Registered Number 05799396

AHEAD TRAINING LIMITED

Abbreviated Accounts

31 August 2009

AHEAD TRAINING LIMITED **Registered Number 05799396**

Balance Sheet as at 31 August 2009

	Notes	2009		2008	
		£	£	£	£
Fixed assets					
Tangible	2		0		1,585
Total fixed assets			0		1,585
Current assets					
Debtors		0		4,558	
Cash at bank and in hand		13,272		10,167	
Total current assets		13,272		14,725	
Prepayments and accrued income (not expressed within current asset sub-total)				(6,659)	
Creditors: amounts falling due within one year		(5,381)			
Net current assets			7,891		8,066
Total assets less current liabilities			7,891		9,651
Total net Assets (liabilities)			7,891		9,651
Capital and reserves					
Called up share capital			10,000		10,000
Profit and loss account			(2,109)		(349)
Shareholders funds			7,891		9,651

a. For the year ending 31 August 2009 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 26 May 2010

And signed on their behalf by:
Joan Leese, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 August 2009

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

Turnover represents the total invoice value excluding value added tax of sales made during the year and derives from the provision of goods falling within company's ordinary activities

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	25.00% Straight Line
Fixtures and Fittings	25.00% Straight Line

2 **Tangible fixed assets**

Cost	**£**
At 31 August 2008	3,041
additions	
disposals	
revaluations	
transfers	
At 31 August 2009	3,041
Depreciation	
At 31 August 2008	1,456
Charge for year	1,585
on disposals	
At 31 August 2009	3,041
Net Book Value	
At 31 August 2008	1,585
At 31 August 2009	0