



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **17/07/2015**

X4BTSC3U

Company Name: **NOW GYMS LIMITED**

Company Number: **05854111**

Date of this return: **21/06/2015**

SIC codes: **93290**

Company Type: **Private company limited by shares**

Situation of Registered Office: **LYNWOOD HOUSE 373/375 STATION ROAD
HARROW
MIDDLESEX
HA1 2AW**

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MS ZANA MARTINE**

Surname: **MORRIS**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **12/04/1974** *Nationality:* **IRISH**

Occupation: **FITNESS INSTRUCTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	280
		<i>Aggregate nominal value</i>	28
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	280
		<i>Total aggregate nominal value</i>	28

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 21/06/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **280 ORDINARY shares held as at the date of this return**
Name: **N. FORME LTD**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.