

# **LIFESTYLE SUPPORT LIMITED**

**Company Registration Number:  
05940816 (England and Wales)**

**Unaudited abridged accounts for the year ended 31 March 2021**

**Period of accounts**

**Start date: 01 April 2020**

**End date: 31 March 2021**

# **LIFESTYLE SUPPORT LIMITED**

## **Contents of the Financial Statements for the Period Ended 31 March 2021**

Balance sheet

Notes

# LIFESTYLE SUPPORT LIMITED

## Balance sheet

As at 31 March 2021

	<i>Notes</i>	<i>2021</i>	<i>2020</i>
		£	£
<b>Fixed assets</b>			
Tangible assets:	3	325	0
<b>Total fixed assets:</b>		<u>325</u>	<u>0</u>
<b>Current assets</b>			
Debtors:		189,142	144,489
Cash at bank and in hand:		101,029	69,443
<b>Total current assets:</b>		<u>290,171</u>	<u>213,932</u>
Creditors: amounts falling due within one year:		(102,305)	(113,198)
<b>Net current assets (liabilities):</b>		<u>187,866</u>	<u>100,734</u>
Total assets less current liabilities:		188,191	100,734
Creditors: amounts falling due after more than one year:		(50,000)	
<b>Total net assets (liabilities):</b>		<u>138,191</u>	<u>100,734</u>
<b>Capital and reserves</b>			
Called up share capital:		102	102
Profit and loss account:		138,089	100,632
<b>Shareholders funds:</b>		<u>138,191</u>	<u>100,734</u>

The notes form part of these financial statements

# **LIFESTYLE SUPPORT LIMITED**

## **Balance sheet statements**

For the year ending 31 March 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen to not file a copy of the company's profit & loss account.

**This report was approved by the board of directors on 21 December 2021  
and signed on behalf of the board by:**

Name: Allan Michael VANDERWYK-COYNE  
Status: Director

The notes form part of these financial statements

# **LIFESTYLE SUPPORT LIMITED**

## **Notes to the Financial Statements**

**for the Period Ended 31 March 2021**

### **1. Accounting policies**

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

# **LIFESTYLE SUPPORT LIMITED**

## **Notes to the Financial Statements for the Period Ended 31 March 2021**

### **2. Employees**

	<i>2021</i>	<i>2020</i>
Average number of employees during the period	49	50

# LIFESTYLE SUPPORT LIMITED

## Notes to the Financial Statements for the Period Ended 31 March 2021

### 3. Tangible Assets

	<b>Total</b>
<b>Cost</b>	£
At 01 April 2020	33,478
Additions	488
Disposals	0
Revaluations	0
Transfers	0
At 31 March 2021	<u><u>33,966</u></u>
<b>Depreciation</b>	
At 01 April 2020	33,478
Charge for year	163
At 31 March 2021	<u><u>33,641</u></u>
<b>Net book value</b>	
At 31 March 2021	<u><u>325</u></u>
At 31 March 2020	<u><u>0</u></u>

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