



Please complete in typescript,
or in bold black capitals.

CHFP096

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

6038326

Company Name in full

NICOLA JONES COACHING LIMITED

Date of
appointment

Day Month Year

2 9 1 2 2 0 0 6

†Date of
Birth

2 0 1 0 1 1 9 7 0

Appointment Form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and Secretary mark both boxes.

NAME

*Style / Title

MRS

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

NICOLA

Surname

JONES

Previous
Forename(s)

Previous
Surname(s)

TOWNSEND

Usual residential
address

GROUND FLOOR, 45 BEUNSWICK PLACE

Post town

HOVE

Postcode

BN3 1ND

County / Region

EAST SUSSEX

Country

UK

†Nationality

BRITISH

†Business occupation

COACH

†Other directorships
(additional space overleaf)

NONE

I consent to act as ** director / secretary of the above named company

Consent signature

[Signature]

Date

29/12/06

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

29/12/06

(** director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name and address of the company

7Side Limited (FF/9034)

1st Floor 14 - 18 City Road

Cardiff CF24 3DL

Tel 029 20 451 444

DX number DX 33044

DX exchange Cardiff 1

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ **DX 33050 Cardiff**
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland **DX 235 Edinburgh**

* Voluntary details.
† Directors only.
** Delete as appropriate

Please give the name and address of the company



A13 12/03/2007 167
COMPANIES HOUSE

A54 26/02/2007 357
COMPANIES HOUSE

Company Number

†Directors only

†Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.