



Companies House
— for the record —

288c (ef)

**Change in the details of a Director
or Secretary**



XXZMI849

Company Name: **LONDON & REGIONAL (HEALTH CLUBS) LIMITED**

Company Number: **05788201**

Received for filing in Electronic Format on the: **13/03/2009**

Personal Details Prior to Change

Position: **SECRETARY AND DIRECTOR**

Date of Birth: **25/09/1960**

Original Name: **MR RICHARD NIGEL LUCK**

New Details

Date of Change: **23/01/2009**

New Address: **THE MOUSE HOUSE NORTH STREET
WINKFIELD
WINDSOR
BERKS
SL4 4TE**

Authorisation

Authoriser Designation: **secretary**

Date Authorised: **10/03/2009**

Authenticated: **Yes (E/W)**