NIM

ccordance with Section 854 of the Companies Act 2006. AR01

Annual Return



A fee is payable with this form Please see 'How to pay' on the last page.

You can use the WebFiling Please go to www.companies 19/11/2009

PC5

A29

What this form is for You may use this form to confirm that the company information is correct as at the date of this return. You must file an Annual Return at

least once every year.

What this form is NOT for You cannot use this form to give notice of changes to the compa officers, registered office addre company type or information relating to the company record

COMPANIES HOUSE *ABBCDETS* 09/11/2009 113 A30 COMPANIES HOUSE

AKQ23EBE 22/10/2009 243 COMPANIES HOUSE

Part 1 **Company details**

The section must be completed by all companies.

Filling in this form Please complete in typescript or in bold black capitals.

All fields are mandatory unless specified or indicated by *

A1 Company details

Company number

Company name in full Suppementanecare LTD O Company name change If your company has recently changed its name, please provide the company name as at the date of this return.

A2 Return date

> Please give the annual return made up date. The return date must not be a future date. The annual return must be delivered within 28 days of the date given below.

Date of this return 9

2004

ODate of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House. You may choose an earlier return date but it must not

be a later date.

A3 Principal business activity

> Please show the trade classification code number(s) for the principal activity or activities. 9

Classification code 1 Classification code 2 Classification code 3 Classification code 4

If you cannot determine a code, please give a brief description of your business activity below:

Principal activity description

O Principal business activity You must provide a trade classification code (SIC code) or a description of your company's main business in this section.

A full list of the trade classification codes are available on our website: www.companieshouse.gov.uk

A4	Company type •	
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked): Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	O Company type If you are unsure of your company type, please check your latest certificate of incorporation or our website: www.companieshouse.gov.uk
A5	Registered office address ®	
Building name/number Street	155 cheepy oxchard Road Handswooth wood	Change of registered office This must agree with the address that is held on the Companies House record at the date of this return. If the registered office address has
Post town	Bieminaham	changed, you should complete form AD01 and submit it together with
County/Region	West MIDLANDS	this annual return.
Postcode	B 2 0 2 J Y	
A6	Single alternative inspection location (SAIL) of the company records (if applicable) •	
Building name/number Street		SAIL address This must agree with the address that is held on the Companies House record at the date of this return.
Post town	Buminaham	If the address has changed, you should complete form ADO2 and submit it together with this annual
County/Region	West Midlamas	return.
Postcode	820254	
A7	Location of company records ⁶	
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6: Register of members.	O Location of company records If the company records are held at the registered office address, do no tick any of the boxes in this section
	Register of directors. Directors' service contracts. Directors' indemnities. Register of secretaries.	Certain records must be kept by every company while other records are only kept by certain company types where appropriate.
	Records of resolutions etc. Contracts relating to purchase of own shares. Documents relating to redemption or purchase of own share out of	If the records are not kept at the SAIL address, they must be availab at the registered office.
	capital by private company. Register of debenture holders. Report to members of outcome of investigation by public company into interests in its shares. Register of interests in shares disclosed to public company. Instruments creating charges and register of charges: England and Wales or Northern Ireland.	If any of the company records hav moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit together with this annual return.
	Instruments creating charges and register of charges: Scotland.	

CHFP000 10/09 Version 2.0

Officers of the company Part 2 **Continuation pages** This section should include details of the company at the date to which this Please use a continuation page annual return is made up. if you need to enter more officer details. → For a secretary who is an individual, go to Section B1. → For a corporate secretary, go to Section C1. → For a director who is an individual, go to Section D1. → For a corporate director, go to Section E1. Secretary Secretary's details • Secretary appointments Please use this section to list all the secretaries of the company. You may not use this form to For a corporate secretary, complete Section C1-C4. appoint a secretary. To do this, please complete form APO3 and Title* submit it together with this annual return. Full forename(s) KARDOI Corporate details Surname DHODNER Please use Section C1-C4 to enter corporate secretary details. Former name(s) 9 Secretary details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH03. Former name(s) Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes. **B2** Secretary's service address 9 Service address Building name/number 155 cheery orchard ROAD If you have previously notified Street Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the Post town Briminaplan This information will appear on the County/Region public record. Postcode Country

Corporate secretary

C1	Corporate secretary's details •				
	Please use this section to list all the corporate secretaries of the company.	O Corporate secretary appointments You cannot use this form to appoint a corporate secretary. To do this,			
Corporate body/firm name		please complete form APO4 and submit it together with this annual return.			
Building name/number	NA.	Corporate secretary details			
Street		All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete			
Post town		form CHO4.			
County/Region		This information will appear on the public record.			
Postcode		ривистесога.			
Country					
C2	Location of the registry of the corporate body or firm				
•	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only				
C3	EEA companies ®				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register.	◆ EEA A full list of countries of the EEA can be found in our guidance:			
Where the company/ firm is registered ©	N/A:	www.companieshouse.gov.uk This is the register mentioned in Article 3 of the First Company Law			
Registration number		Directive (68/151/EEC).			
C 4	Non-EEA companies				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in			
Legal form of the corporate body or firm		that register.			
Governing law	NIA.				
If applicable, where the company/firm is registered •					
If applicable, the registration number					

Director

D1	Director's details •	
	Please use this section to list all the directors of the company. For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director. To do this, please
Title*	MR -	complete form APO1 and submit it together with this annual return.
Full forename(s)	AMPIK	Corporate details
Surname	BHAMPA	Please use Section E1-E4 to enter corporate director details.
Former name(s) •		Director details All details must agree with those previously notified to Companies House. If you have made changes
Country/State of residence Nationality	England	since the last annual return and have not notified us, please complete form CH01.
Date of birth	125 03 1468	 Former name(s) Please provide any previous names which have been used for business
Business occupation (if any)	Sales - Director	purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address [©]	<u></u>
Building name/number		Service address If you have previously notified
Street	Cherry orchard RD Handsworth Waan	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town	Burmingham	address.
County/Region	WEST MICHENOS	This information will appear on the public record.
Postcode	B202511	,
Country	United Kingdom.	<u> </u>

Director

D1	Director's details •				
	Please use this section to list all the directors of the company. For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director. To do this, please complete form APO1 and submit it			
Title*		together with this annual return.			
Full forename(s)		Corporate details Please use Section E1-E4 to enter			
Surname	NIA	corporate director details.			
Former name(s) •		Director details All details must agree with those previously notified to Companies House. If you have made changes			
Country/State of residence		since the last annual return and have not notified us, please complete form CH01.			
Nationality		Program name(s)			
Date of birth	d d m m y y y	Please provide any previous names which have been used for business			
Business occupation (if any)	·	purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
D2	Director's service address o				
Building name/number	er	Service address If you have previously notified			
Street	The second secon	Companies House that the service address is at 'The Company's			
	N/A	Registered Office', please state 'The Company's Registered Office' in the			
Post town		address.			
County/Region		This information will appear on the public record.			
Postcode		_			
Country					

Corporate director

E1	Corporate director's details •	
	Please use this section to list all the corporate director's of the company.	O Corporate director appointments You cannot use this form to appoint a corporate director. To do this, please complete form APO2 and
Corporate body/firm name		submit it together with this annual return.
Building name/number	N/A	Corporate director details All details must agree with those
Street		previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete
Post town		form CH02.
County/Region		This information will appear on the public record.
Postcode		
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → `No Complete Section E4 only	
E3	EEA companies ®	
بيجاد وواسروان	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register.	● EEA A full list of countries of the EEA can be found in our guidance:
Where the company/ firm is registered €	N/A	www.companieshouse.gov.uk This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC).
E4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body		that register
or firm	NA	
Governing law	·	.
If applicable, where the company/firm is registered •		
If applicable, the registration number		·

Part 3	Statement of capital o					
	→ Yes Co	ny have share capital? mplete the sections belo to Part 5 (Signature).	ow and the following Part 4).	capital	ould reflect the company's status at the made up date o nual return.
F1 9	hare capital i	n pound sterling (f)			
Please complete the tal If all your issued capita	ole below to show I is in sterling, onl	each class of shares help complete Section F1 a	ld in pound sterling. and then go to Section F4.		,	
Class of shares (E.g. Ordinary/Preference etc.)		Amount paid up on each share ②	Amount (if any) unpaid on each share 9	Number of sha	res 😉	Aggregate nominal value
GRDINO	s e4	1.00		100		£ 100
						£
		<u> </u>	Totals	100)	t 100
F2 :	Share capital	in other currencies				
Please complete a sepa		any class of shares held h currency.	d in other currencies.			
Currency				<u> </u>		Aggregate nominal value
Class of shares (E.g. Ordinary/Preference etc.)		Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares ❸		Aggregate nominal value
		NA	Totals		.,	<u> </u>
		19 /		·		
Currency						
Class of shares (E.g. Ordinary/Preference etc		Amount paid up on each share	Amount (if any) unpaid on each share	Number of sh	ares 🔁	Aggregate nominal value
				<u> </u>		
			Total:	<u> </u>		
F3	Totals	·		· · · · · · · · · · · · · · · · · · ·		
	issued share capital. Please list total agg different currencies					aggregate nominal value
Total number of shares						ple: £100 + €100 + \$10 etc.
Total aggregate nominal value 9		•		. 		
 Including both the nomi share premium. Total number of issued s 		 Number of shares issues nominal value of each 	n share.	ntinuation Pa ease use a State ge if necessary	ement of Ca	pital continuation

F4	Statemer	Statement of capital (Voting rights)					
	Please give of share sh	e the prescribed parti nown in the statemen	culars of rights att it of capital share	tached to shares for each c tables in Sections F1 and	lass F2.		
Class of share	0	PDINARY	<u> </u>			·	
Voting rights	09	Corred	Rights	Attached	10	Shares.	
Class of share							
Voting rights			•	<u> </u>			
				-			
المعتبرة ومعارض والمعتبر		والمستعمر المداد	e sagram nama r	in a story resulting			
Class of share					١	<u> </u>	
Voting rights				,			
			·				
Class of share			• • •		· 		
Voting rights							
						·	

 Yes Complete the sections below. No Go to Part 5 (Signature). Traded public companies ● Please tick the box if your company was a traded public company at any time during the period of this return. Traded company define time during the period of this return. 	Part 4	Shareholders	
Please tick the box if your company was a traded public company at any time during the period of this return. Please tick the box if your company was a traded public company at any of whose shares are trading on a regulated in the provide and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns. Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns. Please tick the appropriate box below:		→ Yes Complete the sections below.	This should reflect the shareholder details at the made up date of this annual return.
A traded company mear any of whose shares are trading on a regulated in the company mean any of whose shares are trading on a regulated in the companies are required to provide a 'full list' if one was not included with either of the last two returns. Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns. Please tick the appropriate box below: A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3; or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4. A list of shareholder changes is enclosed. For private or non-traded public companies, please complete Section G3. For traded public companies, please complete Section G4. There were no shareholder changes in this period. Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.	G1	Traded public companies ©	
Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns. Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns. Please tick the appropriate box below: A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3; or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4. A list of shareholder changes is enclosed. → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4. There were no shareholder changes in this period. → Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.			② Traded company definition A traded company means a compa any of whose shares are admitted trading on a regulated market.
one was not included with either of the last two returns. Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns. Please tick the appropriate box below: A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3; or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4. A list of shareholder changes is enclosed. → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4. There were no shareholder changes in this period. → Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.	G2	List of past and present shareholders	
at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns. Please tick the appropriate box below: A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3; or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4. A list of shareholder changes is enclosed. For private or non-traded public companies, please complete Section G3. For traded public companies, please complete Section G4. There were no shareholder changes in this period. Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.			
A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3; or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4. A list of shareholder changes is enclosed. → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4. There were no shareholder changes in this period. → Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.		at least 5% of the issued shares of any share class if a list was not provided with	
enclosed. Please complete Section G3; or A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4. A list of shareholder changes is enclosed. For private or non-traded public companies, please complete Section G3. For traded public companies, please complete Section G4. There were no shareholder changes in this period. Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.		Please tick the appropriate box below:	
share class for a traded public company is enclosed. Please complete Section G4. ☐ A list of shareholder changes is enclosed. → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4. ☐ There were no shareholder changes in this period. → Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: ☐ The list of shareholders is enclosed on paper.			
 → For private or non-traded public companies, please complete Section G3. → For traded public companies, please complete Section G4. ☐ There were no shareholder changes in this period. → Go to Part 5 (Signature). Please tick the appropriate box below to indicate the format of your shareholder details: ☑ The list of shareholders is enclosed on paper. 		share class for a traded public company is enclosed. Please complete	
Please tick the appropriate box below to indicate the format of your shareholder details: The list of shareholders is enclosed on paper.		→ For private or non-traded public companies, please complete Section G3.	
shareholder details: The list of shareholders is enclosed on paper.			· · ·
		shareholder details:	
			1
			•

G3

Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year.

You must provide a 'full list' of all company shareholders on:

- The company's first annual return following incorporation;
- Every third annual return after a full list has been provided.

Please list the company shareholders in alphabetical order.

Joint shareholders should be listed consecutively.

Further shareholders

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary.

	•	Shares or stock currently held	Shares or stock transfer	ed (if appropriate)		
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
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G4

Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year.

You must provide a 'full list' of all company shareholders on:

- The company's first annual return following incorporation;
- Every third annual return after a full list has been provided.

Please list the company shareholders in alphabetical order.

Joint shareholders should be listed consecutively.

Further shareholders
Please use a 'Traded public
companies - list of past and present
shareholders' continuation page if
necessary.

		Shares or stock currently held	Shares or stock transferred (if appropriate)		
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer	
Name .	,			1 1	
Address				1 1	
				1 1	
Name	N/A.				
Address	·			1 1	
				l I	
Name				1 1	
Address				1 1	
				1 1	
Name				1 1	
Address				1 1	
				1 1	

Part 5	Signature				
	This must be completed by all companies.	• Societas Europaea If the form is being filed on behalf			
	I am signing this form on behalf of the company.	of a Societas Europaea (SE) please delete 'director' and insert details			
Signature	Signature X	of which organ of the SE the person signing has membership.			
	This form may be signed by: Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor.				

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Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name .								
Company name								
		,	•					
Address		-	N	A·				
			<u> </u>	-				
··							•	
Post town								
County/Region				-			••••	
Pastcode .						_[
Country	<u> </u>		<u></u>	•				
DX					-			•
Telephone								

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Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- The company name and number match the information held on the public Register.
- You have completed your principal business activity.
 You have not used this form to make changes to the registered office address.
- You have not used this form to make changes to secretary and director details.
- You have fully completed the Statement of capital (if applicable).
- You have signed the form.
- You have enclosed the correct fee.

Important information

Please note that all information on this form will appear on the public record.

f How to pay

A fee of £30 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House'

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

For companies registered in Scotland:
The Registrar of Companies, Companies He

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS.

DX 481 N.R. Belfast 1.

Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk