

REGISTERED NUMBER: 06014604 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2015

FOR

PILATES SANCTUARY LTD

PILATES SANCTUARY LTD (REGISTERED NUMBER: 06014604)

**CONTENTS OF THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2015**

	Page
Company Information	1
Report of the Accountants	2
Abbreviated Balance Sheet	3
Notes to the Abbreviated Accounts	4

PILATES SANCTUARY LTD

COMPANY INFORMATION FOR THE YEAR ENDED 30 NOVEMBER 2015

DIRECTORS:

A Croucher
A Arrien

REGISTERED OFFICE:

133B Green Lanes
Stoke Newington
London
N16 9DA

REGISTERED NUMBER:

06014604 (England and Wales)

ACCOUNTANTS:

Quest Accounting Services Ltd
Chartered Management Accountants
Unit 10
Acorn Farm Business Centre
Cublington Road
Wing
Bedfordshire
LU7 0LB

PILATES SANCTUARY LTD

REPORT OF THE ACCOUNTANTS TO THE DIRECTORS OF PILATES SANCTUARY LTD

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages three to five) have been prepared.

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 30 November 2015 set out on pages nil to nil and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

Quest Accounting Services Ltd
Chartered Management Accountants
Unit 10
Acorn Farm Business Centre
Cublington Road
Wing
Bedfordshire
LU7 0LB

Date:

PILATES SANCTUARY LTD (REGISTERED NUMBER: 06014604)**ABBREVIATED BALANCE SHEET
30 NOVEMBER 2015**

	Notes	30.11.15 £	£	30.11.14 £	£
FIXED ASSETS					
Intangible assets	2		-		-
Tangible assets	3		<u>2,699</u>		<u>3,599</u>
			2,699		3,599
CURRENT ASSETS					
Debtors		15,146		15,146	
Cash at bank		<u>23,709</u>		<u>38,433</u>	
		38,855		53,579	
CREDITORS					
Amounts falling due within one year		<u>15,218</u>		<u>20,908</u>	
NET CURRENT ASSETS			<u>23,637</u>		<u>32,671</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>26,336</u>		<u>36,270</u>
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Share premium			11,950		11,950
Profit and loss account			<u>14,286</u>		<u>24,220</u>
SHAREHOLDERS' FUNDS			<u>26,336</u>		<u>36,270</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and
- (b) which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 12 August 2016 and were signed on its behalf by:

A Croucher - Director

PILATES SANCTUARY LTD (REGISTERED NUMBER: 06014604)

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2015

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2007, is being amortised evenly over its estimated useful life of five years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 December 2014 and 30 November 2015	<u>27,000</u>
AMORTISATION	
At 1 December 2014 and 30 November 2015	<u>27,000</u>
NET BOOK VALUE	
At 30 November 2015	<u>-</u>
At 30 November 2014	<u>-</u>

PILATES SANCTUARY LTD (REGISTERED NUMBER: 06014604)

**NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 30 NOVEMBER 2015**

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 December 2014 and 30 November 2015	<u>17,953</u>
DEPRECIATION	
At 1 December 2014	14,354
Charge for year	<u>900</u>
At 30 November 2015	<u>15,254</u>
NET BOOK VALUE	
At 30 November 2015	<u>2,699</u>
At 30 November 2014	<u>3,599</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:			
Number:	Class:	Nominal value:	30.11.15 £
100	Ordinary	1	<u>100</u>
			30.11.14 £ <u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.