

RICHARDSONS

Please complete in typescript, or in
bold black capitals.

CHFP135

Company number

6077088

Company name in full

Care Clinics Limited

Date of this return

The information in this return is made up to

Day

Month

Year

0 1 / 0 2 / 2 0 0 9

Date of next return

If you wish to make your next return to a date
earlier than the anniversary of this return
please show that date here. Companies
House will then send a form at the
appropriate time.

Day

Month

Year

/ / / / /

Registered Office

Show here the address at the date of
this return.

30 Upper High Street

Any change of
registered office
must be notified
on form 287.

Post town

Thame

County/Region

Oxfordshire

UK Postcode

O X 9 3 T Q

Principal business activities

Show trade classification code number(s) for
the principal activity or activities.

8514

If the code number cannot be determined,
give a brief description of principal activity.



A10

AGO148B2

20/03/2009

110

COMPANIES HOUSE

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UX

DX 33050 Cardiff

for companies registered in England or Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

For companies registered in Scotland

or LP-4 Edinburgh 2

FRIDAY

10/08

000008/30
363a**Annual Return**

Register of members

If the register of members is not kept at the registered office, state here where it is kept.

Post town

Country/Region

UK Postcode

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept.

Post town

Country/Region

UK Postcode

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please tick the appropriate box

Company Secretary

Details of a new company secretary must be notified on form 288a.

* Voluntary details.
(Please photocopy this area to provide details of joint secretaries).

Name *Style/Title

Forename(s)

Surname

Address ††

Post town

Country/Region

UK Postcode

Country

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

If a partnership, give the names and addresses of the partners or the name of the partnership and office address.

Directors'

Please list the directors in alphabetical order.

* Voluntary details.

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Details of new directors must be notified on form 288a.

☐	Name	*Style/Title	Ms									
			Day	Month		Year						
	Date of birth	0 4 / 0 6 / 1 9 6 4										
	Forename(s)		Jacqueline									
	Surname		Fletcher									
	Address ††		21 Hitchin Lane									
	Post town		Clifton									
	County/Region		Bedfordshire									
	UK Postcode		S G 1 7 5 R S									
	Country		United Kingdom									
Nationality		British										
Business occupation		Principal Lecturer										

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Directors

Please list the directors in alphabetical order.

* Voluntary details.

Details of new directors must be notified on form 288a.

☐	Name	*Style/Title	Mr									
			Day	Month		Year						
	Date of birth	3 0 / 1 2 / 1 9 5 2										
	Forename(s)		Keith Gordon									
	Surname		Harding									
	Address ††		33 Waterloo Road									
	Post town		Penylan									
	County/Region		Cardiff									
	UK Postcode		C F 2 3 9 B J									
	Country		United Kingdom									
Nationality		British										
Business occupation		Director										

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Issued share capital

Enter details of all the shares in issue at the date of this return.

Class (e.g.
Ordinary/Preference)

**Number of shares
issued**

**Aggregate Nominal
Value**

(i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)

Ordinary £1

244

£244.00

Totals

244

£244.00

Please tick this box if your company was a traded public company at any time during the period of this return

☐

List of past and present shareholders

(use attached schedule where appropriate)

Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns.

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.

Please tick the appropriate box below:

On paper

In another
format

A full list of shareholders for a private or non-traded public company is enclosed. **Please complete Schedule A.**

☒
☐

A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. **Please complete Schedule B.**

☐
☐

A list containing shareholder changes is enclosed

☐
☐

→ For private or non-traded public companies, **please complete Schedule A**

→ For traded public companies, **please complete Schedule B**

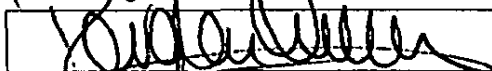
There were no shareholder changes in this period

☐

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed



Date

9/03/09

* Please delete as appropriate

When you have signed the return, send it with the fee to the Registrar of Companies. Make cheques payable to Companies House.

This return includes

2

continuation sheets.

(enter number)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Richardsons - 30 Upper High Street

Thame, Oxfordshire OX9 3EZ

DX number

DX exchange

Directors

Please list the directors in alphabetical order.

* Voluntary details.

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Details of new directors must be notified on form 288a.

Name	*Style/Title	Dr									
		Day		Month		Year					
Date of birth		2	9	/	0	3	/	1	9	6	1
Forename(s)		Douglas									
Surname		Queen									
☐	Address ††	35 Rosedale Road, Unit 4									
Post town											
County/Region		Toronto									
UK Postcode		M	4	W		2	P	S			
Country		Canada									
Nationality		British									
Business occupation		Director/Secretary									

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Directors

Please list the directors in alphabetical order.

* Voluntary details.

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Details of new directors must be notified on form 288a.

Name	*Style/Title	Prof									
		Day		Month		Year					
Date of birth		2	6	/	0	8	/	1	9	5	2
Forename(s)		Peter									
Surname		Vowden									
☐	Address ††	Broxholme, 13 Staveley Road, Nab Wood									
Post town		Shipley									
County/Region		West Yorkshire									
UK Postcode		B	D	1	8	4	H	D			
Country		United Kingdom									
Nationality		British									
Business occupation		Vascular Surgeon									

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Directors

Please list the directors in alphabetical order.

* Voluntary details.

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Details of new directors must be notified on form 288a.

☐	Name	*Style/Title	Mrs									
			Day	Month		Year						
	Date of birth		0	1	/	0	7	/	1	9	5	5
	Forename(s)		Kathryn									
	Surname		Vowden									
	Address ††		Broxholme, 13 Staveley Road, Nab Wood									
	Post town		Shipley									
	County/Region		West Yorkshire									
	UK Postcode		B	S	1	8	4	H	D			
	Country		United Kingdom									
Nationality		British										
Business occupation		Consultant Nurse										

Directors

Please list the directors in alphabetical order.

* Voluntary details.

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

Details of new directors must be notified on form 288a.

☐	Name	*Style/Title										
			Day	Month		Year						
	Date of birth				/			/				
	Forename(s)											
	Surname											
	Address ††											
	Post town											
	County/Region											
	UK Postcode											
	Country											
Nationality												
Business occupation												

This must only be completed by private and public limited companies that have not traded on a regulated market

Schedule A for private or non-traded public companies List of past and present shareholders

(Please use a continuation sheet if required)

Company number **6077088**

Company name in full **Care Clinics Limited**

- Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all company shareholders on:
 - The company's first annual return following incorporation
 - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Do not give shareholder address information

Shareholders' details		
Name	Mrs Jacqueline Fletcher	
Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate) Class and number of shares or amount of stock transferred	Date of registration of transfer
Ordinary £1 34		

Shareholders' details		
Name	Mr Keith Gordon Harding	
Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate) Class and number of shares or amount of stock transferred	Date of registration of transfer
Ordinary £1 84		

Shareholders' details		
Name	Dr Douglas Queen	
Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate) Class and number of shares or amount of stock transferred	Date of registration of transfer
Ordinary £1 84		

Schedule A
for private or non-traded public companies
(continuation sheet)
List of past and present shareholders

Company number 6077088

Shareholders' details		
Name	Mrs Kathryn Vowden	
Shares or amount of stock transferred (if appropriate)		
Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer
Ordinary £1 21		

Shareholders' details		
Name	Mr Peter Vowden	
Shares or amount of stock transferred (if appropriate)		
Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer
Ordinary £1 21		