

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Company limited by guarantee

**Company Registration Number:
05933331 (England and Wales)**

Unaudited statutory accounts for the year ended 30 September 2022

Period of accounts

Start date: 1 October 2021

End date: 30 September 2022

SPORT4HEALTH COMMUNITY INTEREST COMPANY

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SPORT4HEALTH COMMUNITY INTEREST COMPANY

Directors' report period ended 30 September 2022

The directors present their report with the financial statements of the company for the period ended 30 September 2022

Principal activities of the company

The company's principal activity during the year continued to be the provision of sports coaching and opportunities for community sport-related activities.

Directors

The directors shown below have held office during the whole of the period from
1 October 2021 to 30 September 2022

Edmund Kung
Michael Pang
Simon Lloyd-Owen
Jucl Tuazon
Jaime Morgan Hitchcock
Lissa Landis
Susan Hunt

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
20 March 2023

And signed on behalf of the board by:

Name: Edmund Kung

Status: Director

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Profit And Loss Account for the Period Ended 30 September 2022

	2022	2021
	£	£
Turnover:	136,640	102,278
Cost of sales:	(123,567)	(99,920)
Gross profit(or loss):	<u>13,073</u>	<u>2,358</u>
Administrative expenses:	(13,038)	(2,360)
Operating profit(or loss):	<u>35</u>	<u>(2)</u>
Profit(or loss) before tax:	<u>35</u>	<u>(2)</u>
Profit(or loss) for the financial year:	<u>35</u>	<u>(2)</u>

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Balance sheet

As at 30 September 2022

	<i>Notes</i>	<i>2022</i>	<i>2021</i>
		<i>£</i>	<i>£</i>
Current assets			
Stocks:	3	980	0
Debtors:	4	3,231	3,893
Cash at bank and in hand:		99,200	74,695
Total current assets:		103,411	78,588
Creditors: amounts falling due within one year:	5	(87,916)	(60,653)
Net current assets (liabilities):		15,495	17,935
Total assets less current liabilities:		15,495	17,935
Creditors: amounts falling due after more than one year:	6	(6,600)	(9,075)
Total net assets (liabilities):		8,895	8,860
Members' funds			
Profit and loss account:		8,895	8,860
Total members' funds:		8,895	8,860

The notes form part of these financial statements

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Balance sheet statements

For the year ending 30 September 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 20 March 2023
and signed on behalf of the board by:**

Name: Edmund Kung
Status: Director

The notes form part of these financial statements

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Notes to the Financial Statements

for the Period Ended 30 September 2022

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services, donations and grants received. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Other accounting policies

Stocks Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.
Debtors Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.
Creditors Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.
Provisions Provisions (i.e liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

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Notes to the Financial Statements for the Period Ended 30 September 2022

2. Employees

	<i>2022</i>	<i>2021</i>
Average number of employees during the period	1	1

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Notes to the Financial Statements for the Period Ended 30 September 2022

3. Stocks

	<i>2022</i>	<i>2021</i>
	£	£
Stocks	980	0
Total	<u>980</u>	<u>0</u>

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Notes to the Financial Statements for the Period Ended 30 September 2022

4. Debtors

	<i>2022</i>	<i>2021</i>
	£	£
Trade debtors	981	750
Prepayments and accrued income	2,250	3,143
Total	<u>3,231</u>	<u>3,893</u>

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Notes to the Financial Statements for the Period Ended 30 September 2022

5. Creditors: amounts falling due within one year note

	2022	2021
	£	£
Bank loans and overdrafts	2,475	2,475
Accruals and deferred income	26,112	36,710
Other creditors	59,329	21,468
Total	<u>87,916</u>	<u>60,653</u>

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Notes to the Financial Statements for the Period Ended 30 September 2022

6. Creditors: amounts falling due after more than one year note

	<i>2022</i>	<i>2021</i>
	£	£
Bank loans and overdrafts	6,600	9,075
Total	<u>6,600</u>	<u>9,075</u>

COMMUNITY INTEREST ANNUAL REPORT

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Company Number: 05933331 (England and Wales)

Year Ending: 30 September 2022

Company activities and impact

This financial year Sport4Health has received particular support from the Peabody Community Fund to help disadvantaged young people living on the Peabody Pimlico Estate to get fitter and healthier by providing structured basketball sessions. Our work supporting disadvantaged and or marginalised communities to have better physical and mental health continued, with particular success in engaging and helping people recover from the pandemic and its ongoing effects. Our main areas of work have been in Westminster, Kensington & Chelsea and Wandsworth where throughout the year we have provided targeted support to older people; young people aged 12-25; and people from the LGBTQ+ and/or ethnic communities. Additionally, we continued our regular support of the local Filipino community, being one of the few organisations providing targeted services of this kind to them. Our work has helped people on a range of issues – to improve their physical health; reduce loneliness and isolation; create supportive social networks; learn new skills, grow self-confidence and self-esteem. In so doing we give thanks to our many funders without whom this work would not be possible and to express particular gratitude to those who provide unrestricted grants or full cost recovery. We strengthened our Board with two new Directors who bring a range of relevant professional skills and lived experience; whilst our Executive Director has been at the forefront of representing small community organisations in sector forums and panels.

Consultation with stakeholders

Our Directors who are also our stakeholders are: Mr Edmund Kung, Mr Michael Pang, Dr Simon Lloyd-Owen, Mr Juel Tuazon, Mr James Simon Charles Morgan Hitchcock, Ms Lissa Landis, Dr Susan Teresa Hunt. Our other – and main – stakeholders are our service users, whom we consult with regularly about their individual and collective health and social needs and how we might help address those. Consultation also includes co-production of programmes and projects. We consult via one-to-one dialogue; in group forums; and in some instances through advisory panels (such as with our young people advisory group).

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
20 March 2023

And signed on behalf of the board by:

Name: Edmund Kung

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.