Registration number: 05860966

Ablecare (Helston) Ltd

Annual Report and Unaudited Abridged Financial Statements for the Year Ended 31 July 2018

Finsbury Robinson Ltd Accountants & Business Advisors 237 Westcombe Hill Blackheath London SE3 7DW

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Company Information

Directors Mr D McInulty

Mr J McInulty Ms J Akhurst Mrs C McInulty

Registered office 237 Westcombe Hill

Blackheath London SE3 7DW

Accountants Finsbury Robinson Ltd

Accountants & Business Advisors

237 Westcombe Hill

Blackheath London SE3 7DW

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(Registration number: 05860966) Abridged Balance Sheet as at 31 July 2018

	Note	2018 £	2017 £
Fixed assets			
Tangible assets	<u>5</u>	14,783	19,751
Current assets			
Debtors		325,551	240,061
Cash at bank and in hand		128,796	63,082
		454,347	303,143
Prepayments and accrued income		1,178	4,002
Creditors: Amounts falling due within one year		(164,925)	(150,144)
Net current assets	_	290,600	157,001
Total assets less current liabilities		305,383	176,752
Provisions for liabilities		(2,407)	(3,530)
Net assets		302,976	173,222
Capital and reserves			
Called up share capital	<u>6</u>	100	100
Profit and loss account		302,876	173,122
Total equity		302,976	173,222

For the financial year ending 31 July 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

All of the company's members have consented to the preparation of an Abridged Profit and Loss Account and an Abridged Balance Sheet in accordance with Section 444(2A) of the Companies Act 2006.

The notes on pages $\underline{4}$ to $\underline{7}$ form an integral part of these abridged financial statements. Page 2

(Registration number: 05860966) Abridged Balance Sheet as at 31 July 2018

Approved and authorised by the Board on 22 March 2019 and signed on its behalf by:
Mr D McInulty
Director

The notes on pages $\underline{4}$ to $\underline{7}$ form an integral part of these abridged financial statements. Page $\underline{3}$

Notes to the Abridged Financial Statements for the Year Ended 31 July 2018

1 General information

The company is a private company limited by share capital, incorporated in United Kingdom.

The address of its registered office is: 237 Westcombe Hill Blackheath London SE3 7DW

These financial statements were authorised for issue by the Board on 22 March 2019.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These abridged financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A - 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

Basis of preparation

These abridged financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

The amount of revenue can be reliably measured;

it is probable that future economic benefits will flow to the entity;

and specific criteria have been met for each of the company's activities.

Tax

The tax expense for the period comprises current and deferred tax. Tax is recognised in profit or loss, except that a change attributable to an item of income or expense recognised as other comprehensive income is also recognised directly in other comprehensive income.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the company operates and generates taxable income.

Notes to the Abridged Financial Statements for the Year Ended 31 July 2018

Deferred tax is recognised in respect of all timing differences between taxable profits and profits reported in the financial statements.

Unrelieved tax losses and other deferred tax assets are recognised when it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference.

Tangible assets

Tangible assets are stated in the statement of financial position at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset class

Land & buildings Furniture, fittings, tools and equipment Plant and Machinery

Depreciation method and rate

25% Reducing balance 25% Reducing balance 25% Reducing balance

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to profit or loss on a straight-line basis over the period of the lease.

Notes to the Abridged Financial Statements for the Year Ended 31 July 2018

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the eash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

Dividends

Dividend distribution to the company's shareholders is recognised as a liability in the financial statements in the reporting period in which the dividends are declared.

Defined contribution pension obligation

A defined contribution plan is a pension plan under which fixed contributions are paid into a pension fund and the company has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised as employee benefit expense when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 42 (2017 - 45).

4 Profit before tax

Arrived at after charging/(crediting)

		2018 £	2017 £
Depreciation expense		4,969	6,584
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Notes to the Abridged Financial Statements for the Year Ended 31 July 2018

5 Tangible assets

	Land and buildings £	Furniture, fittings and equipment	Other tangible assets	Total £
Cost or valuation				
At 1 August 2017	7,761	95,475	4,219	107,455
At 31 July 2018	7,761	95,475	4,219	107,455
Depreciation				
At 1 August 2017	6,457	79,328	1,918	87,703
Charge for the year	326	4,037	606	4,969
At 31 July 2018	6,783	83,365	2,524	92,672
Carrying amount				
At 31 July 2018	978	12,110	1,695	14,783
At 31 July 2017	1,304	16,147	2,300	19,751

Included within the net book value of land and buildings above is £978 (2017 - £1,304) in respect of long leasehold land and buildings.

6 Share capital

Allotted, called up and fully paid shares

•	2018	2018		2017	
	No.	£	No.	£	
Ordinary shares of £1 each	100	100	100	100	
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