



Companies House  
— for the record —

Please complete in typescript,  
or in bold black capitals.

CHFP000

288a

**APPOINTMENT of director or secretary**  
**(NOT for resignation (use Form 288b) or change**  
**of particulars (use Form 288c))**

Company Number **5914302**

Company Name in full **FRIZELLE COACHING LTD.**

Date of appointment  
Day Month Year  
**24 08 2006**

†Date of Birth  
Day Month Year  
**15 06 1961**

**Appointment form**

Appointment as director ☒

as secretary ☐

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME \*Style / Title

**Ms**

\*Honours etc

Forename(s)

**CAROLINE ANN**

Surname

**FRIZELLE**

Previous Forename(s)

Previous Surname(s)

**LAGER**

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Post town

**ASHFORD**

Postcode

**TN23 3LR**

County / Region

**KENT**

Country

**UK**

†Nationality

**BRITISH**

†Business occupation

**Co. DIRECTOR**

†Other directorships (additional space overleaf)

I consent to act as \*\* director / ~~secretary~~ of the above named company

Consent signature

*Ch*

Date

**24-8-06**

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

*Cherry Morris*

Date

**24.8.06**

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the pub"



A45  
COMPANIES HOUSE

521  
12/10/2006

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

**CHERRY MORRIS**

**3 ABETA HOUSE LASERQUAT, CULPEPER CLOSE**

**ROCHESTER KENT ME24HU 01634 291220**

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF14 3UZ** DX 33050 Cardiff  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.