

Registered number
05933331

Sport4Health Community Interest Company

Report and Accounts

30 September 2018

FRIDAY



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28/06/2019
COMPANIES HOUSE

Sport4Health Community Interest Company
Registered number: 05933331
Directors' Report

The directors present their report and accounts for the year ended 30 September 2018.

Principal activities

The company's principal activity during the year continued to be the provision of sports coaching and opportunities for community sport-related activities

Directors

The following persons served as directors during the year:

Mr Edmund Kung
Mr Michael Pang
Dr Simon Lloyd-Owen
Mr Juel Tuazon

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 27 June 2019 and signed on its behalf.



E Kung
Director

Sport4Health Community Interest Company
Profit and Loss Account
for the year ended 30 September 2018

	2018	2017
	£	£
Turnover	46,220	25,088
Cost of sales	(45,788)	(22,946)
Gross profit	<u>432</u>	<u>2,142</u>
Administrative expenses	(2,828)	(1,522)
Operating (loss)/profit	<u>(2,396)</u>	<u>620</u>
(Loss)/profit before taxation	<u>(2,396)</u>	<u>620</u>
Tax on (loss)/profit	438	(124)
(Loss)/profit for the financial year	<u>(1,958)</u>	<u>496</u>

Sport4Health Community Interest Company
Registered number: 05933331
Balance Sheet
as at 30 September 2018

	Notes	2018 £	2017 £
Current assets			
Debtors	2	3,931	8,848
Cash at bank and in hand		<u>5,081</u>	<u>3,070</u>
		9,012	11,918
Creditors: amounts falling due within one year	3	-	(948)
Net current assets		9,012	10,970
Net assets		<u>9,012</u>	<u>10,970</u>
Capital and reserves			
Profit and loss account		9,012	10,970
Shareholders' funds		<u>9,012</u>	<u>10,970</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



E Kung
Director

Approved by the board on 27 June 2019

Sport4Health Community Interest Company
Statement of Changes in Equity
for the year ended 30 September 2018

	Share capital	Share premium	Re- valuation reserve	Profit and loss account	Total
	£	£	£	£	£
At 1 October 2016	-	-	-	10,474	10,474
Profit for the financial year				496	496
At 30 September 2017	<u>-</u>	<u>-</u>	<u>-</u>	<u>10,970</u>	<u>10,970</u>
At 1 October 2017	-	-	-	10,970	10,970
Loss for the financial year				(1,958)	(1,958)
At 30 September 2018	<u>-</u>	<u>-</u>	<u>-</u>	<u>9,012</u>	<u>9,012</u>

Sport4Health Community Interest Company
Notes to the Accounts
for the year ended 30 September 2018

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services, donations and grants received. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

Sport4Health Community Interest Company
Notes to the Accounts
for the year ended 30 September 2018

2 Debtors	2018	2017
	£	£
Trade debtors	180	6,032
Other debtors	3,751	2,816
	<u>3,931</u>	<u>8,848</u>

3 Creditors: amounts falling due within one year	2018	2017
	£	£
Trade creditors	-	617
Taxation and social security costs	-	331
	<u>-</u>	<u>948</u>

4 Other information

Sport4Health Community Interest Company is a private company limited by shares and incorporated in England. Its registered office is:

St Gabriel's Parish House
Glasgow Terrace, Off Lupus Street
London
SW1V 3AA

Sport4Health Community Interest Company
Detailed profit and loss account
for the year ended 30 September 2018

This schedule does not form part of the statutory accounts

	2018	2017
	£	£
Sales	46,220	25,088
Cost of sales	(45,788)	(22,946)
Gross profit	432	2,142
Administrative expenses	(2,828)	(1,522)
Operating (loss)/profit	<u>(2,396)</u>	<u>620</u>
 (Loss)/profit before tax	 <u>(2,396)</u>	 <u>620</u>

Sport4Health Community Interest Company
Detailed profit and loss account
for the year ended 30 September 2018
This schedule does not form part of the statutory accounts

	2018	2017
	£	£
Sales		
Income	<u>46,220</u>	<u>25,088</u>
Cost of sales		
Goods and services	37,205	16,357
Court fees	<u>8,583</u>	<u>6,589</u>
	<u>45,788</u>	<u>22,946</u>
Administrative expenses		
General administrative expenses:		
Subscriptions	2,730	1,424
Bank charges	83	83
Sundry expenses	<u>15</u>	<u>15</u>
	<u>2,828</u>	<u>1,522</u>
	<u>2,828</u>	<u>1,522</u>

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CIC 34

Community Interest Company Report

For official use
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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

SPORT4HEALTH COMMUNITY INTEREST
COMPANY

Company Number

05933331

Year Ending

30 SEPTEMBER 2018

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

'Carry out activities who benefit the community and in particular (without limitations) to provide sports coaching and opportunities for sport related activity. Such activity will be undertaken for the health, leisure and sporting benefit of people of all ages and, in particular, young people, older people, and those from minority communities living in London and other major urban areas of the UK'.

This financial year Sport4Health has received support from Westminster Adult Education Services to provide badminton sessions for women from the Filipino community.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Mr Edmund Kung
Mr Michael Pang
Dr Simon Lloyd-Owen
Mr Juel Tuazon
Mr James Simon Charles Morgan Hitchcock

There has been no consultations

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

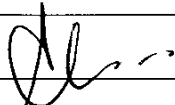
No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

28/8/19

Office held (delete as appropriate) Director/~~Secretary~~

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)