



Companies House
— for the record —

287(ef)

**Change in situation or address of a
Registered Office**



XGLHUDPB

Company Name: **LONDON & REGIONAL (HEALTH CLUBS)
LIMITED**

Company Number: **05788201**

Received for filing in Electronic Format on the: **30/09/2009**

New Address Details

New Address: **QUADRANT HOUSE FLOOR 6 4 THOMAS MORE SQUARE
LONDON
E1W 1YW**

Please Note:

The change in the Registered Office does not take effect until the Registrar has registered this form. For 14 days, beginning with the date that a change of Registered Office is registered, a person may validly serve any document on the company at its previous Registered Office.

Authorisation

Authoriser Designation: **secretary**

Date Authorised: **30/09/2009**

Authenticated: **Yes (E/W)**