

Registered Number 05897663

MASSOR OG MUSKELTERAPI LTD

Abbreviated Accounts

31 December 2009

Balance Sheet as at 31 December 2009

	Notes	2009 £	£	2008 £	£
Current assets					
Debtors		74		0	
Cash at bank and in hand		3,177		7,006	
Total current assets		<u>3,251</u>		<u>7,006</u>	
Creditors: amounts falling due within one year		(4,146)		(7,987)	
Net current assets (liabilities)			(895)		(981)
Total assets less current liabilities			<u>(895)</u>		<u>(981)</u>
Creditors: amounts falling due after more than one year	2		(2,362)		(2,370)
Total net assets (liabilities)			<u>(3,257)</u>		<u>(3,351)</u>
Capital and reserves					
Called up share capital	3		1		1
Profit and loss account			(3,258)		(3,352)
Shareholders funds			<u>(3,257)</u>		<u>(3,351)</u>

-
- a. For the year ending 31 December 2009 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 20 September 2010

And signed on their behalf by:

BJORG VIK ANDRESEN, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 December 2009

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land & Buildings	10% straight line
Furniture	20% straight line
Computer Equipment	20% straight line
Other	10% straight line

2 Creditors: amounts falling due after more than one year

	£	£
Bank loans and overdrafts	<u>2,362</u>	<u>2,370</u>
	2,362	2,370

3 Share capital

	2009	2008
	£	£
Authorised share capital:		
100 Ordinary shares of £1 each	100	100
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1