BANKERS:	Abbey Business Banking Business Banking Centre Abbey National House 301 St Vincent Street Glasgow G2 5HN

A & R HEALTHCARE LIMITED

ABBREVIATED BALANCE SHEET
31ST MARCH 2009

	Notes	2009 £	2008 £
FIXED ASSETS			
Intangible assets	2	35,833	37,833
Tangible assets	3	750,039	767,784
		<u>785,872</u>	<u>805,617</u>
CURRENT ASSETS			
Debtors		18,752	26,136
Cash at bank and in hand		1,947	8,498
		<u>20,699</u>	<u>34,634</u>
CREDITORS			
Amounts falling due within one year	4	245,654	219,110
NET CURRENT LIABILITIES		<u>(224,955)</u>	<u>(184,476)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>560,917</u>	<u>621,141</u>
CREDITORS			
Amounts falling due after more than one year	4	603,224	617,272
NET (LIABILITIES)/ASSETS		<u>(42,307)</u>	<u>3,869</u>
CAPITAL AND RESERVES			
Called up share capital	5	1	1
Profit and loss account		(42,308)	3,868
SHAREHOLDERS' FUNDS		<u>(42,307)</u>	<u>3,869</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31st March 2009.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2009 in accordance with Section 249B(2) of the Companies Act 1985.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

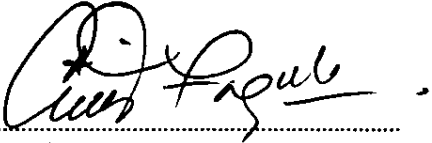
The notes form part of these abbreviated accounts

A & R HEALTHCARE LIMITED

ABBREVIATED BALANCE SHEET - continued
31ST MARCH 2009

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the director on 27 January 2010 and were signed by:

A handwritten signature in black ink, appearing to read 'A Yaquub', is written over a horizontal dotted line.

A Yaquub - Director

The notes form part of these abbreviated accounts

A & R HEALTHCARE LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2009

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2007, is being amortised evenly over its estimated useful life of twenty years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 20% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1st April 2008	
and 31st March 2009	40,000
AMORTISATION	
At 1st April 2008	2,167
Charge for year	2,000
At 31st March 2009	4,167
NET BOOK VALUE	
At 31st March 2009	35,833
At 31st March 2008	37,833

A & R HEALTHCARE LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 31ST MARCH 2009

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st April 2008	786,923
Additions	1,740
	<hr/>
At 31st March 2009	788,663
	<hr/>
DEPRECIATION	
At 1st April 2008	19,139
Charge for year	19,485
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At 31st March 2009	38,624
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NET BOOK VALUE	
At 31st March 2009	750,039
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At 31st March 2008	767,784
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4. CREDITORS

Creditors include an amount of £617,373 (2008 - £629,621) for which security has been given.

They also include the following debts falling due in more than five years:

	2009 £	2008 £
Repayable by instalments		
Bank Loans - Due over 5 Years	539,192	561,043
	<hr/>	<hr/>

5. CALLED UP SHARE CAPITAL

Authorised:				
Number:	Class:	Nominal value:	2009 £	2008 £
1,000	Ordinary	£1	1,000	1,000
			<hr/>	<hr/>
Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	2009 £	2008 £
1	Ordinary	£1	1	1
			<hr/>	<hr/>