

NDISC

Notice of disclaimer under section 178 of the
Insolvency Act 1986



Companies House

TUESDAY



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A06

06/04/2021

#244

COMPANIES HOUSE

please
it
house

1 Company details

Company number 0 5 8 5 4 1 1 1

Company name in full Now Gyms Limited

→ **Filling in this form**
Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Nicholas

Surname Barnett

3 Liquidator's address

Building name/number 3 Chandlers House

Street Hampton Mews, 191-195 Sparrows Herne

Post town Bushey

County/Region Hertfordshire

Postcode WD12 3UF

Country

4 Liquidator's name

Full forename(s)

Surname

● **Other liquidator**
Use this section to tell us about
another liquidator.

5 Liquidator's address

Building name/number

Street

Post town

County/Region

Postcode

Country

● **Other liquidator**
Use this section to tell us about
another liquidator.

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6

Notice of disclaimer

☒ Notice of disclaimer is attached

7

Sign and date

Liquidator's signature

Signature

X

L

X

Signature date


^d 0 ^d 1


^m 0 ^m 4



^y 2 ^y 0 ^y 2 ^y 1


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 Presenter information									
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.									
Nicholas Barnett									
Libertas Associates Limited									
3 Chandlers House									
Hampton Mews, 191-195 Sparrows Herne									
Bushey									
Hertfordshire									
Postcode	W	D	2	3		1	F	L	
DX									

 Checklist
We may return forms completed incorrectly or with information missing.
Please make sure you have remembered the following:
<input type="checkbox"/> The company name and number match the information held on the public Register.
<input type="checkbox"/> You have attached the required documents.
<input type="checkbox"/> You have signed the form.

 Important information
All information on this form will appear on the public record.
 Where to send
You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:
The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

 Further information
For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk
This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

Continuation page

Name and address of insolvency practitioner

✓ **What this form is for**
Use this continuation page to tell us about another insolvency practitioner where more than 2 are already jointly appointed. Attach this to the relevant form. Use extra copies to tell us of additional insolvency practitioners.

✗ **What this form is NOT for**
You can't use this continuation page to tell us about an appointment, resignation, removal or vacation of office.

→ **Filling in this form**
Please complete in typescript or in bold black capitals.
All fields are mandatory unless specified or indicated by *

1 Appointment type

Tick to show the nature of the appointment:

- ☐ Administrator
- ☐ Administrative receiver
- ☐ Receiver
- ☐ Manager
- ☐ Nominee
- ☐ Supervisor
- ☒ Liquidator
- ☐ Provisional liquidator

• You can use this continuation page with the following forms:

- VAM1, VAM2, VAM3, VAM4, VAM6, VAM7
- CVA1, CVA3, CVA4
- AM02, AM03, AM04, AM05, AM06, AM07, AM08, AM09, AM10, AM12, AM13, AM14, AM19, AM20, AM21, AM22, AM23, AM24, AM25
- REC1, REC2, REC3
- LIQ02, LIQ03, LIQ05, LIQ13, LIQ14,
- WU07, WU15
- COM1, COM2, COM3, COM4
- NDISC

2 Insolvency practitioner's name

Full forename(s)

Surname

3 Insolvency practitioner's address

Building name/number

Street

Post town

County/Region

Postcode

Country

Rule 19.2, 19.3,
19.6

Notice of Disclaimer under Section 178 of the Insolvency Act 1986

PART 1

Company Name: NOW GYMS LIMITED
Company Number: 05854111
Names of Insolvency Practitioners: Nicholas Barnett
IP Numbers: 9731
Nature of Appointment: Liquidator
Date of Appointment: 3 March 2020

(a) Insert name of liquidator I, Nicholas Barnett the liquidator of the above-named company, disclaim all the company's interest in:

(b) Insert full particulars of property – see notes following part 2
42 Wimpole Street, London, W1G 8YF
Registered Title number (where applicable): NGL967713

The nature of the Company's interest in the above property is: Leasehold.

Dated 1 April 2021



Signed

Name in BLOCK LETTERS NICHOLAS BARNETT

(c) Contact Details

Valma Pipi
vpipi@libertasassociates.co.uk
020 8634 5599

(c) Insert contact details through which the liquidator may be contacted

Address

Libertas Associates Limited
3 Chandlers House
Hampton Mews, 191-195 Sparrows
Herne
Bushey
Hertfordshire
WD23 1FL

PART 2

(d) Insert name and address of person to be sent copy notice under Rule 19.2, 19.3 or 19.6

To: The Library Gym Limited, C/o Libertas Associates Limited, 3 Chandlers House, Hampton Mews, 191-195 Sparrows Herne, Bushey, WD23 1FL

To:

N.Forne Limited, C/o Libertas Associates Limited, 3 Chandlers House, Hampton Mews, 191-195 Sparrows Herne, Bushey, WD23 1FL

Companies House, Crown Way, Cardiff, CF14 3UX

HM Land Registry Citizen Centre, PO Box 74, Gloucester, GL14 9BB

Lightstone Wimpole Street LLP, 13 Regent Street, London, SW1Y 4LR

(e) Insert date on which notice of disclaimer sent

This is a copy notice of disclaimer signed by the liquidator(s) of the above named company on 1 April 2021

The attention of a recipient of this notice is drawn to sections 178 – 182 of the Insolvency Act 1986 in the case of a winding up.

NOTES:

1. Part 1 is to be completed by the liquidator
Part 2 is to be completed by or on behalf of the liquidator when sending out copy notices under Rule 19.2, 19.3 or 19.6
2. Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc.).
3. Under Rule 19.2 a copy notice must be sent to the Registrar of Companies and where the property concerned consists of registered land as defined in section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.