

**Charity Registration No. 1118258**

**Company Registration No. 05826791 (England and Wales)**

## HULL FC RUGBY COMMUNITY SPORTS &amp; EDUCATION FOUNDATION

## ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENT

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

PAGES FOR FILING WITH REGISTRATION STATEMENT

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74 Lairgate  
Beverley  
East Yorkshire  
United Kingdom  
HU17 8EU

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

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**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**LEGAL AND ADMINISTRATIVE INFORMATION**

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<b>Trustees</b>	A F Pearson S J Wilkinson K Yeaman (Appointed 9 March 2022)
<b>Charity number</b>	1118258
<b>Company number</b>	05826791
<b>Registered office and principal address</b>	The Kingston Communications Stadium The Circle Anlaby Road Hull HU3 6JU
<b>Independent examiner</b>	TC Group 74 Lairgate Beverley East Yorkshire United Kingdom HU17 8EU

## **HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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The Trustees present their report and financial statements for the year ended 30 November 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### **Objectives and activities**

##### **Our Mission:**

To use the power, inspiration and values of Hull FC to make a difference in the local community through:

- Delivering innovative delivery programmes for people of all ages.
- Developing key partnerships that bring success based on identified need.
- Providing new education opportunities through sport for hard to engage groups.

##### **Our Goal:**

To engage, educate and inspire the local community to bring about positive change and new opportunities for all through sport.

##### **Our Values:**

RESPECT, INCLUSION, EXCELLENCE, ACHIEVEMENT, INNOVATION

##### **Aims:**

At the heart of the work of the charity is an understanding of the vital role that sport and in particular Rugby League can play in engaging, educating and inspiring people of all ages. The club remains committed to delivering exciting, safe, and innovative projects that leave a lasting legacy for all people who participate. The year has seen the refocus of the four key delivery pillars being Education, Health and Physical Activity, Community and Social Inclusion and Play Rugby League. Each pillar takes into account how the brand of Hull FC and its players have the ability to engage participants across all age levels and make a real difference in our community.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

## **HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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#### **Achievement and Performance**

##### **Introduction**

Hull FC Rugby Community Sports and Education Foundation uses the power of sport and strong local influence of the professional side to make the biggest difference possible in the community through the delivery of needs led projects targeting four key agendas: Increase Sport & Physical Activity, Improve Health and Wellbeing and Improve Education and Employment. All projects are underpinned by our values of Challenge, Compassion, Determination, Honesty, and Respect and are delivered through a passionate, hard-working and dedicated team of professionally qualified coaches and tutors and at the heart of our organisation is an understanding of the vital role that sport can play in engaging, educating and inspiring people of all ages and abilities.

##### **Increase Sport and Physical Activity**

Having delivered a range of responsive projects throughout the pandemic focusing on supporting children and young people, the Foundation had first-hand knowledge of how the pandemic had exacerbated health, social and education inequalities – particularly in the most deprived areas. Knowing that holiday periods place challenges on families, the Foundation worked with Hull City Council to offer 800 hours of free, accessible activity for those aged 5 to 17. The offer was made possible through the Holiday Activity & Food Programme which has provided healthy food and enriching activities to a small proportion of disadvantaged children since 2018, with the project expanded across the whole of England in 2021 to encourage children's return to active lifestyles as the country recovers from the Covid-19 pandemic. Given our reach into the local community, Hull City Council appointed the Foundation as a strategic partner for the summer project, working with other prominent local providers to offer an accessible, full city offer. The Foundation's provision included rugby league for both boys and girls delivered from Hull FC sites and local community clubs as well as multi-sport and dance provision from community venues across North and West Hull. As well as physical activity provision, every participant was able to access a free, healthy lunch from Hull Catering. Overall, 1628 children took part in the Foundation's holiday offer. Feedback ascertained through impact questionnaires indicated that 95% had developed knowledge around healthy lifestyles, 83% had developed new friendships, whilst 92% stated the camps had made them feel happy.

The delivery of projects like 'Compete 4 Change' and the Holiday Activity Fund provision in the Summer of 2021 provided the Foundation with an opportunity to listen to the needs of local children and young people, how Covid-19 has affected them, and what activity they now want to take part in outside of the school environment. Recognising that for some, the gap between school physical education and community sport clubs is daunting, the Foundation launched their 'Energise' programme, a new after school sport and physical activity offer focused on improving health and fitness for children. Designed for children aged between 4 and 11 and based at the Hull FC Youth and Performance Centre, 'Energise' sessions include fun games and learning activities designed to improve children's health in a fun, interactive and engaging way. The key objective of 'Energise' is to promote fun and enjoyment whilst helping to boost fitness, knowledge of health, and confidence, as well as opportunities to meet members of the Hull FC first-team squad and receive free tickets to Super League matches in 2022. Since the launch of the programme, 173 young children have taken part in Energise.

Since taking control of the former Pickering High School Sports Centre in 2011 through a community asset transfer, Hull FC Community Foundation have developed the facility into a thriving community hub serving participants from across the City. As of November 2021, the Centre was the base for over 50 hours of community physical activity and sport sessions on evenings and weekends, in addition to hosting wellbeing and education programmes during the day engaging vulnerable groups including unemployed adults, individuals with mental health challenges, and disabled people.

## **HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

#### **FOR THE YEAR ENDED 30 NOVEMBER 2021**

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With 1,273 unique participants accessing activity from the centre in 2021 alone, it was essential that steps were taken to ensure the facility was fit for purpose to enable people to reengage safely in delivered activities. To effectively support this, the Foundation were successful in obtaining a grant of £32,120 from the Sport England 'Return to Play Community Asset Fund' to install a new ventilation system throughout the facility including main sports hall, gym, activity studio, and changing facilities. Office space was expanded to allow for social distancing between staff whilst outdoor flood lights were purchased in order to be able to deliver more sessions making use of natural outdoor space.

#### **Improve Health and Wellbeing**

In partnership with Hull Clinical Commissioning Group, Hull FC Community Foundation announced the launch of 'Unite', a new initiative focused on empowering women living in Hull to come together and participate in activities that support their physical and mental wellbeing. Initially delivered on Wednesday lunchtimes from the Hull FC Youth Performance Centre, the programme offers twelve sessions across twelve weeks, empowering women by boosting their self-esteem, educating them on how to improve their mental and physical wellbeing, and uniting them together to normalise the issues and struggles they may be facing. Childcare is provided alongside the sessions to allow mothers to attend. Each session is different, with a range of fitness activities from Pilates to Walking, Yoga & Relaxation, Gym Workouts e.g., circuit training, Clubbercise, Sports e.g., Tennis & Rounders. In addition to this, the Foundation is working with organisations including Hull City Council Healthy Lifestyles Team, Hull and East Yorkshire Mind, Space 2 Be, Life & Fork Nutrition, and Motivation 2 Move to make sure each session is unique and covers as many areas of the health and wellbeing pathway as we can.

The start of the academic year saw twenty new primary schools commence their 'Compete 4 Change' journeys with Hull FC Community Foundation. This unique healthy lifestyle project engages children, their teachers, and their families in fused healthy lifestyle education and physical activity provision seeking to change attitudes towards wellbeing, promoting the adoption of sustainable changes that improve physical health and emotional resilience. Despite the challenges in the previous year, over 1,000 children took part in pilot activity achieving positive outcomes associated with increased physical activity, improved school engagement, and new friendships. Now, with a focus on empowering 1,500 children to take on the 'Compete 4 Change' Challenge this new academic year, the Foundation will provide twelve weeks of in-school physical activity, innovative home learning challenges that gets the whole family active and eating more healthily and promote access to out of school activities that are free and help sustain the positive changes made.

2021 saw the launch of TheHealthy100 campaign and in November passed a significant milestone as analytics indicated its messages had engaged with over 50,000 people as it approached its halfway milestone. The social media campaign entailed 100 consecutive days of physical activity tips, mental wellbeing support and motivational advice to help people lead healthier lifestyles. In the first half of the campaign, TheHealthy100 collaborated with the NHS, Hull & East Yorkshire Mind and Age UK to distribute positive messages that empowered people to get active from home and make simple changes to their lifestyle to enhance their wellbeing. Many areas under the health and wellbeing bracket were covered by TheHealthy100, including coping with stress, anxiety, depression, and dieting signposting people to specialist support partners. The campaign raised awareness of conditions such as obsessive-compulsive disorder and breast cancer, as well as encouraging support of Black History Month throughout October.

With the third national lockdown coming to an end, the Foundation held its final 'Coffee Corner' session. Having originally launched at the start of the pandemic to provide virtual connection opportunities for local people facing challenges with their wellbeing, 'Coffee Corner' has offered an opportunity for people shielding to quiz their favourite Hull FC players, hear their stories, and develop friendships with others facing similar challenges with loneliness and isolation.

## **HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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Across twenty-five 'Coffee Corner' sessions, 117 people engaged with evaluation data suggesting that 85% believed the project had a positive impact on their mental wellbeing with 78% stating the sessions helped them keep connected with others during lockdown. 'Coffee Corner' has acted as a catalyst for new projects focused on reducing loneliness and isolation in vulnerable groups. This includes the 'Our Best Years' project which will launch in late 2021 offering inclusive social and physical activity opportunities for older people.

#### **Improve Education and Employment Opportunities**

Despite the challenges of two national lockdowns, the Hull FC Sports College successfully supported sixty-five learners to complete their relevant study courses throughout the 2020/21 academic year. The focus of the Sports College is to engage, educate, and inspire young people to achieve their best self, using the power of rugby to achieve better educational outcomes for those who do not traditionally learn best in formal further education institutions. Based from the Foundation's 'Youth and Performance' facility which includes a performance gym and IT suite, young people are supported on their journey to attain either a level two or three qualification, with the programme taught by academic instructors supported by local businesses. Of note was how the programme adapted to the broader needs of its learners throughout lockdown periods, with the young people supported with access to digital devices, weekly mental resilience sessions, and one to one mentoring support.

With an understanding of the correlation between unemployment and poor life outcomes, the Foundation was successful in becoming a local Kickstart placement provider, working with the local Jobcentre Plus to offer six-months paid work placements to young people as well as structured support for work readiness skills and healthy lifestyles. June saw the first Kickstart employees commence their roles at the Foundation as assistant sport coaches, facility operation assistants, and business administration positions, with others offered in Hull FC's retail operation and through local commercial partners. Throughout 2021, twelve young people have been able to access these unique opportunities, providing real work experience and harnessing positive aspirations.

Having successfully secured funding from the Veterans' Foundation, Hull FC Community Foundation was pleased to appoint local veteran Steve Sampher into a newly created 'Pathways Officer' position. Steve's role encompasses a whole host of different areas including developing and maintaining partnerships with traditional armed forces and veterans' agencies, representing the Foundation within the Hull Military Covenant Forum, and exploring communication strategies to reach new armed forces and veterans who are facing challenges with loneliness and isolation.

#### **Our Impact - Case Studies**

Sally Manders – Coffee Corner

'With me being on the clinically vulnerable list due to respiratory failure and other health problems, lockdown has been very hard. For nineteen months I have been shielding, meaning my house has been a no one in no one out venue, including my family! Throughout the pandemic I didn't see my mum, my son or my grandchildren which took its toll mentally. It was a very scary and lonely place. Coffee Corner' became my contact with the outside world, giving me a substitute for human contact and something to look forward to on a weekly basis, almost as a bit of a lifeline to the outside world. It was a great way of keeping in touch with the club and filled that empty space that was left when we couldn't go to matches to keep our interest going. I'm now excited to progress into other activities offered by the Foundation'.

## **HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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#### **Sarah Foster – This Ability**

"When I was growing up, I always wanted to be part of Hull FC. When I had the chance to join their 'Play On' programme it was just brilliant. On my first day I was nervous, but all the staff, especially Ryan and Rich made me feel welcome and I have come out of my shell ever since. I've really enjoyed learning about healthy eating with making smoothies my favourite part. Coming to Hull FC every day has changed my life. I've made new friends, learned about getting a job, and now actually have one in the Foundation team. In my role as an Assistant School Sports coach, I work with all the coaches on planning and delivering activity. This includes doing session plans and helping in the sessions. If I was to sum up my time with Hull FC Community Foundation, it would be that it has brought me positive things in my life"

#### **Thorpepark Academy – Primary School**

"Being a partner school provides our whole school community with a wide range of health, education, and social benefits. Children have access to opportunities that they would not get elsewhere, opportunities which instil positive aspirations for the future. The player visits, matchday and training ground experiences, and assemblies have meant that the children are accessing the viewpoint of people for whom they have a lot of respect which promotes learning outcomes. Since Hull is a sporting city, it is necessary for the children to learn the skills for a game which is such a big part of the community they are growing up in. Many will have parents who are fans, and it helps to develop relationships with them, and foster a passion that can be continued through their lives. The coaching we have received as a school has been amazing. The staff are passionate and have an excellent manner with the children. Children have been more engaged in PE lessons and have wanted to join rugby teams and watch matches outside of school"

#### **Brian Edge – Veterans Project**

"My whole world changed when I lost my wife, so I started attending the veteran's coffee mornings every Wednesday this has really helped me with my mental health, it fills a gap in my life. Without the veteran's coffee mornings I'd be sat about at home doing nothing. Its good to speak to other veterans and hear their stories, I've made new friends at the coffee morning its one of the highlights of my week".

#### **Reece Hudson – College Sports Student**

"Over the summer, I'll be getting as much work experience as I can to try and develop my knowledge further before I begin the next stage of my studies. I loved my two years at the FC Sports College. I met new people, had fun, and was able to get my work done at the same time. The staff were excellent in helping me find my path and supporting me to fulfil my dreams".

#### **Hannah Williams – Unite**

"I saw Unite being advertised on Facebook and with me currently being in recovery, I thought it would be a good thing to try and improve my mental and physical wellbeing. Being involved in Unite has motivated me to try different forms of exercise and use my anxious energy for something more positive and productive. Not only have I been taking part in the fitness activities at the sessions, but I have also felt more motivated to go on bike rides and practice yoga outside of the sessions. Unite has given me a more positive mindset and increased my knowledge of health and wellbeing, which I have been applying to my own life. Clubbercise was my favourite form of exercise as it is not something I would usually be confident in, but because it was in the dark and such a fun way of exercising, I was able to fully get into it without feeling judged.



## **HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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#### **Financial review**

##### **Principal funding sources**

The Principle Funding Sources for the Foundation are Hull CCG and various other grant making bodies.

##### **Investment policy and objectives**

The charity ensures a small amount is held in reserves whilst the majority of funds are spent in the short term.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Future Plans**

Whilst engagement during 2021 has been crucial throughout lockdown periods, a priority in 2022 is sustaining participation through adapting and improving the new holistic services the Foundation offers to support long term recovery and positive progression. Participant levels as we move into 2022 were the highest ever for the Foundation. The impact data we have obtained to date from new participants leaves us empowered to further develop our interventions to maximise life outcomes for those with complex needs.

#### **Structure, governance and management**

The charity is a company limited by guarantee, incorporated on 24th May 2006 (company number 5826791) and registered as a charity on 7th March 2007 (registered number 1118258). The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. The object of the charity is to promote community participation in rugby league and to use the power of sport to improve education and well-being in people of all ages.

The Governing Document was amended to demonstrate the broader nature of the charity's delivery range in May 2013.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

A F Pearson	
N A Hansford	(Resigned 11 August 2021)
I D Parsons	(Resigned 31 December 2021)
S J Wilkinson	
J W Whiteley	(Deceased 15 February 2022)
M Parker	(Resigned 15 January 2022)
K Yeaman	(Appointed 9 March 2022)

New Trustees are selected and appointed from the local and regional area. All appointments are made with the interest of supporting the Foundation to develop key activities.

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

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The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Hull FC Rugby Community Sports and Education Foundation has three Trustees who aim to meet regularly and are responsible for the strategic direction and policy of the charity. The Trustees represent different sectors and bring to the charity a wealth of knowledge that support the charity to meet its objectives.

The charity is run on a daily basis by James Price, Head of Community Foundation who leads on all key strategic and development issues and is responsible for reporting directly to the Trustees quarterly on all charity related matters.

All new Trustees received a formal induction programme to enable them to build knowledge and become familiar with the work of the charity. In addition, the charity has worked closely with the RFL governing body to support Trustee training to further support their roles and the wider governance arrangement.

The Trustees' report was approved by the Board of Trustees.

**S J Wilkinson**

Trustee

Dated: 16 August 2022

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**INDEPENDENT EXAMINER'S REPORT**

**TO THE TRUSTEES OF HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

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I report to the Trustees on my examination of the financial statements of Hull FC Rugby Community Sports & Education Foundation (the charity) for the year ended 30 November 2021.

**Responsibilities and basis of report**

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

C S Brown FCA

74 Lairgate  
Beverley  
East Yorkshire  
HU17 8EU  
United Kingdom

Dated: 22 August 2022

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
	Notes				
<b><u>Income and endowments from:</u></b>					
Donations and legacies	3	1,361	387,504	388,865	341,329
Charitable activities	4	69,835	-	69,835	118,718
Other income	5	42,937	-	42,937	47,686
<b>Total income</b>		<b>114,133</b>	<b>387,504</b>	<b>501,637</b>	<b>507,733</b>
<b><u>Expenditure on:</u></b>					
Charitable activities	6	39,917	367,849	407,766	428,087
<b>Net income for the year/ Net movement in funds</b>		<b>74,216</b>	<b>19,655</b>	<b>93,871</b>	<b>79,646</b>
Fund balances at 1 December 2020		82,074	61,464	143,538	63,892
<b>Fund balances at 30 November 2021</b>		<b>156,290</b>	<b>81,119</b>	<b>237,409</b>	<b>143,538</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

BALANCE SHEET

AS AT 30 NOVEMBER 2021

		2021	2020
	Notes	£	£
<b>Fixed assets</b>			
Tangible assets	9	11,562	8,655
<b>Current assets</b>			
Debtors	10	10,982	27,031
Cash at bank and in hand		399,864	324,947
		<u>410,846</u>	<u>351,978</u>
<b>Creditors: amounts falling due within one year</b>	11	<u>(87,610)</u>	<u>(65,932)</u>
Net current assets		323,236	286,046
<b>Total assets less current liabilities</b>		<u>334,798</u>	<u>294,701</u>
<b>Creditors: amounts falling due after more than one year</b>	12	<u>(97,389)</u>	<u>(151,163)</u>
<b>Net assets</b>		<u>237,409</u>	<u>143,538</u>
<b>Income funds</b>			
Restricted funds	13	81,119	61,464
Unrestricted funds		156,290	82,074
		<u>237,409</u>	<u>143,538</u>

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**BALANCE SHEET (CONTINUED)**

**AS AT 30 NOVEMBER 2021**

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 November 2021.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16 August 2022

S J Wilkinson

**Trustee**

**Company Registration No. 05826791**

## HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

### NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 NOVEMBER 2021

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#### **1 Accounting policies**

##### **Charity information**

Hull FC Rugby Community Sports & Education Foundation is a private company limited by guarantee incorporated in England and Wales. The registered office is The Kingston Communications Stadium, The Circle, Anlaby Road, Hull, HU3 6JU.

##### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

##### **1.2 Going concern**

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

##### **1.4 Incoming resources**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

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**1 Accounting policies** (Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

**1.5 Resources expended**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	10% on cost
Plant and equipment	20% on cost
Computers	20% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

**1.7 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

**1.8 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.



NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

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**1 Accounting policies** (Continued)

**1.9 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

**Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

**Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**1.10 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**1.11 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**3 Donations and legacies**

	Unrestricted funds	Restricted funds	Total	Total
	2021	2021	2021	2020
	£	£	£	£
Donations and gifts	-	-	-	5,245
Grants	-	387,504	387,504	323,584
Sponsorship	1,361	-	1,361	12,500
	<u>1,361</u>	<u>387,504</u>	<u>388,865</u>	<u>341,329</u>
<b>For the year ended 30 November 2020</b>	<u>75,693</u>	<u>265,636</u>		<u>341,329</u>

**4 Charitable activities**

	Charitable activities	Charitable activities
	2021	2020
	£	£
Funded programmes	<u>69,835</u>	<u>118,718</u>

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

5 Other income

	Unrestricted funds	Total
	2021	2020
	£	£
HMRC CJRS Income	42,937	47,686

6 Charitable activities

	2021	2020
	£	£
Staff costs	226,650	300,325
Depreciation and impairment	4,525	2,717
Consultancy	8,227	5,450
Property costs	64,673	65,530
Insurance	10,000	412
Light, heat and water	22,076	23,471
Training and first aid	360	9,500
Fundraising expenses	22,138	-
Property repairs	35,202	17,138
Youth performance centre	12,955	2,755
Bank charges	960	789
	407,766	428,087
	407,766	428,087
<b>Analysis by fund</b>		
Unrestricted funds	39,917	171,750
Restricted funds	367,849	256,337
	407,766	428,087

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

**7 Trustees**

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

**8 Employees**

**Number of employees**

The average monthly number of employees during the year was:

	<b>2021</b>	<b>2020</b>
	<b>Number</b>	<b>Number</b>
Management	1	1
Delivery	14	14
	<u>15</u>	<u>15</u>

**Employment costs**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Wages and salaries	207,101	286,112
Social security costs	16,838	11,486
Other pension costs	2,711	2,727
	<u>226,650</u>	<u>300,325</u>

There were no employees whose annual remuneration was £60,000 or more.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

**9 Tangible fixed assets**

	Leasehold improvements	Plant and equipment	Computers	Total
	£	£	£	£
<b>Cost</b>				
At 1 December 2020	14,196	6,298	16,062	36,556
Additions	-	-	7,432	7,432
	<u>14,196</u>	<u>6,298</u>	<u>23,494</u>	<u>43,988</u>
At 30 November 2021	14,196	6,298	23,494	43,988
	<u>14,196</u>	<u>6,298</u>	<u>23,494</u>	<u>43,988</u>
<b>Depreciation and impairment</b>				
At 1 December 2020	11,909	5,765	10,227	27,901
Depreciation charged in the year	1,419	184	2,922	4,525
	<u>13,328</u>	<u>5,949</u>	<u>13,149</u>	<u>32,426</u>
At 30 November 2021	13,328	5,949	13,149	32,426
	<u>13,328</u>	<u>5,949</u>	<u>13,149</u>	<u>32,426</u>
<b>Carrying amount</b>				
At 30 November 2021	868	349	10,345	11,562
	<u>868</u>	<u>349</u>	<u>10,345</u>	<u>11,562</u>
At 30 November 2020	2,287	533	5,835	8,655
	<u>2,287</u>	<u>533</u>	<u>5,835</u>	<u>8,655</u>

**10 Debtors**

	2021	2020
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	232	31
Other debtors	10,750	27,000
	<u>10,982</u>	<u>27,031</u>
	<u>10,982</u>	<u>27,031</u>

**11 Creditors: amounts falling due within one year**

	2021	2020
	£	£
<b>Notes</b>		
Bank loans	7,570	-
Other borrowings	42,854	36,343
Other taxation and social security	6,690	-
Trade creditors	4,846	9,181
Other creditors	1,180	1,008
Accruals and deferred income	24,470	19,400
	<u>87,610</u>	<u>65,932</u>
	<u>87,610</u>	<u>65,932</u>

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 NOVEMBER 2021

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**12 Creditors: amounts falling due after more than one year**

	Notes	2021 £	2020 £
Bank loans		40,376	50,000
Other borrowings		57,013	101,163
		<hr/>	<hr/>
		97,389	151,163
		<hr/>	<hr/>

**HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 30 NOVEMBER 2021**

**13 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			
	Balance at 1 December 2020	Incoming resources	Resources expended	Balance at 30 November 2021
	£	£	£	£
Henry Smith	-	26,800	(26,800)	-
Children in Need	12,388	-	(12,388)	-
Be Active Be Healthy	2,596	-	(2,596)	-
Two Ridings Community Foundation	4,618	8,745	(13,363)	-
Lottery Fund	9,034	72,956	(64,490)	17,500
Armed Forces Covenant	1,860	67,166	(45,221)	23,805
Hull FC Teaming Up for Health	18,334	55,000	(41,251)	32,083
Hull FC Team Talk	1,090	-	(1,090)	-
Leeds Community Foundation	4,185	-	(4,185)	-
Veteran Foundation	3,500	6,000	(5,500)	4,000
Youth fund	2,574	22,500	(25,074)	-
Home Office	(3,865)	-	3,865	-
Help for Health	250	-	(250)	-
Hilden Charitable Fund	1,250	-	(1,250)	-
RLC Sport England	-	18,155	(14,839)	3,316
Connected Rugby Project	3,650	-	(3,650)	-
Cheshire Community	-	4,970	(4,555)	415
Other Funds	-	105,212	(105,212)	-
	<u>61,464</u>	<u>387,504</u>	<u>(367,849)</u>	<u>81,119</u>

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

13 Restricted funds

(Continued)

**Henry Smith** - This funding is to be used to deliver a Better Futures programme to benefit young people in the city over a three year period by providing a wide range of courses and an employability pathway.

**Children in Need** - Delivers community engagement activities for young people aged 13-18 that tackles mental ill health through the power of sport. Our project will build on regular participation in physical activity whilst also building mental resilience and confidence in young people.

**Be Active Be Healthy** - The 'Be Active Be Healthy' project will provide a weekly programme of physical activity, social engagement through group learning for one hundred and fifty service users per year, within the Pickering, Boothferry, Newington and St. Andrew's wards in Hull. The service users will be from the following five groups: unemployed adults, adults with mental ill-health, middle aged men, older people, and adults with a learning disability.

Each group will have access to an eighty-minute intervention on a set day per week comprising forty minutes of bespoke, needs led physical activity followed by forty minutes of group activity which will vary in topic per group, but will always include a healthy eating and diet element.

**Two Ridings Community Foundation** - 'Raise Your Game' proposal centres on delivering street sport sessions to young people in Goole and Withernsea whilst supporting volunteers to sustain sessions in Bridlington South through the provision of equipment and marketing support.

**Heritage Lottery Fund** - This funding is for a project called 'Gentleman John' A True Hull Great, and will profile the life of Johnny Whiteley MBE. The project will promote sporting heritage, celebrating Johnny's career as he approaches his 90th birthday in November 2020.

**Hull FC Team Talk 'Team Talk'** will support any Make aged 18 and above living in Hull to access sport and wellbeing sessions. With partners such as Hull & East Yorkshire Mind and Humber, Coast and Vale STP participants will develop the skills, confidence and understanding to maintain and improve both their physical and mental wellbeing.

**Hull FC Teaming Up for Health** 'Teaming Up for Health' completed its first-year pilot in March 2019 having focused on building proactive partnerships with the local voluntary sector and testing a range of health interventions concentrated on communities located in areas of high deprivation. The partnership was not just about promoting rugby league participation but sought to use the brands of two of the City's professional clubs along with their players, stadia, and community teams to act as a catalyst to engage local people in quality interventions that supported improved health and wellbeing outcomes.

'Teaming up for Health' proposes to use the **Power, Inspiration** and **Values** of both clubs to make a difference by:

- Delivering Innovative Programmes for People of all Ages.
- Developing Sustainable Partnerships for the Benefit of Local People
- Providing New Opportunities through Sport for Hard to Engage Groups

**Leeds Community Foundation** 'Tackling Energy' will empower children to be more aware of their energy environmental impact, energy efficiency and carbon footprint. We will engage over 9,000 children from thirty schools across Hull in an innovative assembly programme which supports them to improve their knowledge and confidence about energy matters, resulting in them being empowered to take key messages home to their parents which influence change.



## HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

#### 13 Restricted funds

(Continued)

**Veterans Foundation** With the support of the Veterans' Foundation, 'FC Veterans' offers a weekly sport and wellbeing session at our community performance centre. This ninety minute session is exclusively for veterans and include forty minutes of physical activity (touch rugby, gym exercise) followed by forty minutes of mental resilience activity within a group focusing on topics including coping strategies, managing setbacks, relaxation therapies and mood management. The project will develop new social networks for veterans whilst supporting improved physical and mental health. We will work with partners from across the Hull Military Covenant Forum to provide signposting into more specialist services on a need led basis.

**Youth Fund** Delivery of three, two-hour multi-sport sessions each week in areas of significant deprivation across Hull including Orchard Park (HU6), Thornton Estate (HU3), and Bransholme (HU7). The objective is to provide accessible, positive activity to young people aged 9 - 17 (one hour for 9 - 13-year-olds, one hour for 14 - 17 year olds) which promote physical activity, healthy lifestyles, and positive social relationships. Each session is delivered by qualified coaches employed by the Foundation who have significant experience in delivering youth focused activities. They work closely with local schools and youth networks to local engage young people, with a particular focus on supporting those at risk of isolation and those who may engage in anti-social behaviour within their community.

**Home Office 'Team Mate'** will involve a dedicated 'Hub Officer' working within three secondary schools. The 'Hub Officer' will deliver a bespoke 'Team Mate' workshop programme within tutorial sessions engaging every student in years 10 and 11 as well as leading full year assemblies. The workshop content focuses on the four key themes of 'Hard Work', 'Dedication', 'Respect' and 'Team Work', setting these aspirational messages against the dangers of knife crime.

**RLC Sport England** In applying to the 'Return to Play' fund, 'In it Together' prioritises supporting adults who live with a disability in Hull, who participated in our inclusive wheelchair rugby programme prior to Covid-19, to return to regular physical activity in a safe environment.

**Community Sports Partnership** In partnership with Hull University, a range of sport-specific sessions involving professional staff from the University of Hull as well as students to deliver sessions in Strength and Conditioning, Sports Coaching, Sports Performance, Nutrition to provide an insight into what it is like studying sport in Higher Education. The overall purpose of the project is to raise aspirations amongst young learners in Hull to inform them of the fantastic opportunities that are available for them if they go to university.

**Help for Health** The programme will deliver two 80-minute open sessions per week from within Hull FC Facilities at County Road and the Youth Performance Centre (Pickering Road). We can evidence numerous examples of the benefits of taking health initiatives and delivering them from 'male friendly' stigma free arenas to increase engagement; examples include our Fit 4 FC scheme which engaged 50 men with mental and physical health issues that failed to engage other statutory provision.

#### **Assura Community Fund - Cheshire Community Foundation**

'Boulevard Revisited' used the heritage of Hull FC as a catalyst to support older people to engage in positive activity that supported improvements in physical and mental wellbeing. Recognising the negative impact that Covid-19 has had on worsening health inequalities in the city, 'Boulevard Revisited' was focused on improving the mental wellbeing of older people principally through inspiring new social connections which reduce feelings of loneliness and social isolation. 'Boulevard Revisited' was a new project that supported older people aged 55+ to engage in weekly low intensity physical activity and sport reminiscence sessions from Hull FC Community Foundation's Youth and Community Centre located on Pickering Road in West Hull.

# HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2021

### 13 Restricted funds

(Continued)

#### Hilden Charitable Trust

'Inside Out' engaged 56 men currently in Hull Prison who had less than eighteen months remaining on their sentence in a bespoke Sport and Physical Activity project. Each session provided structured physical activity opportunities within the gym and sports hall for the participants overseen by staff from Hull Prison and the Hull FC Community Foundation. With the support of the Hilden Charitable Fund, 'Inside Out' will use sport as a catalyst to turn lives around for the better, supporting offenders to lead positive lives through a sense of improved mental wellbeing.

#### Armed Forces Covenant Trust

'Part of the Team', a two year programme, will deliver early intervention and prevention based activities that support personal development, social, and wellbeing improvements within armed forces and veteran families (particularly those with young children), older service children aged 16-24, and older veterans. Project delivery will take place from Hull FC Community Foundation's Community Centre located in West Hull, an accessible, inspirational facility that includes a sports hall, gym, learning space, and social zones. Daily in-person and virtual sessions will improve emotional resilience and healthy lifestyles, whilst tackling determinants of loneliness including poverty, unemployment and health conditions.

### 14 Analysis of net assets between funds

	2021	2021	Total	Total
	£	£	2021	2020
	£	£	£	£
Fund balances at 30 November 2021 are represented by:				
Tangible assets	11,562	-	11,562	8,655
Current assets/(liabilities)	242,117	81,119	323,236	286,046
Long term liabilities	(97,389)	-	(97,389)	(151,163)
	<u>156,290</u>	<u>81,119</u>	<u>237,409</u>	<u>143,538</u>

### 15 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.