

REGISTERED NUMBER: 06038326 (England and Wales)

Abbreviated Accounts for the Year Ended 31 December 2008

for

Nicola Jones Coaching Limited

THURSDAY



A35 *AP1ALBSY* 23/07/2009 9
COMPANIES HOUSE

Nicola Jones Coaching Limited

Contents of the Abbreviated Accounts
for the Year Ended 31 December 2008

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

Nicola Jones Coaching Limited

Company Information
for the Year Ended 31 December 2008

DIRECTOR:

Mrs N Jones

SECRETARY:

S Jones

REGISTERED OFFICE:

Ground Floor
45 Brunswick Place
Hove
East Sussex
BN3 1ND

REGISTERED NUMBER:

06038326 (England and Wales)

ACCOUNTANTS:

Wood & Associates LLP
Chartered Certified Accountants
Spectrum House
96a Coleridge Street
Hove
East Sussex
BN3 5AA

Nicola Jones Coaching Limited

Abbreviated Balance Sheet
31 December 2008

	Notes	31.12.08 £	£	31.12.07 £	£
FIXED ASSETS					
Tangible assets	2		-		512
CURRENT ASSETS					
Debtors		1,672		3,747	
Cash at bank		138		3,551	
		<u>1,810</u>		<u>7,298</u>	
CREDITORS					
Amounts falling due within one year		<u>5,955</u>		<u>5,017</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(4,145)</u>		<u>2,281</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(4,145)</u>		<u>2,793</u>
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			<u>(4,146)</u>		<u>2,792</u>
SHAREHOLDERS' FUNDS			<u>(4,145)</u>		<u>2,793</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 December 2008.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The director acknowledges her responsibilities for:

- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the director on 29/6/09 and were signed by:


.....
Mrs N Jones - Director

The notes form part of these abbreviated accounts

Nicola Jones Coaching Limited

Notes to the Abbreviated Accounts
for the Year Ended 31 December 2008

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 33% on cost
Fixtures and fittings	- 10% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **TANGIBLE FIXED ASSETS**

	Total £
COST	
At 1 January 2008	733
Disposals	(733)
	<hr/>
At 31 December 2008	-
	<hr/>
DEPRECIATION	
At 1 January 2008	221
Eliminated on disposal	(221)
	<hr/>
At 31 December 2008	-
	<hr/>
NET BOOK VALUE	
At 31 December 2008	-
	<hr/>
At 31 December 2007	512
	<hr/>

3. **CALLED UP SHARE CAPITAL**

Authorised:				
Number:	Class:	Nominal value:	31.12.08	31.12.07
			£	£
1,000	Ordinary	£1	1,000	1,000
			<hr/>	<hr/>
Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	31.12.08	31.12.07
			£	£
1	Ordinary	£1	1	1
			<hr/>	<hr/>

Nicola Jones Coaching Limited

Notes to the Abbreviated Accounts - continued
for the Year Ended 31 December 2008

4. RELATED PARTY DISCLOSURES

Mrs N Jones, the sole director, was the controlling party throughout the current and previous period.

As at 31 December 2008, Mrs N Jones, was owed £5,299 by the company. The loan is interest free with no set repayment terms.

As at 31 December 2008 the company was owed Nil (2007 - £3,630) by Neon Coaching Limited, a company in which the director, Mrs N Jones, is also a director.