Registered Number 05897663

MASSOR OG MUSKELTERAPI LTD

**Abbreviated Accounts** 

31 December 2011

## MASSOR OG MUSKELTERAPI LTD

# Registered Number 05897663

## Balance Sheet as at 31 December 2011

	Notes	2011 £	£	2010 £	£
Current assets		L	£	L	£
Debtors		0		1,165	
Cash at bank and in hand		8,165		18,310	
Total current assets		8,165		19,475	
Creditors: amounts falling due within one year		(7,096)		(8,889)	
Net current assets (liabilities)			1,069		10,586
Total assets less current liabilities			1,069		10,586
Creditors: amounts falling due after more than one	year 2		0		(2,282)
Total net assets (liabilities)			1,069		8,304
Capital and reserves					
Called up share capital	3		1 000		1
Profit and loss account			1,068		8,303
Shareholders funds			1,069		8,304

- a. For the year ending 31 December 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 07 March 2012

And signed on their behalf by:

#### BJORG VIK ANDRESEN, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

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#### Notes to the Abbreviated Accounts

For the year ending 31 December 2011

## 1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

#### Depreciation

paid:

1 Ordinary shares of £1 each

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land & Buildings10% straight lineFurniture20% straight lineComputer Equipment20% straight lineOther10% straight line

### Creditors: amounts falling due after more than one year

		£	£
	Bank loans and overdrafts	<u>0</u>	2,282
		0	2,282
3	Share capital		
		2011	2010
		£	£
	Authorised share capital:	~	~
	100 Ordinary shares of £1	100	100
	each	100	100
	Allotted, called up and fully		