

Registered Number 05888343

Ian Stott Personal Training Limited

Abbreviated Accounts

31 July 2012

Ian Stott Personal Training Limited

Registered Number 05888343

Company Information

Registered Office:

1 St Johns Court
Farncombe Street
Godalming
SURREY
GU7 3BA

Reporting Accountants:

Andrew F Wye Limited

1 St Johns Court
Farncombe Street
Godalming
SURREY
GU7 3BA

Ian Stott Personal Training Limited

Registered Number 05888343

Balance Sheet as at 31 July 2012

	Notes	2012 £	2011 £
Current assets			
Cash at bank and in hand		11,078	13,431
Total current assets		<u>11,078</u>	<u>13,431</u>
Creditors: amounts falling due within one year		(10,921)	(13,184)
Net current assets (liabilities)		157	247
Total assets less current liabilities		<u>157</u>	<u>247</u>
Total net assets (liabilities)		<u>157</u>	<u>247</u>
Capital and reserves			
Called up share capital	2	1	1
Profit and loss account		156	246
Shareholders funds		<u>157</u>	<u>247</u>

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- a. For the year ending 31 July 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 15 November 2012

And signed on their behalf by:

I M Stott, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 July 2012

1 Accounting policies**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2 Share capital

	2012 £	2011 £
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1