

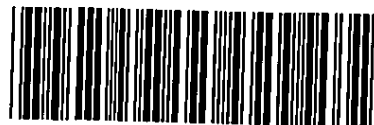
Registered number
05933331

Sport4Health Community Interest Company

Report and Accounts

30 September 2008

WEDNESDAY



L31R3BYS

LD5

29/07/2009

91

COMPANIES HOUSE

Sport4Health Community Interest Company Directors' Report

The directors present their report and accounts for the year ended 30 September 2008.

Principal activities

The company's principal activity during the period was that of the provision of sports coaching and opportunities for sport-related activity.

Directors

The following directors served during the year:

Mr Edmund Kung
Mr Michael Pang
Dr Simon Lloyd-Owen
Mr Juel Tuazon

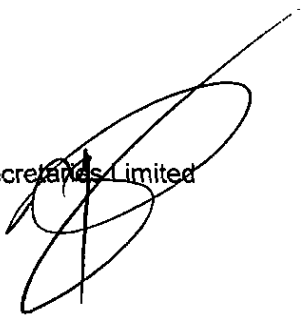
Mr Kung and Mr Pang are also members of the Company.

Small company special provisions

The report of the directors has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

This report was approved by the board on 23 July 2009.

Mapsbury Secretaries Limited
Secretary

A large, stylized handwritten signature in black ink, consisting of several overlapping loops and a long horizontal stroke extending to the right.

Sport4Health Community Interest Company
Profit and Loss Account
for the year ended 30 September 2008

	Notes	2008 £	2007 £
Turnover		2,300	1,753
Cost of sales		(2,307)	(1,942)
Gross loss		<u>(7)</u>	<u>(189)</u>
Administrative expenses		(154)	(281)
Operating loss		<u>(161)</u>	<u>(470)</u>
Interest receivable		179	131
Profit/(loss) on ordinary activities before taxation		<u>18</u>	<u>(339)</u>
Tax on profit/(loss) on ordinary activities		-	-
Profit/(loss) for the financial year		<u>18</u>	<u>(339)</u>

Sport4Health Community Interest Company
Balance Sheet
as at 30 September 2008

	Notes	2008 £	2007 £
Current assets			
Cash at bank and in hand		3,272	6,176
Creditors: amounts falling due within one year	2	(3,593)	(6,515)
Net current liabilities		(321)	(339)
Net liabilities		(321)	(339)
Capital and reserves			
Profit and loss account	4	(321)	(339)
Shareholder's funds		(321)	(339)

The directors are satisfied that the company is entitled to exemption under Section 249A(1) of the Companies Act 1985 and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps proper accounting records which comply with Section 221 of the Companies Act 1985; and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226 of the Companies Act 1985, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

The accounts have been prepared in accordance with the special provisions relating to small companies within Part VII of the Companies Act 1985.

E. Kung
 Director

Approved by the board on 23 July 2009

Sport4Health Community Interest Company
Notes to the Accounts
for the year ended 30 September 2008

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

2 Creditors: amounts falling due within one year	2008	2007
	£	£
Trade creditors	-	93
Accrued expenses	1,500	-
Other creditors	2,093	6,422
	<u>3,593</u>	<u>6,515</u>

The other creditor is an advance from the director, Mr E. Kung.

3 Membership

The company is limited by guarantee and has no share capital. The members comprise the subscribers to the Memorandum of Association.

4 Profit and loss account	2008	2007
	£	£
At 1 October	(339)	-
Profit/(loss) for the year	18	(339)
	<u>(321)</u>	<u>(339)</u>
At 30 September		

CIC 34**Community Interest Company Report**

For official use
(Please leave blank)

Please
complete in
typescript, or
in bold black
capitals.

Company Name in
full

SPORT4HEALTH COMMUNITY INTEREST COMPANY

Company Number

05933331

Year Ending

30 SEPTEMBER 2008

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

A SOCIAL AUDIT REPORT COVERING THESE POINTS IS ATTACHED

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

CIC 34

COMMUNITY INTEREST COMPANY REPORT

SPORT4HEALTH CIC

PART 1

The aims of Sport4Health are:

“Carry out activities who benefit the community and in particular (without limitations) to provide sports coaching and opportunities for sport related activity. Such activity will be undertaken for the health, leisure and sporting benefit of people of all ages and, in particular, young people, older people, and those from minority communities living in London and other major urban areas of the UK”.

This financial year Sport4Health has organised regular badminton coaching for over 60s adults to engage them in learning a new sport as well as keep them fit and healthy.

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

MR EDMUND KUNG

MR MICHAEL PANG

DR SIMON LLOYD-O'WEN

MR JUEL THAZON

NO CONSULTATIONS

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

NO REMUNERATION WAS RECEIVED

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

NO TRANSFER OF ASSETS OTHER THAN FOR FULL
CONSIDERATION HAS BEEN MADE

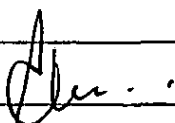
(Please continue on separate continuation sheet if necessary.)

(N.B. Please enclose a cheque for £15 payable to Companies House or the Department of Enterprise, Trade and Investment, as appropriate)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

20/8/09

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales. Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland. Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland. Companies Registry, Department of Enterprise, Trade and Investment, Waterfront Plaza, 8 Laganbank Road Belfast BT1 3BS