Companies House
— for the record —

AP01 (ef)

Appointment of Director

XLG07E2L

Company Name: **LONDON & REGIONAL (HEALTH CLUBS) LIMITED**

Company Number: **05788201**

Received for filing in Electronic Format on the: **13/10/2009**

New Appointment Details

Date of Appointment: **21/08/2009**
Name: **MR RICHARD JOHN LIVINGSTONE**

Consented to Act: **YES**

Service Address: **55 BAKER STREET**
LONDON
W1U 8EW

Country/State Usually Resident:

Date of Birth: **29/11/1964** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Administrator, Administrative Receiver, Receiver, Receiver Manager, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.