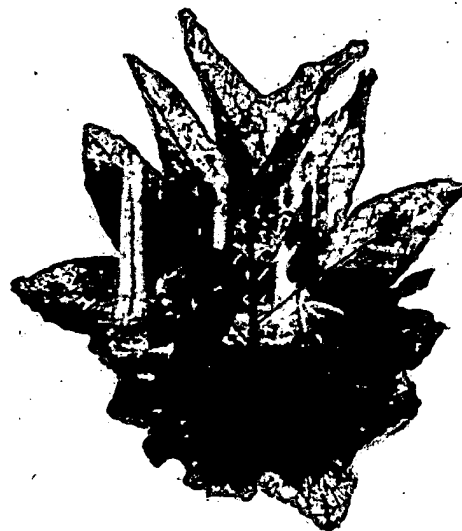




WILDERNESS FOUNDATION UK
(51.7659°N, 0.6674°E)
www.wildernessfoundation.org.uk



**ANNUAL REPORT
AND FINANCIAL STATEMENTS
FOR THE YEAR ENDING
31ST DECEMBER 2022**

Wilderness Foundation UK/ Registered Company No. 06003527
Registered Charity in England No. 1118493 / Registered Charity in Scotland No. SC041697

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WILDERNESS FOUNDATION UK

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WILDERNESS FOUNDATION UK

INTRODUCTION FOR THE YEAR ENDED 31 DECEMBER 2022

The Directors, who are also the trustees of the charity for the purposes of Charity Law, present their annual report, which is also the Directors report as required by the Companies Act and the audited financial statement of the charity for the year ended 31 December 2022.

The financial statements have been prepared in accordance with the accounting policies as set out in note 1 to the financial statements and comply with the Charities Act 2011 and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities applicable to entities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS102)" as amended for accounting period commencing from 1 January 2019.

This report represents the twelve months to 31 December 2022 and describes what the Wilderness Foundation UK achieved, explains our constitution and governance arrangements, and outlines our future plans.

WILDERNESS FOUNDATION UK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	G VB Thompson T Aykroyd AL J Gibbs P Grewal Dr P Hobson P Martin T Platts EJ Posey JK Roberts JA Rogers (Fosh) A Sheepshanks MD Soutar MA Williams
Secretary	JK Roberts
Charity Number (England & Wales)	1118493
Charity number (Scotland)	SC041697
Company Number	06003527
Registered office	Trinity House 2 Whitbreads Farm Lane Chatham green Chelmsford Essex CM3 3FE
Auditor	Rickard Luckin Limited 1 st Floor County House 100 New London Road Chelmsford Essex CM2 0RG

Chair of the Board of Trustees' Report



Three years on from the breakout of the pandemic, I am delighted to report steady progress by Wilderness Foundation UK (WFUK) in terms of operations, finance, and governance. This has been achieved in the face of the considerable problems encountered by the charity sector as a whole. The charity's successful performance bears witness to the strengths and dedication of our remarkable Chief Executive and the team she leads. It also demonstrates the quality of the WFUK offering and its relevance to problems faced by our society and the planet on which we live. I am deeply grateful to them for their exceptional commitment.

For WFUK, the biggest impact of Covid was the increase in demand for our nature-based therapy services. During the year we delivered close to 37,857 hours of support, an increase of 30% on the 29,223 delivered in 2021. The number of people coming and going from our site at Chatham Green in Essex rose steadily and notably the number of younger children, some as young as four, needing help to manage their feelings, behaviours, and lack of regulation. Some came with rage, others with sadness and a few with a lack of hope that things will improve in their lives. The success in providing the services for this demand is greatly to the credit of the WFUK team.

Our domestic abuse therapeutic programmes for women, children and teens were oversubscribed, again demonstrating the crucial need for our work. We are immensely grateful to the Police, Fire and Crime Commissioner's office for their support for a further three years for this group of people, many of whom are significantly traumatised.

The success of this work lay with the therapists running the programme, the eagerness of the clients to move on in their lives and the benefits of nature on their psyche and mood. Nature offered 'freedom', 'peace', 'a place to belong', 'beauty' and 'connection'. Our social programmes across Scotland and England report similar outcomes.

Work on climate change and the environment also grew thanks to funding from Essex County Council for workshops called 'Wild Schools', which have recorded strong outcomes and supplemented our school visits to our sites at Chatham Green, Spains Hall and Hatfield Forest. The year saw our biggest growth to date in numbers. As Chair, I am deeply reassured that our dedicated teams should leave such a positive imprint on the next generation, leaving them with hope, tools and raised awareness of the challenges and opportunities in front of them.

Working with a range of new partners such as Spains Hall Estate and the National Trust has offered us exciting opportunities to explore new ways of working and participate in some ground-breaking initiatives, such as beavers and agro-forestry. During the year we have also considered the long-term goal of finding a secure location where we can put into practice our environmental and social principles. We have not found our solution yet but have a number of promising possibilities.

We have also progressed the development of our Scottish environment and leadership operations as too our work on governance and finance, including safeguarding, health and safety and risk management. Our trustees are spread across the five committees we have established and are committed to their responsibilities.

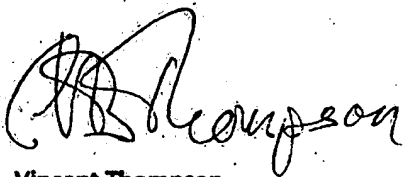
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The increase in our activities is shown by the increase in our Restricted Activities where income has risen from £152k in 2018 pre-Covid to £376k last year, an increase of 107% to a compound average growth of 25.4% over the five years. Whilst our Restricted Activities are substantially funded by the income that supports them, such a significant increase inevitably results in increased demands on our core operations which we have expanded, capitalising on a generous one-off donation of £109k received at the end of 2021.

Having been established in 1976, WFUK has the considerable benefit of long experience in its field of operation and of an expertise refined over the years with significant academic input. Nevertheless, fundraising remains a challenge for any charity and particularly funding for development, which requires a commitment for a longer period than one year. We had a successful year in this regard with donations and grants and a range of fundraising initiatives. Equally, the success of the WFUK garden at the Chelsea Flower Show, sponsored by Project Giving Back and created by the highly talented Charlie Hawkes which won a gold medal, brought the relevance and quality of our offering to a wide range of people. This was also achieved through the Gaia exhibition at Chelmsford Cathedral. My thanks to our team who deliver this work with such consistent success.

Our volunteers play a critical role, whether our trustees, those assisting our accounts team or those working the land and running repairs. Others give their time and patience to supporting vulnerable children, teens, and adults in group work outdoors in all weathers including the bitterly cold weather towards the end of 2022. With their help, we have been able to reach over 8,000 beneficiaries through the year, providing immeasurable help and support to those who need it most. We cannot express our gratitude enough for our volunteers help in achieving this.

We have grown our team during 2022 bringing on new talent and expanding our senior management team under our CEO to cope with increased demand. Our board has supported our officers and I would like to thank them all for their dedication. As Chair, I remain committed to this exceptional charity which has so much to bring to our society and look forward to participating in its further growth.



Vincent Thompson
Chair of Trustees

Our Objects and Aims

Founded in 1976, WFUK has sought to pursue its objectives through the three disciplines outlined below, all of which are interrelated and support each other. Our approach to all three disciplines has been academic, supported by regular input from The University of Essex, The Judge Business School, Cambridge and Writtle University College. The five-year track record included under the Financial Review bears witness to the success of our approach and the increased demand for our services, notably post pandemic. We aim to continue our development of all three disciplines.

Our charity's objects as set out in the company's memorandum of association are:

To advance the education of the public by increasing knowledge and understanding of wilderness and the conservation thereof and the interrelationship between wilderness and the environment generally by the provision of instruction and of opportunities for direct experience of wilderness; to initiate and manage social benefit programmes which use wilderness experience to enable vulnerable and disadvantaged people to play a fuller role in society (especially the young).

These philosophies are deeply embedded within the guiding principles of the organisation, and WFUK undertakes to support and facilitate programmes and advocacy under the following banners:



ENVIRONMENT



Climate change mitigation around nature, rewilding, and sustainability. Inspiring programmes including youth action projects, making positive changes for the environment and nature.



EDUCATION



Environmental and curriculum-based workshops for Primary, Secondary and SEN schools as well as our Leadership Academy involving team building and wilderness expeditions.



THERAPY



Supporting vulnerable young people and adults in personal growth, improved mental wellbeing and resilience. Working with wild nature as a therapeutic tool to gain perspective and understanding.

The nature of our work intertwines these objectives. Those who are referred to us for a therapeutic reason always leave with an understanding of the natural environment and vice versa. Therefore, whilst the following report looks to define the work undertaken within each discipline, there are often overlaps. The majority of work is undertaken at our headquarters at Chatham Green, located in the rural outskirts of Chelmsford in Essex. Other satellite sites include Mann Wood, Spains Hall Estate, Hatfield Forest, and a range of rural Scottish estates, primarily in South Lanarkshire, Perthshire, and Aberdeenshire.

We refer to the Charity Commission's general guidance on public benefit when reviewing our objects and aims and on planning our future activities. In particular, the trustees consider how planned activities will contribute to the objects and aims they have set.

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The charity was reconstituted in 2006 and changed its name from The Wilderness Trust to The Wilderness Foundation UK.

In 2021 our Governance Committee updated our Memorandum and Articles of Association and worked through the Charity Commission to have these amended and filed.

Additionally, in 2022 we conducted further training and development in First Aid, mentor training, outdoor therapists CPD and training, health and safety and safeguarding.

We continued to be registered as an Approved Provider for Essex County Council, Southend Borough Council, South Lanarkshire Council, Perth and Kinross Council, Fife, Aberdeenshire Council and North Lanarkshire Council.

Public Benefit Statement

This statement complies with the duty set out in section 4 of the Charities Act 2006 to have due regard to public benefit as published by the Commission.

The charity was founded in 1976 by Dr Ian Player DMS and Sir Laurens van der Post with the aim of raising the profile and value of wilderness areas, through offering direct experience of wild places to a wide range of the general public, with a focus on young people in particular.

We continue this work today, with our activities focused on three key areas – the environment, education, and leadership; social benefits and outdoor therapy.

Regularly connecting with the public takes place by our marketing officer and we use a range of communication tools, such as blogs, articles, podcasts, lectures, events, sharing research outcomes and social media. This helps us to reach beyond our immediate community of participants and friends on the need for our work and communicate the urgency of creating global and local awareness of the balance between people and nature, and advocates for the wellbeing of both through conservation efforts, social programmes, nature therapy, outdoor activities, and leadership.

"If future generations are to remember us with gratitude rather than contempt, we must leave them with more than the miracles of technology. We must leave them a glimpse of the world as it was in the beginning, not just after we were through with it."

Lyndon B Johnson 1908 – 1973

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1. The Environment



We aim to protect wilderness and wild places by highlighting economic, social, mental health and biodiversity benefits of wild nature. We encourage our participants to take action to build a sustainable planet.

During 2022 the Environment Committee met quarterly in support of the main board of trustees. They collaborated in developing a long-term growth strategy, which incorporates environmental land management.

We have established partnerships with landowners with strong environmental objectives and continue to drive our network to expand our reach. We have used opportunities to educate and advocate on how biodiversity and rewilding can support the mitigation of climate change, but also offer thoughts and ideas around actions we all need to be taking to reduce our carbon impact on the planet.

This included running a series of webinars with the Institute for Chartered Accountants (ICAEW) on Green Finance and climate change for their members. The Foundation chaired and developed the speaker programme and in return a ball was organised to raise funds for the Foundation. This was attended by their president, other senior members, local firms and sole operators.

Our committee and team have focused on the impact of climate change, loss of biodiversity, increasing population, rewilding, pressure from housing development and infrastructure on fragile and disappearing green spaces, and the positive impact of wilderness and protected green space in climate mitigation and biodiversity decline. Development of a 'Wild Schools' programme has been created during the year to meet this need.

Both our CEO and trustee Professor Peter Hobson, serve as commissioners on the Essex Climate Action Commission. This enables us to make a difference through the commission on climate change mitigation, land use and green infrastructure, as part of and reaching carbon net zero goals by 2050. We have greatly benefitted from being at the forefront of action across Essex and other parts of the UK.

We believe that communities, government, and business leaders have an inherent responsibility to act as responsible custodians of the environment and to support healthy society through best practice. To help educate on the practical application of these concepts, we continue to run a range of outdoor activities for corporates, social service providers, and others. Through the development of ESG and CSR, we are looking to engage with corporate organisations, to help them develop their internal systems responsibilities.

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During the year the Environment Committee developed a key set of environmental principles to guide advocacy and best practice.

1.1 Partnerships

In 2022, we have developed partnerships with third party landowners, who embody and reflect our aims and objectives for people and nature. These include Hatfield Forest in Takeley owned by The National Trust and Spains Hall Estate in Finchingfield, owned by Archie Ruggles Brise.

Hatfield Forest offers an exciting opportunity to deliver environment and social education programmes. It is an internationally significant site, both for its ecology and cultural heritage and is the most complete example of a medieval royal hunting forest surviving today. With over 1,000 acres of ancient coppices and wood pasture and 1,000 years of continuous management, it provides a unique insight of how the countryside was shaped in the years following the Norman Conquest.

Spains Hall Estate complements our environmental education programmes and goals through regenerative farming and the recent reintroduction of beavers, the first in Essex for over 400 years. The estate has requested we deliver their education programmes on their behalf. Workshops are run to encourage young people to act for the natural world by inspiring them through an active and engaging environmental mission. This will focus on the beaver habitats, complementing the established education programmes at Chatham Green, by providing a new innovative experience.

The Foundation works with the John Muir Trust, Institute of Outdoor Learning, Learning Outside the Classroom, Institute of Outdoor Learning and X-Adventures amongst others and delivers the John Muir Award within programmes in both Scotland and England.



1.2 Environmental Programmes, Youth Advocacy and Climate Action

1.2.1 Treun Scotland

Conservation volunteering is embedded within Treun, our wilderness therapy programme that operates across various estates in Scotland. Participants are encouraged to spend a day on the rural estates, working with rangers and ecologists to undertake conservation volunteering such as peatland

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restorations, wetland management, vegetation clearing and tree planting. This goes alongside the critical therapy-based wilderness trails, facilitated over four days.

Whilst on the wilderness therapy programme, the participants are given the opportunity to be awarded a Leave No Trace (LNT) certificate (see below) and we continue our partnership with the John Muir Trust and our outdoor instructors are qualified in delivering their programme. The John Muir Trust (JMT) is a Scottish charity, established in 1983 to conserve wild land and wild places 'for the benefit of all.' The LNT and JMT awards help the participants to gain a sense of accomplishment, improving self-confidence and self-awareness. At the same time, it advances their understanding of the natural environment and helps develop practical employability skills.

1.2.2 The Learning Outside the Classroom (LOtC) Quality Badge

We received our LOtC badge again in 2022, which will be renewed in 2023. The LOtC Quality Badge demonstrates that we have passed a robust assessment process and that we meet schools' learning and risk management needs, which applies to programmes on offer.

1.2.3 Wild Schools

2022 saw the launch of 'Wild Schools', a new Climate Action Outreach programme for Year 5 and 6 students. The programme was fully funded for 10 classes to receive 4 interactive presentations on the importance of nature, the definition of climate change, sustainability, and 'environmental heroes'. After presentations the young people create a youth led environmental project over 4 weeks. Under guidance and supervision, the group decide on a common goal they want to champion. For example, biodiversity, campaigning, or waste reduction.

Together with our 'Young Environmental Advocates', the team have enabled fantastic youth led environmental projects. These included increasing biodiversity on school grounds, raising awareness of ocean plastics through a school concert, creating an Eco Trail for a school to participate in and improving a wildlife area at a community allotment for people and local wildlife.

1.2.4 Green Influencers

The Green Influencers group received funding in the region of £18,000 for two years, finishing during this year. This was to fund a green mentor to run groups of young people aged between 10-14, who showed an interest in understanding youth environmental action.

Through the course of 2022, we continued the programme, starting a group known as 'Team Sapling', who meet monthly. They have taken part in the practical application of conservation theory to develop in depth understanding and hands on experience. For example, creating a wildlife area at our allotments, which is accessible and support a range of eco-systems and biodiversity. They have achieved this, by renovating a pre-existing area of wetland under the guidance of our Green Mentor, installing a new pond and seating area. The future plan will be to plant the area with native species, which will include plants that will attract pollinators.

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1.2.5 Down to Earth Allotments

Our Down to Earth Allotments work across six plots in central Chelmsford and have a distinct variety of growing space for fruit and vegetables across traditional beds, raised beds and polytunnels combined with areas left for wildlife.

The allotments are situated in one of the areas of Chelmsford and Essex with high levels of disadvantage and fits within the poverty index of deprivation. Our allotment programme boosts and helps to maintain and support mental health and wellbeing, whilst also providing physical health benefits. Connecting people with nature through growing healthy food, activity, socialising and awareness of the natural environment is one of the core benefits to mental and physical wellbeing.

The Down to Earth Allotment programme is open to support a range of community groups and schools with varying age groups. The majority of our young adult volunteers are living with mental or physical disability. We also use the allotment to engage recovery clients from Open Road (Drugs & Alcohol charity), MENCAP, and catering for young people with complex and severe learning difficulties.

Currently the food grown at the allotment is shared amongst those growing it. However, we also donate food to the homeless charity 'Sanctus' in Chelmsford, to support others in the community in need.

During 2022, the Royal Horticultural Society funded capital items to help improve the allotments and we have collaborated to run willow weaving workshops. In addition, we have organised other workshops events, such as wreath making. We have received support from local councillors, who have visited the site and help advocate the allotment through public liaison.

During the past year, adults and children together spent around 1000 people hours on the allotment as participant volunteer gardeners of the programme. In addition, support gardeners and volunteers gave many hours of their time to help with the groups and maintain our plots.

1.2.6 Leave No Trace Training

We continue to promote Leave No Trace values throughout all our programmes and several staff are accredited as 'Leave No Trace Awareness Instructors'. Through our outreach over the years, we have delivered LNT Awareness training for hundreds of children and adults. This teaches the values and ethics of respecting nature and the outdoors, managing your personal impact on the earth and learning not to leave litter or traces of ourselves wherever we travel outdoors.

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2 Environmental Education and Leadership



Through the year we educated nearly 6,000 young people about biodiversity and nature, their relationship to the wild and how they can care for it. We develop leaders for the future who will develop understanding of the crucial need for a balance between humans and nature, to ensure a sustainable future for all. We continue to develop our offering to include primary, secondary, graduate, and postgraduate education, alongside bespoke training for businesses and corporates.

2.1 Education

We understand that learning from an early age embeds practice and forms mindsets. For this purpose, we take our role as environmental educators very seriously. Through the year, we delivered a range of curriculum-based education opportunities to children and teenagers about biodiversity, natural history, and geography linked to landscape and the sciences.

During the outdoor classes we teach Leave no Trace ethics, principles of sustainable living, and aim to build a long and lasting love and connection to the wild.

We continue to work with schools and young leaders to develop a social and ecological experience through wilderness journeys. Since Covid we have not yet replaced our South African Wilderness Leadership trails which have existed since 1976, but are back to planning these expeditions with key schools. During 2022, we have been offering wilderness journeys in Scotland. We continued to work with schools under the Haberdashers' Company and liaised with existing partner schools to develop a trails programme for 2023 and 2024. The work with young leaders of the future is core to the mission of the Foundation and the Environment Committee.

2.1.1 Wilderness Environmental Education

It has been another exceptional year for the environmental education team, with the start of new youth advocacy work and the growth of the education offer to exciting new sites. The team have reached a total of 5,821 young people in 2022. New freelance and permanent staff came onboard.

2.1.2 School Visits

In 2022 we engaged 2,089 young people from Early Years to Year 8, across 34 visits and 2 different sites. The activities the young people engaged in most during 2022 were pond dipping, nature art and den

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building. During the year, we ran 6 school visits in Hatfield Forest which is a fantastic place for connecting young people with the awe and wonder of the natural world.

Planning for 2023, the team will be delivering environmental education at 3 sites in Essex, this includes our headquarters at Chatham Green, National Trust Hatfield Forest and Spain's Hall Farm Estate.

A quote's from our school visits in 2022.

"All staff were friendly and had a good rapport with the children. They were knowledgeable and this showed in their delivery of the activities. The activities were an appropriate length of time, and the pace kept all engaged."

2.1.3 Wilderness Holiday Camps

School holiday camps have continued to be successful across 2022, with a total of 778 young people joining the team for 'outdoor fun and nature immersion'. Through the year we introduced the Pioneers Group, which is for young people aged 9-13.

2.1.4 Special Educational Needs and Disabilities (SEND)

SEND groups have continued throughout the academic year in 2022. The sessions have continued to be of significant value to the wellbeing of students and teaching staff. We have noticed the students and teachers facing increasing challenges, and this has manifested itself in the behaviour of students and their resilience to change. We have had 852 students visit us across the year and continue to work closely with the school.

2.2 Wilderness Leadership Programmes

Whilst protecting the environment, we also understand that effective leadership and advocacy is enhanced through direct experience of the natural world. We facilitate this by using experts in their field to deliver the programme, which includes team building exercises alongside education regarding Corporate Social Responsibility (CSR) and Environmental Social and Governance (ESG).

We live in a world where the disconnection with nature grows daily and there is urgency to address this as resources and biodiversity diminish. The increase in corporations and organisations looking to evidence their environmental and social responsibility dovetails into this work and we continue to build relationships with groups who volunteer or support our work.

All our programmes have included:

- building respect for the earth's rich but diminishing biodiversity,
- the value of simple and low impact experience of the outdoors
- the benefits of leaving no trace and an undisturbed environment.

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2.2.1 Wilderness Leadership Academy – Haberdashers' Company Schools

Continuing many years of working with Haberdashers' Company schools, in 2022 another group was successful in winning a scholarship to take part in an in-depth social and environmental programme based in Scotland. The group canoed the length of Loch Awe, the longest inland loch in the country before working as volunteers on the slopes of Ben Nevis with the Nevis Partnership.

Outcomes were eloquently summarised in a short film, which was developed to share the experience and benefits with other young people. This can be seen at https://youtu.be/HYeOG3I_CKQ.

Young people currently coming through the scholarship programme tend to be from non-affluent backgrounds. For most, Scotland was a novel and new experience, made easier to manage with the lingering pressures of covid, that were still affecting them in the background. By focusing on domestic delivery of the programme, the transport was more sustainable, whilst also allowing us to support local communities.

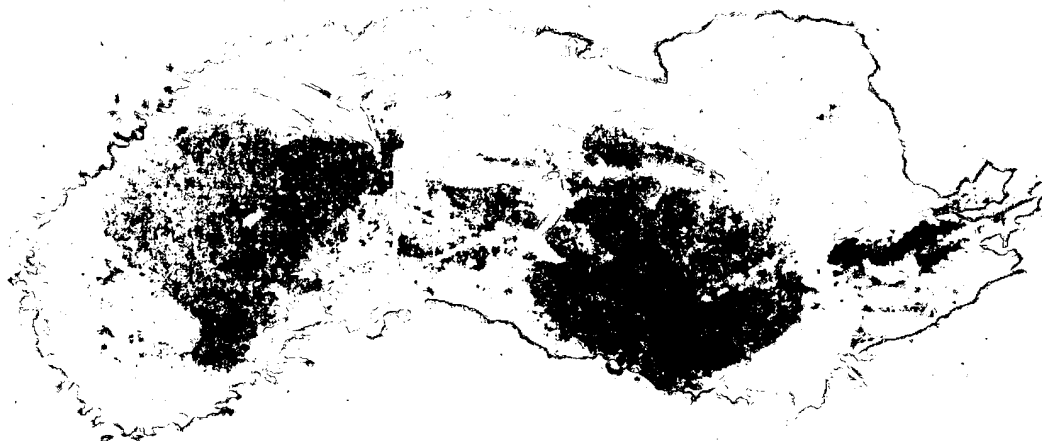
Students were bright and engaged, some camping and canoeing for the first time in their lives. One participant quoted:

"This expedition gave me a permanent appreciation for Wilderness. Absent from modern technologies, I learned of a new way to live, not simply in nature but with it, which I feel is unbelievably special."



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3 Social Benefit and Outdoor Therapy Programmes



We aim to support vulnerable children, young people and adults in personal growth, improved mental health and resilience. We work with nature as a therapeutic tool to gain perspective, a sense of belonging and understanding, and build resilience and coping tools.

Through the year, we worked on key social issues in our communities that benefit from therapeutic wilderness programmes – providing a range of experiential, outdoor based programmes that improve physical and mental wellbeing for the individual, many of whom are disadvantaged and vulnerable.

Throughout 2022, we delivered bespoke and tailored therapy interventions to over 2000 beneficiaries that harnessed the healing power of nature. We equipped vulnerable youth and adults, as well as those with SEND needs to see improvements in their behaviour and mental health and an improved connection to nature.

At the core of these interventions are carefully developed physical and psychological wellness programmes, which aim to provide specific support for our participants. These include tools to regulate their mental health, employability, resilience building, coping mechanisms, aspiration, self-esteem & confidence building, and skills development or vocational training aspects.

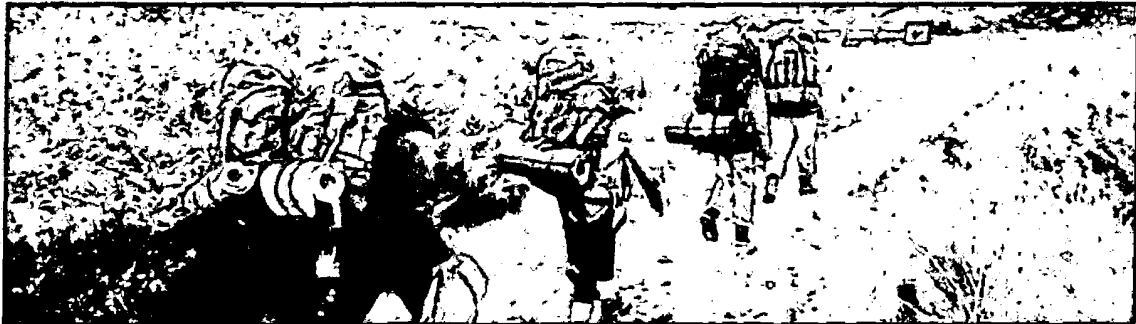
Furthermore, we have again seen how powerfully young people respond to spending time in wilderness areas. Based on a long history of using the healing power of nature for personal and social transformation, we continued to integrate various levels of long and short Wilderness Trail activities into our holistic intervention projects. Through research, our monitoring of social and personal change, and improvements in mental health, enabled us to share outcomes. This demonstrated the benefit and value that wilderness and wild places offer everyone in our communities, with a focus on those in need.

We consult all our participants through a structured, academically led, and informal feedback process. This assesses our response to the external need for our programmes, our achievements and the outcomes of work completed in the previous 12 months. Since 2007, this has been supported by our longitudinal research and analysis by the University of Essex, and internal assessments of projects such as the 'Out There Academy'.

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The measured benefits of time in the wild, supports the urgent need to protect our remaining wild and green spaces, not just for their biodiversity and landscape value but also to improve the wellbeing and mental health of society. We share our outcomes widely through a range of papers, blogs, conferences, documentaries, and the media.

3.1 Treun Scotland



Treun supports young people in areas of high youth unemployment and disadvantage in Scotland. Young people who display an interest in the outdoors and are experiencing difficulties with their mental health are targeted to take part. The project provides nature-based experiences and conservation volunteering opportunities, focusing on personal development, wilderness therapy and skills-based learning opportunities within wild, rural areas. We remain a proud partner with Scottish Land and Estates.

During the year the team continued to pick up on the effects since covid and re-establishing links with existing schools and building new connections.

New therapists and guides have been recruited and have shadowed existing staff as part of their training.

We increased the number of trails from two to six in 2022 and have seen the positive effects of the work we undertake develop and progress. We have also invested in attending new network forums which amongst others includes the Scotland Rural Mental Health Forum, talks and events run by Youth Scotland and Place2Be Scotland.

During 2022, we worked with a range of young people with different emotional and behavioural needs. Mental health difficulties included trauma, depression, anxiety, gender dysphoria, suicidal thoughts, self-harm, surviving domestic violence, behavioural and emotional disorders, eating disorders, bullying and self-esteem issues. Participants are encouraged from all backgrounds and the programme is inclusive, seeking to engage all genders, sexual orientation, and ethnic groups.

One to one time as well as group therapy offers a powerful opportunity to build self-confidence, social skills and to work through issues that may be troubling them. The participants carry out a volunteering programme and they earn the John Muir Award and Leave No Trace accreditation. Six weeks support counselling is made available for graduates to support them once home after trail.

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Group sizes range between 6-8 participants thus keeping the groups small to ensure personalised attention, intervention and measured impacts included:

- Improved happiness
- Improved Leave No Trace awareness
- Better teamwork skills
- Improved understanding of their feelings
- Better friendship skills
- Improved outcomes of "liking myself"
- Improved camping and nature recognition skills

Case Study

"During trail, R was the most challenging. Whilst very bright, he was easily aggravated and demonstrated confrontational behaviour. However, as the therapist engaged him, he opened up about his past life. He learned of significant Adverse Childhood Experiences (ACE's), particularly through adaption to living in care.

R aggravated members of the group through teasing and bullying behaviour. This was not tolerated, and the therapist and guide separated him from the group, where they could discuss his behaviour and consequences of this continuing. R demonstrated remorse, agreeing to apologise and take responsibility for his actions.

On trail, the therapist reported significant change in R's behaviour. His confidence increased in the natural environment, and he actively participated with conservation work, developing his understanding of the natural landscape. He shifted away from confrontation by engaging with the group sessions. He developed strong trust with the therapist, guide, and group. As the week progressed, R openly shared his experiences of his life with them. This led to positive feedback about his experience, as he wanted to do so again."

Through quantitative analysis, R showed significant improvement in understanding his feelings, having friendships, ability to work within a team, knowledge of plants / animals, camping skills, knowledge of outdoor sector jobs, how much he liked himself, understanding of the outdoor access code. As part of the program, R was offered a further six weeks of counselling support to ensure the benefits gained were maintained.

Teacher Feedback

"This report absolutely sums up why Treun exists, the reality of life in schools right now and the outstanding abilities of the WF staff."

"I am in awe of what you did on this week."

"ALL the pupils raved about their time away. S wanted to stay in school rather than go home when he returned. Says it all really."

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3.2 Out There Wilderness Academy



The academy works with young people aged between 13 and 15 and are primarily referred by schools. Many are not attending education, are involved on the edges of gangs or anti-social behaviours, experience family breakdown and/or, have significant behavioural and emotional issues. It is a six-week course, one day a week from 10-3pm. Additional therapy is offered to those who need more support.

In 2022 we delivered 6 cohorts and over the year we saw 66% overall improvements across all groups on our measured outputs. We saw the greatest improvement in the following areas:

- 85% Life Skills and Knowledge
- 73% Independent Living Skills
- 73% Improved Mood

Across the year we have worked with participants facing complex issues in their lives, commonly anger and emotional problems, ADHD, anxiety and depression, school refusing, suicidal ideation, grief, gender issues, exposure to gangs, autism.

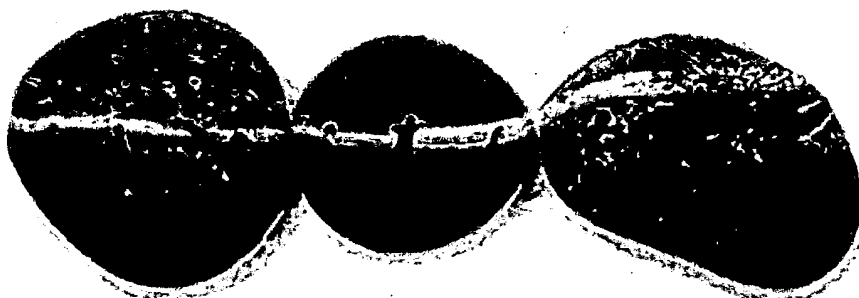
Quotes from clients:

"I need to learn to open up, I have struggled to talk about my feelings, and this has held me back."

"I need to be calmer about things".

"Nature is calming"

"How to make a fire and that if I try my best, I can achieve a lot!"



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3.3 TurnAround - Cohort 14



Turnaround is a 9-month intervention for young people aged between 15-21. They are referred with significant complex mental health, trauma, are often NEET and have behavioural challenges. The programme includes one to one mentoring, regular workshops, and two wilderness therapy expeditions, family and other referral engagement, and a formal graduation. It is run by outdoor leaders and an experienced wilderness therapist, who are supported by volunteers. One to one therapy is also offered to those who require an additional level of support.

In 2022 we completed cohort 14 of the TurnAround Project and started cohort 15 in September 2022. Overall, we saw an average improvement across the group of 65%.

- 100% of the group showed improvements in their Self-Acceptance.
- 81% of the group showed improvements in their ability to Trust and Love others, Family and Other Relationships and How angry they felt.
- 75% of the group showed improvements in their Happiness.

We have worked with participants with the following presenting issues, which include, but are not limited to, complex mental health issues, self-harm, depression and anxiety, suicidal ideation, NEET, SEND, anger and mood disorders, isolation, confidence and self-esteem issues, relationship breakdowns, grief and loss, recovery from substances, and domestic violence recovery, for example.

In the final weeks of the programme and post-graduation the participants reported the following successes/progress in their lives:

Successfully gained employment, enrolled in further education, confident to return to school to finish GCSE's following school anxiety and bullying barriers, taking confident steps to become self-employed, increased knowledge and understanding of the risks to personal safety online, the confidence to declare a career path to family that is true to them rather than what was expected of them, integration with community through attending youth and exercise groups, a greater understanding of how to access and utilise nature in their local area for their ongoing wellbeing.

At the end of the programme, one of the participants quoted:

"I have more confidence in myself and I'm more pleasant to be around, also have a better attitude about myself and will now look after others and myself better."

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3.4 Blossom Domestic Abuse Project



We ran seven cohorts, in 2022, for women children and teenagers in separate groups. The group therapy programme offered at least 8 weeks for each cohort, a total of 1,574 hours of mental health support to survivors and witnesses of domestic abuse.

After completing the programme, 100% of adult participants reported they were managing to keep healthy and physically active, and 100% of teenage participants reported their life skills and knowledge had improved.

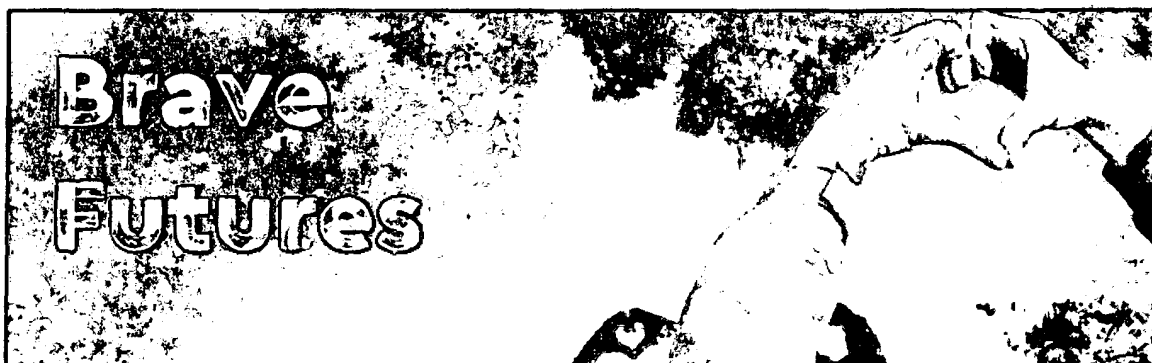
70% of adult participants reported that they understood why they have had to change the way they lived, they were coping well with the changes in their lives, and they can talk to someone they trust if they do have bad thoughts. While 70% of teenage participants reported their physical health, mood, respect for others, and relationship at home had improved.

*"Thank you to everyone at the Wilderness Foundation.
You all do such amazing things! Thank you to Jo and everyone else from the Blossom Project.
Not just for the opportunity but for everyone's kindness.
It helped me remember the outdoors is such a freeing and healing place. I even found a friend for life!
One day I want to return to help someone else change their life for the better!"*

- TN 30 years

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3.5 Brave Futures Therapy Programme



Brave Futures offers mental health support in nature-based workshops for adults, children, and teens. The groups attend for eight weeks, one day a week. The programme is run by two outdoor therapists with the help of volunteers. We ran 5 cohorts in 2022, thanks to generous donations which included specialist work to cover suicide prevention.

The group therapy programme offered 8-10 weeks for each cohort or a total 1,680 hours of mental health support to children, teenagers, and adults. 70% of the children, for example, reported their level of happiness at school has improved after completing the programme.

100% of teenager participants reported after completing the programme that their independent living skills, social network & friends have improved, and they are happy with who they are.

3.6 One to One Counselling Services

This is a rapidly increasing piece of work, which grew substantially during 2022. Currently, we work with 275 referral agencies and schools, with ages ranging from 4 to 75. On average, the referrals are offered 10 sessions and have reported significant improvement in mental health and wellbeing as a result of the therapeutic intervention. At the end of 2022, 30-40 new referrals came in per week.

3.6.1 In Person Nature-Based Counselling

During 2022, we also offered a total of 2297 hours of 1-2-1 face-to-face counselling to individuals.

Out of the questionnaires completed and returned by individuals, 100% reported improvement in challenging behaviours, relationships, emotional distress, and social isolation after receiving our face-to-face counselling support.

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Feedback from participants included the below:

*"Just wanted to say a huge thank you for organizing the sessions.
L is back to being L, our happy, smiling, funny and talkative daughter.
Soon after she started her sessions, we noticed L becoming more willing to go to school again, happier
to go out and her smile returning.
Outdoor therapy has been a total success.
Please pass on my thanks to the counsellor."
Mother of L (age 9)*

3.6.2 One to One Online Counselling

The was funded by the Family Innovation Fund-Xtra, Essex County Council for the third year to offer a total of 780 hours of 1-2-1 online/telephone counselling to children, young people and parents across Essex, between April 2022 to March 2023. The online/telephone counselling offers an alternative option for families who have difficulties to access face-to-face counselling due to different circumstances such as transport.. The 780 hours used up by January 2022 showed the significant need of counselling by a wide demographic.

3.7 Therapy Staff and Training

In order to continue to deliver the important work that we undertake, we are supported by a skilled and passionate team of outdoor facilitators and counsellors. During the year we grew our team by 13 facilitators and counsellors, which includes those based in Scotland.

3.7.1 Association of Outdoor Therapists and Facilitators Supervision and Training

Supervision for all counsellors is offered through engagement with our clinical supervisor every six weeks. Five new placement counsellors joined during the year, and they receive additional support. New counsellors are invited to shadow existing groups alongside more experienced team members. This helps them understand the locations we operate in, our culture, safeguarding practices, and processes, alongside Leave No Trace ethics.

Each group concludes with a feedback session to evaluate any safeguarding needs, our delivery, and outcomes. Reports are made to referring agencies.

CPD training events were held across 2022 for induction, feedback and professional development in areas such as lone working, group management, and working with young people in gangs by the Essex Police.

3.7.2 Outdoor Therapy Immersions for referral agencies and other groups

During the year we offered nature-based immersions for referral agencies and other social care agencies who work with the Foundation or who have been interested in our work. Amongst others, this included the team from the Police, Fire and Crime Commissioner's office, HCRG, Family Solutions and Next Chapter.

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Groups have been invited to enjoy the peace of the natural environment and facilitated to talk through their own team needs and requirements and feedback to each other personally and professionally. They also undertake a range of activities to boost wellbeing and personal growth.

As the teams have developed a more in depth understanding of our work and delivery, our referral process has improved significantly. We feel we are also able to contribute to the wellbeing of teams who work at the coal face in very stressful roles.

In addition, we supported corporate days, enabling teams to access wild nature and a beautiful environment, whilst they explored and developed their work practice, leadership, and team support.

3.7.3 Wilderness Therapy and Mentor Training

During 2022, we delivered a three-day, two-night Wilderness Therapy introductory theory training at our site in Chatham Green. Amongst others, this therapy training included a range of outdoor practitioners and counsellors, including teachers, counsellors, coaches, youth workers and outdoor instructors.

Quote from previous participant:

"The trainers hold the space for a transformative experience. The material was thoughtful and adapted to meet the needs of the group and was delivered at a well-balanced pace. I would recommend the Wilderness Foundation training to anyone seeking an introduction to how to integrate wilderness therapy into their work, especially for children and young people."

3.8 Volunteer Mentor Training

During the year, we continued to make use of a personalised training online medium, called Mentor Loop. This meant people could study in their own time and at their own pace. This has facilitated the training of mentors as soon as they complete our Safer Recruitment procedure, and they don't have to wait for a group with a minimum size to make the training viable.

We are very reliant on the high calibre of our mentors and have a support network, CPD engagement and group support online and when possible, in person support and development.

Mentors serve young people on our Treun Programme in Scotland, TurnAround, Allotments, Out There, Blossom, Brave Futures and also undertake climate change work. They are key to our delivery quality. Other volunteers support administration and finances within the office.

These immersions enabled staff to have a beneficial day outside for themselves, but also to understand more directly how we work and what we offer to clients. This improves the referral process and increases efficiency within the organisation.

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4 2022 Marketing Media & Fundraising Activity

2022 included some of the Foundation's biggest marketing campaigns to date and rigorous fundraising activity to support the ongoing costs of the important programmes we run. We would like to thank all our funders, supporters and private philanthropists who helped us deliver a record number of beneficiaries and helped us drive our 128% growth in our restricted programmes.

4.1 Marketing

In May 2022, we were delighted to be selected as one of four exhibiting show gardens in the 'All About Plants' category at the RHS Chelsea Flower Show. Our Wilderness Foundation Garden, funded by Project Giving Back and designed by Charlie Hawkes, went on to win a Gold and 'Best in Category'. This allowed us an opportunity to interact with over 20,000 visitors attending the weeklong, international event.

During October, we partnered with the Gaia exhibition, an art installation by artist Luke Jerram at the Chelmsford Cathedral, funded by Climate Action Fund from Essex County Council. With a stand in the cathedral over the installation's 3-week period, we were able to interact with many of the 50,000 people who visited the exhibit from across Essex. We promoted our education, environmental and social work throughout the county, to a new audience of potential beneficiaries.

Our annual Wilderness Charity Golf Day at Braintree Golf Club took place in June, with 16 teams of four players along with hole sponsorship, raffle ticket sales and donations helping make it a huge success and exceed the amount raised in 2021. Due to the success and positive feedback, another golf day is planned at Braintree Golf Club for 2023.

4.2 Media

The success of the RHS flower show resulted in media coverage. Coverage included multiple nationwide magazines, primetime BBC1 and BBC2 footage as well as local radio and print media.

Argonon and the ITV Masked Dancer UK chose us as one of their charity partners for a digital campaign, using the assets and audience of 'The Masked Dancer' series 2 on ITV to help promote our work and increase our digital audience engagement. We were also gifted £250 worth of merchandise to run a competition online and are due to receive 50% of the profits from sales of a TMD water bottle that the celebrity panel had endorsed.

We were endorsed by Zanna van Dijk, who has 378,000 followers on social media. She and 100 hikers undertook the ten-peak challenge, known as 'Wild Snowdonia', for WFUK and was successful in raising significant donations on our behalf, as well as increasing our presence on social media.

4.3 Fundraising

During the year we raised the bulk of our income through grants from a range of charitable trusts and foundations. Other income was raised through online match funding campaigns such as Big Give and Crowdfunder. We were spontaneously contacted by several organisations and individuals through the year who wished to support us in a variety of ways. We are keen to expand our fundraising capability and

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS REPORT) FOR THE YEAR ENDED 31 DECEMBER 2022

actively started to recruit additional support towards the end of the year for all programmes. One of our successful fundraising outcomes for this year was access to multi-year funding for three of our programmes and also The National Lottery for their continued funding of our Community Allotments project.

4.4 Community Fundraising & Events

Community fundraisers in 2022 included some amazing sporting challenges such as the London Landmarks Half Marathon, South Coastal Walk, Taylor Wimpey Corporate Golf Day, and INiti8 Mud Race, which all raised money for the foundation. Notably successful was the fundraising weekend promoted by Zanna van Dijk for the benefit of WFUK which proved highly successful. Other fundraising events included ICAEW who organised a Charity Ball in our honour and the Inner Wheel and Mildmay Rotary groups, who helped organise their own events to raise funds.

Chelmsford CVS invited us to join the C100 Exhibition of 100 silk flags which celebrated community groups throughout Essex. With 8 of our own flag designs, we joined in the Inaugural walk at our Chatham Green site and helped walk the first mile in the 100-mile journey each flag embarked upon. We continued to use online fundraising platforms in 2022 including, Crowdfunder, JustGiving, and also the Big Give match funding platform, which helped us raise a record level of funds throughout the year.

As in previous years we opened up the gates at Chatham Green for our yearly Open Farm Sunday, Wilderness Creative Workshops, and another successful Santa's Grotto. Each event at our Chatham Green site allows the local community to discover the beautiful setting and the support services we provide.

5. Future Plans

We will continue to demonstrate, advocate and apply the positive impact of wilderness and wild places for the wellbeing of the individual and society. Beneficiaries comprise a range of demographics and the spectrum spans from the most vulnerable to those with leadership potential.

To meet the growing interest in WFUK, we continue to work to our growth assumptions for the Foundation through to 2025. These are to:

1. Increase the number of people supported by our social benefit/therapy, educational and environmental programmes from approximately 8,000 to 12,000.
2. Extend the areas where our programmes are provided within Essex and Scotland, focusing on areas of deprivation and environmental restoration programmes.
3. Develop and grow our operations, through carefully selected partnerships and new satellite spaces.
4. Increase our advocacy for nature, climate change mitigation and the crucial role of nature in improving mental health and wellbeing.
5. Build up our revenue over the next three years to deliver increased impact whilst increasing our operational and financial strengths.

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We will do this by undertaking activities that:

- Educate and inspire people to experience and connect with wild places.
- Provide an integrated service for improving the lives of the most vulnerable in our society, through the positive benefits of wilderness.
- Grow natural leaders of the future, through experiencing the positive benefits of wild nature.
- Protect and enhance biodiversity and green spaces.
- Continue to promote and support mental health and wellbeing across clients across the UK.
- Promote and practice solutions to meet the Climate Change Crisis.
- To grow and strengthen our impact for environment and people we will:
 - Introduce people and children to nature.
 - Educate people how to love the natural world.
 - Change people's lives through nature.
 - Practise what we preach in caring for the earth and people.

As WFUK increases its activities, we will also seek opportunities to build on and expand our understanding of wilderness and wild places for the benefit of both planet and its people.

6. Governance

During 2022 we continued with a comprehensive review of our governance, including policies, risk management, trustee recruitment, diversity needs, staff handbook and articles of association.

6.1 Status

The charity is a company limited by guarantee. Our governing document is a Memorandum and Articles of Association dated 20 November 2006, with an update to objects in 2010 and certain revisions in 2021.

6.2 Governing Body and Structure

The trustees are also the directors for the purpose of company law. The Trustees for 2022 were:

GVB Thompson	Chairman
T Aykroyd	Co-Chair – Environment Committee
AL J Gibbs	
P Grewal	
Dr P Hobson	Co-Chair – Environment Committee
P Martin	Chair – Finance Committee
V Martin (resigned on 23 March 2023)	
T Platts	
EJ Posey	
JK Roberts	
JA Rogers (Fosh)	Chair – Social Benefits Committee
A Sheepshanks	
MD Soutar	Chair – Scotland Committee
MA Williams	Chair – Governance Committee

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS REPORT) FOR THE YEAR ENDED 31 DECEMBER 2022

The Chief Executive has dispensation from the Charity Commission to serve as Founding Director on the board, alongside working as Chief Executive Officer.

Our governing body is the Board of Directors of the charity and has an active Governance Committee made up of trustees, including the Chair. As of 31 December 2022, there were 14 trustees. Peter Martin resigned as Chair in 2020 and Vincent Thompson was recruited as our new Chair and came into post in January 2021. Peter Martin continues as a trustee and heads up the Finance and General Purposes Committee. In March 2023, Vance Martin resigned after many years of faithful service. We are deeply grateful to him for all he brought to WFUK over the years.

The Board of Directors is responsible for providing overall clarity for the vision, mission and strategic focus of the organisation. It also holds the Chief Executive to account against planned objectives. The Board meets four times over the course of the year and Directors are involved in other operational matters as needs dictate. Five committees have been established, each with a separate chair to cover Governance, Finance & general Purposes, Environment, Social benefit and Scotland. Each meets four times a year.

The Wilderness Foundation UK forms part of the "Wilderness Foundation Global", a consortium of forward-thinking, like-minded independent organisations. The organisations all share a common past, each founded and inspired by the late Dr. Ian Player, South Africa game ranger and international conservationist and his Zulu mentor and "brother", the late Magqubu Ntombela.

The other members of the Wilderness Foundation Global are The WILD Foundation (USA) and the Wilderness Leadership School and Wilderness Foundation Africa. Senior staff meet annually to set shared objectives, agree ethics and working partnerships and projects. All members of the network are completely independent of each other but share a common past. They have no financial ties (except as outlined in paragraph 8.5 below and Note 24 to the Notes to the Financial Statements) or obligations beyond goods or services provided (predominantly by the Wilderness Leadership School which facilitates wilderness trails in South Africa for UK beneficiaries and client groups) and these are charged at the time the liability is incurred.

6.3 Decision Making

Responsibility for the day-to-day management of the organisation is delegated to the Chief Executive and the Senior Management Team. The Board of Directors focuses its attention on matters of policy and general strategy, the approval of plans, the monitoring of progress with projects and financial control.

New Directors are appointed by the Board and are assessed as to their suitability and the benefits that their appointment would bring to the Foundation, in terms of additional skills, experience and opportunities for promotion of the Foundation's aims and objectives.

A full induction programme is carried out covering all aspects of the work of the charity, the governance, the memorandum and articles of association and a review of the latest accounts.

On occasion, the Board may extend invitations to individuals to attend meetings in an advisory or observational capacity, where it is felt that the individual concerned can bring insight to an issue, or matter under review.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS REPORT) FOR THE YEAR ENDED 31 DECEMBER 2022

An ambassador programme invites people who can bring a benefit to the Foundation through their networks and are equally passionate about its objectives. They have no official role but abide by a set of principles and a formal agreement.

6.4 Risk Management

The Foundation is exposed to financial as well as operational risks. Through the experience and knowledge of its Board of trustees, it proactively manages risk through robust governance and operational management.

In order to manage and mitigate risk, a risk register is quarterly scrutinised by the Board of trustees. The Board allocate each risk to the committee/s it is most relevant to, who are then responsible for reviewing them on a quarterly basis. The senior management team review the risks internally on a monthly basis and report any new or escalated risks to the main Board. The committees collectively oversee a range of tasks, ensuring the organisation remains compliant. These include but are not limited to: data protection, policies, health and safety, legal requirements & updates, whistleblowing and complaints.

We have a robust child protection policy, safer recruitment practice, and safeguarding policy and procedures, to ensure the safety and wellbeing of all the young people, staff, and volunteers we work with. We maintain a register to ensure that all essential training is up to date.

7. Scotland

For reporting purposes to the Offices of the Scottish Charity Regulator (OSCR), we are required to make a separate statement of our work in Scotland. In this document we outline our achievements in the delivery of the Treun Programme. This work provides public benefit for the people of Scotland, particularly young people. The programme includes our project management team, headed by our CEO, Operations Manager and an administrator, guides, volunteers, and facilitators.

A Scotland committee oversees our work and delivery in Scotland, and we report annually to OSCR. We work in partnership with Scottish Land & Estates and have benefitted from the kindness of a number of landowners who have given access to their land, including Atholl Estates, Angus and Douglas Estates and the Glenlivet Estate. Our participants have been involved in conservation volunteering at each of these locations.

Trails were undertaken throughout 2022 with the equivalent of 2,695 person hours and young people joined the Treun programme from schools across the country.

The programme includes 6 optional follow-on therapy sessions for the participants.

8. Financial Review

In 2022, WFUK continued the steady progress it has evidenced over recent years with the hours of support delivered rising from 29,223 to 37,857 an increase of 30% and a compound growth over the past five years of over 50% in Total Reserves and just on 20% in total income, notwithstanding Covid— see five-year record below.

**WILDERNESS FOUNDATION UK
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8.1 Financial Review

Though total income dropped from £621,938 to £558,400, the previous year had benefitted from an exceptional one-off anonymous donation of £109,000. Excluding this donation, total income rose by 9% in 2022, comprising a 5% increase in Restricted income and an 18% increase in Unrestricted income. This is a very creditable performance in a year that has proved highly challenging for all charities.

Total expenses increased significantly from £439,733 to £615,831 reflecting the increased level of activity with Restricted increasing from £287,907 to £410,988 and Unrestricted from £151,826 to £204,843. Clearly, an increase in Restricted activity places an increased burden on our central support so, as indicated in last year's Annual Report, we are deploying the one-off donation to fund an increase in our central costs, notably with the recruitment of a Chief Operating Officer to take some of the weight off our hard-pressed Chief Executive and other members of the senior management team.

As a result, we have incurred a modest deficit in the year of £57,431 which needs to be seen in the context of the exceptional surplus of £182,205 for 2021 resulting from the one-off donation. Hence our reserves have fallen from £409,835 to £352,404, comprising a marginal decrease in Restricted to £173,672 and an increase in Unrestricted to £178,732, which remains comfortably above our requirement to hold Unrestricted cash reserves equivalent to six months of core expenditure.

The Bounce Back loan of £50,000 received in 2021 was repaid in full during 2022.

8.2 Development Reserve

As advised in the 2021 Annual Report, the trustees had thought to create an unrestricted Development Reserve to hold resources for the development of the business. Since much of the envisaged expenditure has been incurred during the year, this no longer seems necessary and so has been merged with the unrestricted funds.

8.3 Five Year Track Record

	2018	2019	2020 (COVID)	2021	2022
Number of Beneficiaries	5,000	6,000	1,200	6,500	8,000
Total Income	279,320	435,339	359,334	621,938	558,400
Total Expenses	291,769	372,674	258,150	439,733	615,831
Surplus / Deficit	(12,448)	62,665	101,184	182,205	(57,431)
Total Reserves	63,781	126,446	227,630	409,835	352,404
Restricted Income	151,463	183,610	178,418	358,700	376,718
Restricted Expenses	(138,306)	(152,975)	(108,403)	(287,907)	(410,988)
Unrestricted Income	127,857	251,729	180,916	263,238	181,682
Unrestricted Expenses	(153,462)	(219,699)	(149,747)	(151,826)	(204,843)
Restricted Reserves	36,499	67,134	137,149	207,942	173,672
Unrestricted Reserves	27,282	59,312	90,481	201,893	178,732

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS REPORT) FOR THE YEAR ENDED 31 DECEMBER 2022

8.4 Investment Policy

As WFUK has not needed to make any financial investments, it was deemed unnecessary to have an Investment Policy. However, the trustees recognise that this could become a requirement in the future as the charity continues to grow. Therefore, an Investment Policy is currently being drafted in accordance with the organisation's future plans, which will subsequently be signed off by the board of trustees.

8.5 Affiliate Funds

As in previous years, WFUK continues to be custodian trustees, managing funds and donors, on behalf of affiliate charities overseas, with whom we share the same values and mission. There are individual contractual agreements with each charity, and we derive a small amount of income to cover overheads.

9. Responsibilities

9.1 Guarantors

Every member promises, that if the Charity is dissolved while they are a member or within twelve months after they cease to be a member, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the payment of the debts and liabilities of the Charity incurred before they cease to be a member and of the costs and charges and expenses of winding up and the adjustment of the rights of the contributories among themselves.

9.2 Trustees' Responsibilities

The trustees, who are also directors of Wilderness Foundation UK are responsible (for the purposes of company law) for preparing the Trustees' Annual Report and the Financial Statements, in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources. This includes the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

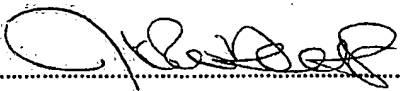
- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

WILDERNESS FOUNDATION UK
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The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company. These enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved on behalf of the Directors:

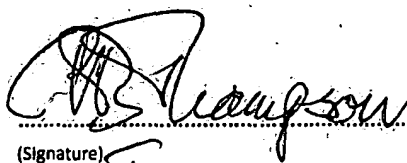
Mrs Joanne Roberts
Chief Executive Officer


.....
(Signature)

Date:

2 June 2023
.....

Vincent Thompson
Chair


.....
(Signature)

Date:

2 June 2023
.....

WILDERNESS FOUNDATION UK

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF WILDERNESS FOUNDATION UK

Opinion

We have audited the financial statements of Wilderness Foundation UK (the 'charity') for the year ended 31 December 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

give a true and fair view of the state of the charitable company's affairs as at 31 December 2022 and of its incoming resources and application of resources, for the year then ended;

have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we

WILDERNESS FOUNDATION UK

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF WILDERNESS FOUNDATION UK

conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report, which includes the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and

- the directors' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 and the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or

- sufficient and proper accounting records have not been kept; or

- the financial statements are not in agreement with the accounting records; or

- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report in accordance with the Acts and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

WILDERNESS FOUNDATION UK

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF WILDERNESS FOUNDATION UK

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our: general commercial and sector experience; through verbal and written communications with those charged with governance and other management; and via inspection of the charitable company's regulatory and legal correspondence.

We discussed with those charged with governance and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations to our team and remained alert to any indicators of non-compliance throughout the audit, we also specifically considered where and how fraud may occur within the charitable company.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the charitable company is subject to laws and regulations that directly affect the financial statements, including: the charitable company's constitution; relevant financial reporting standards; company law; the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102 (effective from 1 January 2019); and we assess the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

Secondly the charitable company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on the amounts or disclosures in the financial statements, for instance through the imposition of fines and penalties, or through losses arising from litigations. We identified the following areas as those most likely to have such an affect: legislation directly applicable to charities sector such as the Charities Act 2011, employment legislation; health and safety legislation; the regulatory requirements of the Charity Commission and OSCR; tax legislation particularly in relation to gift aid and making overseas donations, GDPR; anti-bribery and corruption legislation.

International Auditing Standards (UK) limit the required procedures to identify non-compliance with these laws and regulations to the procedures, and no procedures over and above those already noted are required. These limited procedures did not identify any actual or suspected non-compliance which laws and regulations that could have a material impact on the financial statements.

In relation to fraud, we performed the following specific procedures in addition to those already noted:

- Challenging assumptions made by management in its significant accounting estimates in particular: grant recognition;
- Identifying and testing journal entries, in particular any entries posted with unusual nominal ledger account combinations;
- Performing analytical procedures to identify unexpected movements in account balances which may be indicative of fraud;
- Ensuring that testing undertaken on both the Statement of Financial Activity (SoFA) and the Balance Sheet includes a number of items selected on a random basis;

These procedures did not identify any actual or suspected fraudulent irregularity that could have a material impact on the financial statements.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with International Auditing Standards UK). For

WILDERNESS FOUNDATION UK

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF WILDERNESS FOUNDATION UK

example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the procedures that we are required to undertake would identify it. In addition, as with any audit, there remains a high risk of non-detection of irregularities, as these might involve collusion, forgery, intentional omissions, misrepresentation, or the override of internal controls. We are not responsible for preventing non-compliance with laws and regulations or fraud, and cannot be expected to detect non-compliance with all laws and regulations or every incidence of fraud.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Caroline Peters (Senior Statutory Auditor)
For and on behalf of Rickard Luckin Limited

Chartered Accountants
Statutory Auditor

.....
1st Floor
County House
100 New London Road
Chelmsford
Essex
CM2 0RG

WILDERNESS FOUNDATION UK

BALANCE SHEET AS AT 31 DECEMBER 2022

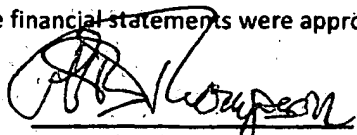
	Note	£	2022 Total Funds £	£	2021 Total Funds £
FIXED ASSETS					
Tangible assets	12				
CURRENT ASSETS					
Stocks and trademarks	14	1,640		1,640	
Debtors	15	19,284		17,344	
Investments	16	50,000		200,000	
Cash at bank and in hand		323,474		266,786	
		394,398		485,770	
LIABILITIES					
Creditors: amounts falling due within one year	18	(41,994)		(34,268)	
NET CURRENT ASSETS			352,404		451,502
Creditors: amounts falling due after more than one year					(41,667)
TOTAL NET ASSETS			352,404		409,835
FUNDS					
Unrestricted funds	23 & 28		178,732		201,893
Restricted Funds	22		173,672		207,942
			352,404		409,835

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2022, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime. The members have not required the company to obtain an audit of its financial statements under the requirements of the companies act 2006, for the year in question in accordance with section 476.

The financial statements were approved by the Trustees on



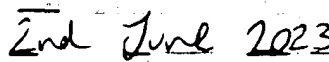
Signed by G VB Thompson Trustee



Signed by P Martin Trustee

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Date


Date

WILDERNESS FOUNDATION UK

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021	Restricted funds 2021	Total 2021 £
	Notes						
Income and endowments							
Donations and legacies	4	137,118	276,008	413,126	236,178	243,621	479,799
Charitable activities	3	7,348	72,056	79,404	-	80,848	80,848
Other income	5	25,654	28,654	54,308	27,060	34,231	61,291
Fundraising events		11,562	-	11,562	-	-	-
Total income		181,682	376,718	558,400	263,238	358,700	621,938
Expenditure on:							
Cost of raising funds	6	9,449	-	9,449	-	-	-
Charitable activities	7	195,394	410,988	606,382	151,826	287,907	439,733
Total expenditure		204,843	410,988	615,831	151,826	287,907	439,733
Net (deficit)/surplus		(23,161)	(34,270)	(57,431)	111,412	70,793	182,205
Net movement in funds							
Transfer between funds							
Fund balances at 1 January 2022		201,893	207,942	409,835	90,481	137,149	227,630
Fund balances at 31 December 2022		178,732	173,672	352,404	201,893	207,942	409,835

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

WILDERNESS FOUNDATION UK
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	Total 2022 £	Total 2021 £
Cash flows from operating activities:			
Cash generated / (absorbed by) from operations	27	106,688	(80,448)
Net cash used in investing activities			
Financing activities			
Receipt of bank loans			50,000
Payment of bank loan		(50,000)	
Net cash (used in)/generated from financing activities		(50,000)	50,000
		56,688	(30,448)
Cash and cash equivalents brought forward		266,786	297,234
Cash and cash equivalents carried forward		323,474	266,786

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1. Charity Information

Wilderness Foundation UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity House, 2 Whitbreads Business Centre, Whitbreads Farm Lane, Chatham Green, Chelmsford, Essex, CM3 3FE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's memorandum and articles dated November 2006 (amended May 2021), the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Income tax recoverable in relation to donations received under gift aid are recognised at the time of the donation.

Income from government and other grants is recognised when the charity has entitlement to funds, any performance conditions attached to the grant have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been included under expenses categories that aggregate all costs for allocation to activities. Support costs, which cannot be directly attributed to particular activities, have been proportioned to the direct staff costs allocated to activities. Governance costs include the costs of servicing Trustees' meetings, audit and strategic planning.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	20% per annum straight line basis
Fixtures and fittings	20% per annum straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Stocks

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.8 Cash and cash equivalents

Cash, cash equivalents and current asset investments include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

2 Critical accounting estimate and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Charitable activities

	Other 2022 £	Other 2021 £
Other income	79,404	80,848
Analysis by fund		
Unrestricted funds	7,348	
Restricted funds	72,056	80,848

4 Donations and legacies

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £
Donations and grant	137,118	276,008	413,126	236,178	243,621	479,799

5 Other income

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Other income	25,654	28,654	54,308	61,291

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

6 Raising funds

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Raising and publically seeking donations, grants and legacies	9,449	-	9,449	-
	9,449	-	9,449	-

7 Charitable activities

	2022 £	2021 £
Staff costs	466,876	323,099
Direct costs	36,052	47,501
	502,928	370,600
Grant funding of activities (see note 9)	-	4,200
Share of support costs (see note 8)	78,762	59,357
Share of governance costs (see note 8)	24,692	5,576
	606,382	439,733
Analysis by fund		
Unrestricted funds	195,394	151,826
Restricted funds	410,988	287,907
	606,382	439,733

8 Support costs

	Support costs £	Governance costs £	2022 £	Support costs £	Governance costs £	2021
Rates	25,619		25,619	24,966		24,966
Office expenses	3,448		3,448	9,151		9,151
Professional fees		24,059	24,059	14,225		14,225
Insurance	2,705		2,705	2,244		2,244
Marketing	30,572		30,572	2,332		2,332
Travel	6,527		6,527	3,539		3,539
Sundry expenses	9,780		9,780	2,900		2,900
Bad Debts	111		111			
Events		-	-		3,941	3,941
Consultancy costs		-	-		200	200
Bank charges		633	633		1,435	1,435
	78,762	24,692	103,454	59,357	5,576	64,933
Analysed between Charitable activities	78,762	24,692	103,454	59,357	5,576	64,933

Support costs include payments to the auditors of £15,294 (2021: £4,500) for audit fees.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

9 Grants payable

	2022 £	2021 £
Grants to individuals	-	4,200
	<u>-</u>	<u>4,200</u>

10 Trustees

None of the trustees (or any persons connected with them) received benefits from the charity during the year. 1 trustee was reimbursed expenses during the year 2022:£147 (2021:£0).

JK Roberts, the Chief Executive Officer, who is also a trustee, received remuneration for her role as an employee as agreed with the Charity Commission, this amounted to £46,600.

This amount also constitutes all compensation paid to key management personnel.

11. Employees

The average monthly number of employees during the year was:

	2022 Number 11	2021 Number 9
Employment costs		
Wages and Salaries	<u>335,421</u>	<u>323,099</u>

There were no employees whose annual remuneration was more than £60,000.

12. TANGIBLE FIXED ASSETS

	Plant and Equipment £	Fixtures and Fittings £	Total £
Cost			
At 1 January 2022	25,503	10,218	35,721
Additions	-	-	-
At 31 December 2022	<u>25,503</u>	<u>10,218</u>	<u>35,721</u>
Depreciation			
At 1 January 2022	25,503	10,218	35,721
Charge for the year	-	-	-
At 31 December 2022	<u>25,503</u>	<u>10,218</u>	<u>35,721</u>
Net book values			
At 31 December 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 31 December 2021	<u>-</u>	<u>-</u>	<u>-</u>

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

13 Financial Instruments

	2022	2021
	£	£
Carrying amount of financial assets	50,000	200,000
Instruments measured at fair value through profit or loss		
	<u>50,000</u>	<u>200,000</u>

14 STOCKS

	Total 2022	Total 2021
	£	£
Raw materials and consumables	1,640	1,640
	<u>1,640</u>	<u>1,640</u>

15 Debtors

Amounts falling due within one year:

	Total 2022	Total 2021
	£	£
Trade debtors	5,720	7,538
Other debtors	976	9,706
Prepayments and accrued income	12,588	100
	<u>19,284</u>	<u>17,344</u>

16 Current asset investment

	2022	2021
	£	£
Unlisted investments	50,000	200,000
	<u>50,000</u>	<u>200,000</u>

This includes monies held within accessible bank accounts but not used for everyday operating costs.

17 Loans and overdrafts

	2022	2021
	£	£
Bank loans	-	50,000
Payable within one year	-	8,333
Payable after one year	-	41,667

Amounts included above which fall due after five years:

Payable by instalments	<u>1,667</u>
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WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

18 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Bank loans	17	-	8,333
Deferred income	20	-	2,933
Trade creditors		4,805	3,146
Social security and other taxes		18,519	7,534
Other creditors		5,806	4,337
Accruals and deferred income		12,864	7,985
		<u>41,994</u>	<u>34,268</u>

19 Creditors: amounts falling due after more than one year

	Notes	2022 £	2021 £
Bank loans	17	-	41,667

20 Deferred income

	2022 £	2021 £
Other deferred income	-	2,933

Deferred income is included in the financial statements as follow:

	2022 £	2021 £
Deferred income is included within:		
Current Liabilities	-	2,933

Movements in the year:

Deferred income at 1st January 2022	2,933	81,429
Released from previous periods	(2,933)	(78,496)

Deferred income at 31 December 2022

-	2,933
---	-------

21 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

22 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 January 2022 £	Incoming Resources £	Resources Expended £	Balance at 31 December 2022 £
RESTRICTED FUNDS				
CGP	31,253	124,668	(120,844)	35,077
TREUN	31,138	28,180	(50,381)	8,937
TurnAround Essex	48,600	27,333	(54,353)	21,580
Out There Academy	33,890	31,000	(45,284)	19,606
Wilderness and Nature Therapy	63,061	165,537	(140,126)	88,472
	207,942	376,718	(410,988)	173,672

Restricted funds have been disclosed within the requirements of the SORP. Included within each fund are individual grants for specific purposes that fit the nature and spirit of each fund disclosed.

Chatham Green Project (CGP)- an education initiative being delivered in partnership with Strutt and Parker (Farms) at Chatham Green in Essex

TREUN- this fund is for the delivery of a youth training programme in Scotland

TurnAround- launched by the Wilderness Foundation UK in October 2007. It is a multi-faceted, nature based programme enabling vulnerable young people to make positive changes to their lives. This is achieved by linking community mentors, wilderness therapy, skills workshops and support for employment and further education in 6-9 month cycles.

Out There- a programme for young people facing difficulties in school and home lives. Runs during term time offering a personal development curriculum for children aged 13-15 years.

Wilderness and Nature Therapy- this is a range of different programmes offering online or face to face therapy services. We work with individuals, families, couples and groups. The programme addresses the needs of children, adolescents and adults.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

23 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
Fund balances at 31 December 2022 are represented by:				
Current assets/(liabilities)	178,732	173,672	352,404	451,502
Long term liabilities				(41,667)
	<u>178,732</u>	<u>173,672</u>	<u>352,404</u>	<u>409,835</u>

24 Affiliate funds

At the year end, the client held affiliate funds of £149,924 (2021: £121,796) relating to Bush Heritage Australia and WF Africa. These amounts have been removed from the accounts as they do not belong to Wilderness Foundation UK.

25 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

26 Analysis of changes in net funds

	At 1 January 2022 £	Cash Flows £	At 31 December 2022 £
Cash at bank and in hand	266,786	106,688	373,474
Loans falling due within one year	-	-	-
Loans falling due after more than one year	-	-	-
	<u>266,786</u>	<u>106,688</u>	<u>373,474</u>

27 Cash generated from operations

	2022 £	2021 £
(Deficit)/surplus	(57,431)	182,205
Adjustment for:		
Cash on deposit, included within investments	150,000	(200,000)
Movements in working capital:		
(Increase)/ Decrease in debtors	(1,940)	11,708
Increase in creditors	18,992	4,135
(Decrease) in deferred income	(2,933)	(78,496)
Cash generated/(absorbed by) from operations	<u>106,688</u>	<u>(80,448)</u>

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

28 Designated funds

As per 8.2 of the Trustees' Report, the trustees advised in the 2021 annual report plans to create an unrestricted development fund of £50,000 within the Wilderness Foundation. Whilst this fund was designated during the year and was in place at the year end, the trustees have reviewed the need for a separate fund and this amount was undesignated after the year end.