

Registered number
05933331

Sport4Health Community Interest Company

Report and Accounts

30 September 2009

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RM	23/07/2010	490
COMPANIES HOUSE		
LD4	28/06/2010	355
COMPANIES HOUSE		

Sport4Health Community Interest Company
Registered number: 05933331
Directors' Report

The directors present their report and accounts for the year ended 30 September 2009

Principal activities

The company's principal activity during the year continued to be the provision of sports coaching and opportunities for sport-related activity

Directors

The following persons served as directors during the year


Mr Edmund Kung
Mr Michael Pang
Dr Simon Lloyd-Owen
Mr Juel Tuazon

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

This report was approved by the board on 24 June 2010 and signed on its behalf

Mapsbury Secretaries Limited
Secretary



Sport4Health Community Interest Company
Profit and Loss Account
for the year ended 30 September 2009

	Notes	2009 £	2008 £
Turnover		4,314	2,300
Cost of sales		(3,912)	(2,307)
Gross profit/(loss)		<u>402</u>	<u>(7)</u>
Administrative expenses		(93)	(154)
Operating profit/(loss)		<u>309</u>	<u>(161)</u>
Interest receivable		9	179
Profit on ordinary activities before taxation		<u>318</u>	<u>18</u>
Tax on profit on ordinary activities		-	-
Profit for the financial year		<u>318</u>	<u>18</u>

Sport4Health Community Interest Company
Balance Sheet
as at 30 September 2009

	Notes	2009 £	2008 £
Current assets			
Debtors	2	1,112	-
Cash at bank and in hand		<u>435</u>	<u>3,272</u>
		1,547	3,272
Creditors: amounts falling due within one year	3	(1,550)	(3,593)
Net current liabilities		<u>(3)</u>	<u>(321)</u>
Net liabilities		<u>(3)</u>	<u>(321)</u>
Capital and reserves			
Profit and loss account	5	(3)	(321)
Shareholder's funds		<u>(3)</u>	<u>(321)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that the member has not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime



E Kung
Director

Approved by the board on 24 June 2010

Sport4Health Community Interest Company
Notes to the Accounts
for the year ended 30 September 2009

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

2 Debtors	2009	2008
	£	£
Other debtors	<u>1,112</u>	<u>-</u>

3 Creditors: amounts falling due within one year	2009	2008
	£	£
Accrued expenses	1,550	1,500
Other creditors	<u>-</u>	<u>2,093</u>
	<u>1,550</u>	<u>3,593</u>

4 Membership

The company is limited by guarantee and there is no share capital. The members comprise the subscribers to the Memorandum of Association, namely Mr E Kung and Mr M Pang.

5 Profit and loss account	2009
	£
At 1 October 2008	(321)
Profit for the year	318
	<u>-</u>
At 30 September 2009	<u>(3)</u>

Sport4Health Community Interest Company
Profit and Loss Account
for the year ended 30 September 2009
for the information of the directors only

	2009	2008
	£	£
Sales	4,314	2,300
Cost of sales	(3,912)	(2,307)
Gross profit/(loss)	<u>402</u>	<u>(7)</u>
Administrative expenses	(93)	(154)
Operating profit/(loss)	<u>309</u>	<u>(161)</u>
Interest receivable	9	179
Profit before tax	<u>318</u>	<u>18</u>

Sport4Health Community Interest Company
Schedule to the Profit and Loss Account
for the year ended 30 September 2009
for the information of the directors only

	2009 £	2008 £
Sales		
Sales	<u>4,314</u>	<u>2,300</u>
Cost of sales		
Goods and services	3,150	1,500
Court fees	<u>762</u>	<u>807</u>
	<u>3,912</u>	<u>2,307</u>
Administrative expenses		
General administrative expenses		
Subscriptions	85	-
Bank charges	8	9
Website expenses	-	71
Sundry expenses	<u>-</u>	<u>74</u>
	<u>93</u>	<u>154</u>
	<u>93</u>	<u>154</u>

010062/15

CIC 34**Community Interest Company Report**For official use
(Please leave blank)Please
complete in
typescript, or
in bold black
capitals.Company Name in
full

Company Number

Year Ending

SPORT4HEALTH COMMUNITY INTEREST COMPANY

05933331

30 SEPTEMBER 2009

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

A SOCIAL AUDIT REPORT COVERING THESE POINTS IS ATTACHED

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

CIC 34

SPORT4HEALTH CIC

PART 1

The aims of Sport4Health are:

‘Carry out activities who benefit the community and in particular (without limitations) to provide sports coaching and opportunities for sport related activity Such activity will be undertaken for the health, leisure and sporting benefit of people of all ages and, in particular, young people, older people, and those from minority communities living in London and other major urban areas of the UK’.

This financial year Sport4Health has organised regular badminton coaching for over 45s for the LGBT community.

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

MR EDMUND KUNK

MR MICHAEL PARK

DR SIMON LLOYD-OWEN

MR JUEL TUAZON

NO CONSULTATIONS

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes) If no remuneration was received you must state that "no remuneration was received" below

NO REMUNERATION WAS RECEIVED

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

NO TRANSFER OF ASSETS OTHER THAN FOR FULL
CONSIDERATION HAS BEEN MADE

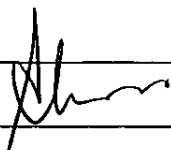
(Please continue on separate continuation sheet if necessary)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

19/7/10

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

PANACO INTERNATIONAL LIMITED	
FIRST FLOOR	
27 GLOUCESTER PLACE	
LONDON W1U 8HU	
Tel	
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG