

COMPANY NUMBER:  
6038326

NICOLA JONES COACHING LIMITED

ABBREVIATED STATUTORY FINANCIAL STATEMENTS

FOR THE PERIOD FROM 29TH DECEMBER 2006 TO 31ST DECEMBER 2007

RUSSELL HEATH ACCOUNTANTS  
CHARTERED MANAGEMENT ACCOUNTANTS  
ENTERPRISE HOUSE  
126-127 BUTE STREET  
CARDIFF  
CF10 5LE

THURSDAY



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20/03/2008

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COMPANIES HOUSE

NICOLA JONES COACHING LIMITED  
REPORTS AND FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31ST DECEMBER 2007

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**NICOLA JONES COACHING LIMITED**

**ABBREVIATED BALANCE SHEET**

**AT 31ST DECEMBER 2007**

	<b>Note</b>	<b>2007</b>	
		£	£
<b>Fixed assets</b>			
Tangible Assets	2		512
<b>Current assets</b>			
Debtors		3,747	
Cash at bank and in hand		3,551	
		<u>7,298</u>	
<b>Creditors</b>			
Amounts falling due within one year		(5,017)	
<b>Net current assets</b>			<u>2,281</u>
<b>Total assets less current liabilities</b>			<u>2,793</u>
<b>Net assets</b>			<u>2,793</u>
<b>Capital and reserves</b>			
Called up share capital	3		1
Profit and loss account			<u>2,792</u>
<b>Shareholders' funds</b>			<u>2,793</u>

In the opinion of the director the company is entitled to claim exemptions from audit by virtue of subsection (1) of Section 249A of the Companies Act 1985. Members have not required the company, under s 249B(2) of the Companies Act 1985, to obtain an audit for the period ended 31st December 2007. The director is responsible for ensuring that the company maintains accounting records in compliance with Section 221 of that Act and for preparing accounts which give a true and fair view of the affairs of the company as at the end of the financial period and of its profit or loss for the period then ended in accordance with Section 226, and which comply with the other requirements of the Act relating to the accounts so far as applicable to the company.

In preparing these abbreviated financial statements the director has taken advantage of the special provisions of Part VII of the Companies Act 1985 relating to small companies.

Approved by the board of directors on 12th March 2008 and signed on its behalf


  
 x ..... x
   
 Nicola Jones

The annexed notes form part of these financial statements

NICOLA JONES COACHING LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31ST DECEMBER 2007

1 **Accounting policies**

The accounts have been prepared under the historical cost convention

**Cashflow statement**

The company has taken advantage of the exemption provided by Financial Reporting Standard 1 and has not prepared a cash flow statement for the period.

**Turnover**

Turnover represents the net invoiced sales of executive and personal coaching services

**Depreciation and diminution in value of assets**

Depreciation is calculated using the straight line method on the gross values of fixed assets without any deduction for government grants. The following rates are used

Plant & Machinery	33 1/3%
Fixtures & Fittings	10%

**Deferred taxation**

Deferred Taxation is provided on the liability method in respect of the taxation effect of all timing differences to the extent that tax liabilities are likely to crystallise in the foreseeable future.

2 **Tangible fixed assets**

	Total £
Cost	
Additions	733
	<hr/>
At 31st December 2007	733
	<hr/>
Depreciation	
Charge for the period	221
	<hr/>
At 31st December 2007	221
	<hr/>
Net book value:	
At 31st December 2007	512
	<hr/> <hr/>

NICOLA JONES COACHING LIMITED

NOTES TO THE FINANCIAL STATEMENTS (Continued)

FOR THE PERIOD ENDED 31ST DECEMBER 2007

3 Share capital

	2007
	£
Authorised	
Authorised Share Capital	1,000
	<u>          </u>
	£
Allotted, called up and fully paid	
Issued and Fully Paid	1
	<u>          </u>