

VOLUNTARY ACTION MERTHYR TYDFIL
(A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES
AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

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Registered Company Number : 06058360

Registered Charity Number : 1118403

VOLUNTARY ACTION MERTHYR TYDFIL
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2019

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**VOLUNTARY ACTION
MERTHYR TYDFIL
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MERTHYR TUDFUL**

TRUSTEES' REPORT FOR YEAR ENDED 31 MARCH 2019

1 ADMINISTRATIVE INFORMATION

Charity and Company Name

Voluntary Action Merthyr Tydfil

Charity Registration Number

1118403

Company Registration Number

6058360

Registered Office and Operational Address

89/90 Pontmorlais, High Street, Merthyr Tydfil, CF47 8UH

Names of Directors

Anne Roberts Chair

Helen Thomas Vice Chair

Paul Gray Treasurer

Brian Lewis (until 16th November 2018 then co-opted 4th February 2019)

Nicola Mahoney

Maria Thomas (until 23rd July 2018)

Huw Williams (until 16th November 2018)

Ruth Hopkins

Mark Ward

Kayleigh Nor-Val (from 16th November 2018)

Michelle Jones (from 16th November 2018)

Amber Lewis (from 16th November 2018)

Suzanne Davies (co-opted from 23rd July 2018)

Chief Officer and Company Secretary

Ian Davy

Independent Examiners

Williams Ross Limited, 4 Ynys Bridge Court, Gwaelod y Garth, Cardiff, CF15 9SS

Bankers

HSBC, 127 – 128 High Street, Merthyr Tydfil

2 ACCOUNTABILITY AND GOVERNANCE

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2019 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Voluntary Action Merthyr Tydfil is an incorporated association and a registered charity. The current company / charity became operational on 1 October 2007 with assets and liabilities transferred from the old charity (registered number 1060242).

Directors/Trustees are recruited and appointed in accordance with the articles and memorandum of association. Nominations are invited from the members of the company/charity and are elected at the AGM. The Officers are elected by the Board.

No outside party can nominate trustees but the elected trustees may co-opt members in accordance with the constitution.

3 OBJECTIVES

2018/19 marked the 22nd year of operation of Voluntary Action Merthyr Tydfil.

The objectives are in accordance with the service specification for Third Sector Support Wales (TSSW) as agreed with Welsh Government. TSSW is a consortium comprised of Wales Council for Voluntary Action and the nineteen County Voluntary Councils in Wales. As such, VAMT continues to receive a contribution towards its core activities from Welsh Government via Wales Council for Voluntary Action.

There are Core Service Standards associated with VAMT's role as a County Voluntary Council. They are;

- Volunteering
- Good governance
- Sustainable funding
- Engagement and influencing

The objectives are furthered by additional core funding from Merthyr Tydfil County Borough Council and Cwm Taf University Health Board.

In furtherance of both the organisations key strategic and charitable aims some projects have been developed, such as;

- Cwm Taf University Health Board continue to provide part funding for a Health and Well Being Facilitator role
- The Welsh Government Integrated Care Fund (via Cwm Taf University Health Board) has provided continued funding for two Community Coordinators, a Cwm Taf Community Capacity Fund and other grant funding for third sector projects administered by VAMT.
- The Rural Development Programme has provided funding for a Digital Support project
- Providing an information and advice role in support of the Calon Las Community Hub in Gurnos

4 PUBLIC BENEFIT

The trustees consider the charitable activities of the organisation to ensure that they provide benefit to the public. In shaping our objectives for the year and planning our activities the trustees always ensure that the programmes we undertake are in line with our main objective which is to promote all or any purposes for the benefit of the community deemed by law to be charitable and in particular the advancement of education, the furtherance of health and the relief of poverty, distress and sickness.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the aims and objectives as they have overall responsibility for implementation of the Strategic Plan and monitor and scrutinise the Operational Plan.

5 ACHIEVEMENTS AND PERFORMANCE

5.1 Key Performance Indicators

During the year, all Third Sector Support Wales organisations (including VAMT) developed a single integrated Customer Relationship Management (CRM) system which includes functionality to record and monitoring activity. The CRM became operational from 1st October 2018. However, the mid-year implementation means that it is likely that the performance indicators reflect an under reporting in the first half of the year.

Total number of interactions with organisations/stakeholders	344
Number of volunteers placed supported	72
Number of Third Sector organisations provided with direct advice/support	107
Number of Third Sector organisations referred to specialist support	1
Amount of funding received by Third Sector organisations following support	£140,371
Amount of funding provided through grants schemes administered by VAMT	£181,674
Number of attendees at forums and events organised by VAMT	561
Number of participants at training courses provided	74
Total membership	285

VAMT was awarded the **quality assurance** mark PQASSO May 2018.

5.2 Summary of operational progress towards objectives in the VAMT Strategic Plan

Strategic Aim 1 - Enable third sector organisations to deliver services, improve in all aspects of their work and become resilient

- Four copies of **Inform magazine** were published, one in each quarter and are available on the VAMT website. A healthy supply of articles continues to be provided by third sector organisations who wish to promote their activities to others. Comments received with regard to the editions include:
"I want to thank you for the fantastic exposure you have given Sported in the September edition of your Inform magazine"
"I've seen the Inform article, and thrilled with it, thanks for the opportunity!"
"Pleased to receive the latest copy of Inform. Always full of useful advice, signposting for services and useful tips".
- **Social Media**
 - The VAMT News blog continues to be well used. There were 154 posts during the year, 1,882 users and 3,203 page views
 - VAMT Twitter has 1,725 followers. In the year there were 43,501 tweets impressions (reach), 141 new followers and 350 mentions
 - VAMT Facebook has 396 followers/likes and there were 175 posts during the year
 - The VAMT website had 5,968 users visit the site and 13,282 page views during the year.

- **Governance support** has been provided to;
 - Pontsticill Memorial Hall in developing as a Charitable Incorporated Organisation (CIO)
 - Trefechan OAP Association regarding their constitution
 - Parent organisations regarding model CIO documents, jointly with Interlink, Coalfields Regeneration Trust and WCVA
 - The NHS Retirees Group
 - @Play to register as a CIO
 - A revamped older persons group in south Merthyr Tydfil to constitute
 - Friends of Saron in potential asset transfer
 - St David's Church to discuss setting up a group at its new community facility
 - An event held with Coalfields Regeneration Trust and Interlink with regard to community asset transfer and managing community buildings
 - Assist TAG to complete a cashflow forecast for the next three years as required for a community asset transfer application
 - Support the Trecatti (Dowlais) Charitable Trust to review constitution, and governance arrangements, and with recruitment of new local trustees
 - Constitutional advice to Welsh Warriors Arm Wrestling Club.
 - A national charity, providing extensive support in response to concerns on governance, safeguarding and financial matters and providing a comprehensive report and recommendations to the charity's trustees.
- A **Merthyr Tydfil Food Poverty Alliance** has been established following an approach by the South Wales Food Poverty Network. All local social landlords, Merthyr Tydfil CBC and Cwm Taf Health Board attended an initial meeting. A workshop with Food Sense was held in February and was well attended with 12 organisations represented. It was agreed to submit a grant application to Food Power nationally for a launch event to be held in summer 2019 and a series of "table talks" in the north, mid and south of the borough in order to allow the development of a food champion network made up of "experts by experience".
- **Training** courses were delivered on Safeguarding, Better Bids, First Aid and Health and Safety
- As part of the **TSSW Landfill Tax grant scheme**, following training, assessments of Landfill Tax Fund applications were undertaken for the two bidding rounds during the year.
- The **Big Lottery Fund** held monthly surgeries at the VAMT offices until December 2018 which were well attended and designed to increase the number and quality of applications from Merthyr Tydfil.
- The new **TSSW Funding Wales** portal <https://funding.cymru/> is up and running and has been promoted to the third sector.
- The **Community Capacity Grant Scheme** was promoted across the membership of both VAMT and Interlink. VAMT administered the scheme and 50 applications were received. Nine projects were awarded funding totalling £90,445. In addition, a specific project for carers was awarded £12,328. New projects were supported at a Welcome Meeting, outlining grant requirements, including attending bespoke training around a Wellbeing Toolkit to measure outcomes.
- In addition, a **grants scheme for autism related projects** was administered with delivery of the 7 projects during 2018/19. VAMT managed the delivery of this scheme with a total value of £68,521 being awarded.
- In the second half of the year, VAMT and Interlink were invited to contribute, on behalf of third sector, to a Cwm Taf wide bid to Welsh Government for **ICF Dementia funding**. Two distinct but complementary components were proposed for third sector delivery - a specific Coordinator with outline responsibilities for developing Dementia Friends/Friendly Communities and also a grant scheme (administered by VAMT) to introduce new projects to respond to unmet need. Regarding the Coordinator discussions were held with relevant third sector partners and a lead organisation, Gofal, was appointed in December.
- VAMT and Interlink worked with partners and supported a Cwm Taf **ICF Capital Investment** bid to Welsh Government. A range of third sector schemes were included, and subsequently approved for support. In Merthyr Tydfil, this included a Major Capital Projects for the Wellbeing Centre in Gellideg (£25,000) to enhance access. Also, from Discretionary Capital projects, it was intended that VAMT administered a

Community Capacity Capital Grants Scheme of £100,000. Although proposals were agreed, this was not achieved as the community groups did not have the financial means to fund their individual capital works in advance of being able to draw down funding. Welsh Government would not provide the funding in advance.

- VAMT and interlink secured ICF funding for **Befriending Services**. Four organisations supported, RVS, Volunteering Matters, Valleys Kids and Age Connects Morgannwg. VAMT collated quarterly reports and submitted them to the commissioner. In Quarter 3, it was identified that **British Red Cross Positive Steps** funding would cease in December 2018. A case was presented to the SSWB Partnership Board, and secured £10,000 to sustain project until the next financial year. This enabled the service to continue without disruption, and BRC have since achieved sustainable funding for the project via the Moondance Foundation for delivery of service for 2019-20.
- The **Merthyr Tydfil Community Trust** awarded small grants totalling £3,180 to 11 local organisations. VAMT acts as the secretariat for the Trust. In October, VAMT staff undertook to organise this fundraiser in their own time. The event was held in October at West End Bowls Club and raised almost £1,200 for the Trust.
- VAMT actively promoted the 10th Anniversary **Crystal Trophy** and participated in a multiagency panel to determine the prize winners who each presented at an Awards Ceremony.
First prize: Women's Aid RCT - Athena Project (£1,000) plus the crystal trophy
Second prize: Merthyr & the Valleys MIND - Safe Space Project (£750)
Third prize: Merthyr Tydfil Housing Association - Active Families Project (£500)
- In partnership with Interlink, the July meeting of the **Cwm Taf Social Value Network** focussed on loneliness and isolation. The December event focussed on Children & Young People and presentations included ACEs, Children's Commissioner information on "The Right Way – a Children's Right" approach in Wales and a young carer gave insight into her lived experiences and how this might influence the transformation of services. Other young people presented on their development of a substance misuse leaflet using meaningful involvement and a co-production approach. 54 people attended, and through evaluation 80% reported an increase in knowledge and understanding of services, and having expanded their networks. Plans have been made for a spring event in April to be held in Merthyr Tydfil which will be in collaboration with Bridgend colleagues, as the Social Value Forum in future will need to reflect the new Cwm Taf Morgannwg region.
- VAMT supported the **Funders Fayre** organised by the MP and the AM in Merthyr Tydfil. There were 7 direct enquiries at the event which were followed up.
- A **Volunteering Wales** Roadshow was hosted by VAMT to promote the revised grants scheme on behalf of Cwm Taf. 20 groups attended to receive information with regard to making applications to the fund.
- **Twynrodyn Action Group (TAG)** were supported with developing their financial systems helped with grant application budgets. TAG has since applied for substantive grants to develop a range for successful projects for young people.
- Supported Treharris Boys and Girls Club in producing their **annual accounts** and completed Heartbeat 95's accounts in October 2018.
- Day to day **financial support** provided to MTIB and SMT on a formal contractual basis.
- A **Digital Support Project** continued during the year and concluded in March. A total of 25 groups engaged in this project across Cwm Taf. The project evaluation told us that groups most valued the one to one support on agreed areas of learning, help with filling in lottery application for IT devices, setting up on social media, training on laptop use and general IT training. 2 groups were supported with registering on the Just Giving website. In addition, through support from the project Rhigos Youth club has been successful in gaining £4371 of lottery funding.

Strategic Aim 2 - Strengthen representation and influence of third sector organisations

- A **“Round Table with Dawn Bowden AM”** was held in July and attended by 21 participants. This event specifically for the third sector kicked off Dawn Bowden’s research in to local health and social care services. She agreed to present her findings to the VAMT AGM in November which she did as a launch of her draft report. It was very well received by the audience.
- Four meetings were held of the **Health, Social Care and Wellbeing Forum** leading up to October. There were 101 attendees in total.
Presentations included: Universal Credit Full Service for Merthyr, 2Wish Upon a Star, the role of third sector in delivering the SSWBA - lessons from research, “Measuring the Mountain”: understanding social care, Welsh Government Business Support for Social Care Providers, Community Zone Pilot, Reconnect 50, Digital Communities Wales and the MTIB LEAP project. Survey Monkey was used to gain feedback from attendees after each meeting. They told us:
“presentations are always informative and current”
“the information exchange enables me to be kept up to date with the work of local partners that I probably wouldn’t get to hear about without the Forum”.
“it’s very useful to find out about the work of other organisations and how we might link with them to improve referrals
- Two meetings of the **Children and Young Peoples Voluntary Organisations Forum (CYPVOF)** were held in April and July with 26 attendees. Topics were GDPR, Families First, the Youth Support Services Plan, Fit and Fed project, Counselling Service and The Parent Network. A third meeting was held in October focussing on play and school nursing which 8 people attended. At that meeting the Chief Officer stated that the Forum would no longer continue because of falling numbers and staff capacity (see next paragraph).
- The **Health & Wellbeing Forum** developed as a merger of the previous CYPVOF and Health, Social Care & Wellbeing Forum. It meets every two months and the mailing lists have been merged. The first meeting of the new Forum was held in December. It discussed The Parent Network and third sector training and was attended by 13 participants. The February Forum was attended by 28 participants who received formal presentations from Merthyr Tydfil Leisure Trust and also Cwm Taf UHB around their approach to identifying and supporting Carers throughout the region. Attendees continue reporting value of the information sharing section of the Agenda and the networking space provided after the meeting.
- The **50+ Forum** was co-facilitated and co-delivered in April with MTCBC staff. VAMT organised the speakers and information stands for the event. This was a platform for dialogue with council and cabinet members who were present. Also prioritised requests from organisations for attendance at future events and agreed a set of actions to address. 80+ people attended the event and new members were added to the Forum. In September, supported the **50+ Forum** “Loneliness & Isolation” event by organising speakers / stands and delivering a presentation on Community Coordinator service. 80+ people attended. In December and March, supported both **50+ Forum** events by organising speakers and stall holders. 50+ people in attendance at both events.
- 181 people attended **Dementia Friends** sessions delivered in Quarter 1. All are now Dementia Friends and have pledged to wear their badges and spread awareness of dementia. Sessions were delivered to 33 PCSO’s, the Reablement Team at KHHP, 20 training Physiotherapists at Cwm Taf UHB, staff at Georgetown Fish Bar, tenants of an MVH sheltered scheme and CAB staff. They have received their certificates from the Alzheimer’s Society.
- The **Environment and Green Spaces Network** met in October attended by 15 participants. The event focussed on the proposals for the Valleys Regional Park
- An event called **“Strategy Schmategy”** was held in September in response to third sector organisations telling VAMT that they were not fully aware of various public sector strategies and partnership arrangements on a local and regional basis. 29 people attended the event which mapped out the landscape and how the third sector can engage.
- A **“Conversation on Caring”** event was organised to re-establish a platform for engaging with carers and/or providers of carers services. 15 people attended, representing, carers, organisations and statutory partners. An update was provided to the Cwm Taf Carers Partnership Board to feed into the action plan. From this event a **Cwm Taf Carers Provider Forum** has been established with some funding from Cwm Taf UHB to support the Forum.

- VAMT are engaged in the following **local partnerships**;
 - Town Centre Partnership
 - Social Economy Network
 - Tackling Poverty Strategic Group - an engagement event for the Third Sector was held in June on the **Merthyr Tydfil Tackling Poverty Strategy**. There were 31 participants and written responses made to MTCBC.
 - **Early Help Hub** - attended workshop in November to discuss and agree a revised working model for Families First / Team Around the Family in Merthyr Tydfil. Key third sector organisations were present. This has resulted in the proposal to develop an Early Help Hub in 2019 and VAMT will be involved in the Operational Group.
 - Merthyr Tydfil GP Cluster
 - Youth Support Services Partnership
 - Get Merthyr Online
 - **Gurnos Community Zone** Implementation Group – VAMT have been engaged in supporting this development and were involved in planning and delivery of community consultation meeting which was held in October. VAMT is a member of the Implementation Group which began meeting in October and will meet on a monthly basis. VAMT has worked with the Lead Officer on the introduction of an Advice & Information Officer role which will be managed by VAMT.
- VAMT are engaged in the following **regional partnerships**;
 - Cwm Taf **Public Service Board** (PSB) - the Cwm Taf Wellbeing Plan was published by the PSB in May. The Chair of VAMT is lead representative with the Chief Officer as the alternate.
 - The Chief Officer was appointed as the lead for the “**Tackling Loneliness and Isolation**” objective and reports directly to the Public Service Board. A draft plan was developed with the Social Value Forum and a project plan was approved by PSB in July. The first meeting of a Loneliness and Isolation Reference Group was held in September attended by 24 participants. A survey launched following this meeting and 58 responses were received. A second meeting of the Group was held in November and attended by 24 participants and heard feedback from the survey and research as well as a workshop on proposals. Following this a summary report was prepared in late December which summarises the evidence, success factors and recommendations for presentation to both the PSB and the Social Services and Wellbeing Partnership. The three main recommendations are being progressed, i.e. developing a shared strategic approach to social prescribing, improving befriending services and developing community run support.
 - Cwm Taf Information, Communication and Involvement Group
 - Community Zones Strategic Group
 - Cwm Taf Community Safety Partnership
 - Cwm Taf SSWBA Partnership Board and Transformation Leadership Group
 - Cwm Taf SPB - Joint Workforce Development Project
 - Cwm Taf Learning Disabilities Group and sub groups
 - Valleys Life Steering Group
 - Cwm Taf Carers Strategic Partnership Board
 - Cwm Taf Health Board - Stakeholder Reference Group
 - Cwm Taf Operational Immunisation Group
 - Cwm Taf Reducing Inequalities Group
 - Cwm Taf Safeguarding Board
 - Cwm Taf Together for Mental Health (T4MH) Partnership Board
 - Cwm Taf Local Action Group (RDP)
 - RCT GP Cluster Groups x4

Strategic Aim 3 – Enhance volunteering and wellbeing through participation and community action

- 72 potential **volunteers** have been interviewed face to face and supported. The number of interviews is less than in previous years and can be attributed to the reduction in staff capacity this year and that Jobcentre Plus issued a contract to another organisation which has resulted in losing VAMT's direct relationship with their customers. However, renewed contact with the Job Centre was made in February and a weekly outreach has been rearranged. In March alone, 13 people have been interviewed with 2 of them starting volunteering.

- 134 individuals from Merthyr Tydfil have directly registered on the **Volunteering Wales** website during the year.
- Support was provided to 16 organisations with regard to **volunteer recruitment**. They were Reconnect 50, Welcome Friends, Hospice of the Valleys, South Wales Fire and Rescue Service, Stephens and George Charitable Trust, Cruse Bereavement, Greyhound Rescue charity shop, Communities 4 Work, Friends of Merthyr Tydfil Youth Music, Vine Tree, Shalom Ministries (homeless shelter), RNIB, Mid Wales Local Justice Area (Magistrates Bench), Age Connects Morgannwg, Merthyr Mendicants and Merthyr Tydfil County Borough Council Waste Services Re-use Shop.
- **Good practice in volunteering** - assistance given to Friends of Merthyr Tydfil Youth Music, Witness Services, Hospice of the Valleys, Get Merthyr Online, Inspire to Work, South Wales Fire & Rescue, Stephens & George Charitable Trust, Home Start and Shalom Ministries, Re-use Furniture Scheme and Merthyr Mendicants. They were given information sheets and offered ongoing support to develop policies.
- VAMT worked with the Merthyr Tydfil Borough Wide Youth Forum to deliver the **Youth Led Grants Scheme**. The grant money was awarded to 4 groups, namely Twynrodyn Action Group, Stephens and George Charitable Trust, Bedlinog Youth Group and MTBWYF. Additional money was secured later in the year and further monies allocated to 5 more projects. They were Dowlais Engine House, Stephens and George Charitable Trust, Gellideg Foundation Group, MTBWYF and Twynrodyn Action Group.
- A **Volunteering Fair** was held in October at Merthyr Tydfil College. 20+ organisations attended, with a huge number of enquiries from college students, staff and members of the public. Visitors were primarily college students and staff although some staff from MTCBC also visited. Because of the location of the event (in the College foyer) it was not possible to count the number of participants but it was clearly busy and feedback on the day from organisations was very positive.
- Two outreach events took place in June as part of **Volunteers Week**, one at EE and the other at the Welsh Government offices in Merthyr Tydfil. Leaflets and information regarding volunteering were given out to members of staff on both days. Planning has taken place for two outreach events which are hoped to be held as part of Volunteers Week in June 2019. The aim is promote volunteering and to target two major stores, namely Marks & Spencer and Tesco.
- The **Community Coordinators** project has continued on a Cwm Taf basis in partnership with Interlink.
 - Provide information, advice and assistance via a range of methods;
 - 12 monthly bulletins issued
 - 2816 leaflets / posters distributed to pharmacies, to community members and across the health and social care sector
 - 71 presentations to 261 people including the Crisis Team, Stay Well at Home team, pharmacy branch staff, health colleagues including Practice Nurse training, sheltered schemes and community groups
 - 301 individuals signposted to third sector services and activities such as Parkinson's UK, Stroke, carers support, MatvMIND and other community activities
 - 349 referrals received for individual support for issues such as benefits checks, dementia support and social support.
 - Support individuals to maintain their health and wellbeing. Support voluntary organisations and/or community groups to develop capacity;
 - 11 flu myth busting sessions delivered to community groups in this period with 93 people attending. Raised awareness of shingles vaccination due to low levels of take up in Merthyr Tydfil. 10.2% average rise in take up in the 12 month period up to March 2019
 - 5 flu promo sessions held at GP surgeries resulted in 11 patients agreeing to reconsider having a flu jab
 - Brokered 5 different organisations to attend a total of 19 sessions at GP Flu Clinics to help them raise awareness with patients of the support and services they provide and to build relationships with Primary Care
 - 6 Cervical Screening awareness sessions providing information to nearly 70 people
 - 15 people attended the launch of the Samaritans Cymru "Working with Compassion" toolkit
 - "Virtual Ward Round" (VWR) - supported on a weekly basis providing referral and signposting for patients as part of a multi-disciplinary team. There is evidence that there has been a shift in professionals using third sector in their work outside. During the year the Community Coordinator attended 40 VWR sessions, reviewing cases for 145 patients as part of multi- disciplinary team.

- 67 of these patients (46%) received support via referral or signposting to a third sector organisation or community group. A total of 86 referrals/ signposts were made.
- 17 new initiatives supported/developed;
 - Provided information, advice and support for a community member to connect with RVS with a view to re-establishing a social support group (Stay Young at Heart)
 - Actively supported a new befriending project, Reconnect 50+, hosted by Safer Merthyr Tydfil, funded by ICF, through marketing and brokering referrals
 - Worked with Men's Sheds Cymru with a view to establishing a Men's Shed movement in Merthyr Tydfil. Brokering links and connections with third sector providers
 - Connected "Friends Against Scams" with 5 local community groups to deliver their training
 - Supported "The Autism Directory" to deliver autism awareness training for 3 GP Practices and 2 Primary Care Clusters and to have regular presence at Dewi Sant Hospital
 - Directly brokered CAB into GP Practices and reached agreement for regular outreach services to be delivered. Outreach sessions now being delivered at 3 GP Practices
 - Supported British Liver Trust to raise their profile and make local connections via the third sector Health, Social Care and Wellbeing Forum
 - Worked with Rhondda Cluster and Cwm Taf UHB to organise and deliver a third sector showcase / open day at YCR, brokering in 10 third sector organisations with a view to them having a permanent slot at the hospital in future to engage directly with patients
 - Brokered support for Homestart to engage in acute and community hospital settings with a view to increasing their volunteer base
 - Supported the development of community hub and resource room at Dewi Sant. Many third sector organisations now using the facility regularly
 - Supported HAFAL to promote revamped services by linking with local GP Practices, arranging a room at Dewi Sant
 - Worked in partnership with Drink Wise Age Well to arrange a free Christmas lunch event for lonely / isolated. Used our client base to target invitations
 - Supported Osteoporosis Support group to raise awareness of their activities and to link in with Dewi Sant Hub to coincide with use of DEXA Scanner
 - Provided information on community based bereavement peer support groups to Merthyr Primary Care Cluster for them to consider funding to help establish a group in Merthyr with MIND
 - Support new Diabetes Prevention Programme in Cwm Taf by providing information for signposting patients
 - Support set up of new MS Society group in Merthyr Tydfil by linking with Ty Cwm Extra Care facility
 - Worked with Taff Ely cluster to employ a new Well Being Coordinator funded by the Cluster based on Community Coordinator model
 - Make appropriate referrals for individuals to engage with lifelong learning opportunities and deliver sessions to raise awareness of the project and to promote the third sector;
 - 121 people referred into training programmes, Dementia Friends sessions, first aid, food hygiene
 - 2 staff induction programmes supported for new Well Being Coordinators - Cynon Cluster and Taff Ely Cluster
 - 14 Dementia Friends training sessions brokered including a session for 25 Public Health Wales staff at their staff training event
 - 6 Autism Awareness training sessions arranged for GP Practice and Primary Care Cluster staff
 - 9 information stalls held, Carers Conference, Merthyr College, 50+ Forum x 4, World Mental Health Day, Ferndale Hub Health & Well Being event, Older Person's Commissioner's visit
 - Provide appropriate information, advice and assistance to enable connection with third sector services and activities
 - 210 referrals made to third sector and statutory service. Issues addressed included befriending, financial support, carers support, aids and adaptations, Alzheimer's, Parkinson's and Stroke specialised support, cleaning services and bereavement counselling
 - Continue to map the third sector. Arrange and deliver third sector awareness raising events;
 - 9 new groups identified and promoted
 - 4 network events arranged and supported - co-facilitated and co delivered 4 x 50+ Forum
 - Supported the Annual Carers Conference at Coleg Y Cymoedd and had an information stand at the event
 - Supported Care & Repair "Managing Better" event Arranged Samaritans Cymru event to launch their "Working with Compassion" toolkit – 15 people attended

- Connected Cardiff University research project with Rhondda 50+ Forum – 4 volunteers recruited. Also connected with 3 local 3rd sector orgs to review and feedback on new cancer awareness promotional materials
- 8 referrals were made to Care & Repair, including one for a new handrail to be fitted to outside steps to enable client to continue to live independently.
- **Community Zone (CZ)** - VAMT entered into a Service Agreement with Merthyr Tydfil County Borough Council for the provision of a part time Information & Advice Officer to be based at the Community Zone in Merthyr Tydfil. The new incumbent took up post in January 2019. The post holder has developed systems and processes to support CZ staff and visitors, including booking of rooms for outreach/ community events. By adopting a "What Matters" approach the IA Officer has supported 9 individuals with direct advice/information and signposting to other services, including training opportunities; food bank vouchers, benefits advice and homelessness services. Further, the IA Officer has brokered four new organisations into the Community Hub to provide direct advice and information on a regular basis. These are Citizens Advice, Barod, Drink Wise Age Well and The Parent Network who will be delivering weekly group activities for Carers of people living with dementia. A Coffee Morning was held on 12th March for staff based at the Hub. This gave opportunity to update them about the Information & Advice Officer role and how an IAA service will develop, consult with them around the Hub refurbishment programme, and consult with them on the re-naming and branding of the facility. 15 individuals attended across all tenants and gave support for the role, and agreement was reached for further meetings to be held in order to give regular updates.

6 PLANS FOR FUTURE PERIODS

Priorities include;

- VAMT will collaborate with Interlink RCT and BAVO (Bridgend Association of Voluntary Organisations) concerning regional partnerships and joint service delivery on the new Cwm Taf Morgannwg regional footprint
- Increasing organisational development support for local organisations
- Providing support to people wishing to volunteer
- Continuing to represent the sector at all levels of public partnerships
- Actively engaging in the ongoing implementation of the Social Services and Well Being Act and the need to support and develop community support
- Actively engaging in the furtherance of the Cwm Taf Well Being Plan and in particular focussing on delivering initiatives to tackle loneliness and isolation and development of volunteering
- Fully engaging in Integrated Care Fund projects including the Community Coordinators, third sector grants schemes and others
- Supporting the Calon Las Community Hub (Gurnos)
- Secure the Voluntary Action Centre premises for the longer term

7 FINANCIAL REVIEW

Principal Funding Sources

VAMT derives its funding from a variety of sources. The principal sources are the Welsh Government, Merthyr Tydfil County Borough Council and Cwm Taf University Health Board.

Financial results and reserves

There is an overall deficit for the year under review of £190,747 as set out in the Statement of Financial Activities on page 13 of the accounts:

- The deficit on unrestricted funds of £55,147, after transfers between funds, resulted mainly from planned restructuring costs incurred during the year.
- The apparent deficit on restricted funds of £135,600, after transfers between funds, simply reflects the timing differences between the receipt of funding which came in at the end of the

previous year and the related expenditure of those funds which took place during the year under review.

At the end of the year VAMT had total funds of £581,679 built up over the years which include unrestricted funds of £539,655.

Based upon current budgets it is anticipated that there will be a surplus generated for the financial year ending 31 March 2020 subject to any unexpected events.

Financial risk assessment

The trustees of the charity regularly review and update the charities Risk Register which has a specific section on financial risk.

Pay Policy for Senior Staff

VAMT has an organisational policy which relates job roles to job groupings and an associated pay scale. Senior staff are incorporated in that policy. The spinal column points on the pay scales relate to the nationally agreed local government NJC scales (based on the rates as of 1st April 2017).

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The charity trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue on that basis.

The Management Committee are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ascertain to ensure that the financial statements comply with the Companies Act 2006. The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Management Committee are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Statement as to disclosure to our Independent Examiners

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant information of which the company's independent examiners are unaware;
- and

- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's independent examiners are aware of that information.

Approved by the Board of Trustees on 30/9/19 and signed on its behalf by:

Anne Roberts
Chair

A handwritten signature in black ink, appearing to read 'A Roberts', written in a cursive style.

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF VOLUNTARY ACTION MERTHYR TYDFIL

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2019, which are set out on pages 14-27.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act

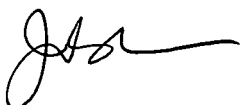
Independent's examiner's report

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those accounting records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)]

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John Chown FCA
for and on behalf of
Williams Ross Limited
Chartered Accountants

4 Ynys Bridge Court
Gwaelod Y Garth
Cardiff
CF15 9SS

Date: 08/11/19

VOLUNTARY ACTION MERTHYR TYDFIL

**STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

YEAR ENDED 31 MARCH 2019

		Unrestricted	2019 Restricted	Total	2018 Total
		£	£	£	£
Income	Note				
Donations and legacies		-	-	-	2,000
Income from charitable activities:					
Grants and contracts	2	187,328	498,676	686,004	1,340,531
Management fees		45,024	7,493	52,517	76,023
Income from other trading activities:					
Rent and accommodation income		59,502	-	59,502	62,060
Telephone and postage recharged		2,753	-	2,753	4,507
Training & financial income		17,109	-	17,109	14,714
				-	
Investment income		2,218	-	2,218	1,699
				-	
Other income		3,246	-	3,246	17,109
Total income		317,180	506,169	823,349	1,518,643
Expenditure					
Expenditure on charitable activities	3	374,849	639,247	1,014,096	1,701,796
Total Expenditure		374,849	639,247	1,014,096	1,701,796
Net (Expenditure)/ Income for the Year	6	(57,669)	(133,078)	(190,747)	(183,153)
Transfers between Funds		2,722	(2,722)	-	-
Net Movement in Funds		(54,947)	(135,800)	(190,747)	(183,153)
Funds Brought Forward		594,802	177,624	772,426	955,579
Funds Carried Forward		539,855	41,824	581,679	772,426

The statement of financial activities includes all gains and losses in the year.

All income and expenditure derive from continuing activities.

VOLUNTARY ACTION MERTHYR TYDFIL

BALANCE SHEET

AS AT 31 MARCH 2019

	Note	2019 £	2018 £
Fixed Assets			
Tangible fixed assets	10	<u>261,838</u>	<u>282,125</u>
Current Assets			
Debtors	11	105,209	244,333
Cash at bank and in hand		<u>370,195</u>	<u>558,910</u>
		475,404	803,243
Liabilities: Amounts falling due within one year	12	<u>155,563</u>	<u>312,942</u>
Net Current Assets		319,841	490,301
Net Assets		<u><u>581,679</u></u>	<u><u>772,426</u></u>
Funds			
Unrestricted income funds	13	539,855	594,802
Restricted income funds	13	41,824	177,624
Total Funds		<u><u>581,679</u></u>	<u><u>772,426</u></u>


The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.


The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and preparation of accounts.

These accounts have been prepared in accordance with the provision applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Approved by the Board of Trustees on 30/9/19 and signed on its behalf by



 Anne Roberts
 Chair



 Paul Gray
 Treasurer

COMPANY REGISTRATION NUMBER: 06058360

The notes on pages 17 to 27 form part of the financial statements

VOLUNTARY ACTION MERTHYR TYDFIL

STATEMENT OF CASH FLOWS

YEAR ENDED 31 MARCH 2019

	Note	2019 £	2018 £
Cash used in operating activities	19	<u>(113,467)</u>	<u>(170,115)</u>
Cash flows from investing activities			
Interest income		2,218	1,699
Purchase of tangible fixed assets		(8,507)	(4,826)
Cash provided by (used in) investing activities		<u>(6,289)</u>	<u>(3,127)</u>
Cash flows from financing activities			
Repayment of borrowing		-	-
Cash used in financing activities		<u>-</u>	<u>-</u>
Increase/ (decrease) in cash and cash equivalents in the year		(119,756)	(173,242)
Cash and cash equivalents at the beginning of the year		488,990	662,232
Total cash and cash equivalents at the end of the year	20	<u><u>369,234</u></u>	<u><u>488,990</u></u>

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

1 Accounting Policies

a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Voluntary Action Merthyr Tydfil meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. Annual budgets are prepared and monitored closely throughout the year.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

b) Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time provided to the charitable company is not recognised and refer to the trustees' report for more information about their contribution.

c) Income

Income is recognised in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year which they are receivable.
- Investment income is included when receivable.
- Incoming resources from charitable trading activity are accounted for when earned.

d) Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Restricted funds are income which has a specific purpose and the income must be used for the purpose or project it has been given.

e) Expenditure and irrecoverable VAT

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is included in the accounts on an accruals basis. Expenditure has been split between unrestricted and restricted funds and analysed between functions. The latter allocation has been performed on a percentage basis derived from the time spent on such activities by the Charity's employees, or directly where possible. Resources expended include attributable VAT which cannot be recovered.

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

1 Accounting Policies (cont)

f) Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation. The costs of minor additions costing below £200 are not capitalised.

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:

Freehold property	NIL
Leasehold property	Straight line over length of lease
Fixtures, fittings and equipment	25% straight line

g) Leasing

Rentals applicable to operating leases are charged to the Statement of Financial Activities over the period in which the cost is incurred.

h) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the activities of the charity. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Financial instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

m) Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

1 Accounting Policies (cont)

n) Premises costs

The premises costs are calculated using the total cost of the running costs for the premises at 89/ 90 High Street, which is then allocated between the tenants of the building and VAMT by floor area that each organisation utilises. The VAMT rental is allocated to each project using the hours worked by each member of staff.

o) Grants paid

The Community Voice Project is a consortium of seven projects which are project managed by VAMT and funded by the Big Lottery Fund. Six of the projects are grant funded to external organisations and are administered by VAMT. The grants are approved by the Big Lottery Fund.

A range of organisations received awards via the Community Capacity Grant Scheme. A multi-agency panel approved the applications and this was endorsed by the Cwm Taf Social Services & Wellbeing Partnership Board.

The Gwirvol youth led grants are small grants made to youth organisations decided on by a panel made up of young people.

2 Income from charitable activities	Unrestricted £	Restricted £	2019 Total £	2018 Total £
Grants and contracts				
WG Infrastructure Partnership Agreement	141,610		141,610	144,824
Cwm Taf University Health Board	20,718		20,718	20,718
Merthyr Tydfil CBC - core grant	25,000		25,000	25,000
Building Stronger Bridges - Cwm Taf Health Board		37,080	37,080	37,080
Gwirvol User Led grant		9,124	9,124	4,000
Big Lottery Fund - Community Voice			-	147,756
Communities First South Cluster			-	364,957
ICF grants		248,500	248,500	248,685
ICF - 5 Ways to Wellbeing		35,000	35,000	40,000
ICF Community Capacity Grants Scheme		60,000	60,000	60,000
ICF Befriending Services		-	-	135,000
ICF - Carers grant		15,000	15,000	19,000
RDP - Digital Support		33,661	33,661	23,511
ICF - Integrated Autism Services		-	-	70,000
ICF - Dementia		51,000	51,000	-
Community Zone		9,311	9,311	-
	<u>187,328</u>	<u>498,676</u>	<u>686,004</u>	<u>1,340,531</u>

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

3 Analysis of expenditure on charitable activities

	Basis of Allocation	2019 £	2018 £
Premises	Direct	36,138	62,110
Cleaning and repairs	Direct	19,589	23,973
Subscriptions and registrations	Direct	312	1,324
Advertising and publications	Direct	4,086	7,991
Professional fees and consultancy	Direct	-	-
Insurance	Direct	4,231	4,412
Management charges	Direct	52,518	74,061
Big Lottery - Community Voice	Direct	-	109,059
ICF grants	Direct (Note 4)	431,850	612,455
Gwirvol grants	Direct	7,434	1,628
Bank charges and interest	Direct	634	460
Support costs	Direct (Note 5)	408,304	679,529
Governance costs	Direct (Note 5)	16,325	25,211
Development costs	Direct	3,881	11,426
Tutor costs	Direct	-	59,697
Grants returned	Direct	-	-
Sundry costs	Direct	-	-
Depreciation	Direct	28,794	28,460
		<u>1,014,096</u>	<u>1,701,796</u>

4 Grant making

The Community Capacity Grant Scheme is funded via the Welsh Government Integrated Care Fund and VAMT continues to administer this on behalf of the Cwm Taf Social Services & Wellbeing Partnership Board. The Grant Scheme aims to support a range of beneficiary groups and outcomes including combatting isolation and loneliness, and having a positive impact on health, wellbeing and independence.

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

5 Analysis of support and governance costs

				2019	2018
	Basis of Allocation	General support	Governance	Total	Total
		£	£	£	£
Staff costs	Staff time	343,501	14,525	358,026	602,905
Office costs	Direct	25,096		25,096	37,005
Computer expenses	Direct	15,051		15,051	13,401
Motor and travel	Direct	5,738		5,738	19,095
Recruitment and training	Direct	4,697		4,697	2,780
Trustees and volunteers expenses	Direct	225		225	41
Accountancy Fees	Direct	-	1,800	1,800	6,960
Legal and professional fees	Direct	6,210	-	6,210	17,379
Other costs	Direct	7,786	-	7,786	5,174
		<u>408,304</u>	<u>16,325</u>	<u>424,629</u>	<u>704,740</u>

6 Net income for the year

	2019	2018
	£	£
This is stated after charging:		
Depreciation	<u>28,794</u>	<u>28,460</u>
Accountants' remuneration:		
Fees payable for accounts and Independent examination	<u>1,800</u>	<u>-</u>
	<u>1,800</u>	<u>-</u>
Auditors' remuneration:		
Fees payable for audit of accounts	-	6,600
Other assurance services	-	360
	<u>-</u>	<u>6,960</u>

7 Staff costs and cost of key management personnel

	2019	2018
	£	£
Wages and salaries	307,957	515,204
Social security costs	23,894	42,624
Pension costs	26,175	45,077
	<u>358,026</u>	<u>602,905</u>

No employees had employee benefits in excess of £60,000 (2018: nil). Pension costs are allocated to activities in proportion to the related staffing costs incurred and are wholly charges to unrestricted funds.

The management team of the charity are made up of the Chief Officer and Administration and Finance Manager. The total employee benefits of the key management personnel were £92,148 (2018: £129,383).

8 Staff numbers

The average number of employees, analysed by function, was:

	2019	2018
Costs of raising funds	2	2
Charitable activities	12	16
	<u>14</u>	<u>18</u>

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

9 Taxation

The company is a registered charity whose income relates to its primary purpose and therefore no tax charges have arisen.

10 Tangible Fixed Assets

	Freehold Property £	Leasehold Property £	Fixtures, Fittings, Equipment £	Total £
Cost				
At 1 April 2018	87,979	427,433	89,278	604,690
Additions	-	-	8,507	8,507
Disposals	-	-	-	-
At 31 March 2019	<u>87,979</u>	<u>427,433</u>	<u>97,785</u>	<u>613,197</u>
Accumulated Depreciation				
At 1 April 2018	-	245,953	76,612	322,565
Charge for Year	-	21,372	7,422	28,794
On Disposals	-	-	-	-
At 31 March 2019	<u>-</u>	<u>267,325</u>	<u>84,034</u>	<u>351,359</u>
Net Book Value				
At 31 March 2019	<u>87,979</u>	<u>160,108</u>	<u>13,751</u>	<u>261,838</u>
At 31 March 2018	<u>87,979</u>	<u>181,480</u>	<u>12,666</u>	<u>282,125</u>

11 Debtors

	2019 £	2018 £
Trade debtors	14,769	12,581
Other debtors	89,059	229,072
Prepayments and accrued income	1,381	2,680
	<u>105,209</u>	<u>244,333</u>

12 Liabilities: Amounts falling due within one year -

	2019 £	2018 £
Bank overdraft	961	69,920
Trade creditors	9,372	16,765
Accruals	10,024	16,879
Taxation and social security	5,808	12,334
Other creditors	129,398	197,044
	<u>155,563</u>	<u>312,942</u>

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

13 Movements of charitable funds

	Balance At 1/4/ 2018 £	Income £	Expenditure £	Transfers Between Funds £	Balance At 31/3/2019 £
Restricted funds					
Building Stronger Bridges	-	44,573	(52,916)	8,343	-
Workstep	785	-	(785)	-	-
Gwirvol user-led grants	580	9,124	(9,704)	-	-
World Mental Health Day	382	-	(200)	-	182
Community Voice (MAGNET)	11,665	-	(42)	(11,623)	-
Intermediate Care Fund - Staff	4,000	248,500	(252,607)	107	-
ICF Community Capacity	-	60,000	(59,615)	-	385
ICF- 5 Ways to Wellbeing	-	35,000	(35,000)	-	-
Care Home Education	2,490	-	-	-	2,490
ICF Befriending Services	116,722	-	(99,873)	-	16,849
ICF - Carers grant	41,000	15,000	(44,295)	-	11,705
RDP - Digital Support	-	33,661	(34,112)	451	-
ICF - Dementia	-	51,000	(47,366)	-	3,634
Community Zone	-	9,311	(2,732)	-	6,579
Total restricted funds	177,624	506,169	(639,247)	(2,722)	41,824
Unrestricted Funds					
General	594,802	317,180	(374,849)	2,722	539,855
	594,802	317,180	(374,849)	2,722	539,855
Total Funds	772,426	823,349	(1,014,096)	-	581,679

Purposes of restricted funds

Building Stronger Bridges - Cwm Taf University Health Board

Part of a national project to improve the relationship between the voluntary sector and the NHS.

Workstep

A grant given from Merthyr Tydfil Institute for the Blind which provides support in jobs for people with disabilities.

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

13 Restricted Funds

Gwirvol User-Led Grants

Gwirvol grants have been given to all CVC's to encourage youth led projects.

World Mental Health Day

The fund is made up of income from sponsorship and fundraising events which will fund the World Mental Health Day events. VAMT is in receipt of the fund which is managed by the World Mental Health Steering Group.

Community Voice (MAGNET)

Funded by the BIG Lottery Community Voice programme, the purpose of the project is to increase the voice of citizens and especially those who are most marginalised in local policy and planning processes. It also aims to combat negative images of Merthyr Tydfil.

Intermediate Care Fund

The Intermediate Care Fund supported the employment of a team of Community Co-ordinators, 2 of whom are hosted by VAMT. The roles provide information, advice and signpost statutory partners and citizens to voluntary sector services and activities which benefit individuals aged 65+.

Intermediate Care Fund - Community Capacity Grant Scheme

Funded by the Intermediate Care Fund, VAMT administered a £120,000 Neighbourhood Capacity Grant Scheme which funded 12 projects who demonstrated significant impact in reducing isolation and loneliness, promoting healthy lifestyles and wellbeing, preventing unnecessary hospital admissions and supporting hospital discharge.

Care Home Education

This funding is to support delivery of education about end of life care within Care Homes. It will focus on developing awareness and leadership at care home management level, as well as general awareness across other staffing groups.

ICF- 5 Ways to Wellbeing

Using the five principles of wellbeing: give, learn, connect, take notice and be active, this bespoke project uses highly skilled volunteers to deliver activities to older people who are resident in sheltered housing complexes, to enhance their overall wellbeing. This fund is managed by Merthyr and the Valleys MIND.

ICF Befriending Services

Funding is provided to improve loneliness and isolation in the 50+ population by providing befriending services via one-to-one and group sessions.

Carers Grant

This grant is provide preventative services which support and enhance the wellbeing of carers.

Rural Development Programme - Digital Support

The project will provide digital support and skills to voluntary and community organisations and also recruit volunteers to provide a legacy of ongoing support for digital inclusion.

ICF Dementia

Grant funding for third sector organisations providing dementia care in the Cwm Taf Region.

Community Zone

For provision of Community Development and Information, Advice & Assistance support to the Community Zone within the Gurnos.

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

14 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	261,838	-	261,838
Net current assets	278,017	41,824	319,841
Total funds	<u>539,855</u>	<u>41,824</u>	<u>581,679</u>

15 Contingent liabilities

There were no contingent liabilities at 31 March 2019 (2018 - Nil).

16 Trustees' remuneration and expenses

For the year ended 31 March 2019 no Trustee nor any person with a connection with a Trustee received any remuneration from the Charity (2018 - Nil). No travelling and other incidental expenses (2018 - £9) were reimbursed to the trustees (2018 - 1).

17 Related party transactions

Nicola Mahoney, a trustee and Chief executive Officer of Safer Merthyr Tydfil contracts with VAMT to undertake the finance function for the organisation.

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

18 Lease Commitments

The charitable company has non cancellable operating leases with an annual commitment expiring:

	2019	2018
	£	£
Buildings		
- > 5 years	52	52
Plant and equipment		
- within 1 year	-	-
- within 2 > 5 years	-	-

19 Reconciliation of net movement in funds to net cash flow from operating activities

	2019	2018
	£	£
Net movement in funds	(190,747)	(183,153)
Add: Depreciation	28,794	28,460
Less: Interest income shown in investing activities	(2,218)	(1,699)
Decrease/ (Increase) in debtors	139,124	(105,399)
(Decrease)/ Increase in creditors	(88,420)	91,676
Net cash used in operating activities	(113,467)	(170,115)

20 Analysis of cash and cash equivalents

	2019	2018
	£	£
Cash in hand	1,080	1,080
Notice deposits (less than 3 months)	369,115	557,830
Overdraft facility repayable on demand	(961)	(69,920)
Total cash and cash equivalents	369,234	488,990

VOLUNTARY ACTION MERTHYR TYDFIL

NOTES TO THE ACCOUNTS

YEAR ENDED 31 MARCH 2019

21 Comparative Statement of Financial Activities - Year ended 31 March 2018

	Unrestricted	Restricted	Total
	£	£	£
Income			
Donations and legacies	2,000	-	2,000
Income from charitable activities:			
Grants and contracts	190,542	1,149,989	1,340,531
Management fees	68,523	7,500	76,023
Income from other trading activities:			
Rent and accommodation income	62,060	-	62,060
Telephone and postage recharged	4,507	-	4,507
Training income	14,714	-	14,714
Investment income	1,699	-	1,699
Other income	5,260	11,849	17,109
Total income	349,305	1,169,338	1,518,643
Expenditure			
Expenditure on charitable activities	360,979	1,340,817	1,701,796
Total Expenditure	360,979	1,340,817	1,701,796
Net (Expenditure)/ Income for the Year	(11,674)	(171,479)	(183,153)
Transfers between Funds	490	(490)	-
Net Movement in Funds	(11,184)	(171,969)	(183,153)
Funds Brought Forward	605,986	349,593	955,579
Funds Carried Forward	594,802	177,624	772,426